

Supplemental 1

Cognitive Interview Guide: Help-Seeking Behaviors

Hello! How do I pronounce your name?

Hi, [insert person's name]. Thanks very much for agreeing to meet with me today for an interview. My name is _____ and I'm a _____ at the University of Wisconsin-Madison. I'm part of a research group at UW exploring how we can better support people who've experienced unwanted sexual contact. Specifically, we're asking about the types of services people have received and what their experiences have been like.

Today's interview will be roughly 1-hour long and you will receive a \$50 gift card via email for participating. If at any point and for any reason you would like to end the interview, please let me know and we can stop. We'll be audio recording this interview until we can write what you tell us down and then we'll destroy the recording of this interview. The information you provide will be kept confidential. If you mention names or other identifying information, we will remove that from the written document.

Do you consent to having this interview recorded? TURN ON CAPTIONS AND BEGIN RECORDING

Do you have any questions before we start?

1. Occasionally, we may want to use something you said in a paper we write. If we do that, we would not identify you by name but could identify you by an interview number or a pseudonym. Do you have a preference for how we identify quotes in papers?
2. If you're comfortable sharing, can you tell me a bit about yourself? Something unique or important that you want to share with me?
3. You mentioned in the screener for this interview that you'd had a nonconsensual or unwanted sexual experience. **What terms do you prefer that I used to refer to these experiences throughout our discussion today?**
4. Can you tell me about the kinds of services you got after your [use language interviewee prefers for unwanted or non-consensual sexual experience]? This doesn't have to just be right after the [assault] but could be services you've received well after the [assault].
5. Were there services you tried to get but couldn't? What kinds of services did you think might be helpful that maybe you didn't/couldn't receive?
6. Were there any services or help tailored to your cultural or identity-related needs? If not, how did that affect you?
7. What are some of the things that make it hard for people to get services after [assault]?

8. What are some things that could make it easier to get services after [assault]?
9. What advice would you give other people who have had [unwanted or nonconsensual sexual experiences] who might be seeking services?

Cognitive Interview Transition: Now I'd like to show you some survey questions we're creating to understand what makes it harder and easier for people to get services. We're doing these interviews to make sure our questions about receiving services or trying to receive services make sense and are asking what we think they're asking. We also want to make sure we're not missing important questions.

This first slide shows questions about the types of services people know about and used or tried to use [SHOW SLIDE 1]. I'll give you a moment to look at this slide and let me know if you would be able to answer these questions or whether we should change them to make them easier to understand.

We're interested in medical services, mental health services, legal services and advocacy services so those are the ones we've asked about here. Please let us know whether there are other kinds of services we should ask about. When you see the response option "I don't know or remember" when thinking about seeking these services, what comes to mind? How would you interpret this option? Do you find the layout of this question easy to follow?

FACILITATOR SLIDES

For slides 2-3: These next few slides are about things that might make it easier to get services.

Please read through this first set of questions and tell me what you think these questions are getting at.

[If not already answered]

1. What are we missing?
2. Are any of the questions confusing or offensive?
3. Would you know how to answer these questions? *[if they ask, you can clarify that we are NOT asking them to answer the questions, we just want to make sure they would know how they would respond and can tell us what is confusing if they aren't sure how to respond]*

BARRIER SLIDES

For slides 4-14: These next several slides are about things that make it harder to get services.

[Present 4th slide] I'm going to ask you to read through this first set of questions and tell me what you think these questions are getting at. Then I might ask a few more specific questions.

[If not already answered]

4. What are we missing?
5. Are any of the questions confusing or offensive?
6. Would you know how to answer these questions? *[if they ask, you can clarify that we are NOT asking them to answer the questions, we just want to make sure they would know how they would respond and can tell us what is confusing if they aren't sure how to respond]*
7. For slide 7, ask interviewee: When you read the statement 'I had been helped by accessing services in the past,' do you think this is referring only to services related to [unwanted sexual contact], or to any kind of services? [repeat for slides 5-14]

Thanks so much for sharing this really valuable information. We're grateful for your thoughts and feedback. Do you have anything else you'd like to share?

From here, we'll email you a list of sexual assault services nationally. We'll also send out your \$50 gift card as soon as possible. We can send you a gift card from Amazon, Target or Walmart—which would you like best? What email would be best to send this to?