

Research Impact Interview Scaffold

Run Sheet: General outline for all phone interviews.

1. **Introduction:** Identify yourself and explain the reason for the call.

E.g. *"You are receiving this call because:*

(Participant) *you have previously given permission to be contacted for an interview about the study."*

(GP, practice manager, practice nurse, practice champion, APD) *you have been identified as a GP/practice staff/APD involved in the Healthy Rural Hearts study. Part of the evaluation of the study is understanding what impact your participation had on you personally, but also on the practice you work in.*

That will be the focus of today's call. The interview will take approximately 15 minutes, are you able to proceed now?

2. **Consent.**

Check the person has provided a signed consent form prior to commencing the interview.

3. **Breaks and rescheduling.**

E.g. *"The interview will take approximately 15 minutes. Please feel free to let me know if you need a break at any point or wish to re-schedule it to another day."*

4. **Withdrawal**

E.g. *"You can stop the interview at any time and withdraw from the study at any time until the results are published."*

5. **Confidentiality.**

E.g. *"The interview will be recorded to ensure we do not miss anything you have said, and we will have the recorded interview transcribed. Your names will be removed from the transcribed information to protect your anonymity. The information discussed during this phone call/videoconference will not be shared with anyone. Only the research team will have access to your transcript. If you would like a copy of the transcript, one will be provided to you."*

6. **Purpose of interview.**

E.g. *"The main purpose of this interview is to get a clear understanding of the benefits of the study for you or the organisation you represent. What benefits did Healthy Rural Hearts have?"*

7. **Impartiality of researchers.**

E.g. *"The interviewer aims to listen and record your views. There are no right or wrong answers. We are only interested in YOUR experience and interpretation."*

Questions to be covered:

A. Accredited practising dietitians (APDs))

1. What impact did the Healthy Rural Hearts program have on your capacity and capability to deliver preventative Medical Nutrition Therapy (MNT) to rural patients?
2. How did it impact on your interest and motivation to deliver preventative medical nutrition therapy long term?
3. Describe any other impact the study has had on your employment, employment prospects, your financial situation?
4. What impact did it have on your satisfaction with your work?
5. What impact did your involvement in the study have on your understanding of research?

B. Participants

1. How many appointments with a dietitian did you have as part of the Healthy Rural Hearts study?
2. What impact did the dietetic intervention have on you – physically and/or emotionally?
3. What impact has it had on your knowledge of good nutrition for reduced risk of heart problems?
4. What impact has it had on your diet? Please describe what has changed.
5. What impact has it had on your overall health? Please describe what has changed.
6. How has it affected your mental health and mood?
7. What impact has it had on your finances?
8. What impact did your participation have on your family?

C. General Practitioners

1. What has been the benefit of being involved in the Healthy Rural Hearts study?
 - a) For yourself?
 - b) For your patients?
 - c) For the practice?
2. In your opinion, has it improved the delivery of evidence-based therapy for patients with moderate to high risk of cardiovascular disease?
3. In your opinion, has it built research capacity amongst the administrative or medical staff and associated with your practice?
4. Has involvement in the Healthy Rural Hearts benefitted your practice in any other way?
5. Would you be interested to continue delivery of dietetic services, subject to availability of resources?

D. Practice Managers/Nurses/Research Champions

1. What has been the benefit of being involved in the Healthy Rural Hearts study?
 - d) For yourself?
 - e) For the practice?
2. In your opinion, has it improved the any administrative or medical processes in delivery of evidence-based therapy for patients with moderate to high risk of cardiovascular disease from your practice?
3. In your opinion, has it built research capacity amongst the staff associated with your practice?
4. Has involvement in the Healthy Rural Hearts benefitted your practice in any other way?
5. Have any of the staff expressed interest to continuing delivery of MNT, subject to availability of resources?