

Appendix A: Participant Information

Initial Group Membership	ID	Age	Height (cm)	Body Mass (kg)	Final Group Membership	Reason for Exclusion from Study	Included in 1-Year Follow-Up Analysis	Included in 2-Year Follow-Up Analysis
Surgical	1	59	167	65.6	Surgical			Yes
Surgical	2	56	150	82.8	Surgical		Yes	
Surgical	3	46	152.4	95.1	Pilot	Only pre-op video, no follow ups		
Surgical	4	67	156.3	66.9	Pilot	Only 1-yr follow up, no pre-op		
Surgical	5	64	162.2	74.6	Surgical		Yes	Yes
Surgical	6	47	157	71.5	Surgical		Yes	Yes
Surgical	7	31	169	101.6	Surgical		Yes	
Surgical	8	65	147.5	55.3	Surgical		Yes	
Surgical	9	63	145	55.7	Surgical		Yes	
Surgical	10	69	157.8	68.6	Surgical		Yes	Yes
Surgical	11	65	155.5	78.8	Pilot	Only pre-op video, no follow ups		
Surgical	12	76	177	76.6	Pilot	Only pre-op video, no follow ups		
Non-Surgical	1	59	166.4	66.6	Pilot	Male subject		
Non-Surgical	2	68	147.5	61.3	Non-Surgical		Yes	Yes
Non-Surgical	3	54	159.6	55.8	Non-Surgical		Yes	Yes
Non-Surgical	4	69	158.3	68.8	Non-Surgical		Yes	Yes
Non-Surgical	5	66	159.2	67.5	None	(No video)		
Non-Surgical	6	51	163.3	61	Non-Surgical		Yes	Yes
Non-Surgical	7	73	158.9	74.3	Non-Surgical		Yes	Yes
Non-Surgical	8	48	173	69.3	Pilot	Randomly selected for pilot reliability study		
Non-Surgical	9	50	164	91.5	Non-Surgical		Yes	Yes
Non-Surgical	10	39	162	59.9	Non-Surgical		Yes	Yes
Non-Surgical	11	29	166	59.4	Non-Surgical		Yes	Yes
Non-Surgical	12	19	180	80	Pilot	Male subject		
Non-Surgical	13	72	147.5	64.1	Non-Surgical		Yes	Yes
Non-Surgical	14	49	163.4	61.6	Non-Surgical		Yes	Yes
Non-Surgical	15	55	162	60.5	Non-Surgical		Yes	Yes
Non-Surgical	16	64	161.9	51.5	Non-Surgical		Yes	Yes
Control	1	66	180	104.1	Control		Yes	Yes
Control	2	66	169	71.2	Pilot	Randomly selected for pilot reliability study		
Control	3	66	171.6	80.8	Control		Yes	Yes
Control	4	55	158.2	66.59	Control		Yes	Yes
Control	5	60	162.7	77.7	Control		Yes	Yes
Control	6	54	170.2	65.5	Pilot	Randomly selected for pilot reliability study		
Control	7	72	160.3	69.6	Control		Yes	Yes
Control	8	57	172.4	62.4	Control		Yes	Yes
Control	9	44	176.8	80.9	Control		Yes	Yes
Control	10	42	156.5	56.9	Control		Yes	Yes
Control	11	42	170.2	68.3	Control		Yes	Yes
Control	12	46	169.3	69.55	Control		Yes	Yes
Control	13	67	175.4	88	None	(No video)		