

Interview guide (translated from Swedish)

Main and follow-up questions.

- What were you told in advance about the project at your school? What were your expectations?
- What do you remember from the intervention, from what we did?
 - (Prompts: Lectures, dilemma cards, role-playing, summary, film on nonsuicidal self-injury)
- Did you perceive any main messages?
- What did you take away from the intervention?
 - About mental health?
 - About seeking help?
- What are your thoughts about the project?
 - Do you think an intervention like this can be a good way to prevent mental ill-health?
- Does it concern topics that are important to adolescents? If so, in what way?
- What do you think about working with mental health in the classroom in this way?
 - Was it like you had expected?
 - Pros/cons?
 - Were some things easier/harder? Were there some things you appreciated especially?
- What do you think about the whole-school intervention, trying to reach everyone in the school: students, staff and parents?
 - Do you think that it is helpful that also parents and teachers receive education and information?
- Do you think that the intervention had any impact on students, parents and staff?
 - Did anything change?
- Could the intervention have been delivered in another way? If so, how?
 - Should some things be added/removed?
 - Is there anything that school staff and parents should know more about?
 - Is this (7th and 8th grade) the right time to address questions on mental health?
- Did anything change at your school through this project?
 - Are students, staff or parents doing anything differently now?
- Do you think that this kind of project can lead to any changes? In adolescents, staff, or parents? If so, how?
 - Could this have been achieved in another way?
- What effect can this type of project have, do you think?
 - How you think about mental health?
 - How you talk to each other?
 - How you interact with each other?
 - How you seek help and support from others?
 - How you support others?
- Can you think of other changes that could be important?
 - How could such changes be achieved?