

Food category ¹	Mediterranean Diet Score				
	Quintile 1 (n=3,977)	Quintile 2 (n=3,832)	Quintile 3 (n=3,782)	Quintile 4 (n=2,852)	Quintile 5 (n=2,636)
Dairy	9%	8%	8%	7%	8%
Soymilk	0%	0%	0%	0%	0%
Beef	79%	78%	75%	72%	64%
Pork	1%	1%	1%	1%	1%
Lamb	0%	0%	0%	0%	0%
Chicken	2%	2%	3%	3%	3%
Turkey	0%	0%	0%	0%	0%
Seafood	0%	0%	0%	1%	2%
Eggs	1%	1%	1%	1%	1%
Nuts	0%	0%	0%	1%	1%
Tofu	0%	0%	0%	0%	0%
Legumes	0%	0%	0%	0%	1%
Grains	4%	4%	5%	5%	7%
Fruit, whole and frozen	0%	0%	0%	1%	1%
Fruit, canned	0%	0%	0%	0%	0%
Fruit, dried	0%	0%	0%	0%	0%
Fruit, juice	0%	0%	0%	0%	1%
Vegetables, dark green	0%	0%	0%	0%	0%
Vegetables, red/orange	0%	0%	0%	0%	0%
Vegetables, starchy	0%	0%	0%	0%	0%
Vegetables, other	0%	0%	0%	0%	1%
Oils	1%	2%	2%	3%	5%
Animal fats	2%	2%	2%	3%	3%
Margarine	0%	0%	0%	0%	0%
Sweeteners	1%	1%	1%	1%	1%



Supplemental Figure 3: Contribution of food categories to mean daily per capita land use, 2011-2018 (n=17,079)

¹Represents predominant ingredient in mixed dish.

All results were adjusted for kcal, and survey cycle using linear regression models.