

## Database 1: PubMed

### Used search string:

```
("mental health" OR "mental well-being" OR "mental wellbeing" OR  
"psychological health" OR "psychological well-being" OR "psychological  
wellbeing")  
AND  
("retirement" OR "retirement transition" OR "retired" OR "retiree" OR  
"end of career" OR "leaving the workforce" OR "work-life transition")  
AND  
("influencing factors" OR "factors" OR "determinants" OR "contributing  
factors" OR "impacting factors" OR "affecting factors" OR "positive  
factors" OR "negative factors" OR "psychosocial factors")  
AND  
("aging population" OR "older adults" OR "seniors" OR "aged  
individuals" OR "older persons" OR "geriatric population" OR "aging  
individuals" OR "aging adults" OR "senior citizens" OR "elderly  
population")
```

### Applied filters:

Publication date from 2015 (including) to 2026 (including).

## Database 2: APA PsycINFO

### Used search string:

```
("mental health" OR "mental well-being" OR "mental wellbeing" OR  
"psychological health" OR "psychological well-being" OR "psychological  
wellbeing")  
AND  
("retirement" OR "retirement transition" OR "retired" OR "retiree" OR  
"end of career" OR "leaving the workforce" OR "work-life transition")  
AND  
("influencing factors" OR "factors" OR "determinants" OR "contributing  
factors" OR "impacting factors" OR "affecting factors" OR "positive  
factors" OR "negative factors" OR "psychosocial factors")  
AND  
("aging population" OR "older adults" OR "seniors" OR "aged  
individuals" OR "older persons" OR "geriatric population" OR "aging  
individuals" OR "aging adults" OR "senior citizens" OR "elderly  
population")
```

### Applied filters:

Publication date from 2015 (including) to 2026 (including).

Due to very high volume of studies, we applied the following limits in APA PsycINFO:

- Full text
- Remove MEDLINE records
- English language
- Open access

## Database 3: CINAHL Ultimate

### Used search string:

```
("mental health" OR "mental well-being" OR "mental wellbeing" OR  
"psychological health" OR "psychological well-being" OR "psychological  
wellbeing")  
AND  
("retirement" OR "retirement transition" OR "retired" OR "retiree" OR  
"end of career" OR "leaving the workforce" OR "work-life transition")  
AND  
("influencing factors" OR "factors" OR "determinants" OR "contributing  
factors" OR "impacting factors" OR "affecting factors" OR "positive  
factors" OR "negative factors" OR "psychosocial factors")  
AND  
("aging population" OR "older adults" OR "seniors" OR "aged  
individuals" OR "older persons" OR "geriatric population" OR "aging  
individuals" OR "aging adults" OR "senior citizens" OR "elderly  
population")
```

### Applied filters:

Publication date from 2015 (including) to 2026 (including).

## Database 4: Web of Science

### Used search string:

```
("mental health" OR "mental well-being" OR "mental wellbeing" OR  
"psychological health" OR "psychological well-being" OR "psychological  
wellbeing")  
AND  
("retirement" OR "retirement transition" OR "retired" OR "retiree" OR  
"end of career" OR "leaving the workforce" OR "work-life transition")  
AND  
("influencing factors" OR "factors" OR "determinants" OR "contributing  
factors" OR "impacting factors" OR "affecting factors" OR "positive  
factors" OR "negative factors" OR "psychosocial factors")  
AND  
("aging population" OR "older adults" OR "seniors" OR "aged  
individuals" OR "older persons" OR "geriatric population" OR "aging  
individuals" OR "aging adults" OR "senior citizens" OR "elderly  
population")
```

### Applied filters:

Publication date from 2015 (including) to 2026 (including).