

Interview guide for PAR on oral health in children in the Schilderswijk neighbourhood:

Research title

“Exploring schoolchildren’s perspectives on oral health in the Schilderswijk, The Hague - a Participatory Action Research.”

Date:	Place:
Name interviewer:	Name notary:
Kind of stakeholder (parent/teacher/dentist etc.):	Interview code:
Starting time:	End time:

Instructions for interviewer

1. Use the questions to guide the semi-structured interview
2. Use any follow-up questions to guide the interview to specific points of interest
3. Record start and end time
4. Save audio recording immediately after end of interview
5. Ensure that the consent statement is recorded verbally or in writing at the beginning of the interview

Introduction and professional background (10 min)

Important components

- Note starting time
- Exchange names
- Explanation of the goal of the research
- Explanation of the length of the interview
- Explanation of consent statement including pseudo-anonymous processing of professional data
- Start audio recording after verbal/written consent
- Time for questions

Interview script

Hello [stakeholder name]. Thank you for making time for us and participating in this study. My name is [name interviewer] and from ACTA and The Healthy Teeth Foundation, we are setting up a preventive oral health project to improve oral health among young children (4-12 years old) together with residents from the Schilderswijk neighbourhood. This is because we see that children from families with a low socio-economic position (SEP) suffer more cavities compared to children from high SEP groups.

The aim of this study is to gain insight into the views of various neighbourhood residents, stakeholders and professionals on the oral health issues of underprivileged children in the Schilderswijk, The Hague. We would like to discuss this topic with you and are curious about existing requests for help, needs, wishes, ideas, opportunities and obstacles. We would like to learn from your experiences and reflect together on the current (oral) health situation of children in the Schilderswijk. Knowledge exchange is central during our conversation, which means that you have all the space and freedom to share your experiences with us. There are no right or wrong answers.

The interview will last about an hour. Before we start, I would like to kindly ask for your permission to make an audio recording of our conversation. These audio recordings will only be used for data analysis. After analysis, the recordings will be deleted immediately.

For this study, we will ask for your (professional) data, such as your name, organisation, e-mail address and telephone number. The data collected will be treated confidentially and processed in encrypted form. This means that each participant is assigned a code, which is used in the processing of the data. Following your consent, your professional data will be stored pseudonymised for up to five years in the interest of the study, after which the data will be deleted. The data will be used only for this study and not for other purposes.

Your participation is entirely voluntary. At any time, you are free to decide whether or not to cooperate. This means that you can change your mind at any time. You may also stop during the interview and do not have to justify it. The data collected up to the moment will only be used for the study with your consent.

Do you have any questions about what I have just explained? Are you still willing to take part in this interview and may our conversation also be recorded? Thank you in advance for your participation and your time.

Interview guide PAR Schilderswijk parents & professionals (60 min)

Record starting time

Access to dental care:

1. How is access to dental care? Can you easily visit a dentist?
2. Do you have dental insurance? Did you know that dental care is free for children up to 18 years old?
3. What do you spend on transport to get to the dentist? Does your child go alone, or do you join him/her?
4. What barriers do you experience in accessing dental care?

Oral hygiene habits:

5. How do you take care of your teeth?
6. What do you teach your children about this? How do they take care of their teeth?
7. How often do they brush?
8. Do you brush together with your children or do they brush alone?
9. What do they use to clean their teeth? (e.g. Electric brush, manual toothbrush, mouthwash, fluoride toothpaste or without fluoride)

Dental problems:

10. Has your child ever had any dental problems? If yes, what kind of problems?
11. Did your child miss school because of these dental problems? Or could he/she not concentrate well?
12. Where do you go for treatment then? Who is your dentist?
13. Do you or your child also visit the dental hygienist?
14. Do you know if they pay attention to oral health at school?
15. Do you ever use any medication or herbs to solve the pain in your mouth? If yes, what medication or herbs?
16. Do you and your child also go to the dentist for preventive check-ups or only when he/she has pain?

Oral Health Knowledge/ Literacy:

17. What is the cause of caries and bleeding gums?
18. What foods are good for teeth?
19. What foods are bad for teeth?
20. Do you or your child eat a lot of sweets/candy and why?
21. Does oral health affect general health? And how?

Culture:

22. What is your background/your culture?
23. Do teeth or the mouth have any special significance in your culture?
24. Do teeth or the mouth have a special significance in your religion?
25. What did you learn from religious leaders about teeth/mouth?

Context (only for dentists, general practitioners, health promoters and teachers):

26. Do children from this neighbourhood have many other health-related problems? And if so, which ones?
27. And what other problems are there in the families?
28. Have you seen an increase in financial problems during the corona crisis? What are the consequences of that?
29. Do you see a lot of caries/affected teeth?
30. Are children missing school because of this?
31. What cultures and nationalities live here or attend school here?
32. Have you ever heard of Infant Oral Mutilation (IOM)? Have you ever seen this among children in the Schilderswijk neighbourhood?
33. What is going well? What is the neighbourhood's strength?

Important components

- Do you have any additions?
- Do you have any other questions?
- Please note end time
- Thank you!

Record end time

Interview guide PAR Schilderswijk children (30-45 min)

Record starting time

Oral hygiene habits:

1. How do you take care of your teeth?
2. What do you learn from your parents? How do they take care of their teeth?
3. How often do you brush?
4. Do you brush alone or together with your parents?
5. What do you use to clean their teeth (Electric brush, manual toothbrush, mouthwash, fluoride toothpaste or without fluoride?)

Dental problems:

6. Have you ever had any dental problems? If yes, what kind of problems? (Cavities, bleeding gums)
7. Have you ever missed school because of these dental problems? Could you not concentrate well?
8. Where do you go for treatment then? Who is your dentist?
9. Do you also come to the dental hygienist?
10. Do you know if they pay attention to oral health at school?
11. Do you ever use medicines or herbs to solve the pain in your mouth? If yes, which medicines or herbs?
12. Do you also go to the dentist for check-ups or only when you have pain? If so, do you go alone or with your parents?

Access to dental care:

13. How is access to dental care? Can you visit a dentist easily?
14. Did you know that dental care is free for children up to 18 years old?
15. How do you go to the dentist, by what means of transport?

Oral Health Literacy:

16. What causes cavities and bleeding gums?
17. What foods are good for teeth?
18. What foods are bad for teeth?
19. Do you eat a lot of sweets/candy and why?
20. Do you have to buy breakfast, lunch or dinner yourself?
21. Does oral health affect overall health? And how?

Culture:

22. What is your background/your culture? Where are your parents from?
23. Do teeth or the mouth have any special significance in your culture?
24. Do teeth or the mouth have a special meaning in your religion?
25. What did you learn from religious leaders, the elderly or your parents about teeth/mouth?

Important components

- Do you have any additions?
- Do you have any other questions?
- Please note end time
- Thank you!

Record end time