

Three factor solution (version 2)

Factor Loadings

	Factor 1	Factor 2	Factor 3	Uniqueness
15. I seek the patient's views about what treatment and management approaches they think might help them.	0.800			0.342
19. I involve the patient in deciding what hands-on treatment I provide.	0.764			0.427
23. I provide the patient an opportunity to decide the treatment they would like to receive.	0.741			0.418
10. I ask patients what treatment and management approaches they think would help them most of all.	0.732			0.455
28. I am led by the patient as to the treatment and management approaches they want.	0.724			0.485
17. I am led by the patient as to their preferred approach to treatment and management of their presenting complaint.	0.699			0.456
3. I provide patients with a range of treatment and management options and let them choose.	0.647			0.538
6. I provide the type of management and hands-on treatment that the patient says they would prefer (if not contraindicated).	0.624			0.558
35. I offer treatment and management options to patients for them to choose from.	0.606			0.535
1. I collaborate with the patient (and their carer/guardian) to develop the most suitable treatment and management options for their presenting complaint.	0.453			0.719
8. I base my practise on osteopathic theories, principles and philosophy.		0.770		0.409
34. I rely on palpation to provide information about the health of the body's tissues.		0.762		0.341
18. I rely on my palpation skills as the primary diagnostic tools.		0.761		0.304
29. I use palpation and joint assessment to direct treatment to address dysfunctions.		0.757		0.389
11. I need to establish the specific anatomical structures associated with the patient's presenting complaint to provide effective treatment.		0.654		0.628
12. I use observation of the patient's body to direct my treatment.		0.606		0.640
22. I decide the treatment approach the patient requires due to their lack of understanding of osteopathy.		0.533		0.414
13. I tell patients to follow my instructions so that I can perform my hands-on treatment effectively.		0.506		0.638

Factor Loadings

	Factor 1	Factor 2	Factor 3	Uniqueness
21. I prioritise hands-on treatment of the patient over talking with them to understand their presenting complaint.		0.477		0.687
26. I rely on hands-on treatment to address the patient's presenting complaint.		0.421		0.645
33. I educate patients to support them to self-manage their presenting complaint.			0.621	0.535
2. I want my patients to self-manage their presenting complaint.			0.616	0.559
27. I provide the management and hands-on treatment approaches that I think are most suitable to help the patient's presenting complaint.			0.465	0.620
20. I discourage my patients from depending on me for frequent long-term treatment.			0.448	0.684
24. I combine information from different sources (i.e. clinical examination, the patient's expectations and the patient-practitioner relationship) to guide my clinical decisions.			0.428	0.682
30. I encourage my patients to contact me should they require additional support or advice.			0.424	0.735