

EXPLORING THE STRATEGIES TO ENHANCE NURSE COMPETENCE IN HEALTH EDUCATION FOR DISEASE PREVENTION

Please take 5 min to complete this form. You will contribute a lot to realization of this work. Choose all the options you think is related to the questions.

1. What skills do nurses need to effectively deliver health education interventions?

- ☐ Communication Skills
- ☐ Cultural Competence
- ☐ Health Literacy
- ☐ Teaching and Instructional Skills
- ☐ Empathy and Emotional Intelligence
- ☐ Critical Thinking and Problem-Solving
- ☐ Collaboration and Teamwork
- ☐ Technology and Digital Literacy
- ☐ Evaluation and Research Skills
- ☐ Flexibility and Adaptability

2. What are the factors influencing the engagement of nurses in health education?

- ☐ Workload and Time Constraints
- ☐ Organizational Support
- ☐ Education and Training Opportunities
- ☐ Attitudes and Beliefs
- ☐ Supportive Leadership
- ☐ Interprofessional Collaboration
- ☐ Patient Engagement and Readiness

- ☐ Communication and Interpersonal Skills
- ☐ Cultural Competence
- ☐ Feedback and Evaluation

3. What are the strategies for improving nurses' skills in health education for disease prevention?

- ☐ Continuing Education and Professional Development
- ☐ Mentorship and Preceptorship Programs
- ☐ Incorporate Health Education into Nursing Curricula
- ☐ Simulation and Role-Playing Exercises
- ☐ Peer-to-Peer Learning
- ☐ Collaborative Partnerships
- ☐ Use of Technology
- ☐ Quality Improvement Initiatives
- ☐ Train-the-Trainer Programs
- ☐ Evaluation and Feedback

4. What attitudes do nurses need to effectively deliver health education interventions?

- ☐ Empathy
- ☐ Respect
- ☐ Cultural Sensitivity
- ☐ Open-mindedness
- ☐ Communication Skills
- ☐ Patience
- ☐ Positive Attitude
- ☐ Lifelong Learning

5. What are the most effective strategies for the nurse to practice health education for disease prevention?

- ☐ Assess individual needs
- ☐ Use clear and simple language
- ☐ Employ various teaching methods
- ☐ Tailor information to cultural diversity
- ☐ Focus on prevention and risk reduction
- ☐ Encourage active patient participation
- ☐ Utilize motivational interviewing
- ☐ Provide practical guidance
- ☐ Reinforce education through repetition
- ☐ Collaborate with interdisciplinary teams

6. What difficulties do you encounter when implementing health education?

- ☐ Lack of Awareness and Engagement
- ☐ Language and Cultural Barriers
- ☐ Limited Resources
- ☐ Misinformation and Mistrust
- ☐ Time Constraints
- ☐ Resistance to Change
- ☐ Sustainability and Long-term Impact

7. Do you know the benefits of doing health education in the follow-up of a patient?

- ☐ Empowering Patients
- ☐ Improved Adherence
- ☐ Prevention and Early Intervention
- ☐ Enhanced Disease Management
- ☐ Reduced Healthcare Costs
- ☐ Improved Communication and Trust

8. What are the benefits of implementing health education?

- ☐ Health Promotion
- ☐ Disease Prevention
- ☐ Improved Self-Management
- ☐ Empowerment and Decision-Making
- ☐ Health Equity
- ☐ Community Engagement

9. List the necessary tools in health education?

- ☐ Visual Aids
- ☐ Models and Props
- ☐ Multimedia Presentations
- ☐ Printed Materials
- ☐ Interactive Games and Activities
- ☐ Audiovisual Resources
- ☐ Internet and Digital Resources
- ☐ Simulations and Virtual Reality
- ☐ Social Media and Online Communities Community Resources