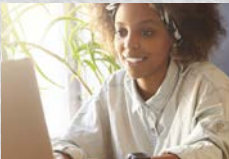


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Embryo Freezing

What are my chances of pregnancy if I choose to freeze embryos before chemotherapy?

Your chance of having a pregnancy with embryo freezing is on top of any natural ability you may have to get pregnant after chemotherapy

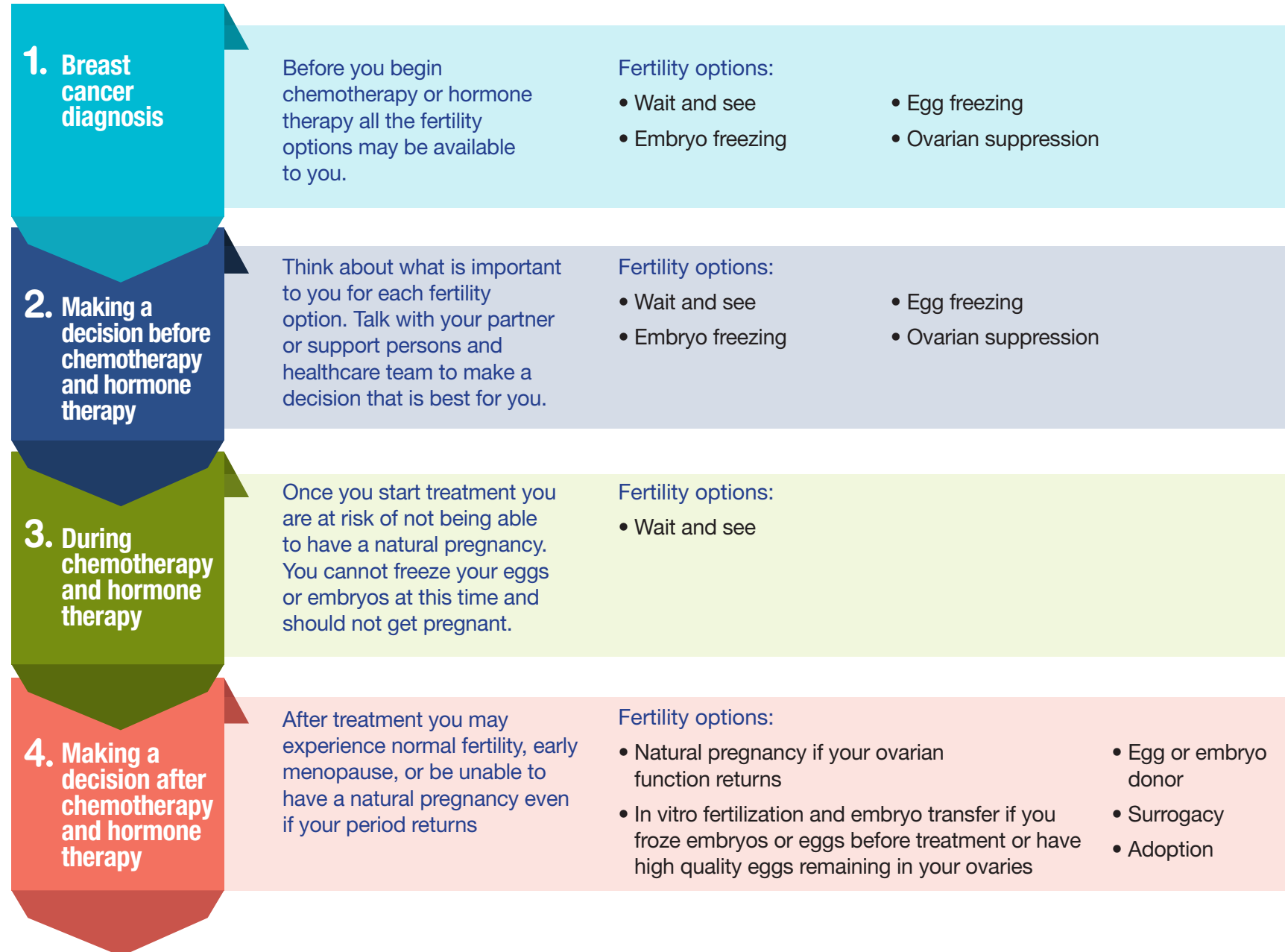
The table below shows your chances of having a pregnancy by age range if you decide to freeze embryos. Remember that the chance of having a pregnancy in the general population under the age of 35 is only around 20% to 30% each month.

Age range when you freeze your embryos	Chance of having a pregnancy each time embryos are put into the womb	
Under age 30 when you freeze embryos		Approximately 5 out of 10 people (50%) will have a pregnancy each time embryos are put into the womb
30 to 34 years of age when you freeze embryos		Approximately 4 out of 10 people (40%) will have a pregnancy each time embryos are put into the womb
35 to 39 years of age when you freeze embryos		Approximately 3 out of 10 people (30%) will have a pregnancy each time embryos are put into the womb
40 to 44 years of age when you freeze embryos		Approximately 1 out of 10 people (10%) will have a pregnancy each time embryos are put into the womb
Over age 44 when you freeze embryos		Your chances of having a pregnancy using your own eggs are very low. They are less than 2%

There are increased risks for any person who gets pregnant and has a child at an older age. Visit the Society of Obstetricians and Gynecologists in Canada for more information on the risks: www.pregnancy.sogc.org/fertility-and-reproduction/age-and-fertility/

Please note: A successful pregnancy will depend more on the age when your embryos were frozen before treatment.

The fertility options available to you depend on where you are in your cancer journey



Fertility options exercise

This exercise will help you think about what is important to you for each fertility option.

1. Go through each fertility option and check ✓ how important the listed factors are to you
2. Add in any other factors that are important to you

Making a decision on family planning can be emotionally difficult. Consider filling this out with a member of your healthcare team that you trust, with your partner or support persons.

Please note: you can decide on more than one fertility option. You do not have to make your fertility decision after completing this exercise. The exercise is also available for you to complete online at fertilityaid.rethinkbreastcancer.com.

 Wait and See	Less Important to Me		More Important to Me	
<i>Example selection</i>			✓	
There is no cost				
I can start my cancer treatment right away				
I do not need to inject myself with hormones				
I have other parenthood options available to me after treatment				
I do not need additional visits to the fertility clinic				
This process may add to my emotional stress				
I may be unable to have a natural pregnancy after treatment and may regret not keeping my options open				
Other:				