

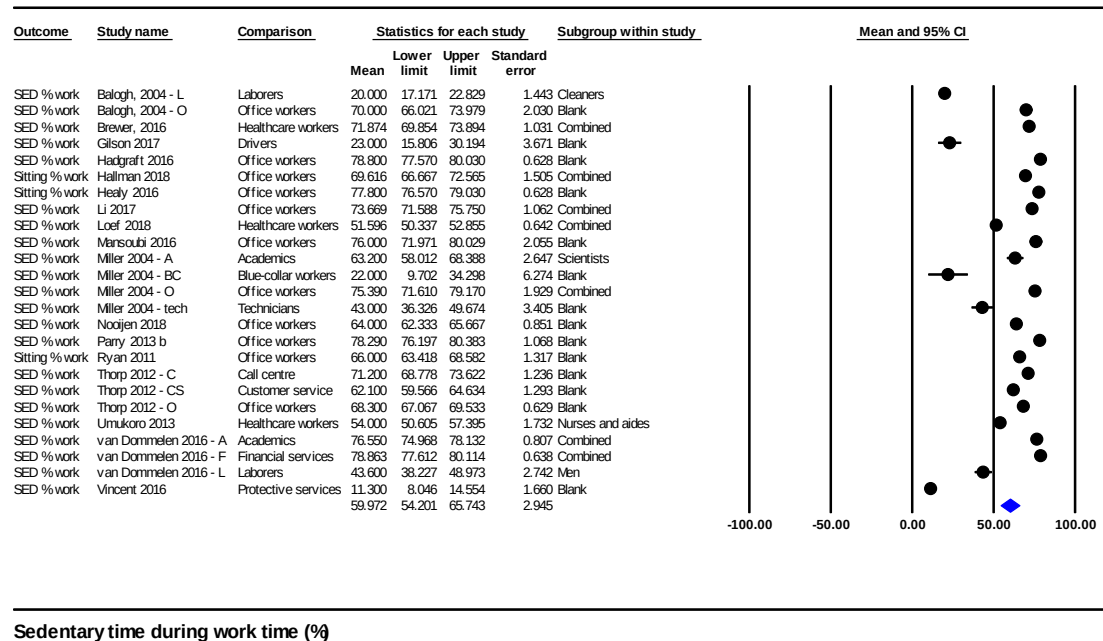
Supplemental Figures

Individual forest plots and funnel
plots for sub-groups

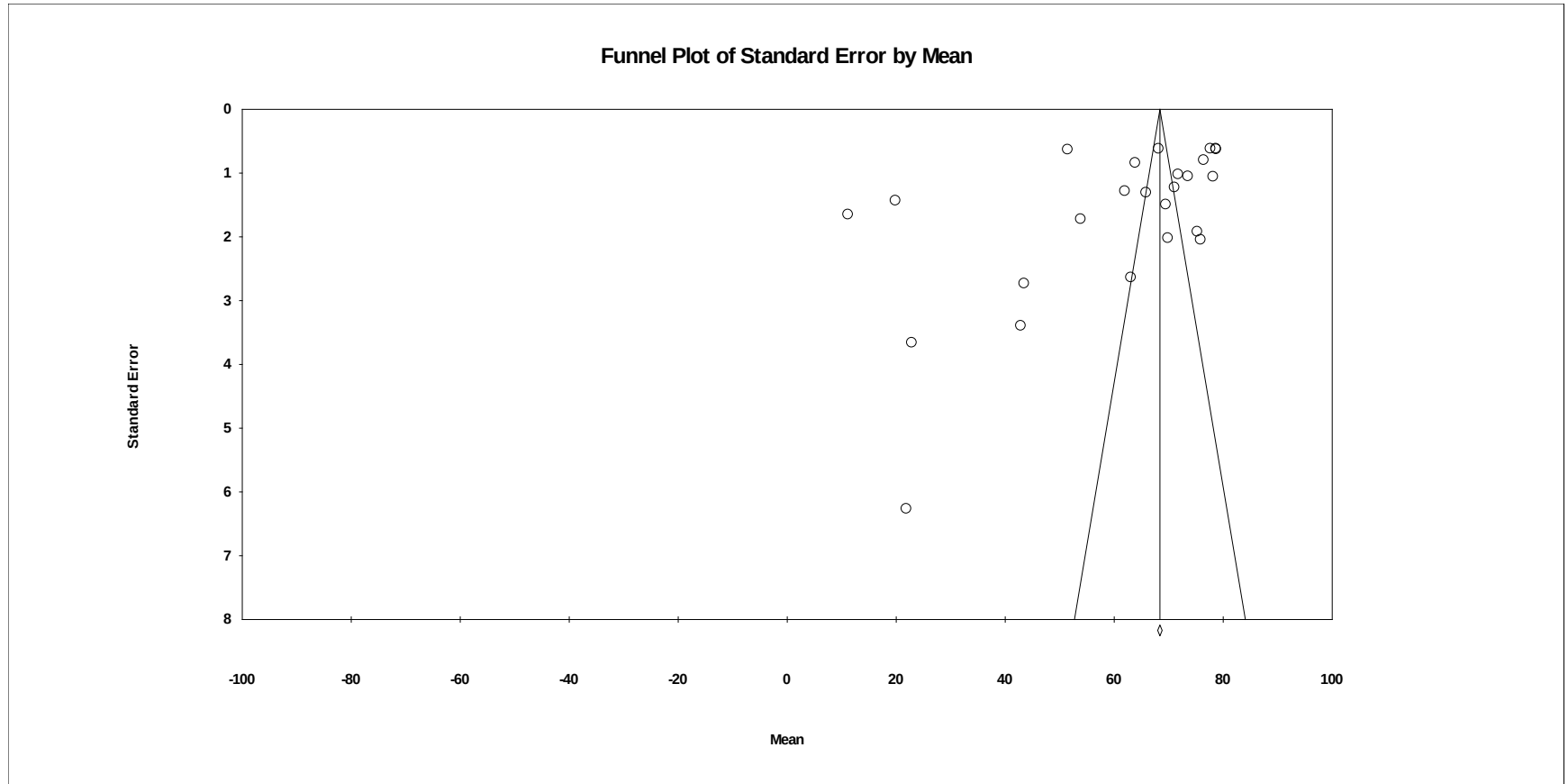
Supplemental Figures 1a-dd

Sedentary Time (ST)

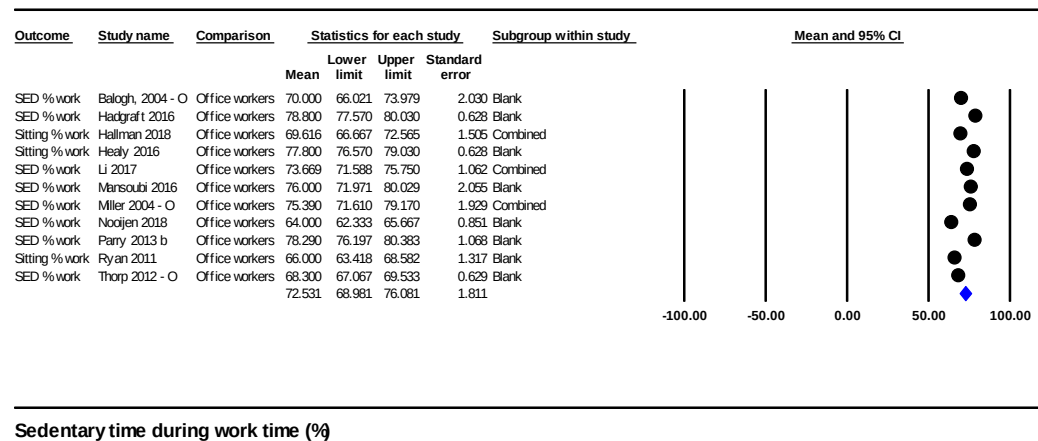
Supplemental Figure 1a. Percentage of ST at work across all occupations



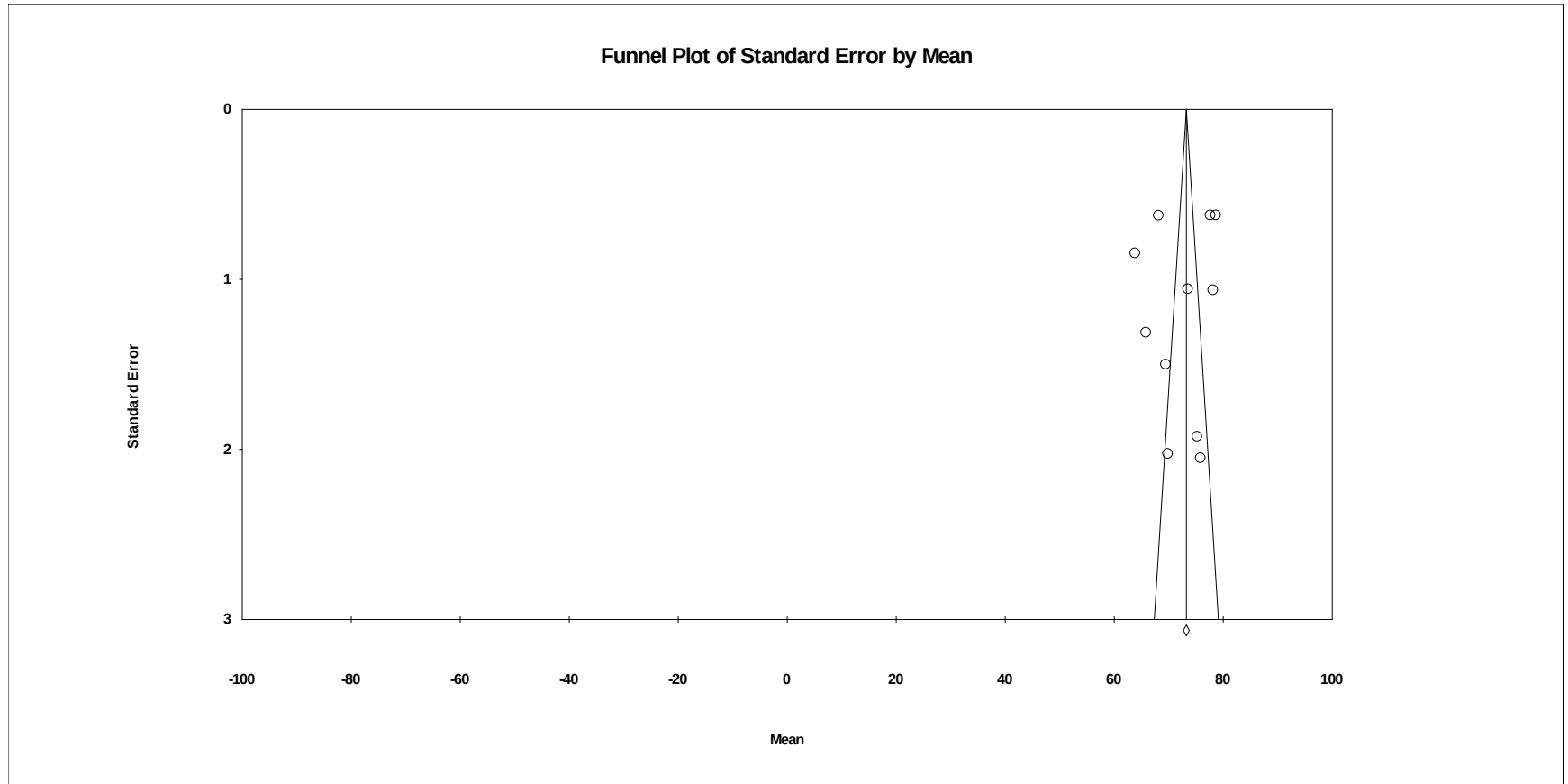
Supplemental figure 1b. Funnel plot for ST (%) at work across all occupations



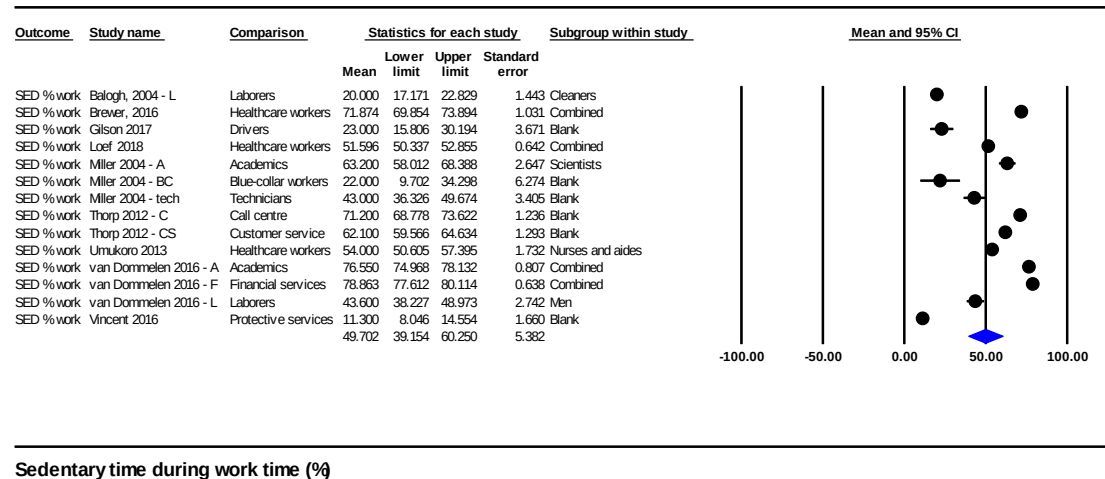
Supplemental figure 1c. Percentage of ST at work in office workers



