

Food category ¹	Mediterranean Diet Score				
	Quintile 1 (n=3,977)	Quintile 2 (n=3,832)	Quintile 3 (n=3,782)	Quintile 4 (n=2,852)	Quintile 5 (n=2,636)
Dairy	31%	26%	24%	22%	20%
Soymilk	0%	0%	0%	0%	0%
Beef	27%	25%	23%	19%	14%
Pork	3%	3%	3%	3%	2%
Lamb	0%	0%	0%	0%	0%
Chicken	7%	8%	9%	9%	8%
Turkey	1%	1%	1%	1%	1%
Seafood	0%	1%	1%	2%	4%
Eggs	2%	2%	2%	2%	2%
Nuts	0%	1%	1%	2%	2%
Tofu	0%	0%	0%	0%	0%
Legumes	0%	1%	1%	1%	2%
Grains	12%	13%	13%	14%	14%
Fruit, whole and frozen	1%	1%	2%	3%	3%
Fruit, canned	0%	0%	0%	0%	0%
Fruit, dried	0%	0%	0%	0%	0%
Fruit, juice	1%	1%	1%	2%	3%
Vegetables, dark green	0%	0%	0%	1%	1%
Vegetables, red/orange	1%	1%	1%	1%	2%
Vegetables, starchy	2%	3%	3%	3%	3%
Vegetables, other	1%	1%	2%	2%	3%
Oils	3%	4%	5%	6%	7%
Animal fats	5%	5%	5%	5%	5%
Margarine	0%	0%	0%	0%	0%
Sweeteners	3%	3%	3%	3%	3%



Supplemental Figure 4: Contribution of food categories to mean daily per capita fertilizer nutrient use, 2011-2018 (n=17,079)

¹Represents predominant ingredient in mixed dish.

All results were adjusted for kcal, and survey cycle using linear regression models.