

Additional file 1: Table S1. Definitions of glycaemic categories according to WHO [12]

	Venous plasma glucose (mmol/L)	
	Fasting venous	2-hour post-load
Normoglycaemic	<6.1	<7.8
Impaired fasting glucose (IFG)	6.1 – 6.9	< 7.8
Impaired glucose tolerance (IGT)	<7.0	7.8–11.0
Diabetes	≥7.0	>11.0