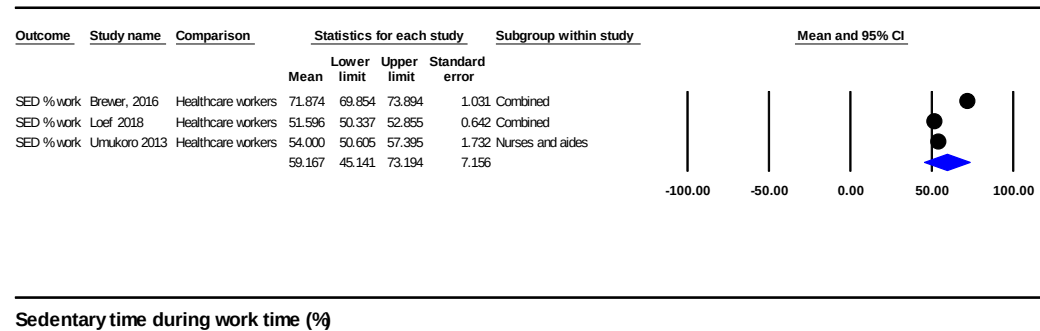
Supplemental figure 1d. Funnel plot for ST (%) during work time in office workers



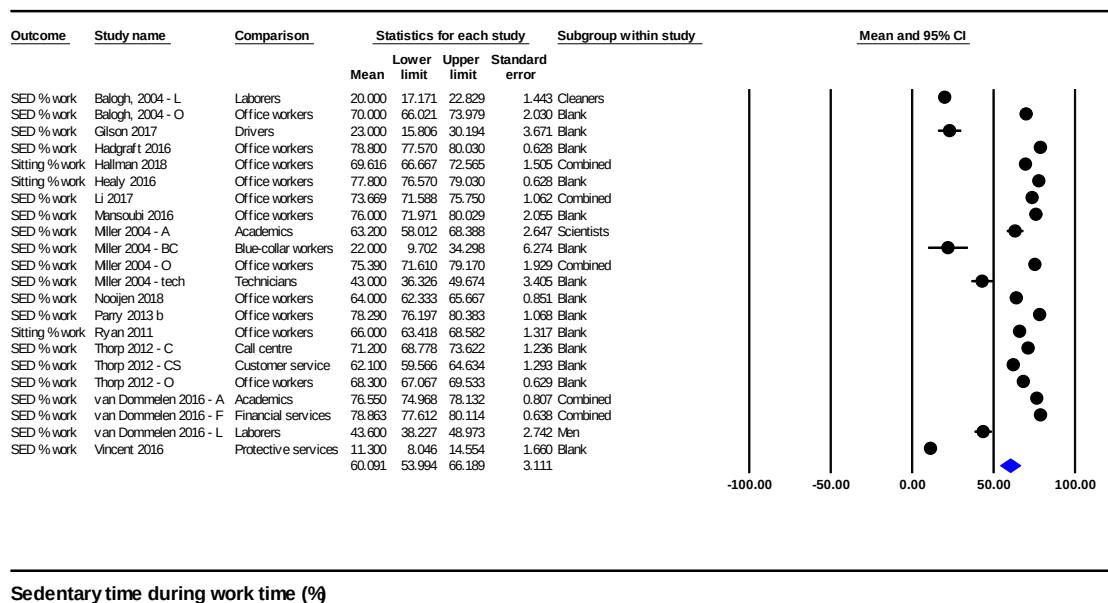
Supplemental figure 1e. Percentage of ST at work in all occupations except office workers



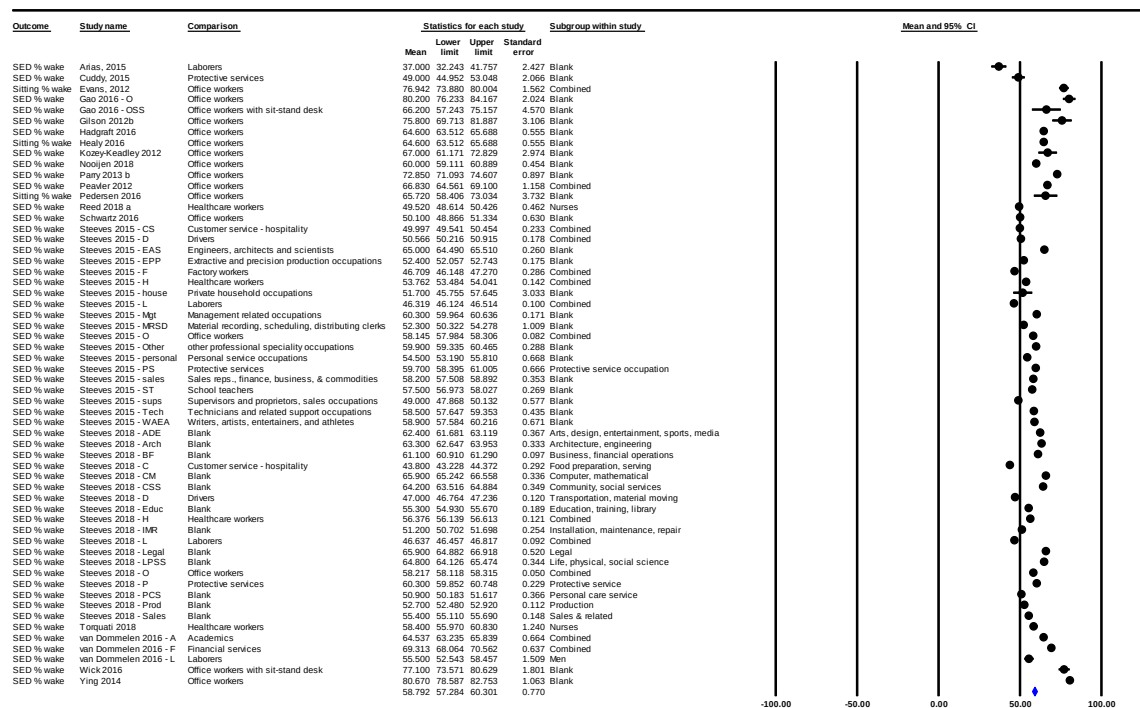
Supplemental figure 1f. Percentage of ST at work in healthcare workers



Supplemental figure 1g. Percentage of ST at work in all occupations except healthcare workers

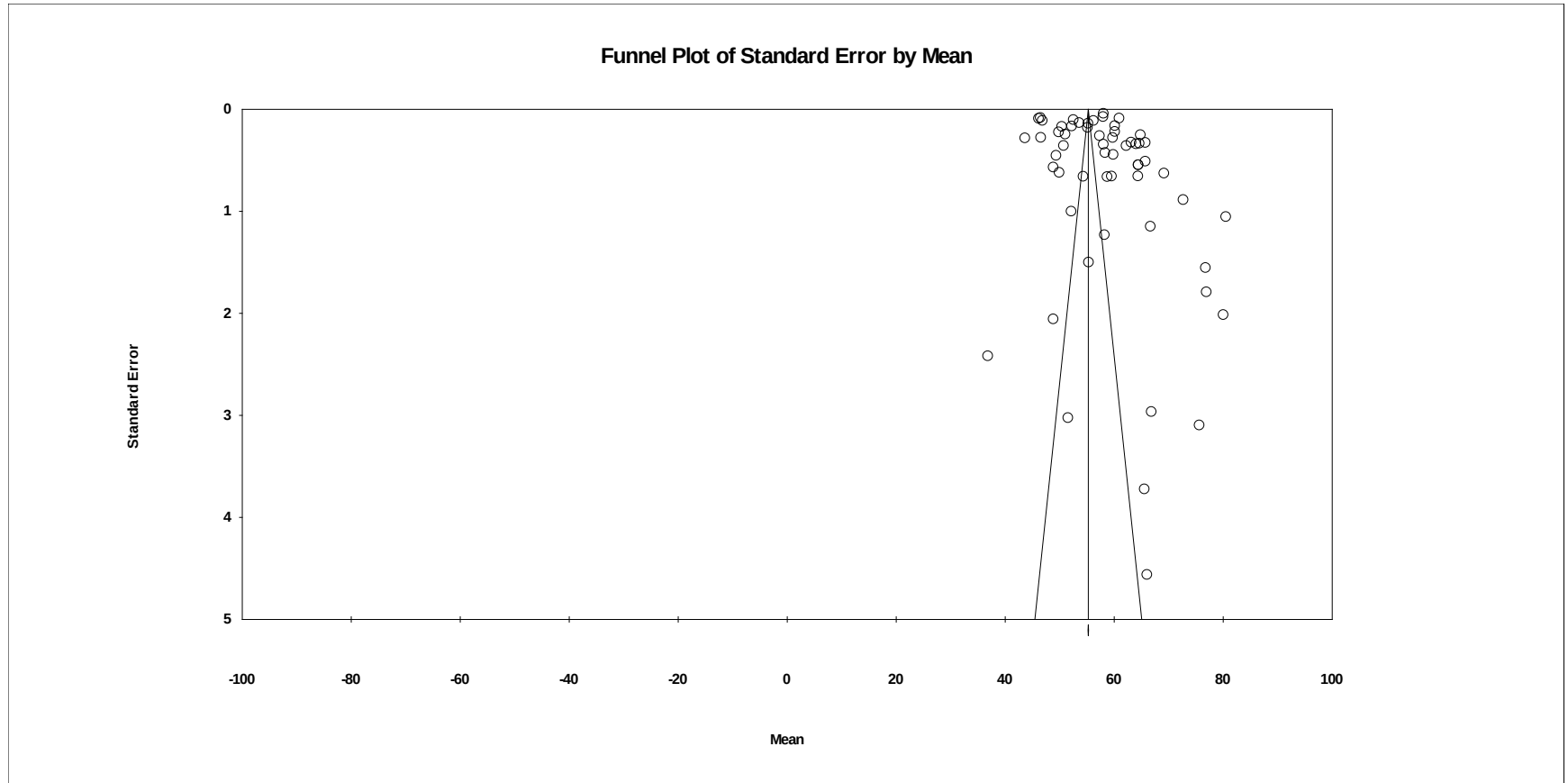


Supplemental figure 1h. Percentage of ST during wake time across all occupations

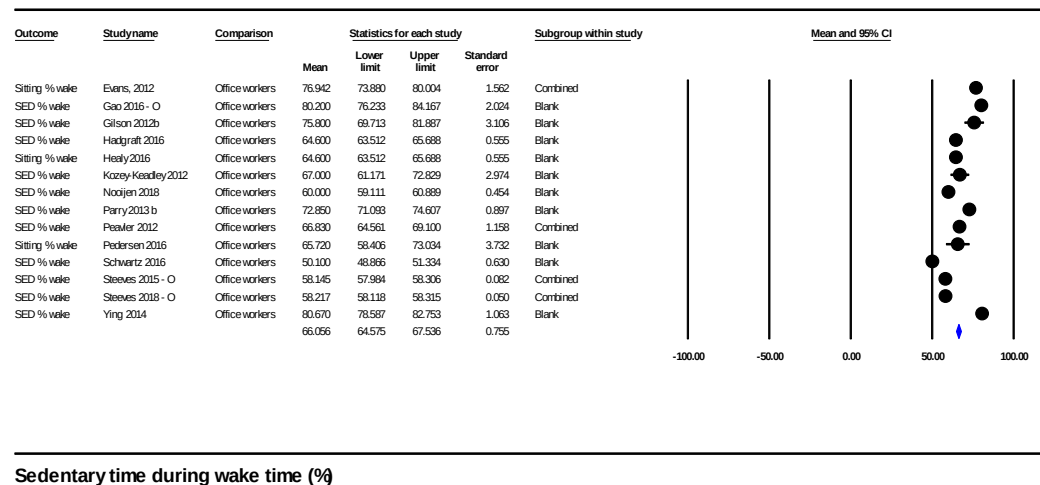


Sedentary time during wake time (%)

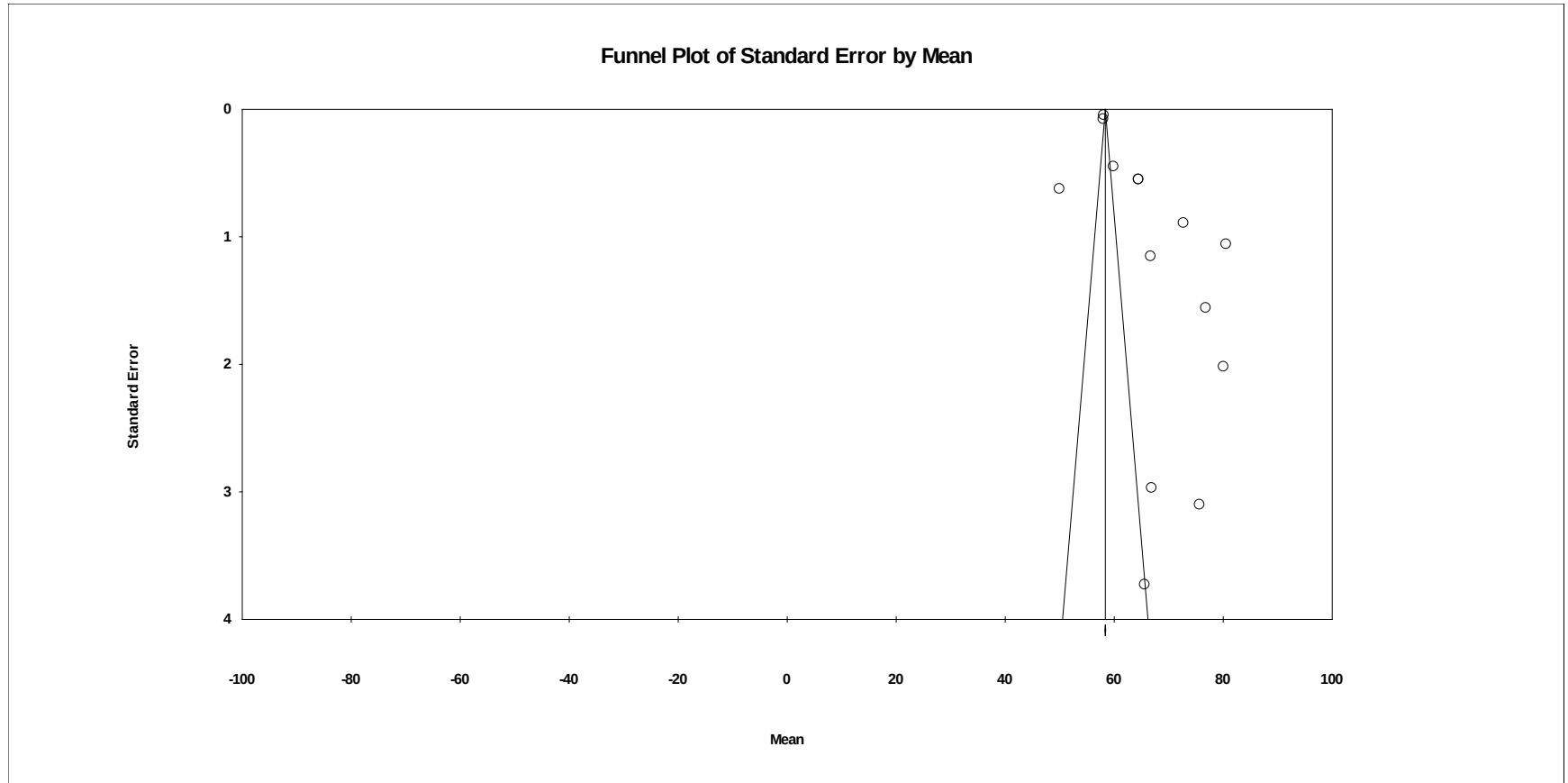
Supplemental figure 1i. Funnel plot for ST (%) during wake time across all occupations



