

Supplementary Material 1. Discussion guide for focus group with professionals

Timeline	Topic/Question
10 minutes	Welcome & introduction • Procedure & rules (e.g., every opinion counts, there are no wrong answers) • Overview of the manual: - What is IPOS-Dem? (purpose, area of application) - Why was the manual created? - What does it contain (brief overview of the structure: introduction, application steps, tips, etc.) - How is it intended to be used? (proxy completion in everyday life by nursing staff)
15 minutes	Introduction: First impressions • What was your first impression of the manual? • What was particularly easy/difficult to understand?
25 minutes	Structure & contents of the manual • Which parts were helpful? • Where was something too long / too short / unclear? • Were there any technical terms that were difficult to understand?
15 minutes	Suggestions for improvement & open questions • What would you change about the manual? • Is there any information missing?
20 minutes	Everyday use • Can you imagine using IPOS-Dem in everyday life? • What would you need to make it practical? • What could help (e.g., training, reminders, short versions, explanatory videos)?
10 minutes	Conclusion & Acknowledgements • Summary of the most important points