

Short questionnaire DiPaH

Interviewee (CODE): _____

Date: _____

Age:

Gender:

☐ male ☐ female ☐ diverse

Region of residence

☐ rural region (less than 5.000 inhabitants)

☐ small town (5.000 – 20.000 inhabitants)

☐ medium sized town/city (20.000 – 100.000 inhabitants)

☐ city (more than 100.000 inhabitants)

Federal state: _____

Highest level of education:

☐ No general school leaving certificate

☐ Secondary school leaving certificate (9 years)

☐ Intermediate school leaving certificate/ Polytechnic school certificate (10 years)

☐ Abitur/A-levels/ Advanced school leaving certificate (13 years)

☐ University or university of applied sciences degree

☐ Other qualification: _____

Availability of technical communication devices:

☐ telephone	☐ smart phone	☐ computer / laptop/ notebook
☐ smart watch / fitness tracker	☐ tablet	☐ fax machine
☐ others, namely:		

What are your current average blood pressure levels?

systolic (mmHG, „upper value“)	diastolic (mmHG, „lower value“)
☐ < 120	☐ < 80
☐ 120-129	☐ 80-84
☐ 130-139	☐ 85-89
☐ 140-159	☐ 90-99
☐ 160-179	☐ 100-109
☐ ≥ 180	☐ ≥ 110

Do you take blood pressure reducing medication?

- ☐ yes
☐ no

When was your hypertension first diagnosed?

☐ less than a year ago	☐ 1 – 5 years ago
☐ 5 – 10 years ago	☐ more than 10 years ago

Which other illnesses do you/ did you have, aside from your arterial hypertension?

- ☐ heart attack/ stroke
☐ circulatory problems of coronary vessels or leg arteries
☐ heart or vascular surgery
☐ diabetes
☐ elevated cholesterol levels
☐ chronic kidney illness

Do you smoke?

- ☐ Yes, I smoke.
☐ I used to smoke regularly.
☐ I have never smoked regularly.