

Be an Empowered Patient About Medication Safety

Keep a list of your medications

Make sure to have a medication list

Whether its prescription and non- prescription, bring it with you to every appointment to present it to your doctor



Keeping a list of your medications will help in



reminding
your doctor and
pharmacist of
your current
medication



minimizing the
unnecessary
prescription of
medication



organizing your
medication
regimen at
home

Your Journey as an Empowered Patient at Home



Read all the medication information and keep the medication leaflet



Store your medication in its original bottle and do not mix medications



Do not share your medication with others



Make sure to store most of the medication in a dry place, away from direct light



Close the bottle tightly to avoid any moisture getting inside