

Wos	((TI=(physical activity or physical exercise or exercise or sports or aerobic or anaerobic)) AND TS=(mental health or depression or anxiety or self-esteem or self-concept or social competence or stress)) AND TI=(children or adolescents or youth)
Pubmed	((physical activity*[Title] OR physical exercise*[Title] OR exercise*[Title] OR sports*[Title]OR aerobic*[Title] OR anaerobic*[Title]) AND (mental health*[Title]) OR depression*[Title] OR anxiety*[Title] OR self esteem*[Title] OR self concept*[Title] OR social competence*[Title] OR stress*[Title])) AND (children*[Title] OR adolescents*[Title] OR youth*[Title])
CNKI	TI=(physical activity* OR physical exercise* OR exercise* OR sports*OR aerobic* OR anaerobic*) AND TS=(mental health* OR depression* OR anxiety* OR self esteem* OR self concept* OR social competence* OR stress*) AND TI=(children* OR adolescents* OR youth*)
EBSCO	AB (physical activity* OR physical exercise* OR exercise* OR sports*OR aerobic* OR anaerobic*) AND AB (mental health* OR depression* OR anxiety* OR self esteem* OR self concept* OR social competence* OR stress*) AND AB (children* OR adolescents* OR youth*)
Scopus	(TITLE (aerobic* OR anaerobic* OR “physical activity” or “physical exercise“ or exercise* or sports*) AND TITLE-ABS-KEY (“mental health” or depression* or anxiety* or self-esteem* or self-concept* or “social adjustment” or “social skill” or stress* or “academic stress”) AND TITLE (children* or adolescents* or youth*))