

PROFORMA FOR SOCIO-DEMOGRAPHIC DETAILS

Unique identification number _____

Date of Interview _____

Socio- demographic characteristics

1.1 AGE IN YEARS

1.2 DOB ((dd/mm/yy))

1.3 Gender (CHECK ONE ANSWER) (Only for healthcare providers)

☐

MALE

☐

FEMALE

☐

DON'T WANT TO DISCLOSE

1.4 What is your current position in the healthcare facility? (WRITE THE RESPONSE BELOW) (Only for healthcare providers)

1.5 What is your current place of work or institution? (WRITE THE RESPONSE BELOW) (Only for healthcare providers)

1.6 HIGHEST EDUCATION RECEIVED (CHECK ONE ANSWER)

☐

No formal Education received

☐	Primary School
☐	High School
☐	Graduate & above

1.7 YEARS OF EXPERIENCE (Only for healthcare providers)

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2. OBSTETRIC PROFILE: (Only for perinatal women)

2.1	What was your age at Marriage (in years)?	
2.2	What is your gestational age (in weeks)? (Only for pregnant women)	
2.3	How many days postpartum are you? (Only for postnatal women)	
2.4	What is the parity?	Nulliparous First Second More than two
2.5	How many children do you have?	None One Two More than two
2.6	Was the pregnancy planned?	Yes No
2.7	Did you face any morbidity or complications during pregnancy?	None Gestational Diabetes Pregnancy induced Hypertension Hypothyroidism Anemia Antepartum hemorrhage Others (specify)_____

2.8	What is the place of delivery? (Only for postnatal women)	Home Government health facility Private facility Others (specify)_____
2.9	What was the mode of delivery? (Only for postnatal women)	Normal Caesarean Forceps delivery Others(specify)_____

KEY INFORMANT INTERVIEW GUIDE

3. For Staff Nurses, Lady Health Visitors and Primary Health Care Officers (ANMs)

3.1 General Understanding:

3.1.1 How important do you think it is to screen perinatal women for mental health problems?

[Probe: Why?]

3.1.2 Are you aware of mental health screening in perinatal women i.e. two questions mentioned in the MCP card?

[Probe: Simplicity/complexity of screening tool]

3.2 Understanding the Facilitators:

3.2.1 What factors do you think help in effectively screening perinatal women for mental health problems?

[Probe: Why?]

3.2.2 What according to you would be the facilitators that may ensure better implementation of screening perinatal women for common mental disorders?

[Probe: Programmatic, local level, patient-level]

3.2.3 How do you feel about the availability of resources that help with screening for mental health in perinatal women?

[Probe: Referral, service provision, skills of health staff]

3.3 Understanding the Challenges:

3.3.1. What are the main challenges you face in screening perinatal women for mental health problems?

[Probe: Why?]

3.3.2 Have you ever experienced difficulties in talking about mental health issues with perinatal women?

[Probe: what makes it difficult?]

3.3.3 Are there any cultural or social factors that make it challenging to screen for mental health in perinatal women?

[Probe: Why, how?]

3.3.4 Do you feel you have enough time during your consultations to effectively screen for mental health problems?

[Probe: Why and why not?]

3.3.5 What barriers do you think exist in terms of referral and treatment of perinatal women who screen positive for mental health problems?

[Probe: Programmatic, local level, patient-level]

3.4 Training and Support Needs:

3.4.1 What kind of training have you received related to perinatal mental health screening?

[Probe: When?]

3.4.2 What kind of support or additional training do you feel would help you screen perinatal women more effectively?

[Probe: Why?]

3.4.3 How do you think the screening process for perinatal mental health problems could be improved in your setting?

[Probe: Programmatic, local level, patient-level]

3.5 Closing Question:

3.5.1 Is there anything else you would like to share about your experiences with perinatal mental health screening in your healthcare centre?

4. For Medical Officers:

4.1 General Understanding:

4.1.1 How important do you think it is to screen perinatal women for mental health problems?

[Probe: Why?]

4.1.2 Are you aware of mental health screening in perinatal women i.e. two questions mentioned in the MCP card?

[Probe: Simplicity/complexity of screening tool]

4.2 Understanding the Facilitators:

4.2.1 What strategies are followed in your settings to facilitate the screening of perinatal women for mental health problems?

4.2.2 What according to you would be the facilitators that may ensure better implementation of screening perinatal women for common mental disorders?

[Probe: Programmatic, local level, patient-level]

4.3 Understanding the Challenges:

4.3.1. What are the main challenges in screening perinatal women for mental health problems in your settings?

[Probe: Why, how to overcome?]

4.4 Closing Question:

4.4.1 Is there anything else you would like to share about your experiences with perinatal mental health screening in your healthcare centre?

5. For obstetricians:

5.1 General Understanding:

5.1.1 How important do you think it is to screen perinatal women for mental health problems?

[Probe: Why?]

5.1.2 Are you aware of mental health screening in perinatal women i.e. two questions mentioned in the MCP card?

[Probe: Simplicity/complexity of screening tool]

5.2 Understanding the Facilitators:

5.2.1 What strategies are followed in your settings to facilitate the screening of perinatal women for mental health problems?

5.2.2 What according to you would be the facilitators that may ensure better implementation of screening perinatal women for common mental disorders?

[Probe: Programmatic, local level, patient-level]

5.3 Understanding the Challenges:

5.3.1. What are the main challenges in screening perinatal women for mental health problems in your settings?

[Probe: Why, how to overcome?]

5.4 Closing Question:

5.4.1 What is your opinion on incorporating mental health screening into routine care for perinatal women in the respective healthcare facilities?

5.4.2 Is there anything else you would like to share about your experiences with perinatal mental health screening in your healthcare centre?

6. For psychiatrist/ mental health professionals:

6.1 General Understanding:

6.1.1 How important do you think it is to screen perinatal women for mental health problems?

[Probe: Why?]

6.1.2 Are you aware of mental health screening in perinatal women i.e. two questions mentioned in the MCP card?

[Probe: Simplicity/complexity of screening tool]

6.2 Understanding the Facilitators:

6.2.1 What strategies are followed in your settings to facilitate the screening of perinatal women for mental health problems?

6.2.2 What according to you would be the facilitators that may ensure better implementation of screening perinatal women for common mental disorders?

[Probe: Programmatic, local level, patient-level]

6.3 Understanding the Challenges:

6.3.1. What are the main challenges in screening perinatal women for mental health problems in your settings?

[Probe: Why, how to overcome?]

6.4 Closing Question:

6.4.2 Is there anything else you would like to share about your experiences with perinatal mental health screening in your healthcare centre?

7. For perinatal women:

7.1 General Understanding:

7.1.1 How important do you think it is to screen perinatal women for mental health problems?

[Probe: Why?]

7.2 Past experience:

7.2.1 Have you ever undergone screening for mental health problems during your antenatal/postnatal visit to the healthcare facility?

[Probe: When, tell about your experience]

7.3 Understanding the facilitators and challenges:

7.3.1 Have you ever experienced any concerns related to mental health?

[Probe: When, what problem; in detail]

7.3.2 If yes, how did you seek care to manage these concerns?

7.3.3 What is your opinion regarding the support that you received adequate support from the healthcare providers for your concerns?

[Probe: Why?]

7.4 Closing Question:

7.4.1 Is there anything else you would like to share about your experiences with perinatal mental health screening?