

Supporting Information

Super-Resolution Mapping Reveals NAD⁺-Delivering Probiotic Extracellular Vesicles as Nanotherapeutics for Organelle Protection and Inflammation Control

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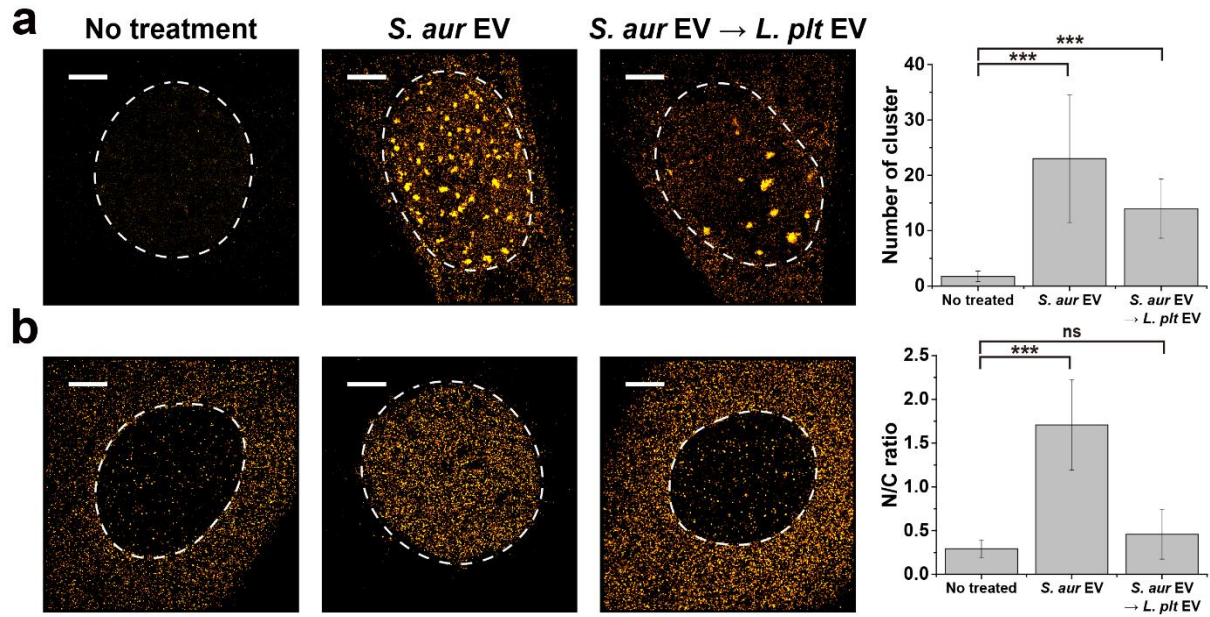


Fig. S1 Representative STORM images of (a) γ H2AX and (b) NF- κ B in control HDFs, *S. aureus* EV-inflamed cells, and *L. plantarum* EV-treated inflammatory cells. Quantitative analysis of γ H2AX foci number in the nucleus and NF- κ B nuclear translocation, expressed as the ratio of nuclear to cytosolic localizations, is shown on the right. Scale bars = 5 μ m. White dashed line: nucleus boundary. (n = 5; data are represented as mean $\pm$ SD) (Two-tailed Student's *t*-test, ns: $p > 0.05$, *** $p < 0.001$)

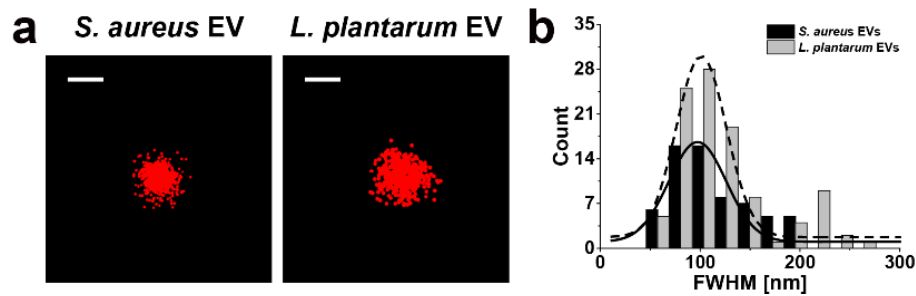


Fig. S2 Representative STORM images of purified EVs from *S. aureus* and *L. plantarum*. (a) Representative STORM images of purified EVs labeled with Nile red from *S. aureus* (left) and *L. plantarum* (right). Scale bars = 100 nm. (b) Size of EVs measured using STORM images of Nile red-stained purified EV samples.

