

Instructions for group discussions
Lay descriptions, IADR 2025

Activity	
Step 1 Brainstorming Key Words	Work in pairs to identify words that describe TMD pain . Write each word on a separate post-it note . Share in the group.
Step 2 Review Existing Lay Descriptions	Review the existing lay descriptions available (e.g., for neck pain, back pain, toothache). Discuss if any could apply to TMD pain .
Step 3 Prioritize and Categorize Words	As a group, select and prioritize the most relevant words from the brainstorm. Organize words into a hierarchical list . Introduce the health states: mild, moderate, severe . Discuss whether certain words relate more strongly to a specific severity level.
Step 4 Create Lay Descriptions	Use the prioritized words to draft lay descriptions of TMD pain. In the next step. Differentiate into: - Mild - Moderate - Severe
Step 5 Use AI tools	Use AI tools to develop lay descriptions for TMD pain and for differentiating into mild, moderate and severe. Compare and discuss similarities and differences between the versions. Decide on the most relevant ones.