

From the Classroom to the Clinic: How Prepared Are You?

Questionnaire on the experiences and competencies of first-year residents

*Compulsory question

1. What is your gender identity?*

- Female
- Male
- Prefer not to answer
- Other

2. Which age group do you belong to?*

- Under 30 years
- 30–35 years
- 36–40 years
- Over 40 years

3. Which area does the residency program you are attending belong to?*

- Medical area (Allergology, Dermatology, Hematology, Endocrinology, Cardiovascular Diseases, Digestive System Diseases, Respiratory System Diseases, Infectious Diseases, Emergency Medicine, Internal Medicine, Neurology, Oncology, Rheumatology)
- Surgical area (General Surgery, Gynecology, Neurosurgery, Ophthalmology, Orthopedics, Otolaryngology, Urology)
- Services area (Pathology, Anesthesiology, Hygiene/Public Health, Nuclear Medicine, Diagnostic Radiology, Radiotherapy)

4. Did you obtain your degree in Medicine and Surgery at Humanitas University?*

- Yes
- No

5. In which geographical area is the university where you obtained your degree in Medicine and Surgery located?*

- North
- Central
- South and Islands

6. What type of university did you attend to obtain your degree in Medicine and Surgery?*

- Public
- Private
- Other

7. If you wish, enter the name of the university where you obtained your degree in Medicine and Surgery: _____

8. If you wish, indicate the field/topic of your degree thesis: _____

9. Did you have any clinical experience prior to your current residency program (e.g., as an on-call physician, other medical residencies—even if incomplete, etc.)?*

- Yes
- No

10. On a scale from 1 (not at all) to 5 (very much), how useful do you think the following activities—carried out during your university training—have been for the work you are currently doing in your residency program?*

Activity not performed | 1 | 2 | 3 | 4 | 5

- Clinical internships
- International exchange programs
- Simulation-based activities

11. Have you ever done a clinical internship in the same specialty as your current residency program?*

- Yes
 - No
-

12. During the last 2 years of your university training, how much total time did you spend on the following activities?*

Activity not performed | 1–7 days | 8–14 days | 15–21 days | >21 days

- Clinical internships
 - International exchange programs
 - Simulation-based activities
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13. On a scale from 1 star (not at all prepared) to 5 stars (completely prepared), how prepared did you feel on your first day of residency?*

Not at all prepared — Completely prepared

14. On a scale from 1 star (not at all prepared) to 5 stars (completely prepared), how prepared do you feel today?*

Not at all prepared — Completely prepared

15. On a scale from 1 (completely disagree) to 5 (completely agree), how much do you agree with the following statements regarding your **technical skills**?*

1 | 2 | 3 | 4 | 5

- I am able to take a structured patient medical history.
 - I am able to perform basic clinical procedures (e.g., venous access, catheterization).
 - I am able to identify the patient's main clinical problems and propose an initial management plan.
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16. On a scale from 1 (completely disagree) to 5 (completely agree), how much do you agree with the following statements regarding your **non-technical skills**?*

1 | 2 | 3 | 4 | 5

- I am able to coordinate with other members of the healthcare team (physicians, nurses, healthcare assistants, etc.) to carry out clinical activities.
 - I am able to modify my professional behavior in response to feedback received.
 - I am able to manage emotionally complex situations encountered in clinical practice (end-of-life care, ethical dilemmas, etc.).
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17. On a scale from 1 (completely disagree) to 5 (completely agree), how much do you agree with the following statements regarding your **practical skills**?*

1 | 2 | 3 | 4 | 5

- I understand the main hospital workflows (management of blood tests, hospital admissions, etc.).
- I find it easy to ask for help when necessary (from my tutor, other physicians, other residents, etc.).
- I feel confident using the electronic medical record from an IT standpoint.

18. On a scale from 1 star (no training at all) to 5 stars (extensive training), how much training do you think is necessary for new residents in your residency program during the first 12 months?*

No training at all — Extensive training