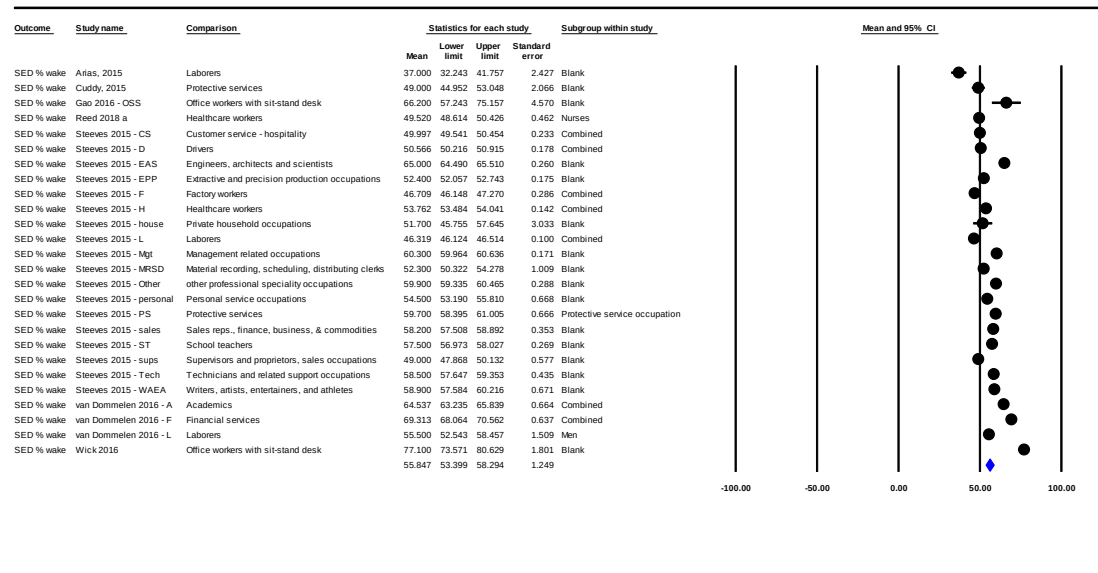
Supplemental figure 1j. Percentage of ST during wake time in office workers



Supplemental figure 1k. Funnel plot for ST (%) during wake time across office workers

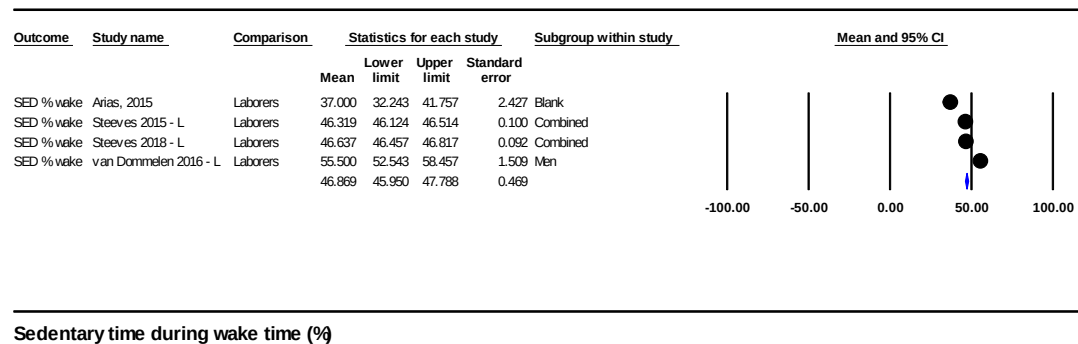


Supplemental figure 1l. Percentage of ST during wake time in all occupations except office workers

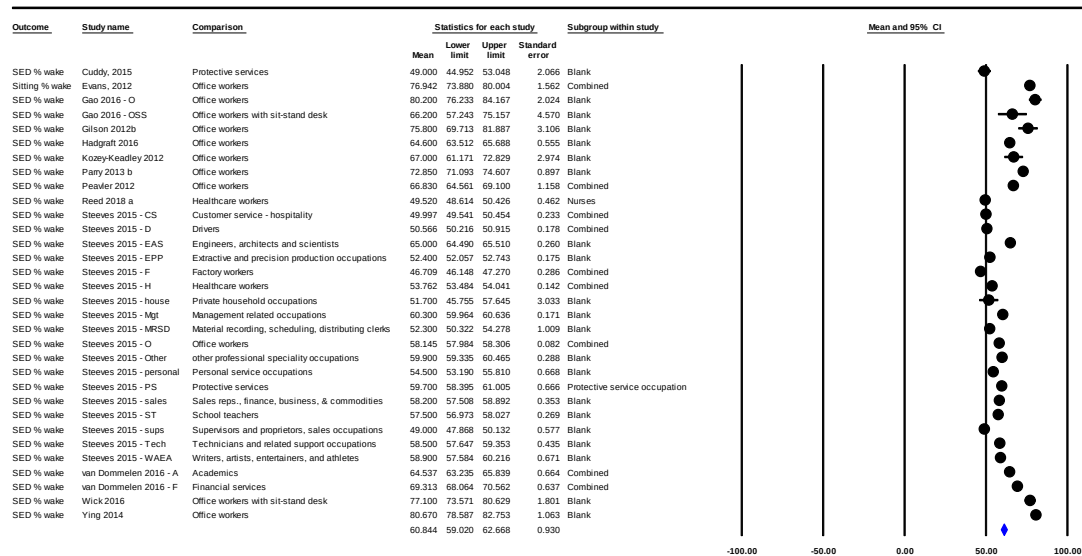


Sedentary time during wake time (%)

Supplemental figure 1m. Percentage of ST during wake time in laborers

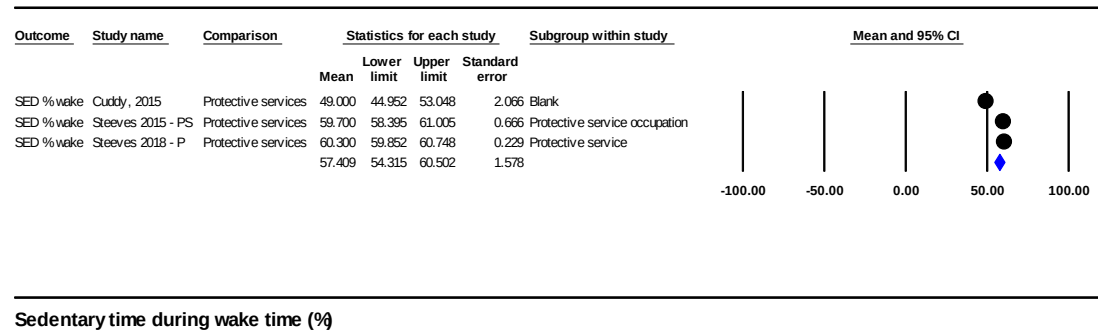


Supplemental figure 1n. Percentage of ST during wake time in all occupations except laborers

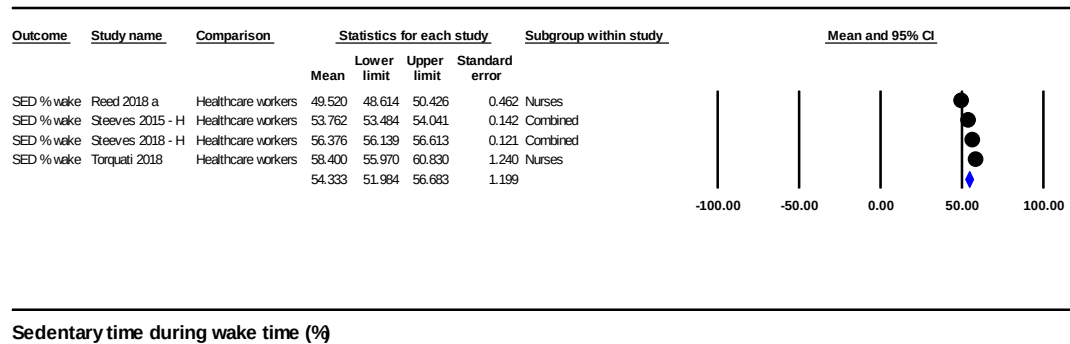


Sedentary time during wake time (%)

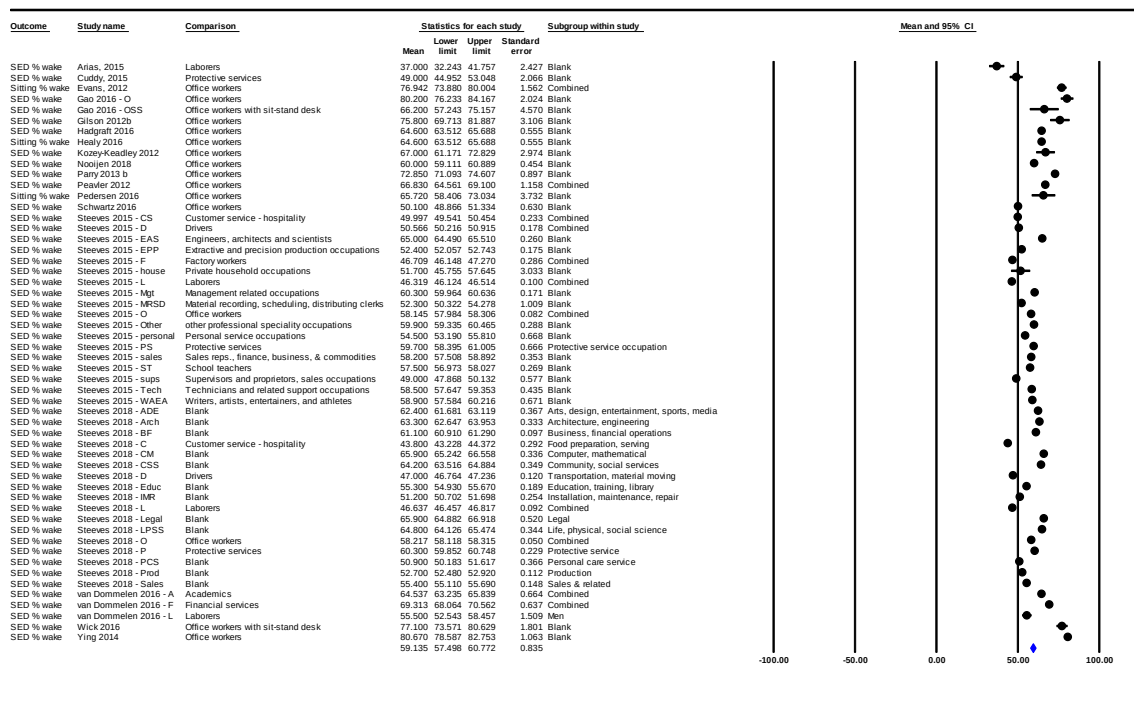
Supplemental figure 1o. Percentage of ST during wake time in protective services workers



Supplemental figure 1p. Percentage of ST during wake time in health care workers

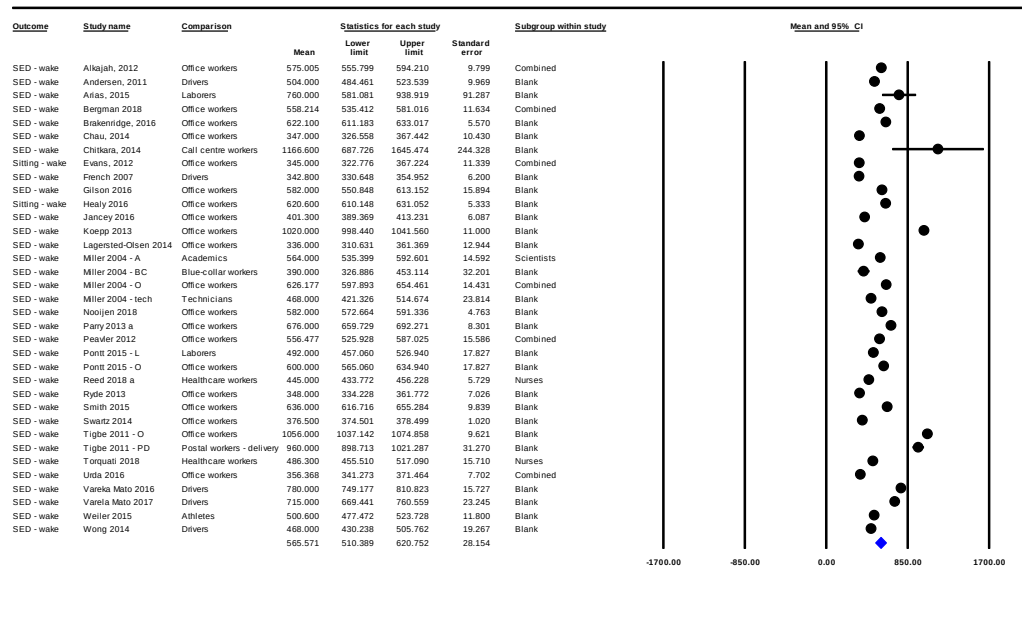


Supplemental figure 1q. Percentage of ST during wake time in all occupations except health care workers



