

Follow-Up Coaching Program Survey

1. How many UNC EM group coaching sessions have you participated in? _____ (drop-down options). [Skip to question 11 if answer is “0”.]
2. What about the group coaching sessions was most beneficial to you?
3. If you were planning the group coaching sessions for future cohorts, what pieces of the coaching program would you carry forward?
4. What did you dislike the most about the group coaching sessions?
5. What would you change about the group coaching sessions for future participants?
6. Which group coaching topics did you find worthwhile? Why?
7. Which group coaching topics did you find least helpful? Why?
8. Were there any sessions that you felt were important topics but that were poorly facilitated? If so, which ones?
9. How would you change the way sessions are facilitated?

10. What topics would you like to see incorporated into group coaching in the future?
11. How many UNC EM individual coaching sessions have you participated in? _____ (drop-down options) [Skip to Question 14 if answer is “0”].
12. If yes, what did you like about these individual coaching sessions?
13. What did you dislike about these individual coaching sessions?
14. If you participated in both types of coaching, did you prefer group or individual coaching sessions? Please explain your preference.
15. If you participated in individual and/or group coaching, what are you doing differently in your personal or professional life now that you have received coaching?
16. What general or specific topics did you and your coach explore?
17. Was coaching helpful to you, and if so, how?

For the remainder of the survey, please select the most appropriate number or how closely you agree or disagree with each statement.

18. I feel burned out from my work.

0 1 2 3 4 5 6

0 = Never

1 = A few times a year or less

2 = Once a month or less

3 = A few times a month

4 = Once a week

5 = A few times a week

6 = Every day

19. I have become more callous toward people since I took this job.

0 1 2 3 4 5 6

0 = Never

1 = A few times a year or less

2 = Once a month or less

3 = A few times a month

4 = Once a week

5 = A few times a week

6 = Every day

20. I have felt well over the last month.

Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree

21. I find my present clinical work personally rewarding.

Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree

22. Overall, I am pleased with my work.

Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree

23. Overall, I am satisfied with my current practice.

Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree

24. My current work situation is a major source of frustration.

Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree

25. My work in this practice has not met my expectations.

Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree

26. If I were to choose over again, I would not become a physician.
Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree
27. All things considered, I am satisfied with my career as a physician.
Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree
28. In general, my medical career has met my expectations.
Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree
29. I would recommend medicine to others as a career.
Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree
30. EM no longer has the appeal to me it used to have.
Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree
31. If I were to start my career over again, I would choose my current specialty.
Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree
32. I would recommend my specialty to a student seeking advice.
Strongly Disagree | Somewhat Disagree | Neither agree nor disagree | Somewhat agree
|Strongly Agree