

Additional file 2: Overview of primary estimand attributes.

Additional file 2: Table including primary estimand attributes

Primary estimand	
Intervention	Intervention = HealthyMoms4MentalHealth-app with focus on increasing psychological resilience. Control = HealthyMoms-app with focus on healthy lifestyle.
Population	Pregnant women over 18 years with live birth and no technical hindrance in using the app.
Variable (Endpoint)	CD-RISC 10 score on 0-40 scale at time-point 2.
Intercurrent events	No outcome measures at time-point 2.
Strategy	While on treatment: we will use time-point 1 outcomes to analyze time-point 2.
Summary measure	Mean difference in resilience score between groups.