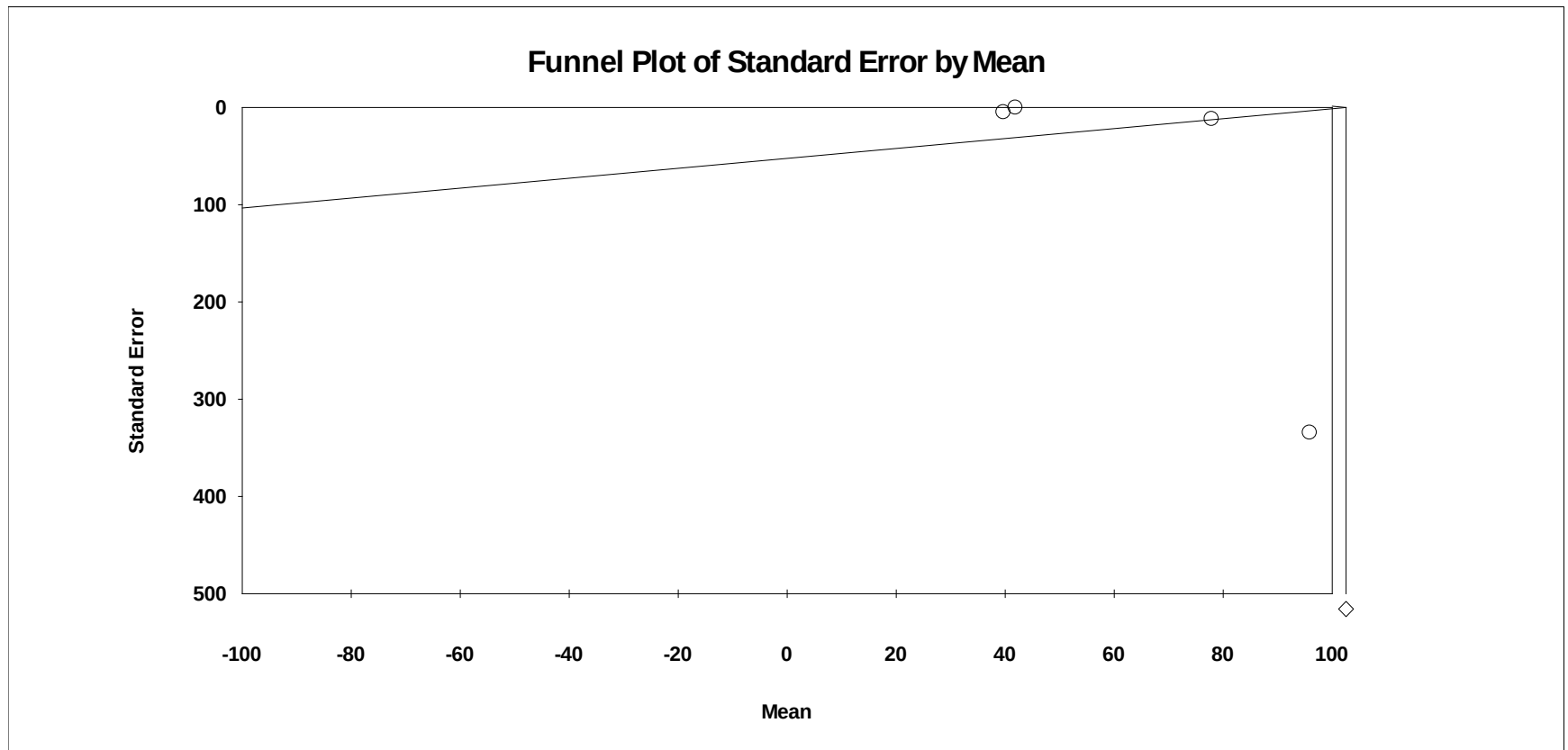
Sedentary time during wake time (%)

Supplemental figure 1r. ST, minutes/day during wake time across all occupations

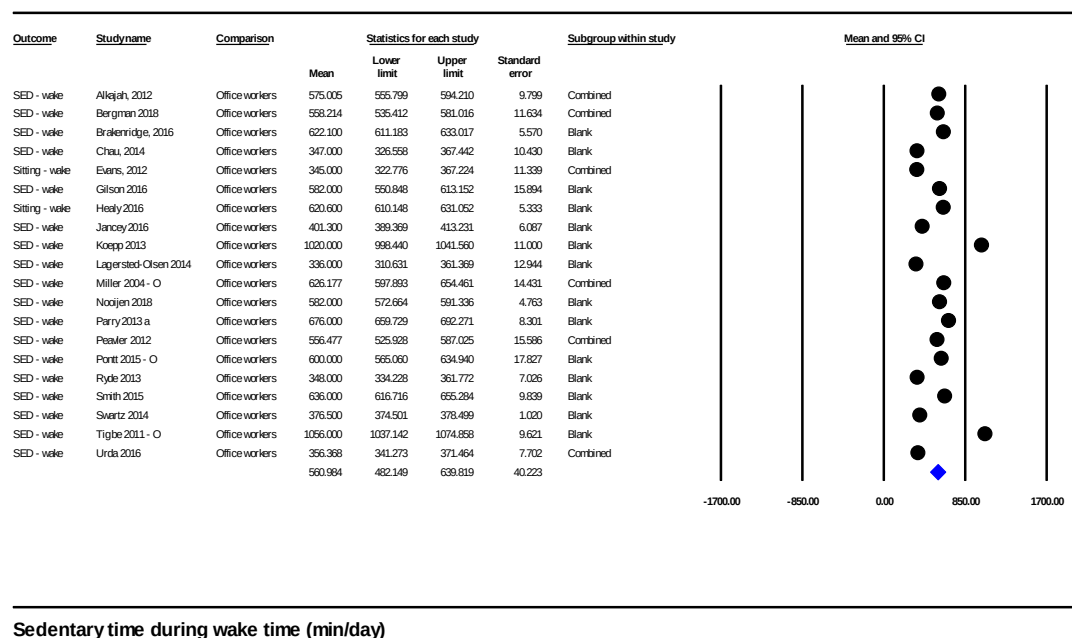


Sedentary time during wake time (min/day)

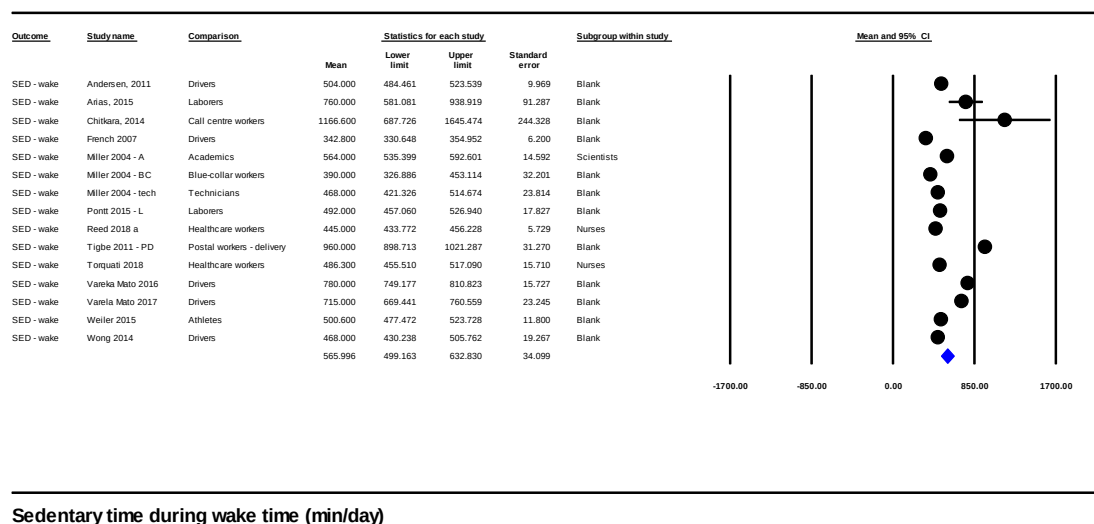
Supplemental figure 1s. Funnel plot for ST (min/day) at work across all occupations



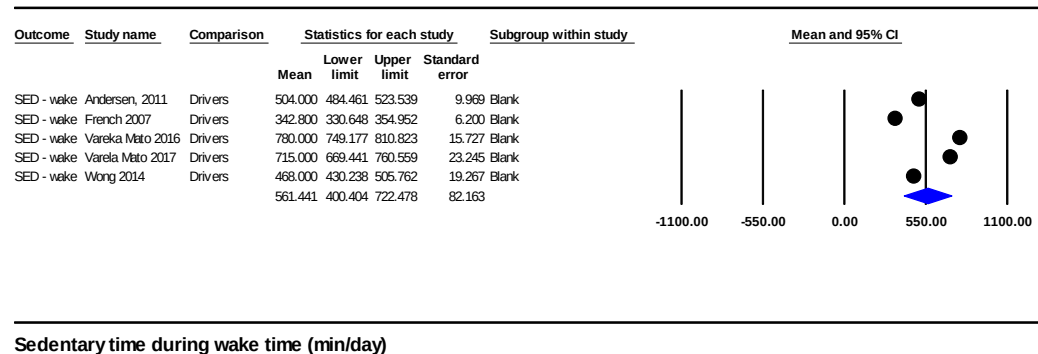
Supplemental figure 1t. ST, minutes/day during wake time across all office workers



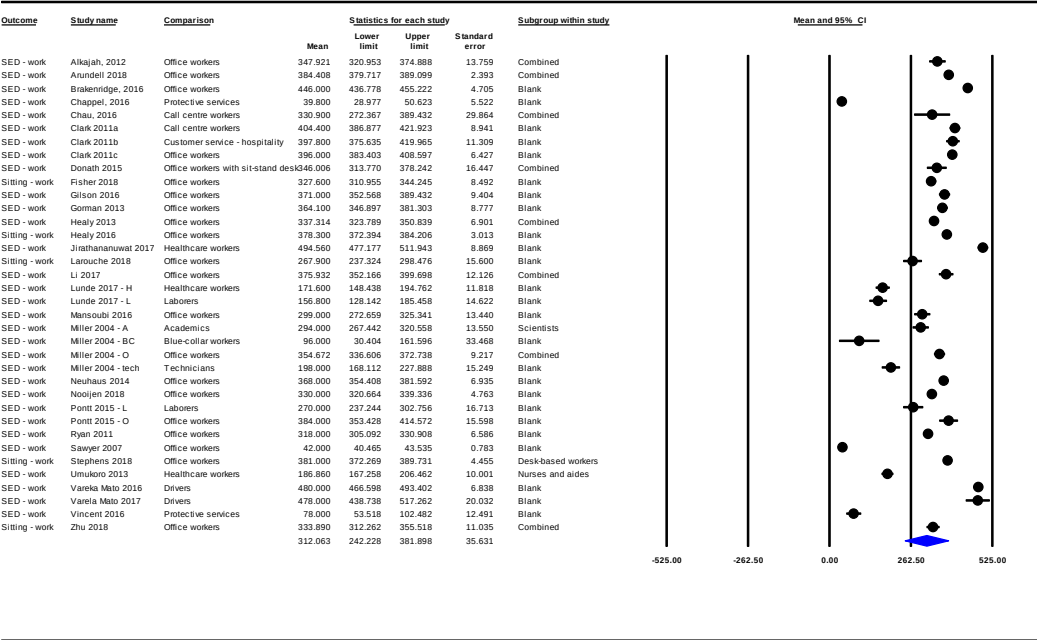
Supplemental figure 1u. ST, minutes/day during wake time across all occupations except office workers



Supplemental figure 1v. ST, minutes/day during wake time in drivers

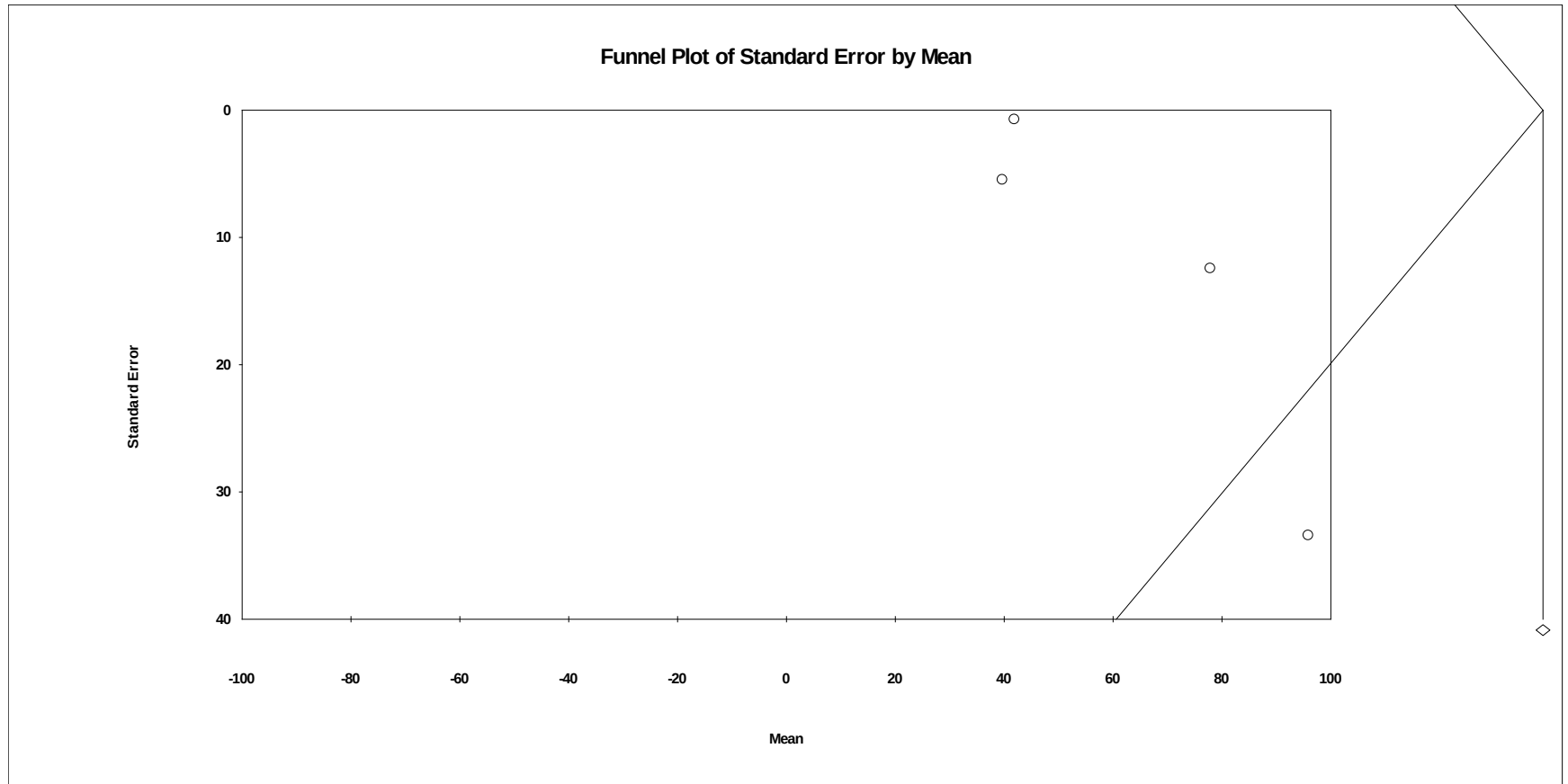


Supplemental figure 1w. ST, minutes/day during work time across all occupations

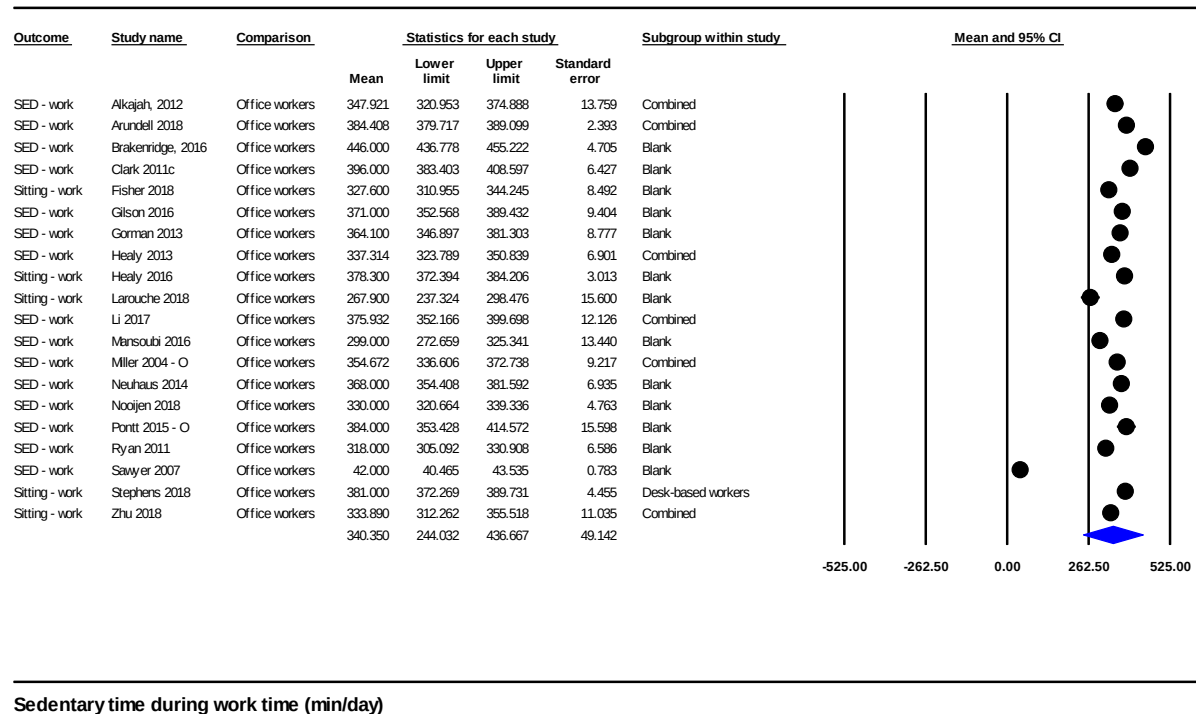


Sedentary time during work time (min/day)

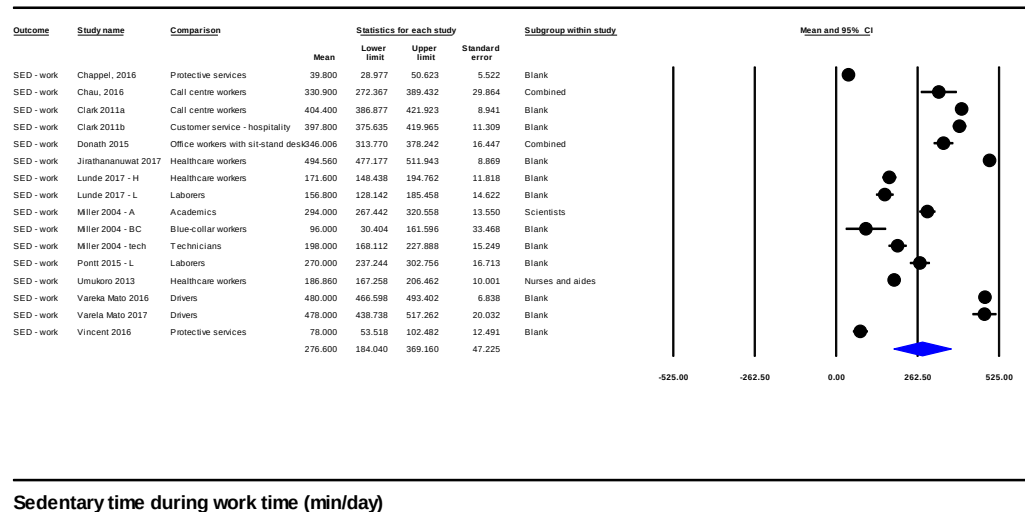
Supplemental figure 1x. Funnel plot for ST (min/day) during wake time in all occupations



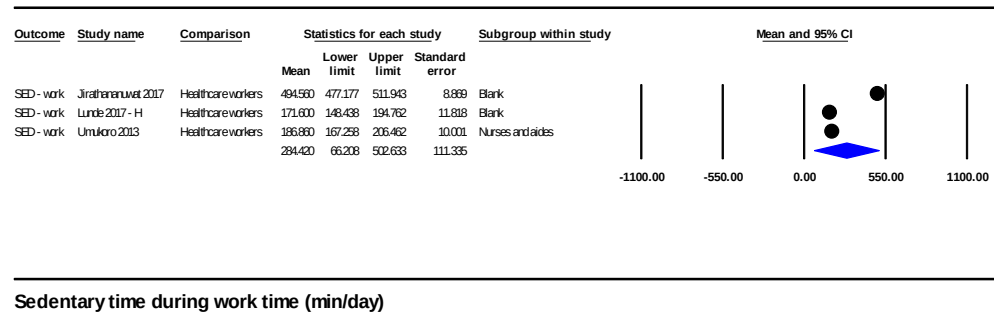
Supplemental figure 1y. ST, minutes/day during work time in office workers



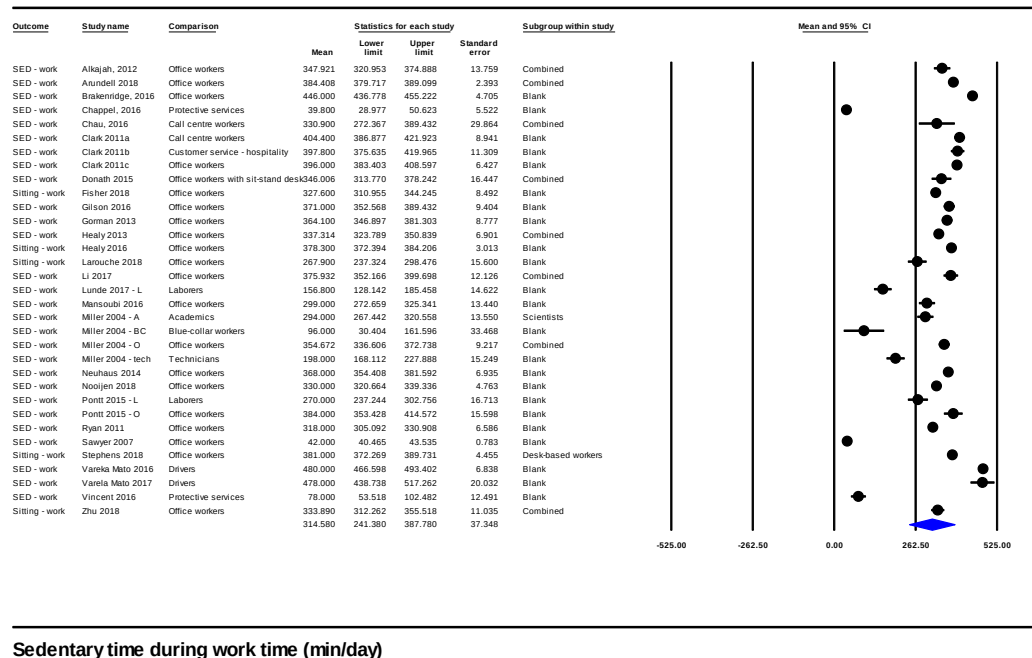
Supplemental figure 1z. ST, minutes/day during work time across all occupations except office workers



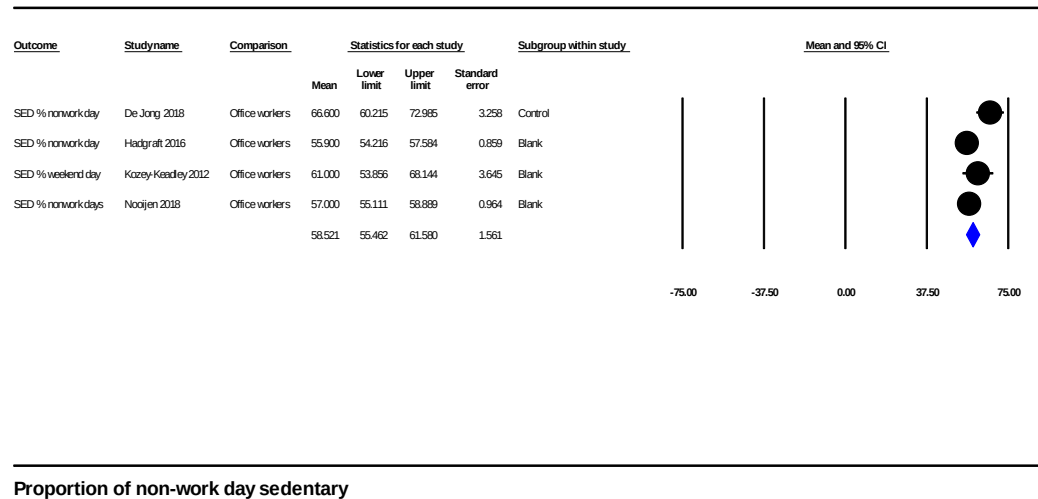
Supplemental figure 1aa. ST, minutes/day during work time across healthcare workers



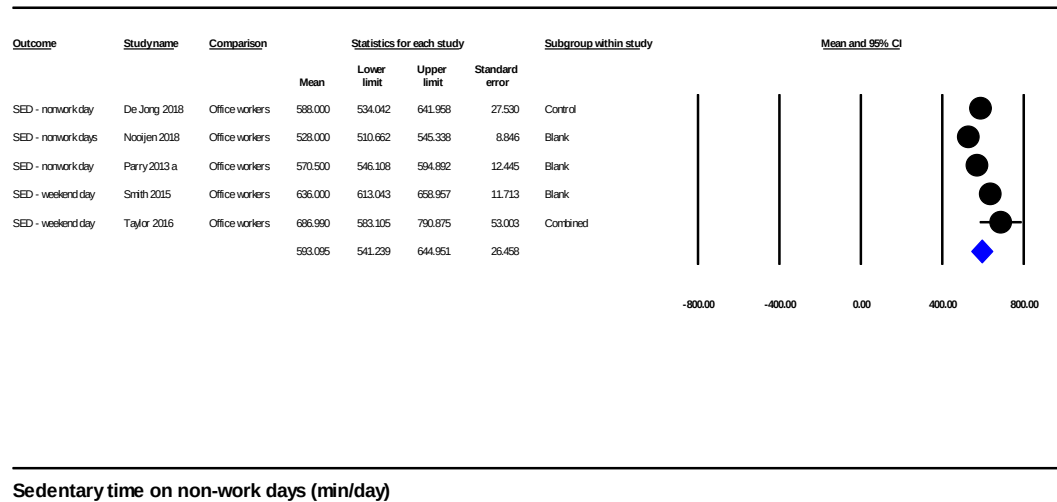
Supplemental figure 1bb. ST, minutes/day during work time in all occupations except healthcare workers



Supplemental figure 1cc. Percentage of non-work days spent in ST, in office workers



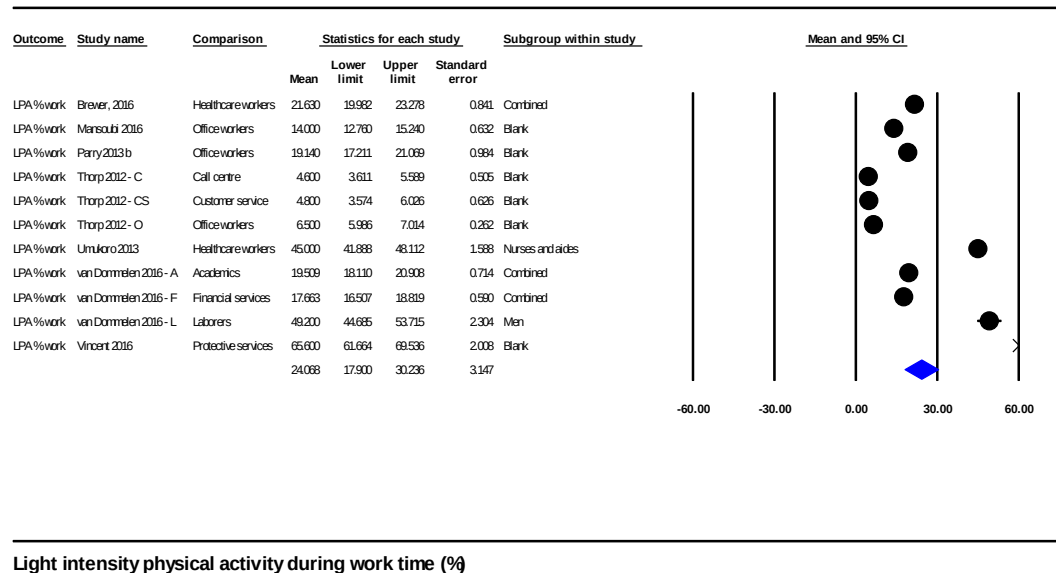
Supplemental figure 1dd. ST, minutes/day during non-work days in office workers



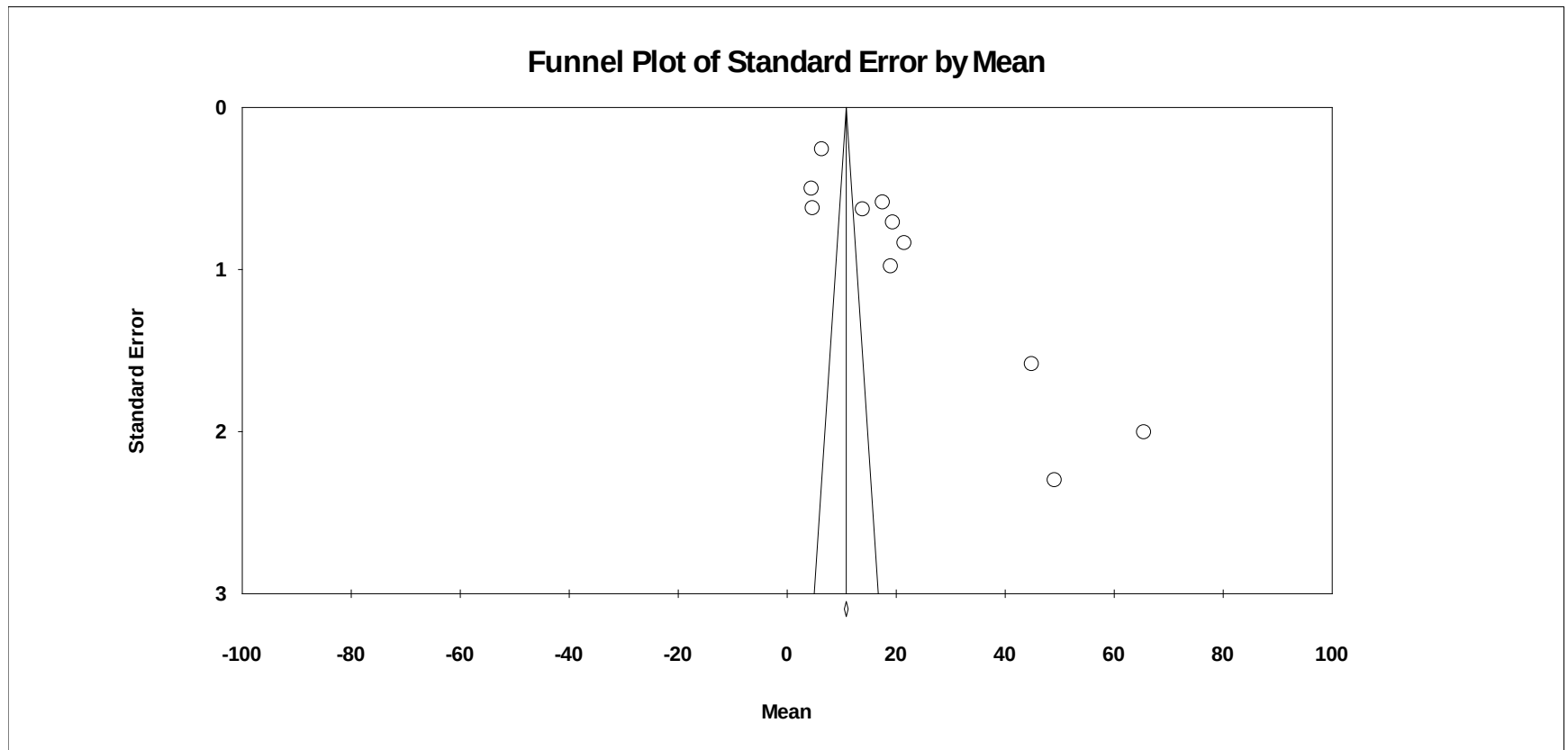
Supplemental figures 2a-t

Light intensity physical activity (LPA)

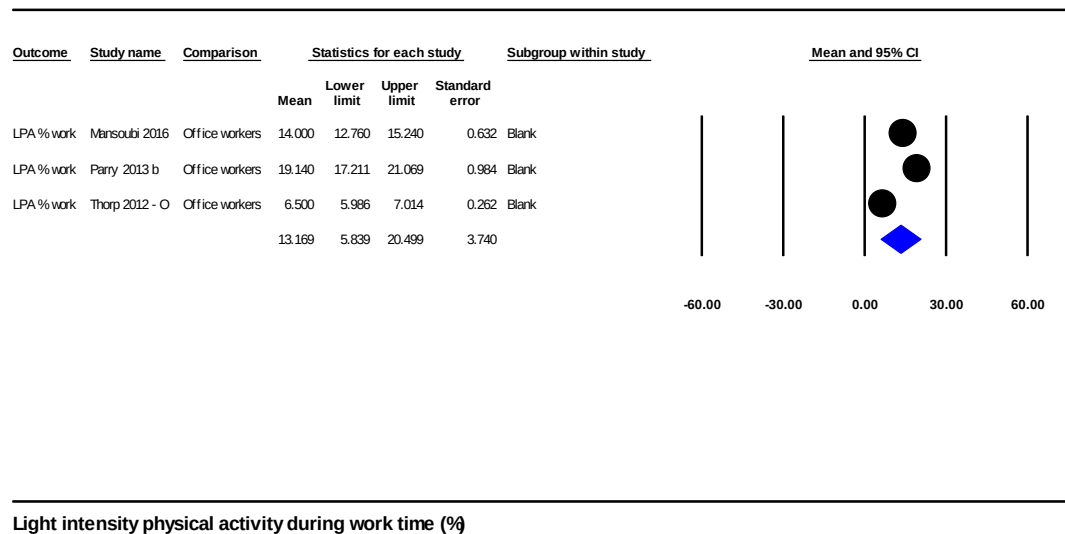
Supplemental figure 2a. Percentage of time in LPA at work across all occupations



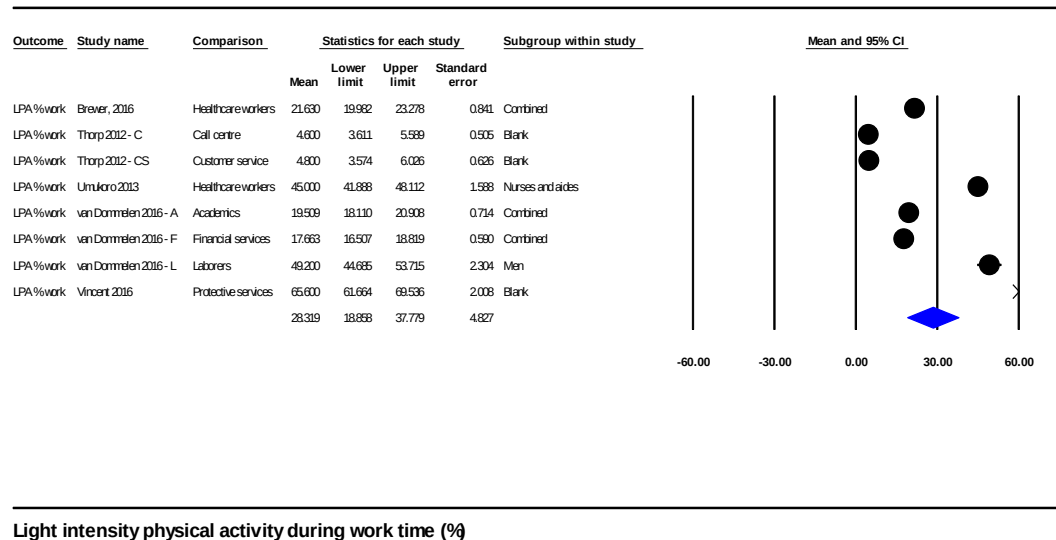
Supplemental figure 2b. Funnel plot for LPA (%) at work across all occupations



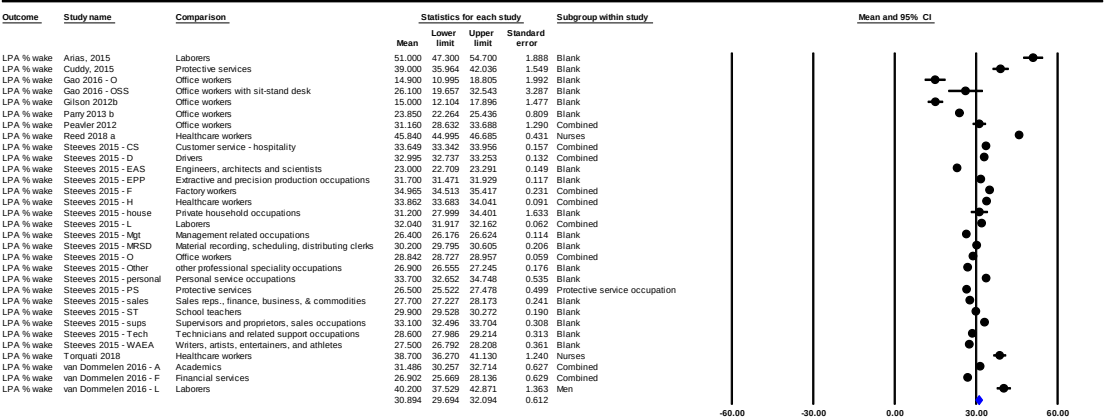
Supplemental figure 2c. Percentage of time in LPA during work in office workers



Supplemental figure 2d. Percentage of time in LPA at work in all occupations except office workers

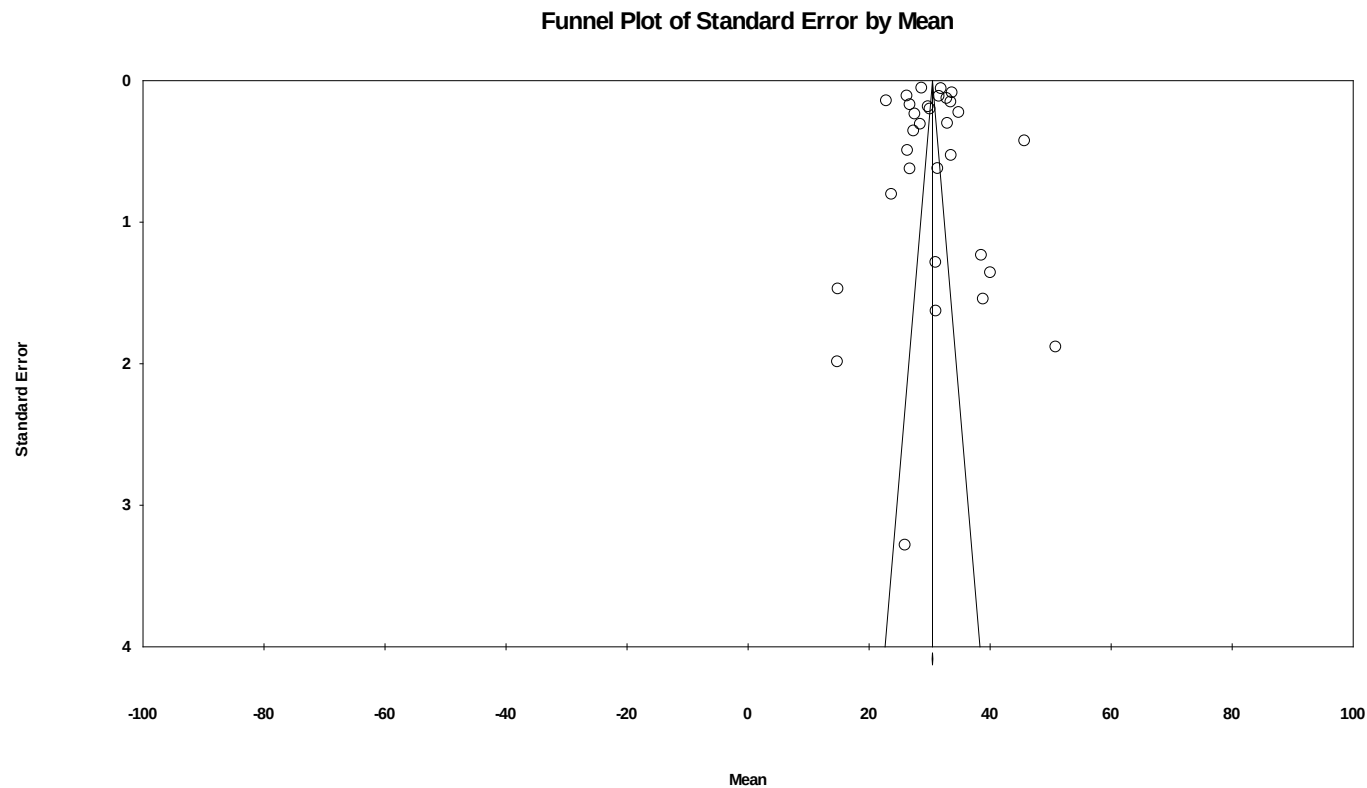


Supplemental figure 2e. Percentage of time in LPA during wake time across all occupations

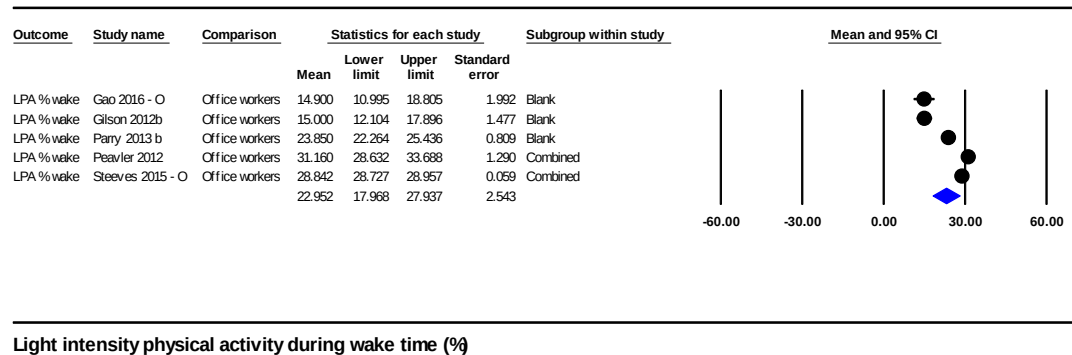


Sedentary time during work time (min/day)

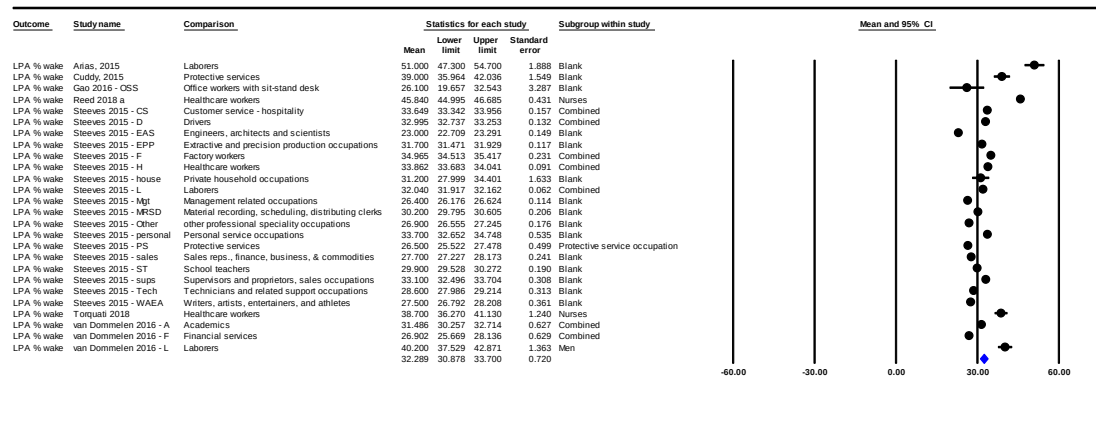
Supplemental figure 2f. Funnel plot for LPA (%) during wake time in all occupations



Supplemental figure 2g. Percentage of time in LPA during wake time in office workers

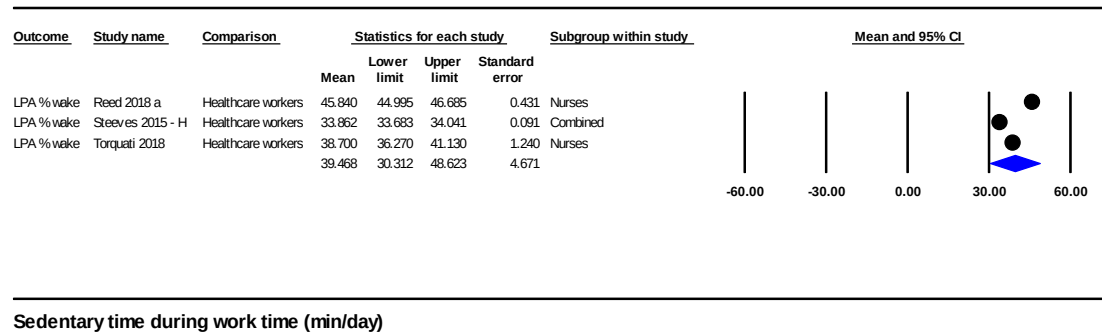


Supplemental figure 2h. Percentage of time in LPA during wake time in all occupations except office workers

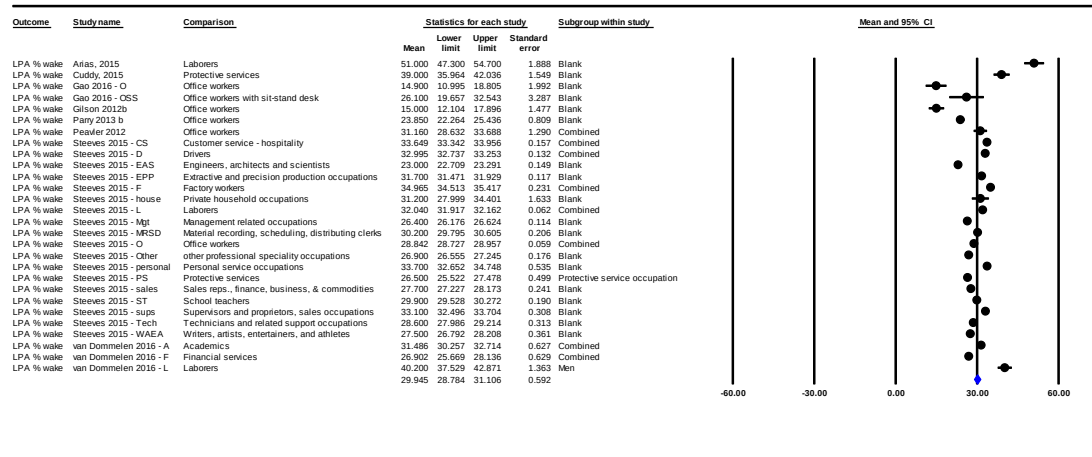


Light intensity physical activity during wake time (%)

Supplemental figure 2i. Percentage of time in LPA during wake time in healthcare workers

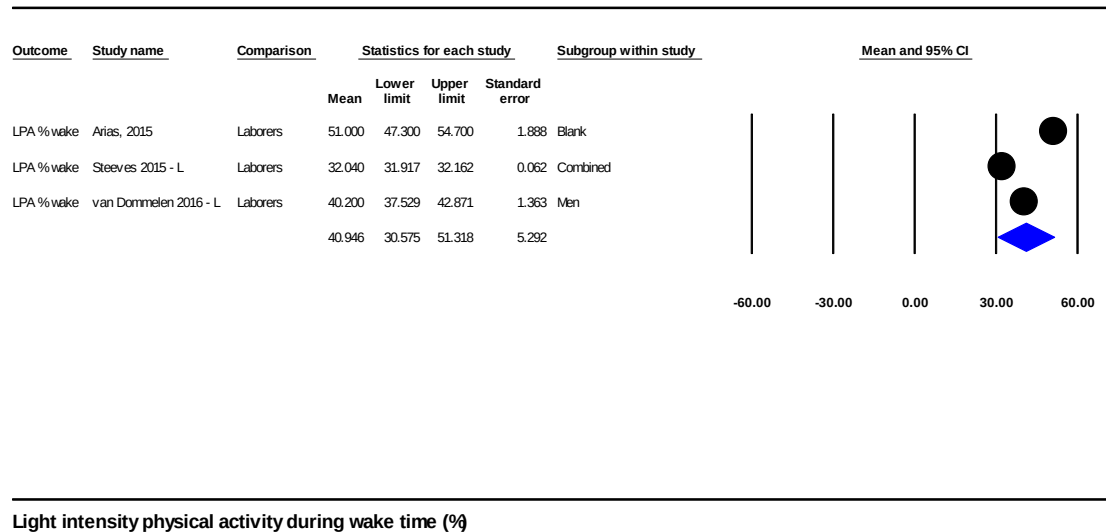


Supplemental figure 2j. Percentage of time in LPA during wake time in all occupations except healthcare workers

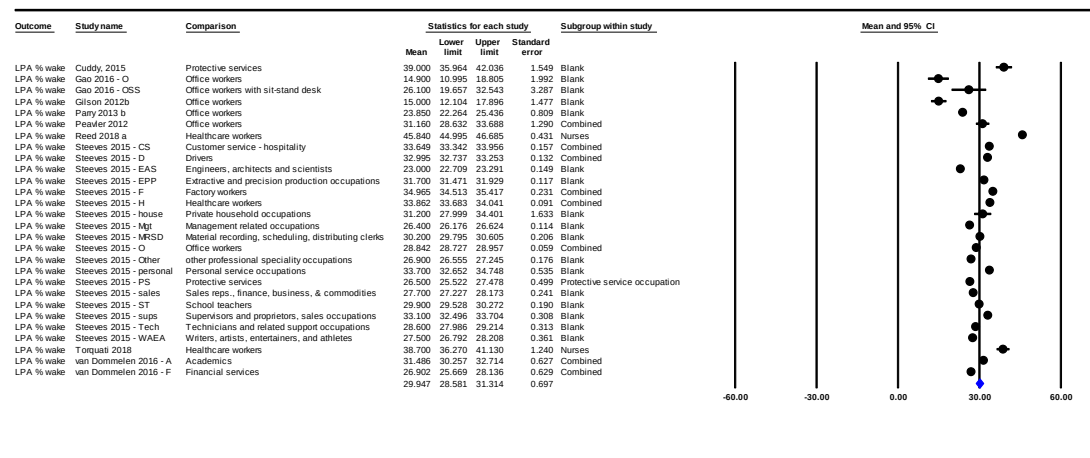


Light intensity physical activity during wake time (%)

Supplemental figure 2k. Percentage of time in LPA during wake time in laborers

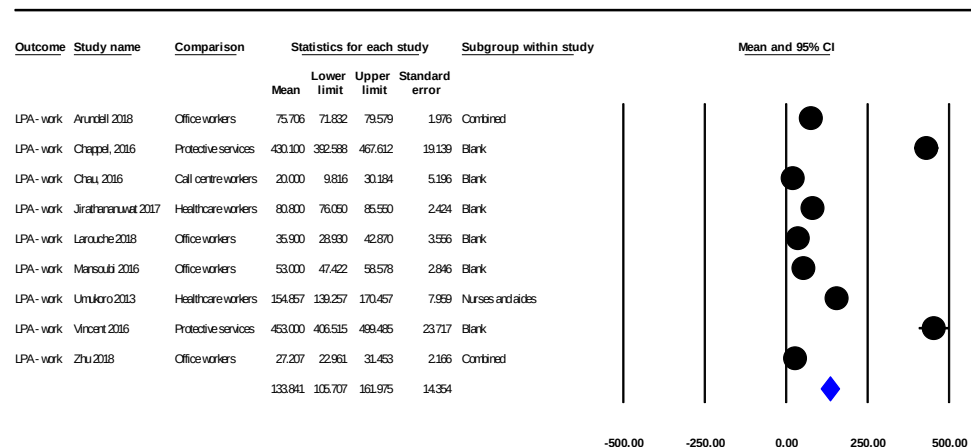


Supplemental figure 2l. Percentage of time in LPA during wake time in all occupations except laborers



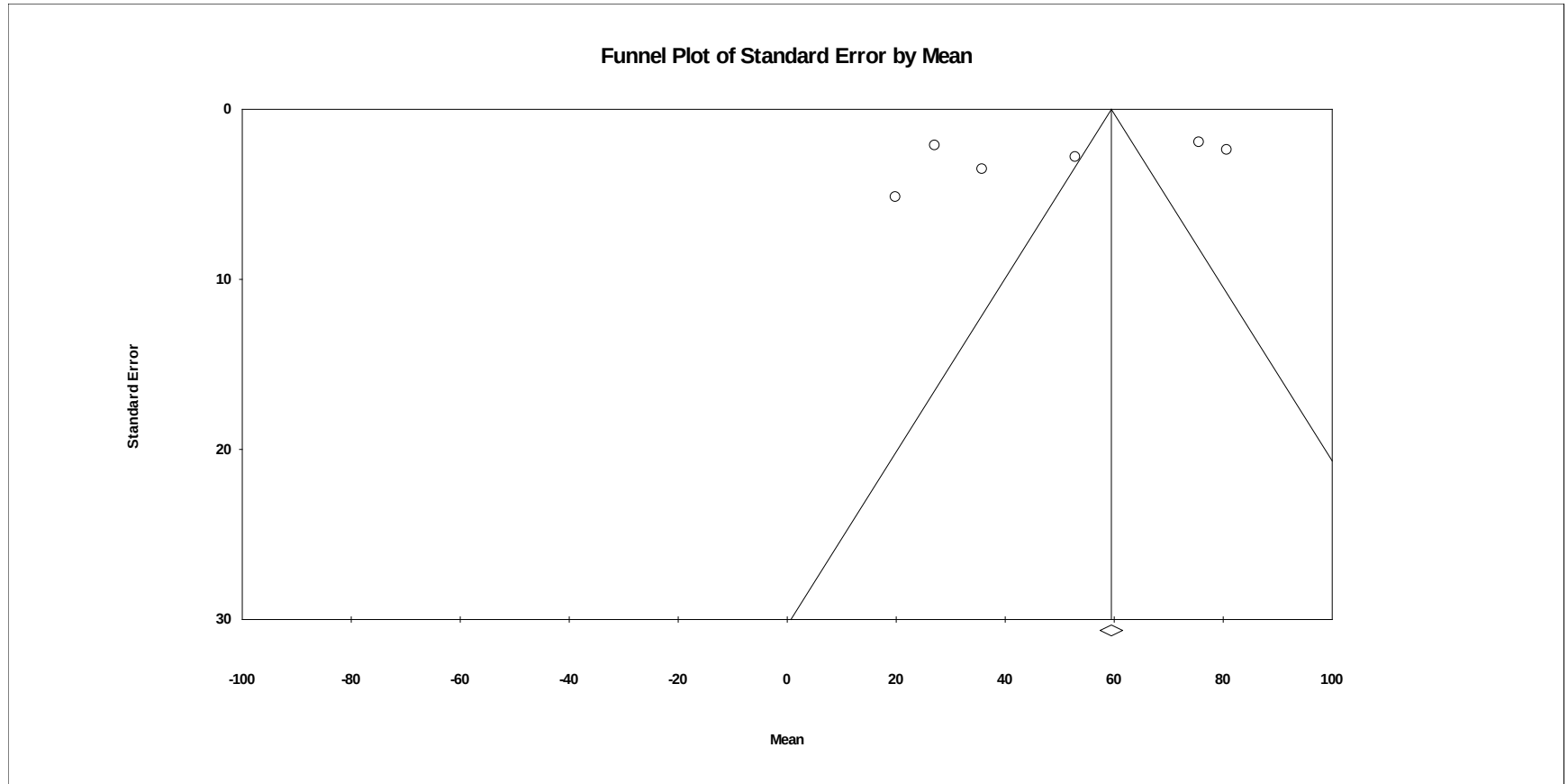
Sedentary time during work time (min/day)

