

Supplementary information

Table 1: Survey respondents' health conditions (diagnosed with or treated for - lifetime)

Health condition	N (%)
Mental health condition	931 (42.3%)
Menstruation problems	868 (39.4%)
Urinary tract infection	771 (35.0%)
Headaches/migraine	676 (30.7%)
Sleep problems	530 (24.1%)
Chronic pain	463 (21.0%)
Asthma	460 (20.9%)
Cardiovascular/heart disease	387 (17.6%)
Autoimmune condition	325 (14.8%)
Endometriosis	301 (13.7%)
Cancer	290 (13.2%)
Uterine fibroids	262 (11.9%)
Osteoporosis	197 (8.9%)
Polycystic ovary syndrome	194 (8.8%)
Chronic fatigue	174 (7.9%)
Infertility	159 (7.2%)
Sexually transmitted infections	148 (6.7%)
Diabetes	143 (6.5%)
Neurodiversity	142 (6.4%)
Gynaecological cancer	124 (5.6%)
Eating disorder	121 (5.5%)
Drug and alcohol problems	58 (2.6%)
Alzheimer's disease/dementia	4 (0.2%)
Other physical health condition	458 (20.8%)
Other mental health condition	82 (3.7%)
None of these conditions	187 (8.5%)

Table 2: Survey respondents' social issues (lifetime experience)

Social issue	N (%)
Bullying	853 (38.7%)
Violence	577 (26.2%)
Abortion	360 (16.3%)
Homelessness	116 (5.3%)