

Can you tell us how anxious you feel during your dentist visit?
Please indicate by placing an 'X' in the appropriate box.

1. How would you feel if you were to go to your dentist for treatment tomorrow?

☐ not anxious ☐ slightly anxious ☐ fairly anxious ☐ very anxious ☐ extremely anxious

2. How would you feel if you were sitting in the waiting room (waiting for treatment)?

☐ not anxious ☐ slightly anxious ☐ fairly anxious ☐ very anxious ☐ extremely anxious

3. You sit in the dentist's chair and wait for your doctor to prepare the drilling instruments for treatment. How would you feel?

☐ not anxious ☐ slightly anxious ☐ fairly anxious ☐ very anxious ☐ extremely anxious

4. You sit in the dentist's chair and wait for your doctor to prepare the scaling tools to clean the tartar around your gums. How would you feel?

☐ not anxious ☐ slightly anxious ☐ fairly anxious ☐ very anxious ☐ extremely anxious

5. How would you feel if your dentist were about to local anesthesia injection into your tooth in the back area of the upper jaw?

☐ not anxious ☐ slightly anxious ☐ fairly anxious ☐ very anxious ☐ extremely anxious