

INDIGENOUS TEEN TRANSITION STUDY

TALKING CIRCLE

**in partnership with the Stollery Awasisak
Indigenous Health Program**



AGENDA

1. Smudging ceremony + opening prayer
2. Welcome + introductions
3. How a talking circle works
4. What is transition?
5. Talking circle goals
6. Questions for the group
7. Closing prayer

TALKING CIRCLE PROTOCOLS

1. Tipi Teachings shall govern the person speaking: **Love, respect, obedience**
2. Take turns speaking proceeding in a clockwise direction

3. If something someone says resonates with you we encourage you to comment in a respectful manner (ex. you had a similar experience or a different experience)

4. All other participants are attentive and listening to the person speaking

5. Confidentiality is assumed except where participants agree that information or decisions can be taken outside the Circle

**6. Participants are to speak from the heart.
Tell your own story honestly**

7. Participants are to listen from the heart

8. Participants are asked to speak spontaneously - please do not pre-plan what you are going to say

9. Participants are asked to speak leanly - please be aware that others would like a chance to speak and there is only so much time

WHAT IS TRANSITION?

Transition is the move from child health care to adult health care. This usually happens around age 18.

We want to learn more about your experience transitioning from pediatric to adult health care services.

We want to better support teens and their parents through pediatric to adult transition of care.

TALKING CIRCLE GOALS

All of you have already participated in an interview and told us part of your health care story. The goal of this talking circle is to spark conversation about your transition experience within a group of your peers. The conversation you have today might confirm what we heard in your interviews, or we might learn new information.

TALKING CIRCLE QUESTIONS

Question 1:

- a) If you have entered adult health care, what was that move like for you?
- b) If you have not yet entered adult health care, how do you feel about that upcoming transition?
Do you have any concerns?

TALKING CIRCLE QUESTIONS

Question 2:

- a) If you have already entered adult health care, what were the biggest challenges?
- b) If you have not yet entered adult health care, what do you anticipate to be a challenge?

TALKING CIRCLE QUESTIONS

Question 3:

What supports would help (or would have helped) you move from pediatric to adult health care?

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MARSI CHOK

THANK YOU