

Supplementary File S1: Structured Pre-Session Planning Tool

Purpose: To support consistent delivery of repeated teaching sessions by ensuring all key content, learning objectives, and teaching strategies are systematically addressed.

A- Session Details

- **Module:** _____ **Session Title /** _____
- **Date / Time:** _____ **Group:** _____ **Duration:** _____

B- Learning Objectives

List 3–5 key objectives for the session, aligned with the curriculum.

1. _____
2. _____
3. _____

C- Session Outline

Segment	Time	Content / Key Points	Teaching Method / Notes
Introduction	___ min	_____	_____
Main Topic 1	___ min	_____	_____
Main Topic 2	___ min	_____	_____
Main Topic 3	___ min	_____	_____
Summary / Q&A	___ min	_____	_____

D- Key Examples / Illustrations

- Example 1: _____
- Example 2: _____
- Example 3: _____

E- Additional Notes

- References / Resources: _____
- Teaching Aids / Slides: _____
- Potential Pitfalls / Reminders: _____

F- Checklist Before Session

- ☐ Content aligned with objectives
- ☐ Examples and illustrations ready
- ☐ Slides / visual aids prepared
- ☐ Timing verified for each segment
- ☐ Anticipated questions addressed