

Author (Year)	Country	Selection	Comparability	Outcome	Total	Risk
Abdullah (2018)	Saudi Arabia	3	1	3	7	Low
Wu (2020)	China	4	2	3	9	Low
Taleb (2023)	Malaysia	3	1	3	7	Low
Hill (2018)	USA	3	1	2	6	Moderate
Muntean et al. (2022)	Romania	4	1	3	8	Low
Dendle et al. (2018)	Australia	4	1	3	8	Low
Kim et al. (2016)	South Korea	3	1	3	7	Low
Junaid et al. (2020)	Saudi Arabia	3	1	3	7	Low
Numasawa (2024)	Japan	3	2	3	8	Low
Isik (2017)	Netherlands	2	2	3	7	Low
Al-Rouq (2022)	Saudi Arabia	2	1	3	6	Moderate
Gradiski et al. (2022)	Croatia	3	2	3	8	Low
Burr y Beck Dallaghan (2019)	USA	1	2	3	6	Moderate
Shareef (2015)	Saudi Arabia	3	1	3	7	Low
Mahroon et al. (2017)	Bahrain	3	2	3	8	Low
Prata et al. (2021)	Brazil	2	2	3	7	Low
Jerant et al. (2019)	USA	4	2	3	9	Low
Ngasa et al. (2017)	Cameroon	3	1	3	7	Low
Ranasinghe et al. (2017)	Sri Lanka	3	1	3	7	Low
Shreffler et al. (2020)	USA	2	1	3	6	Moderate

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Aljadani et al. (2019)	Saudi Arabia	3	1	2	6	Moderate
Alzahrani et al. (2020)	Saudi Arabia	3	1	2	6	Moderate
Lone et al. (2024)	Saudi Arabia	2	1	2	5	Moderate
Kötter et al. (2017)	Germany	3	1	3	7	Low
Torres-Roman et al. (2018)	Latin America (10 coun	3	2	2	7	Low
Wijekoon et al. (2017)	Sri Lanka	3	1	2	6	Moderate
Okoye et al. (2022)	Nigeria	2	1	2	5	Moderate
AlShamlan NA (2019)	Saudi Arabia	4	2	2	8	Low
Hearn & Stocker (2022)	United Kingdom	3	1	3	7	Low
Shiraly (2024)	Iran	4	1	3	8	Low
Dias (2022)	Brazil	3	1	3	7	Low
Xie (2019)	China	3	1	3	7	Low
Aljaffer (2024)	Saudi Arabia	3	1	2	6	Moderate
Waqas (2018)	Pakistan	3	1	2	6	Moderate
Burgis-Kasthala et al. (2019)	Australia	4	1	3	8	Low
Barret et al. (2024)	France	4	2	3	9	Low
Lalwani et al. (2024)	India	3	2	2	7	Low
Isik (2017)	Netherlands	3	2	3	8	Low
Miller-Matero (2018)	USA	3	1	2	6	Moderate
Michael Co (2021)	China	3	1	2	6	Moderate

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Tsegay y Ayano (2024)	Ethiopia	3	2	2	7	Low
Bani et al. (2024)	United Arab Emirates	3	1	2	6	Moderate
Donisi & Perlini (2022)	Italy	4	1	2	7	Low
Wilkinson (2016)	New Zealand	4	1	2	7	Low
Melaku (2015)	Ethiopia	3	1	2	6	Moderate