QUESTIONNAIRE Number……

Mark the correct answer with a cross (X) in the box (□).
Provide a written answer in the dotted space (.....).

Personal data

Child's gender: female □ male □

Date of birth: ……..

City of residence:……

Oral hygiene

Does the child brush their teeth or have their teeth brushed? Yes □ No □

How often?.....

At what age did you start brushing your child's teeth?.....

Does the child use fluoride toothpaste? Yes □ No □

Dental care

Has your child visited the dentist before? Yes □ No □

When was the last dental visit? ……

At what age was the first dental visit? ……

What was the reason for the child's first dental visit?

- □ The onset of pain
- □ Parental concern about visible symptoms of tooth decay or other oral health issues
- □ Routine check-up

Diet

Until what age was the child breastfed? …… months

Until what age was the child bottle-fed? …… months

Does the child consume food or drinks (other than water) at bedtime? Yes □ No □

Does the child consume food or drinks (other than water) during the night? Yes □ No □

How many meals per day does the child eat (including snacks between main meals)? ……

How often does your child consume the following products?

	At least twice a day	Once a day	At least twice a week	Once a week	At least twice a month	Almost never/never
Table sugar as an additive to drinks or meals	□	□	□	□	□	□
Jam	□	□	□	□	□	□
Honey	□	□	□	□	□	□
Fruit syrups	□	□	□	□	□	□
Gummy candies	□	□	□	□	□	□
Toffees, fudge	□	□	□	□	□	□
Cookies, sponge cakes, sweet pastries	□	□	□	□	□	□
Chips	□	□	□	□	□	□
Crunchies	□	□	□	□	□	□
Salty crackers, sticks	□	□	□	□	□	□
Sweetened cereals	□	□	□	□	□	□
Milk chocolate, chocolate bars	□	□	□	□	□	□
Dark chocolate	□	□	□	□	□	□
Landrines, lollipops	□	□	□	□	□	□
Chocolate creams, nutella, peanut butter	□	□	□	□	□	□
Ice cream, sweet cream	□	□	□	□	□	□
Doughnuts, cake, sweet buns	□	□	□	□	□	□
Canned fruits	□	□	□	□	□	□
Fresh fruits and vegetables	□	□	□	□	□	□
Dried fruits (e.g. raisins, dates, apricots)	□	□	□	□	□	□
Cooked vegetables	□	□	□	□	□	□
Pickles (e.g., cucumbers, cabbage, beets)	□	□	□	□	□	□
Fermented products (e.g. kimchi, tempeh, miso)	□	□	□	□	□	□
Whole-grain bread, rolls, pasta, rice	□	□	□	□	□	□
“White” breads, rolls, pasta, rice	□	□	□	□	□	□
Groats	□	□	□	□	□	□
Sourdough bread	□	□	□	□	□	□
Cow's milk	□	□	□	□	□	□
Yogurts, kefirs, sour milk, other probiotic beverages	□	□	□	□	□	□
Cheeses	□	□	□	□	□	□
Meat	□	□	□	□	□	□
Eggs	□	□	□	□	□	□
Nuts	□	□	□	□	□	□
Sweeteners (e.g. xylitol, stevia)	□	□	□	□	□	□
Sugar-free gums	□	□	□	□	□	□
Energy drinks	□	□	□	□	□	□
Sweetened carbonated drinks (e.g. Fanta, Pepsi, Coca-Cola)	□	□	□	□	□	□
Tap water	□	□	□	□	□	□
Mineral water without additives	□	□	□	□	□	□
Flavored mineral water	□	□	□	□	□	□
Fruit juices	□	□	□	□	□	□