

Supplementary Table 2. A comparison of regeneration media used.

Component	REG	REG-SEO	REG-R	REG-SEO-R	Diet MSO
Basal Salts	MS	MS	MS	MS	MS
Vitamins	B5	MS	B5	MS	MS
Maltose (g/L)	30	30			
Naphthalene Acetic Acid (NAA) (μ M)		26	26	26	
N-phenyl-N'-[(1,2,3,4-thiadiazol-5-yl) urea (TDZ)		4.5			
Gibberellic Acid (GA3) (μ M)	1.4		1.4		
6-Benzylaminopurine (BAP) (μ M)	177.6				
pH	5.8	5.8	5.8	5.8	5.8