

Study Questionnaire (English Translation)

Domain 1: Sociodemographic Characteristics (11 items)

#	Question	Response Options
1	Mother's age	≤29 / 30–39 / 40–49 / 50–59 / ≥60
2	Father's age	≤29 / 30–39 / 40–49 / 50–59 / ≥60
3	Mother's educational level	Illiterate / Primary school / Middle school / High school / University / Postgraduate
4	Father's educational level	Illiterate / Primary school / Middle school / High school / University / Postgraduate
5	Marital status of the respondent	Married / Divorced or widowed
6	Child's age	5–7 / 8–10 / 11–12
7	Child's sex	Female / Male
8	Monthly household income (TRY)	<10,000 / 10,000–20,000 / 20,000–30,000 / >30,000
9	Is there consanguineous marriage?	Yes / No
10	Does the child have a diagnosed intellectual disability?	Yes / No
11	Who is the primary caregiver completing this form?	Mother / Father / Legal guardian / Other

Domain 2: Periodontal Knowledge and Awareness (18 items)

#	Question	Response Options
Q1	What is periodontal disease (periodontitis)?	(T) An infectious disease of the gingiva and surrounding tissues / A disease that only affects the teeth / A disease that only occurs in the elderly / I don't know
Q2	The onset and progression of periodontal disease is directly related to inadequate oral hygiene.	(T) True / False / I don't know
Q3	What does gingival bleeding indicate?	(T) Inflammation of the gingiva / That you are brushing too hard / A vitamin deficiency / I don't know
Q4	How can you prevent periodontal disease?	(T) By brushing teeth and using dental floss / By using mouthwash only / By visiting the dentist only when in pain / I don't know
Q5	Can non-carious teeth be lost due to periodontal disease?	(T) Yes, it can cause tooth loss / No, only carious teeth are lost / I don't know
Q6	Did you know that dental calculus causes periodontal disease?	(T) Yes / No
Q7	Can periodontal disease occur in primary (deciduous) teeth?	(T) Yes, it can / No, it only occurs in permanent teeth / I don't know
Q8	Does periodontal disease that begins in primary teeth continue into the permanent dentition?	(T) Yes / No / I don't know
Q9	Effective oral hygiene habits acquired from childhood are very important in preventing periodontal disease.	(T) True / False / I don't know

Q10	When should oral care begin in children?	(T) From the eruption of the first primary tooth, the parent should clean the teeth with a cloth or gauze / When the child starts school / When all primary teeth have erupted / I don't know
Q11	When should teeth be brushed during the day?	(T) Before sleeping at night and after waking up in the morning / After every meal / Only in the morning / I don't exactly know
Q12	How should the toothbrush be used when brushing teeth?	(T) In a sweeping motion from the gingiva toward the teeth / In circular motions on the teeth / In a back-and-forth motion on the teeth / I don't exactly know
Q13	How often should the toothbrush be replaced?	(T) Every 3 months regularly / Every 6 months / Once a year / I don't know
Q14	How much toothpaste should be applied to the toothbrush?	(T) Pea-sized for children, chickpea-sized for adults / The entire length of the bristles / A very small amount / I don't know
Q15	Cleaning between the teeth is as important as brushing.	(T) True / False / I don't know
Q16	Various tools are available for cleaning between teeth. Which is the most appropriate?	(T) Interdental brush / Dental floss / Toothpick / I don't know
Q17	Regular dental visits are important for periodontal health.	(T) True / False / I don't know
Q18	Is there a difference between your knowledge level before and after completing this questionnaire?	Yes / No

Domain 3: Personal Oral Hygiene Practices (10 items)

#	Question	Response Options
P1	How often do you brush your teeth?	At least twice a day / Once a day / At least 3 times a week / Whenever I remember / I have dentures so I don't need to / I don't brush
P2	What brushing technique do you use?	Up-and-down strokes / Back-and-forth (horizontal) strokes / Circular motions / Other
P3	How long do you brush your teeth?	0–1 minute / 2–3 minutes / 4 minutes or more / I don't pay attention to the duration
P4	How do you position your toothbrush on the teeth?	Perpendicular to the tooth surface / Angled toward the tooth-gum junction / Angled to the tooth surface / Other
P5	Do you use dental floss?	With every brushing / Once or twice a day / Once a week / Other / No
P6	Do you use an interdental brush?	With every brushing / Once or twice a day / Once a week / Other / No
P7	Do you use mouthwash?	With every brushing / Once or twice a day / Once a week / Other / No
P8	When was your last dental visit?	6 months ago / 1 year ago / 2 years or more ago / Never
P9	Do your gums bleed after brushing?	Frequently / Rarely / Bleeding occurs with brushing or spontaneously / They don't bleed

P10	Do you visit the dentist regularly?	I have never been to a dentist / I go only when I have pain / I sometimes go for check-ups / I go for regular check-ups at least once a year
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Domain 4: Child-Directed Supervision Practices (5 items)

#	Question	Response Options
C1	Close supervision by the primary caregiver is important in oral care practices for children with disabilities.	(T) Yes / No / I don't know
C2	What do you do for your child's/the disabled individual's dental cleaning?	I remind them / I supervise and observe / I brush my child's teeth myself / Other
C3	Do you use any method for interdental cleaning in your child/the disabled individual?	Yes / No
C4	Did you know that a water flosser (oral irrigator) is recommended for interdental cleaning in individuals with disabilities?	Yes / No
C5	Is it important if primary (baby) teeth decay?	Yes / No / I don't know

Correct answers are marked with (T).