



November 6, 2025

Certificate Number: 1792110625

To Whom It May Concern:

This is to inform you that Rishita Patel from Indukaka Ipcowala College of Pharmacy, Post Box. No.53, post Vithal Udyagnagar, has my permission to use the MMAS-4 (Morisky Medication Adherence Scale 4 item) in this research study:

"Integrated Pharmaceutical Care Program in Patients with Diabetes Mellitus: An Interventional Study." for up to 280 Administrations.

The requirements to use this scale are to cite the following references in the document:

1. Morisky DE, Green LW, Levine DM. Concurrent and Predictive Validity of a Self-Reported Measure of Medication Adherence and Long-Term Predictive Validity of Blood Pressure Control. Medical Care 1986.
2. Morisky DE, Malotte CK, Choi P, et al. A Patient Education Program to Improve Rate with Antituberculosis Drug Regimens. Health Education Quarterly 1990; 17:253-268
3. Morisky DE, DiMatteo MR. Improving the measurement of self-reported medication nonadherence: Final response. J Clin Epidemiol 2011; 64(3):262-263.

- i. The following footnote is required in all articles, presentations, web postings, reports and submitted manuscripts, and on the first table or figure which present the MMAS-4 as well as in the Acknowledgment Section of manuscripts submitted for publication:

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- ii. The MORISKY SCALE intellectual property legend must appear on the first page of all (Morisky) Questionnaires: **(© 2007 Donald E. Morisky)**

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