

Additional Material

Additional Table Regional gastrointestinal transit times according to the product type in lactose intolerant and lactose intolerant subjects

	Variable	A1/A2 ^a	A2 ^b	1. Esti mate c	2. SD	3. P- value d
Overall (n=40)	SBTT (h)	3.75 (1.64)	3.97 (1.65)	-0.2198	0.3652	0.5507
	CTT (h)	35.56 (7.89)	28.88 (6.49)	6.6737	1.2717	<0.0001
	WGTT (h)	40.18 (7.68)	33.89 (6.28)	6.2949	1.3333	<0.0001
Lactose intolerant (n=19)	SBTT (h)	3.89 (1.65)	3.91 (1.36)	-0.0249	0.4912	0.9602
	CTT (h)	31.96 (5.77)	28.24 (5.26)	3.7202	1.2567	0.0084
	WGTT (h)	36.82 (5.83)	33.37 (4.95)	3.4498	1.3381	0.0189
Lactose tolerant (n=21)	SBTT (h)	3.63 (1.66)	4.02 (1.90)	-0.3962	0.5171	0.4525
	CTT (h)	38.81 (8.25)	29.47 (7.52)	9.3458	1.9922	0.0001
	WGTT (h)	43.23 (8.00)	34.36 (7.38)	8.869	2.109	0.0004

^aMilk containing both A1 and A2 β -casein type.

^bMilk containing only A2 β -casein type.

^cLeast squares mean difference (A1/A2 – A2).

^dValues in bold are statistically significant at $P<0.05$.

SD, standard deviation; SBTT, small bowel transit time; CTT, colonic transit time; WGTT, whole gastrointestinal transit time.