

Detailed Search Strategies by Database

PubMed

("Menstrual Hygiene Management"[All Fields]

OR "Menstrual Health"[All Fields]

OR "Menstruation"[MeSH Terms]

OR "Menstruation"[All Fields])

AND

("Schools"[MeSH Terms]

OR school*[All Fields]

OR education[All Fields]

OR "school attendance"[All Fields]

OR adolescent*[All Fields])

AND

("WASH"[All Fields]

OR sanitation[All Fields]

OR hygiene[All Fields]

OR "school sanitation"[All Fields]

OR toilet*[All Fields]

OR water[All Fields])

AND

("South Asia"[All Fields]

OR "Sub-Saharan Africa"[All Fields]

OR "Southeast Asia"[All Fields])

Scopus

TITLE-ABS-KEY(

("menstrual hygiene management"

OR "menstrual health"

OR menstruation)
AND
(school*
OR education
OR "school attendance"
OR adolescent*)
AND
(WASH
OR sanitation
OR hygiene
OR "school sanitation"
OR toilet*
OR water)
AND
("South Asia"
OR "Sub-Saharan Africa"
OR "Southeast Asia")
)

Web of Science

TS=(
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OR "menstrual health"
OR menstruation)
AND
(school*
OR education
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OR adolescent*)

AND

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Search Limits Applied

Across all databases, searches were limited to:

English-language publications

Studies published between January 2009 and October 2025

Grey Literature Sources

Additional grey literature searches were conducted using:

Google Scholar

World Health Organization (WHO) reports

UNICEF publications

UNESCO reports

Governmental and non-governmental organisation (NGO) reports related to menstrual health and school-based WASH programmes