

APPENDIX B

Interview guide patient panel

Domain	Questions (prompts)
Discussing E=M	- What is your opinion about discussing exercise with your clinician during the consultation? - Should clinicians deliver an exercise advice by default? - What patient groups are eligible for exercise advices? - Should a clinician refer to exercise experts? (<i>prompts: inside/outside the hospital</i>)
Input	- When should a questionnaire be completed? (<i>prompts: before/during consultation</i>) - How would you prefer to complete this questionnaire? (<i>prompts: by email, EMR portal, by mail, in the waiting room, etc.</i>) <i>Show questionnaire draft</i> - What do you think of these questions? (<i>prompts: understandable, relevant questions, amount of questions</i>) - Do you think patients will answer these questions truthfully? - What if the results of the questionnaire were shared immediately with the clinician? (<i>prompts: see the result directly after completing the questionnaire, determine whether other professionals can see it, print it and take it with you</i>)
Output	- What are your expectations of an advice conversation about exercise? (<i>Prompts: benefits of exercise, standards, diagnosis of specific guidelines, local range of exercise, advice on BMI, addressing motivation to change, guidance on exercise</i>) <i>Show draft of the PA advice</i> - What is your opinion about these topics to discussed during consultation? - What is important about the layout of this PA advice?