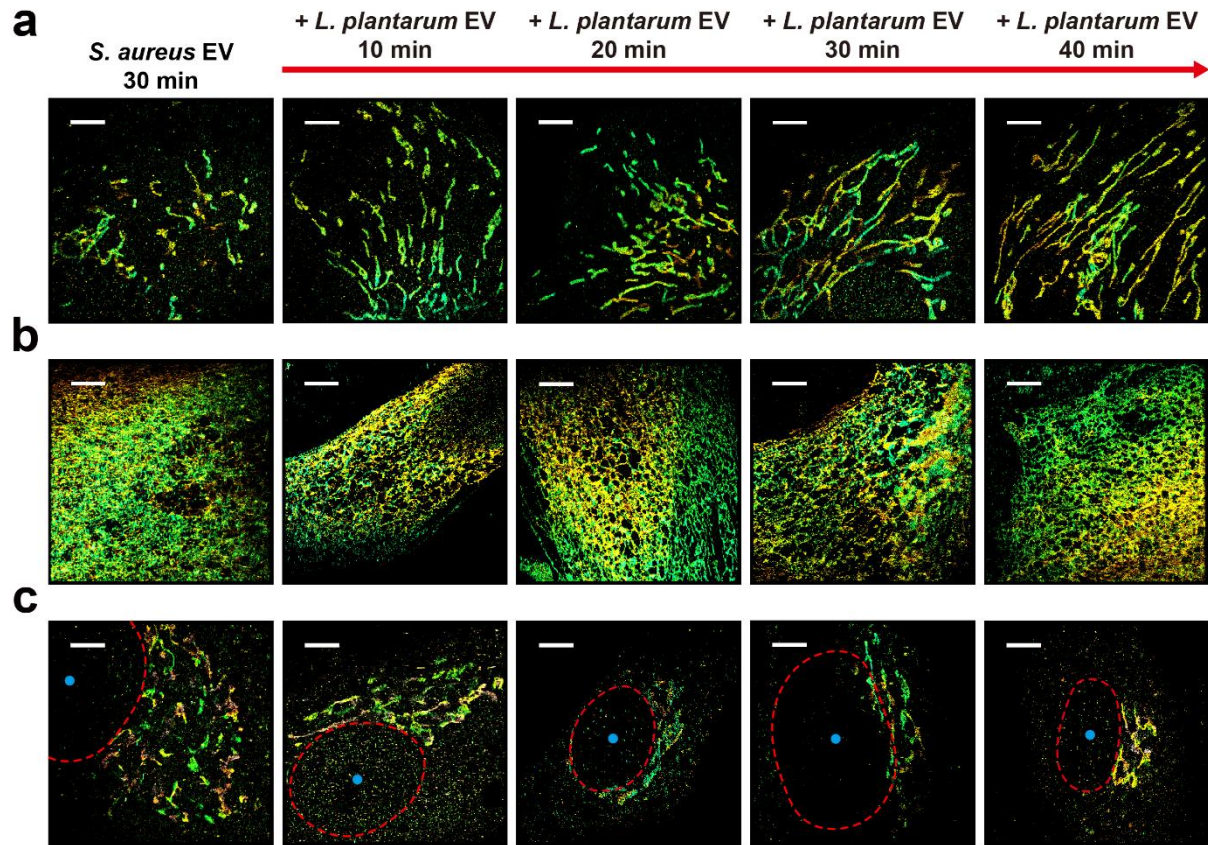


Fig. S3 Representative STORM images showing organelle ultrastructural changes in response to different *L. plantarum* EV-treatment durations in *S. aureus* EV-induced inflammatory cells. **(a)** Effect of varying *L. plantarum* EV exposure times (0, 10, 20, 30, and 40 min) on mitochondrial morphology. **(b)** Impact of *L. plantarum* EV-treatment duration on ER architecture. **(c)** Golgi apparatus reorganization under different *L. plantarum* EV-treatment periods. Red dashed line: nucleus boundary. Scale bars = 5 μ m. Quantitative analyses of these ultrastructural changes are presented in Fig. 1D.

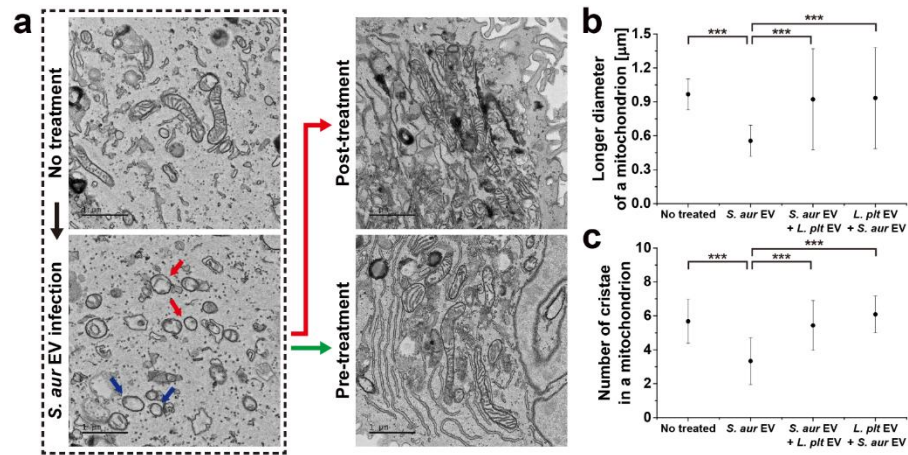


Fig. S4 TEM images showing the restorative effects of *L. plantarum* EVs on host cells. **(a)** Representative TEM images of HDFs showing the restorative effects of *L. plantarum* EVs (6.75×10^7 particles/mL, 30 min) on *S. aureus* EV-induced mitochondrial alterations (6.75×10^7 particles/mL, 30 min), compared with control cells. Both pre- and post-treatment with *L. plantarum* EVs are presented. Red arrows: mitochondrial fission. Blue arrows: cristae loss. Scale bars = 1 μm . **(b)** Quantitative analysis of mitochondrial size in terms of the longer diameter from TEM images. **(c)** Quantitative analysis of the number of cristae in a mitochondrion from TEM images. (n = 10; data are represented as mean $\pm$ SD) (***)p < 0.001)

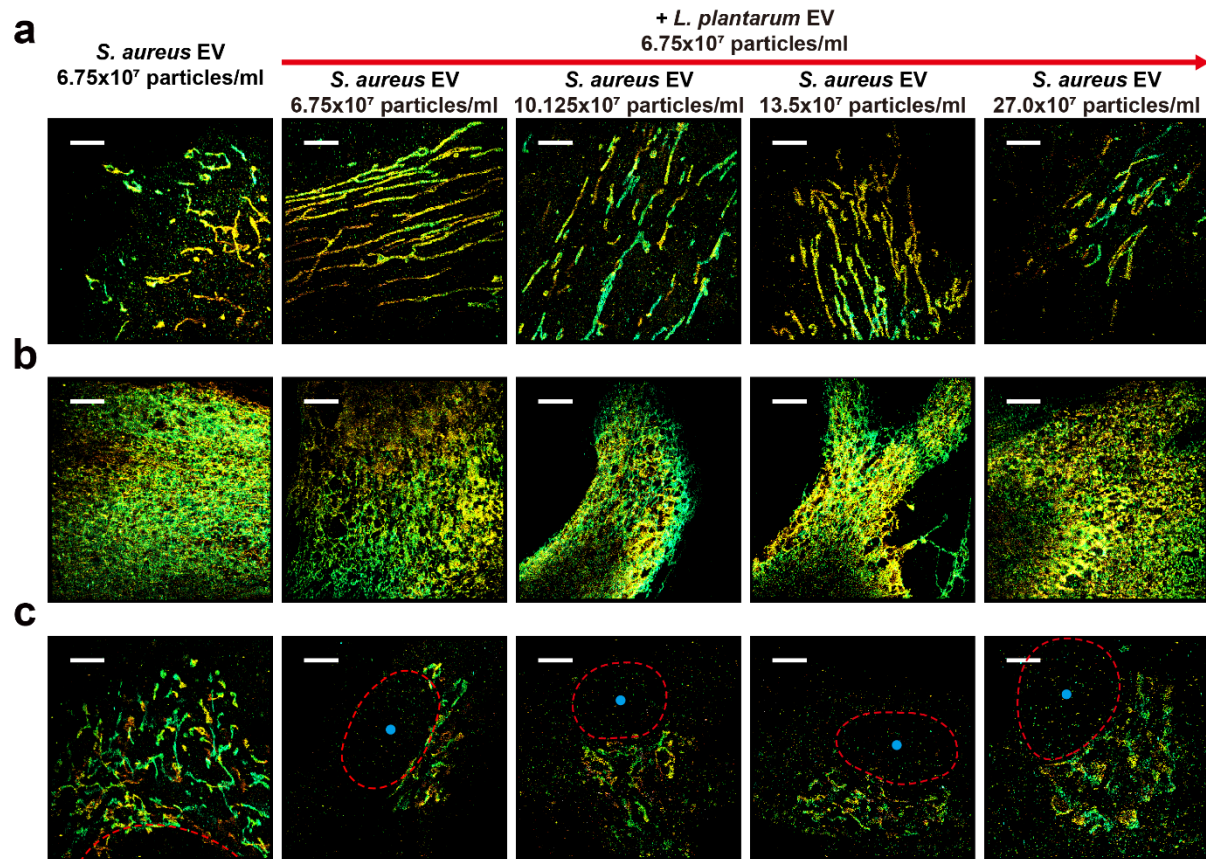


Fig. S5 Representative STORM images showing organelle ultrastructural alterations in response to *L. plantarum* EV-treatment across different inflammatory states established by varying *S. aureus* EV concentrations. **(a)** Mitochondrial morphological changes following *L. plantarum* EV-treatment in cells pre-exposed to different *S. aureus* EV concentrations. **(b)** ER structural modifications after *L. plantarum* EV-treatment in cells with different inflammatory baselines created by varying *S. aureus* EV concentrations. **(c)** Golgi apparatus reorganization in response to *L. plantarum* EV-treatment across distinct inflammatory conditions established by different *S. aureus* EV concentrations. Red dashed line: nucleus boundary. Scale bars = 5 μ m. Quantitative analyses of these ultrastructural changes are presented in Fig. 1E.

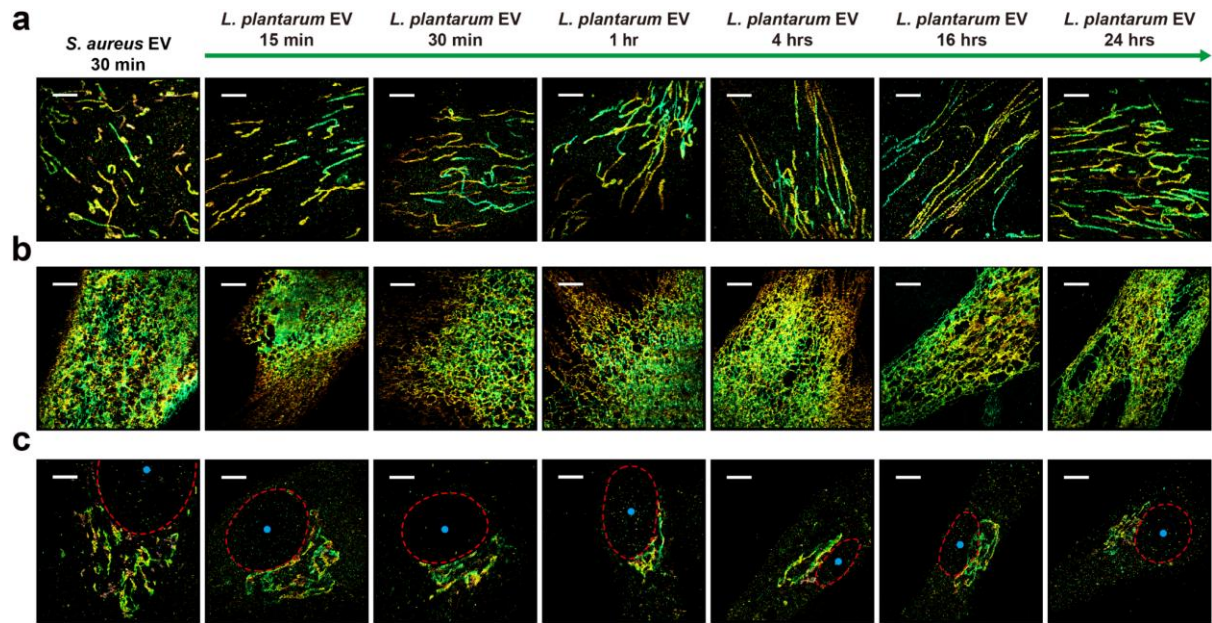


Fig. S6 Representative STORM images showing organelle ultrastructural preservation in response to different *L. plantarum* EV-pretreatment durations prior to *S. aureus* EV exposure. **(a)** Effect of varying *L. plantarum* EV-pretreatment times (0, 0.25, 0.5, 1, 4, 16, and 24 h) on mitochondrial morphology following *S. aureus* EV challenge. **(b)** Impact of *L. plantarum* EV-pretreatment duration on ER network architecture prior to *S. aureus* EV-induced stress. **(c)** Golgi apparatus organization under different *L. plantarum* EV-pretreatment periods prior to *S. aureus* EV exposure. Red dashed line: nucleus boundary. Scale bars = 5 μm. Quantitative analyses of these ultrastructural changes are presented in Fig. 2D.

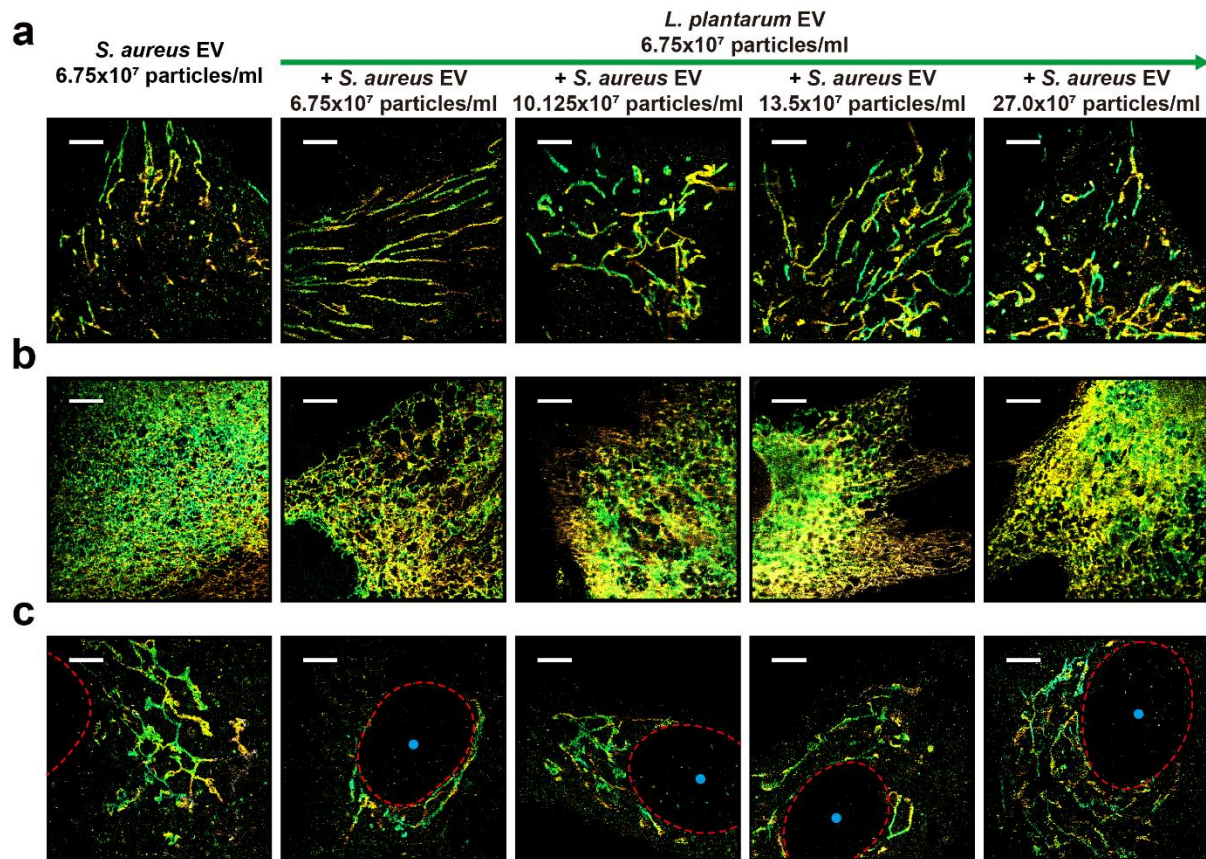


Fig. S7 Representative STORM images showing organelle ultrastructural preservation in response to *L. plantarum* EV-pretreatment across different inflammatory challenges, established by varying *S. aureus* EV concentrations. (a) Mitochondrial morphological changes in *L. plantarum* EV-pretreated cells exposed to different *S. aureus* EV concentrations. (b) ER structural modifications in *L. plantarum* EV-pretreated cells challenged with different *S. aureus* EV concentrations. (c) Golgi apparatus organization in *L. plantarum* EV-pretreated cells under varying inflammatory conditions induced by different *S. aureus* EV concentrations. Red dashed line: nucleus boundary. Scale bars = 5 μ m. Quantitative analyses of these ultrastructural changes are presented in Fig. 2E.

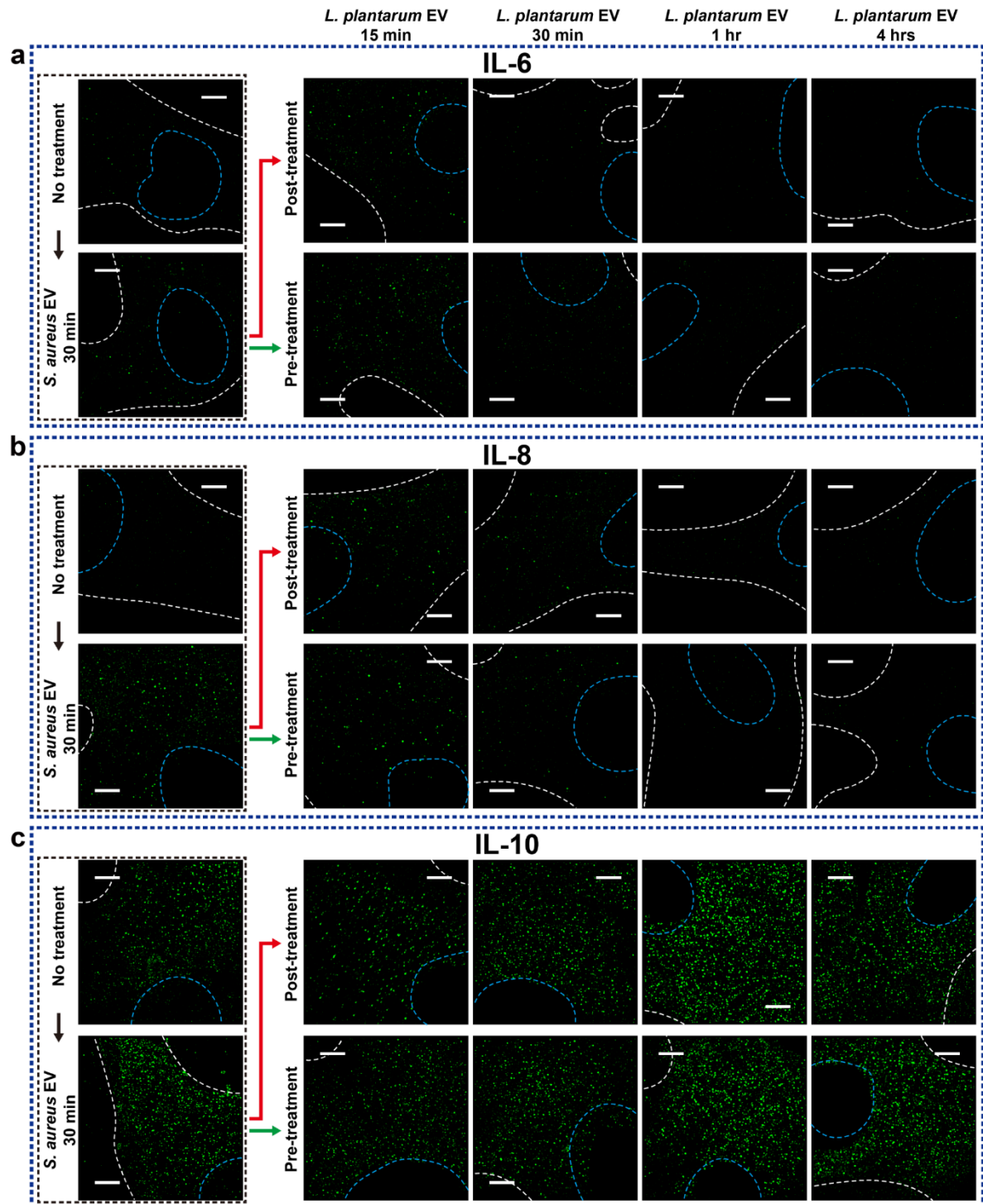


Fig. S8 Representative STORM images of intracellular cytokine clustering. (a) IL-6, (b) IL-8, and (c) IL-10 under different treatment conditions. For each cytokine, panels show untreated control cells, cells treated with *S. aureus* EVs (6.75×10^7 particles/mL, 30 min), and cells pre-treated (bottom row) or post-treated (top row) with *L. plantarum* EVs, at the indicated time intervals. Blue dashed line: nucleus boundary. White dashed line: cell boundary. Scale bars = 5 μm. Quantitative analyses of these ultrastructural changes are presented in Fig. 3D.

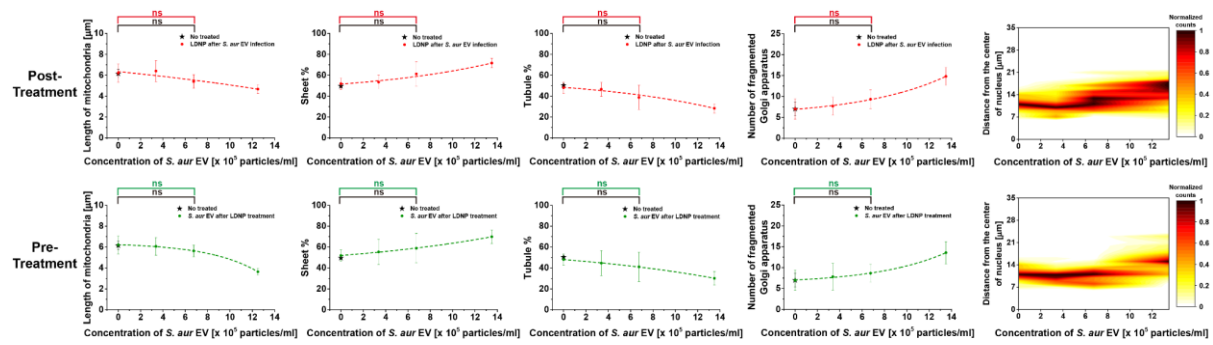


Fig. S10 STORM quantitative imaging analysis of organelle ultrastructural alterations in response to treatment with 6.75×10^5 particles/mL of LDNPs across different inflammatory states, established by varying *S. aureus* EV concentrations. (n = 8; data are represented as mean $\pm$ SD) (ns: p > 0.05)

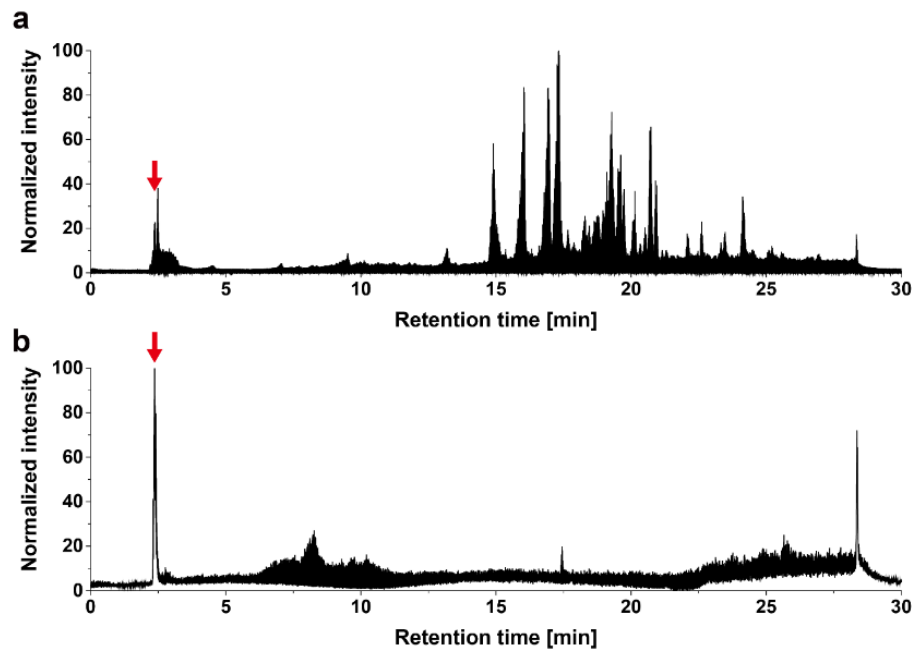


Fig. S11 LC-MS chromatograms of (a) *L. plantarum* EVs and (b) NAD^+ standard. In both chromatograms, the peak corresponding to NAD^+ is indicated by a red arrow, with the EV sample a showing an identical retention time to that of the NAD^+ standard (b).

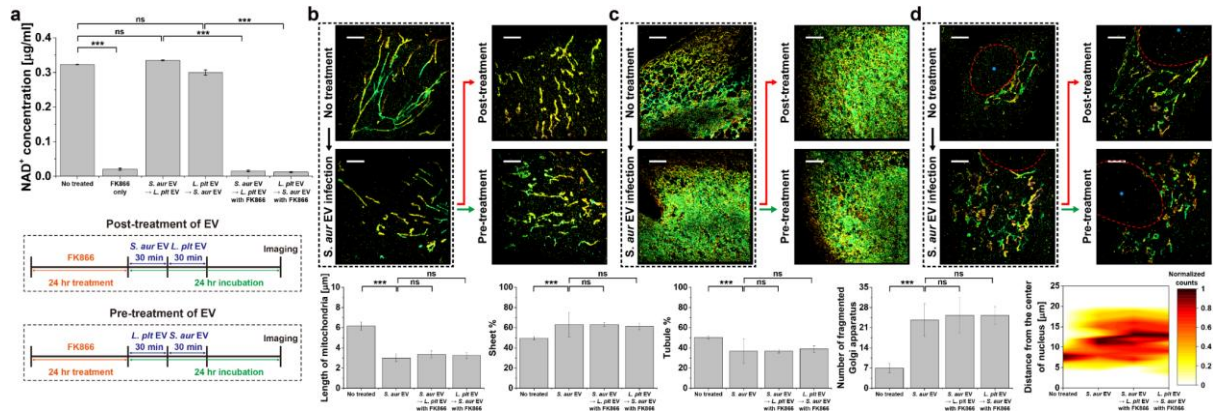


Fig. S12 The effect of the NAD⁺ inhibitor FK866 on the organelle-restorative activity of *L. plantarum* EVs in host cells. (a) Quantification of intracellular NAD⁺ levels in untreated control cells and *S. aureus* EV-infected cells following either pre-treatment (30 min) or post-treatment (30 min) with *L. plantarum* EVs, in the presence or absence of the NAD⁺ inhibitor FK866. (b-d) Representative STORM images (top) and quantitative analyses (bottom) of (b) mitochondria, (c) endoplasmic reticulum (ER), and (d) Golgi apparatus illustrating the effect of the NAD⁺ inhibitor FK866 on the organelle-restorative activity of *L. plantarum* EVs in host cells. Scale bars = 5 μm. (n = 6; data are represented as mean ± SD) (ns: p > 0.05, ***p < 0.001)

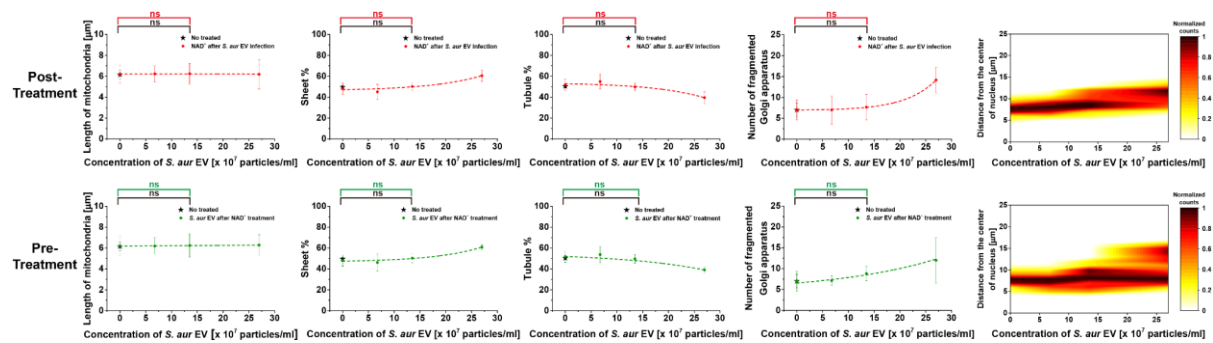


Fig. S13 STORM quantitative imaging analysis of organelle ultrastructural alterations in response to 9.8 μg/mL of NAD⁺ treatment across different inflammatory states, established by varying *S. aureus* EV concentrations. (n = 8; data are represented as mean ± SD) (ns: p > 0.05)