



Government of Nepal
Nepal Health Research Council (NHRC)
Estd. 1991

Ref. No.: 2785

Date: 7 April 2021

Ms. Gayatri Khanal

Principal Investigator

Chitwan Medical College

Chitwan

Ref: Approval of research proposal

Dear Ms. Khanal,

This is to certify that the following protocol and related documents have been reviewed and granted approval by the Expedited Review Sub-Committee for implementation.

ERB Protocol Registration No.	139/2021 P	Sponsor Protocol No	NA
Principal Investigator/s	Ms. Gayatri Khanal	Sponsor Institution	NHRC Grant
Title	Menstruation Hygiene management among secondary school students of Chitwan, Nepal- Pre –Post Study Design		
Protocol Version No	NA	Version Date	NA
Other Documents	1. Data collection tools 2. Acceptance letter from the study sites	Risk Category	Minimal risk
Expedited Review	Proposal	☒	Duration of Approval 7 April 2021 to 7 April 2022 Frequency of continuing review
	Amendment	☐	
	Re-submitted	☐	
	Meeting Date: 30 March 2021		
Total budget of research	NRs 1,50,000.00		
Ethical review processing fee	Waiver as the researcher had received by NHRC Grant		
<u>Investigator Responsibilities :</u>			
- Any amendments shall be approved from the ERB before implementing them - Submit progress report every 3 months - Submit final report after completion of protocol procedures at the study site - Report protocol deviation / violation within 7 days			



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- Comply with all relevant international and NHRC guidelines
- Abide by the principles of Good Clinical Practice and ethical conduct of the research

If you have any questions, please contact the Ethical Review M & E Section at NHRC.

Thanking you,

Dr. Pradip Gyanwali
Member-Secretary
(Executive Chief)