

PERSONAL INFORMATION:

1. Age:
2. Gender:
 - ☐ Female
 - ☐ Male
3. Marital status:
 - ☐ Married
 - ☐ Single
4. Educational status:
 - ☐ Internal Medicine Specialist
 - ☐ Internal Medicine Resident
 - ☐ Dentist
 - ☐ Other:
5. Graduation date:
6. Duration of practice in internal medicine (in months):
.....
(Internal medicine residents should not answer this question)
7. If applicable, please indicate your subspecialty:
 - ☐ None
 - ☐ Endocrinology and Metabolic Diseases
 - ☐ Gastroenterology
 - ☐ Geriatrics
 - ☐ Hematology
 - ☐ Immunology and Allergy
 - ☐ Occupational Medicine
 - ☐ Nephrology
 - ☐ Rheumatology
 - ☐ Medical Oncology
 - ☐ Intensive Care

KNOWLEDGE AND ATTITUDES REGARDING PERIODONTAL HEALTH AND DISEASE:

1. Before starting this survey, how would you rate your knowledge about periodontal health and diseases?
(0: no knowledge, 5: moderate knowledge, 10: sufficient knowledge)

0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐
-

2. What is periodontal disease (periodontitis)?
- ☐ Infection of the tooth
 - ☐ Infection of the gingiva
 - ☐ Inflammatory disease of the supporting structures of the teeth (periodontal ligament, cementum, and alveolar bone)
 - ☐ I do not have definite knowledge about this topic
-

3. "The clinical signs of periodontitis include gingival bleeding, tooth mobility, and gingival recession." Is this statement correct?
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

4. "Periodontitis can lead to the loss of all teeth." Is this statement correct?
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

5. "Gingival bleeding is an important sign of periodontal disease." Is this statement correct?
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

6. "Periodontal disease may progress without any subjective symptoms for a long time."
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

7. "Radiographic examination plays an important role in the diagnosis of periodontitis."
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

8. "Poor oral hygiene leading to plaque and calculus formation plays a role in periodontal disease."
- ☐ True
- ☐ False
- ☐ I do not have definite knowledge about this topic
-

9. "Tooth mobility, tooth loss, abscess formation, facial swelling, sensitivity, and halitosis may be associated with periodontitis."
- ☐ True
- ☐ False
- ☐ I do not have definite knowledge about this topic
-

10. "Diabetes mellitus is a risk factor for periodontitis."
- ☐ True
- ☐ False
- ☐ I do not have definite knowledge about this topic
-

11. "Periodontitis makes glycemic control more difficult in diabetic patients."
- ☐ True
- ☐ False
- ☐ I do not have definite knowledge about this topic
-

12. "Treatment of periodontal disease positively affects diabetes control."
- ☐ True
- ☐ False
- ☐ I do not have definite knowledge about this topic
-

13. "Periodontal diseases are associated with coronary artery disease, cerebrovascular diseases, peripheral arterial disease, and rheumatoid arthritis."
- ☐ True
- ☐ False
- ☐ I do not have definite knowledge about this topic
-

14. "In pregnant individuals with periodontal disease, the risk of complications such as preterm birth, low birth weight, and miscarriage is increased."

- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

15. "In pregnancy, periodontal conditions may worsen and gingival overgrowth may occur."
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

16. "Tooth loss in pregnant women occurs because minerals from the mother's teeth are transferred to the fetus."
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

17. In which trimester is it most appropriate to refer pregnant patients for dental procedures?
- ☐ First trimester
 - ☐ Second trimester
 - ☐ Third trimester
-

18. "Some medications (e.g., calcium channel blockers, immunosuppressants, and anticonvulsants) may cause gingival overgrowth."
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

19. "Some medications affecting bone metabolism (e.g., bisphosphonates, antiangiogenic agents, RANK ligand inhibitors) may lead to jaw necrosis."
- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

20. "In patients planned for such therapies, completing all necessary dental procedures before treatment may be important."

- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

21. "In patients planned for organ transplantation, completing all dental procedures before transplantation is necessary for infection control."

- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

22. "Smoking accelerates periodontal destruction and may mask gingival bleeding."

- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

23. "Periodontal diseases can also occur around dental implants."

- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

24. In a patient presenting with suspected dental infection:
(More than one option may be selected)

- ☐ I prescribe antiseptic mouthwash
 - ☐ I prescribe antibiotics
 - ☐ I prescribe antiseptic mouthwash and refer to a dentist
 - ☐ I prescribe antibiotics and refer to a dentist
 - ☐ I refer to a dentist without prescribing medication
-

25. "The timing of antibiotic use is important in the treatment of periodontal disease."

- ☐ True
 - ☐ False
 - ☐ I do not have definite knowledge about this topic
-

26. In which situations do you refer your patients to a dentist?
(More than one option may be selected)

- ☐ Uncontrolled diabetes
 - ☐ Suspected oral infectious focus
 - ☐ Suspected odontogenic sinusitis
 - ☐ Presence of cellulitis or abscess in the head and neck region
 - ☐ Presence of lymphadenopathy in the head and neck region
 - ☐ Other:
-

27. Do you provide oral hygiene recommendations to your patients?

- ☐ I do not provide recommendations
 - ☐ Sometimes
 - ☐ Most of the time
-

28. Based on the information you have gained from this survey, how would you rate your knowledge level now?

(0: no knowledge, 5: moderate knowledge, 10: sufficient knowledge)

0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐

29. What is your source of knowledge regarding periodontal health and disease?
(More than one option may be selected)

- ☐ Medical education
- ☐ Consultation with dentists
- ☐ Scientific articles and books
- ☐ Media (television, internet)
- ☐ I have not received any information
- ☐ Other: