

Post-Phase 2 Interview Guide Community Health Worker

Interviewer: *“Let's remember the process, there was an informative meeting, then a general training with about 30 participants. After that there was a training with more dynamics and role playings in a smaller group. Around May the attentions began and you and your colleagues also experienced bringing their sessions to the supervision meetings. At the present moment, you have completed your first VIDACTIVA intervention with an older adult...”*

- 1) How would you say your experience has been in all this time? (explore learning and changes, moments in time, personal and family impacts).
- 2) How did the process unfold with the older adult participant??
 - a) The therapeutic bond established?
 - b) The participant's self-process and impacts?
 - c) Challenges and advantages regarding program requirements?
 - d) The difficulties with the location for the meetings, people around (family), interruptions, etc.?
- 3) What helps the user to engage the most with the program?
- 4) For you, what is it like to do the problem-solving exercises with users?
- 5) What would you say about the scheduling of pleasurable, physical and social activities?
- 6) What would you say about the psychoeducation component of the program?
- 7) For you, Is it possible to find users interested in the program?
 - a) Coordinate appointments?
 - b) Do the home visits?
- 8) For you, Is it possible not to visit or contact the user between weekly visits?
 - a) And when is two weeks?
 - b) And when is a month?
- 9) How would you like the program best?
 - a) What would you remove?
 - b) What would you add?
 - c) What "hinders" you or seems unnecessary?
- 10) If you were to describe the program to a Public Health authority, how would you characterize it?
 - a) If they asked you about what would you need to develop the program on your own, or within your community, What would you say?
- 11) Do you think other Community Health Workers might be interested in the program?
 - a) Would they agree to do what you are doing in the program?
- 12) How has the Community Health Workers group process been in all this time? (explore collective learning, organization, participation)
- 13) What is your opinion about the relationship that was forged within the Community Health Workers group during the sessions? (The Team-Couple, the Vidactiva research team and the full group)
- 14) How important for you (and why) is:

- a) The certificate for participating in the program
- b) "The 15 soles (\$ 5.00)" for attending the meetings
- c) "The 15 soles (\$ 5.00)" for each session with the user
- d) That VIDACTIVA sessions are done by Community Health Workers
- e) The problem-solving exercises
- f) The programming of pleasurable, physical and social activities
- g) The psychoeducation with the users and their family
- h) The PHQ-9