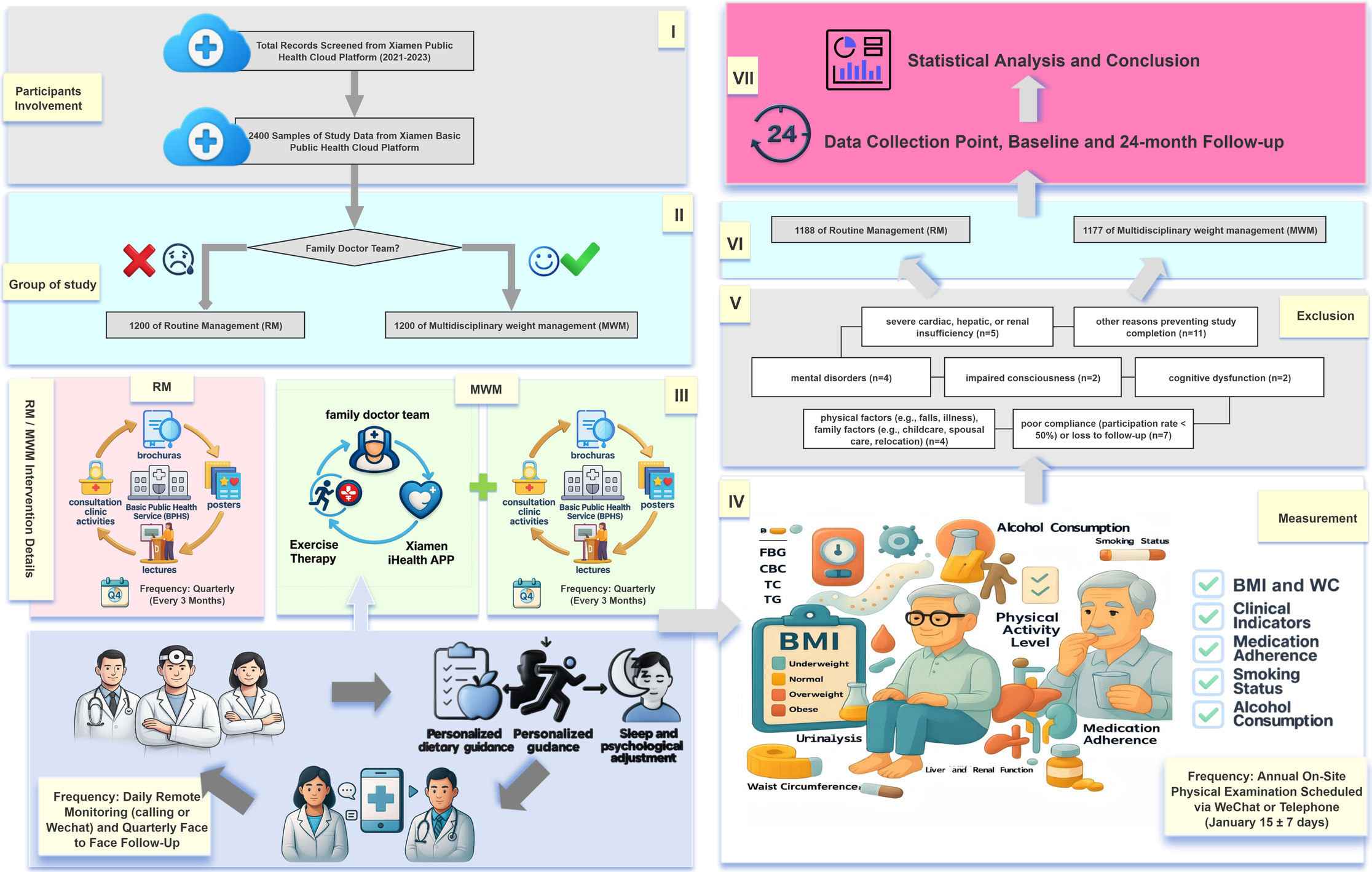

Figure S3.CONSORT Flow Diagram of Routine Management (RM) Versus Multidisciplinary Weight Management (MWM) Intervention in Xiamen, China. Part I and II, 2,400 samples containing relevant study parameters was extracted from the Xiamen Basic Public Health Cloud Platform for subsequent statistical analyses. Part III, the introduction of RM and MWM intervention. Part IV, comprehensive measurement and annual health assessment protocol. Part V to VI, Participant exclusion criteria prior to intervention. Part VII, Data Collection and Statistical Analysis at Baseline and 24-Month Follow-up.