



PREVALENCE OF HERBAL MEDICINE CONSUMPTION AND REGULATORY COMPLIANCE IN SOME SELECTED DISTRICTS OF THE BONO REGION OF GHANA

Questionnaire on Herbal Medicine Use, Safety and Regulatory Compliance

Preamble

The bearers of this questionnaire are final-year BSc. Medical Laboratory Science students of the University of Energy and Natural Resources. They are researching the topic “Prevalence of Herbal Medicine Consumption and Regulatory Compliance in some Selected Districts of the Bono Region, Ghana”, in partial fulfilment of the requirement for the award of a degree in Medical Laboratory Science. We would appreciate it if you could respond to the questionnaires presented to you. You are assured of the confidentiality of your responses as the data collected will be used strictly for academic purposes. Should you require further information regarding this data collection, kindly contact the research supervisor at +233244978779; george.owusu@uenr.edu.gh

Section A: Sociodemographic Information

Sex:

- ☐ Male
- ☐ Female

Age Group:

- ☐ ≤ 20
- ☐ 21 – 30
- ☐ 31 – 40
- ☐ 41 – 50

☐ 51 – 60

☐ ≥ 61

Religion:

☐ Islam

☐ Christianity

☐ Traditional

☐ Other

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Educational Level:

☐ No formal education

☐ Basic

☐ Secondary

☐ Tertiary

Occupation:

☐ Civil servant

☐ Farming

☐ Self-employed

☐ Unemployed

☐ Other

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Are you a herbal medicine consumer or practitioner?

☐ Consumer

☐ Practitioner

Section B: FDA Regulatory Compliance by Herbal Medicine Practitioners (For Practitioners Only)

Have you acquired FDA certification for your herbal medicine practice?

- ☐ Yes, and it is active
- ☐ Yes, but not renewed
- ☐ No

Have you received formal training in herbal medicine practice?

- ☐ Yes
- ☐ No

What is the source of your knowledge or training?

- ☐ From dreams
- ☐ From a herbalist
- ☐ From parents
- ☐ No specific source
- ☐ Others

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Section C: FDA Regulatory Compliance of Marketed Herbal Medicines

Are the herbal medicines you sell or use registered with the FDA?

☐ Yes

☐ No

Do they indicate manufacturing dates?

☐ Yes

☐ No

Do they indicate expiry dates?

☐ Yes

☐ No

Do they list adverse effects and contraindications?

☐ Yes

☐ No

Do they provide dosage and user instructions?

☐ Yes

☐ No

Do they include the manufacturer's information?

☐ Yes

☐ No

Section D: Usage, Safety, and Efficacy of Herbal Medicines (For Consumers Only)

Do you use herbal medicines?

☐ Yes

☐ No

For what purpose do you use herbal medicines? *(Select all that apply)*

☐ Envenoming

☐ Infection

☐ Injuries

☐ Non-communicable diseases (NCDs)

☐ Wounds

☐ Reproduction and sexual activities

☐ Others

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Where do you usually get herbal medicines from?

☐ Family

☐ Herbalist

☐ Retailer

☐ Self-prepared

☐ Others

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Why do you choose herbal medicines? *(Select all that apply)*

- ☐ Availability
 - ☐ Cost
 - ☐ Safety
 - ☐ Effectiveness
 - ☐ Others
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How would you rate the efficacy of herbal medicines?

- ☐ Very effective
- ☐ Effective
- ☐ Not effective

Have you experienced any side effects from using herbal medicines? *(Select all that apply)*

- ☐ None
- ☐ Blurred vision
- ☐ Diarrhea
- ☐ Dizziness
- ☐ Fatigue
- ☐ Headache
- ☐ Others

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Would you recommend the use of herbal medicines to others?

☐ Yes

☐ No