

Supplementary File 2

Study quality assessment with the Mixed Methods Appraisal Tool (MMAT)

Author(s), Year	Study design	Screening Questions (S1/S2)	Criterion 1	Criterion 2	Criterion 3	Criterion 4	Criterion 5
Bansler (2021) (57)	Qualitative	Yes/Yes	Yes	Yes	Yes	Yes	Yes
Chen & Hsiao (2021) (24)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Can't tell/ No	No	Yes
Collinsworth et al. (2021) (48)	Mixed methods	Yes/Yes	Yes	Yes	Yes	Yes	Yes
Connor et al. (2020) (49)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Yes	Yes	Yes
Esfahani et al. (2020) (50)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Yes	Can't tell/ No	Yes
Franceschi et al. (2020) (51)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Yes/ Can't tell	Can't tell/ No	Yes
Hagstrom et al. (2022) (52)	Mixed methods	Yes/Yes	Yes	Yes	Yes	Yes	Yes
Kawamoto et al. (2019) (53)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Yes	Yes	Yes
Koh et al. (2022) (58)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Yes	Cant' tell	Yes
Mills et al. (2021) (59)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Yes	Can't tell	Yes
Sieck et al. (2020) (16)	Qualitative	Yes/Yes	Yes	Yes	Yes	Yes	Yes
Switzer et al. (2019) (54)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Yes	No	Yes
Thomas (2020) (56)	Qualitative	Yes/Yes	Yes	Yes	Yes	Yes	Yes
Warstadt et al. (2022) (55)	Quantitative non-randomized	Yes/Yes	Yes	Yes	Yes	No	Yes