

Permission to use the Strengths and Difficulties Questionnaire

From: Youthinmind <support@youthinmind.com>

Sent: Monday, November 17, 2025 09:01

To: Daniel Bingham <d.bingham@bradford.ac.uk>

Subject: Re: Request for Confirmation of Permission to Use the Teacher-Reported SDQ in a Non-Commercial Research Study

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Hi Daniel,

We give Dr Daniel Bingham, University of Bradford permission to publish the study titled "*The Effectiveness of JU:MP a Whole System Approach to Improve Physical Activity of Children Aged 5 to 11 Years Living in Multi-ethnic and Socio-economically Deprived Communities: A Non-Randomised Controlled Trial.*" on the basis that Dr Daniel Bingham has confirmed that the official SDQ in PDF format was downloaded from the SDQ website without any modifications and was administered using the pen-and-paper method.

Please note that this confirmation is based on the statement made by Dr Daniel Bingham affirming his adherence to our copyright and licensing conditions, which we have not independently verified.

Best wishes,
Helena Hamilton
Youthinmind