

Supplementary Table 2: Calculated MMAT scores for included studies.

Study & Year of publication	MMAT Score
Jeanie M, <i>et al</i> , 2013	4****
GA Colville, <i>et al</i> , 2018	5*****
Neda Asadi, <i>et al</i> , 2022	5*****
Jacoba, <i>et al</i> , 2015	3***
Neda Asadi, <i>et al</i> , 2021	5*****
Michelle, <i>et al</i> , 2021	5*****
Paige Gehrke, <i>et al</i> , 2024	5*****
Arefeh Arash, <i>et al</i> , 2024	5*****
Virginia M, <i>et al</i> , 2014	4****
Jill, <i>et al</i> , 2022	5*****
Maria, <i>et al</i> , 2022	5*****
Dominik, <i>et al</i> , 2023	5*****
Sophie T, <i>et al</i> , 2021	5*****
Zahra, <i>et al</i> , 2019	5*****
Emilio, <i>et al</i> , 2022	5*****
Meryem T, <i>et al</i> , 2021	5*****
Foroozan, <i>et al</i> , 2012	5*****
Florence J, <i>et al</i> , 2006	5*****

E. Rodriguez, <i>et al</i> , 2021	5*****
Adam, <i>et al</i> , 2023	5*****
MAURA, <i>et al</i> , 2016	5*****
By Leah, <i>et al</i> , 2016	5*****
Peter, <i>et al</i> , 2022	5*****
Moniek A, <i>et al</i> , 2021	5*****
WL Cheng, <i>et al</i> , 2023	4****
MARIA, <i>et al</i> , 2014	4****
Maria, <i>et al</i> , 2023	5*****
Terri A, <i>et al</i> , 2010	5*****
Charles, <i>et al</i> , 2017	5*****
Patrizio, <i>et al</i> , 2019	5*****
Serife, <i>et al</i> , 2015	4****
Ellen H, <i>et al</i> , 2013	5*****
Soojeong, <i>et al</i> , 2022	5*****
Tereza, <i>et al</i> , 2022	5*****