Supplemental figure 2m. LPA, minutes/day at work across all occupations

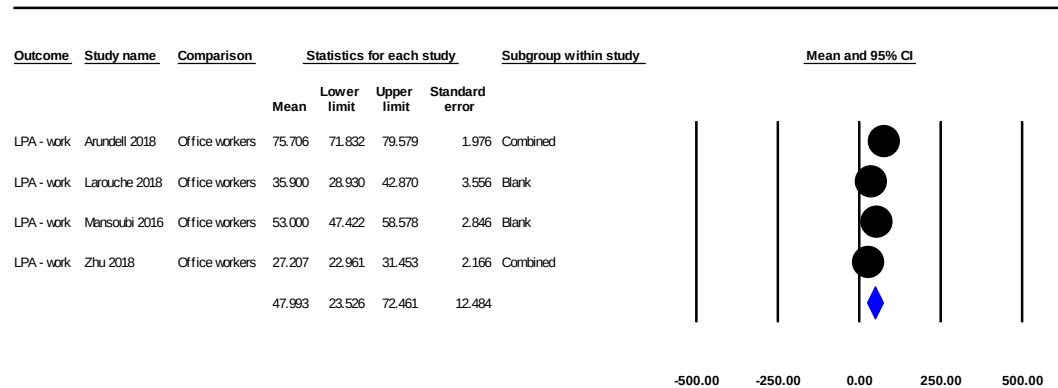


Light intensity physical activity during work time (min/day)

Supplemental figure 2n. Funnel plot for LPA min/day at work across all occupations

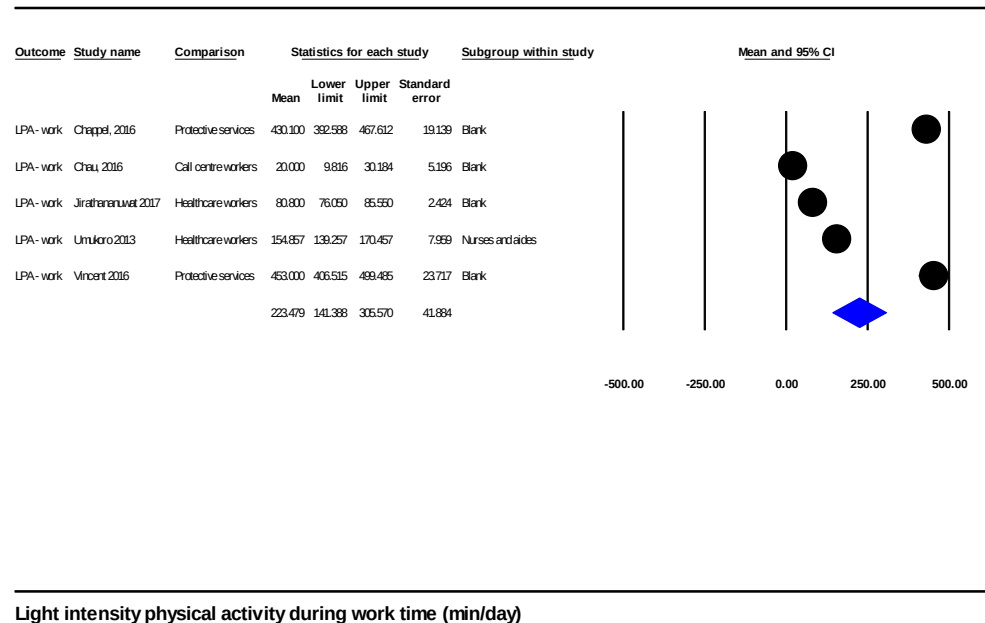


Supplemental figure 2o. LPA, minutes/day at work across office workers

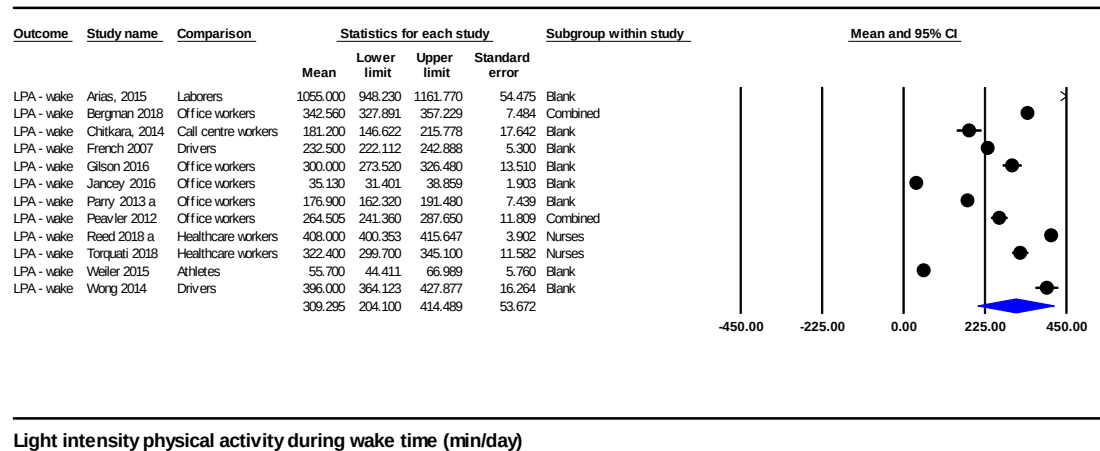


Light intensity physical activity during work time (min/day)

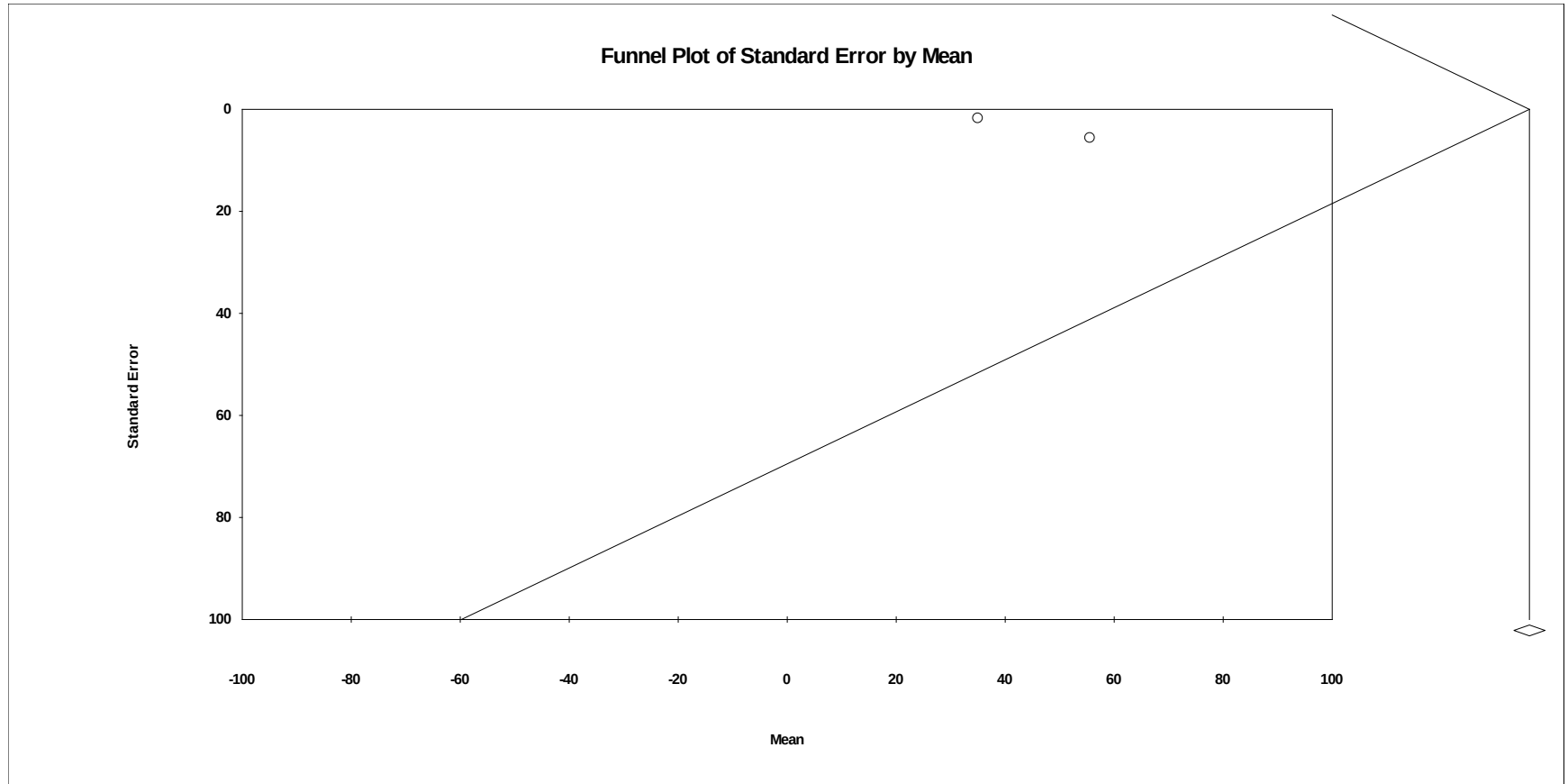
Supplemental figure 2p. LPA, minutes/day at work across all occupations except office workers



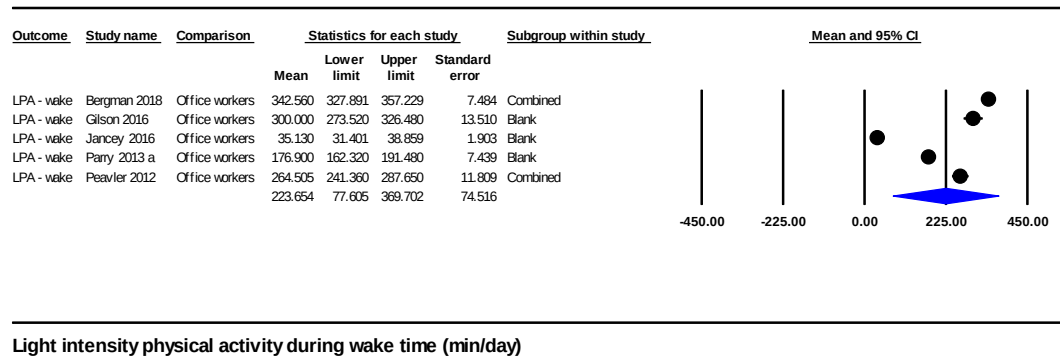
Supplemental figure 2q. LPA, minutes/day during wake time across all occupations



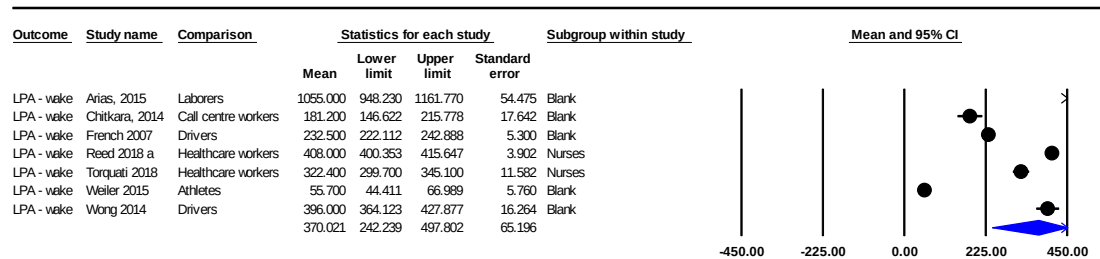
Supplemental figure 2r. Funnel plot for LPA min/day during wake time across all occupations



Supplemental figure 2s. LPA, minutes/day during wake time in office workers



Supplemental figure 2t. LPA, minutes/day during wake time in all workers except office workers

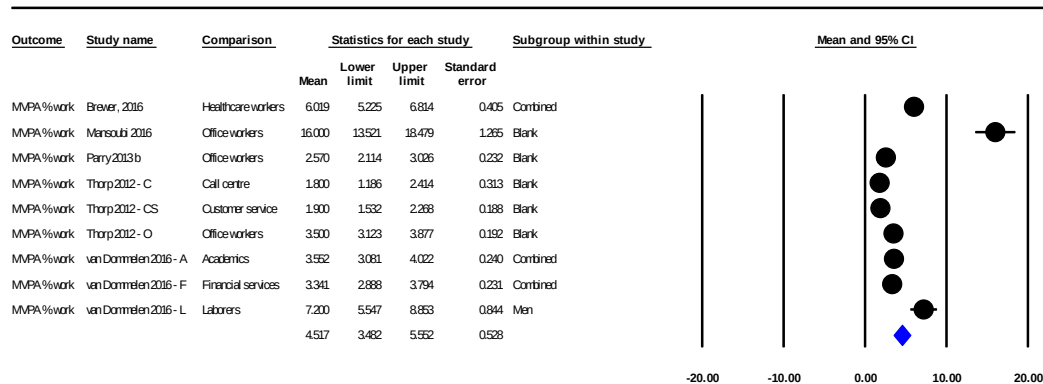


Light intensity physical activity during wake time (min/day)

Supplemental figures 3a-j

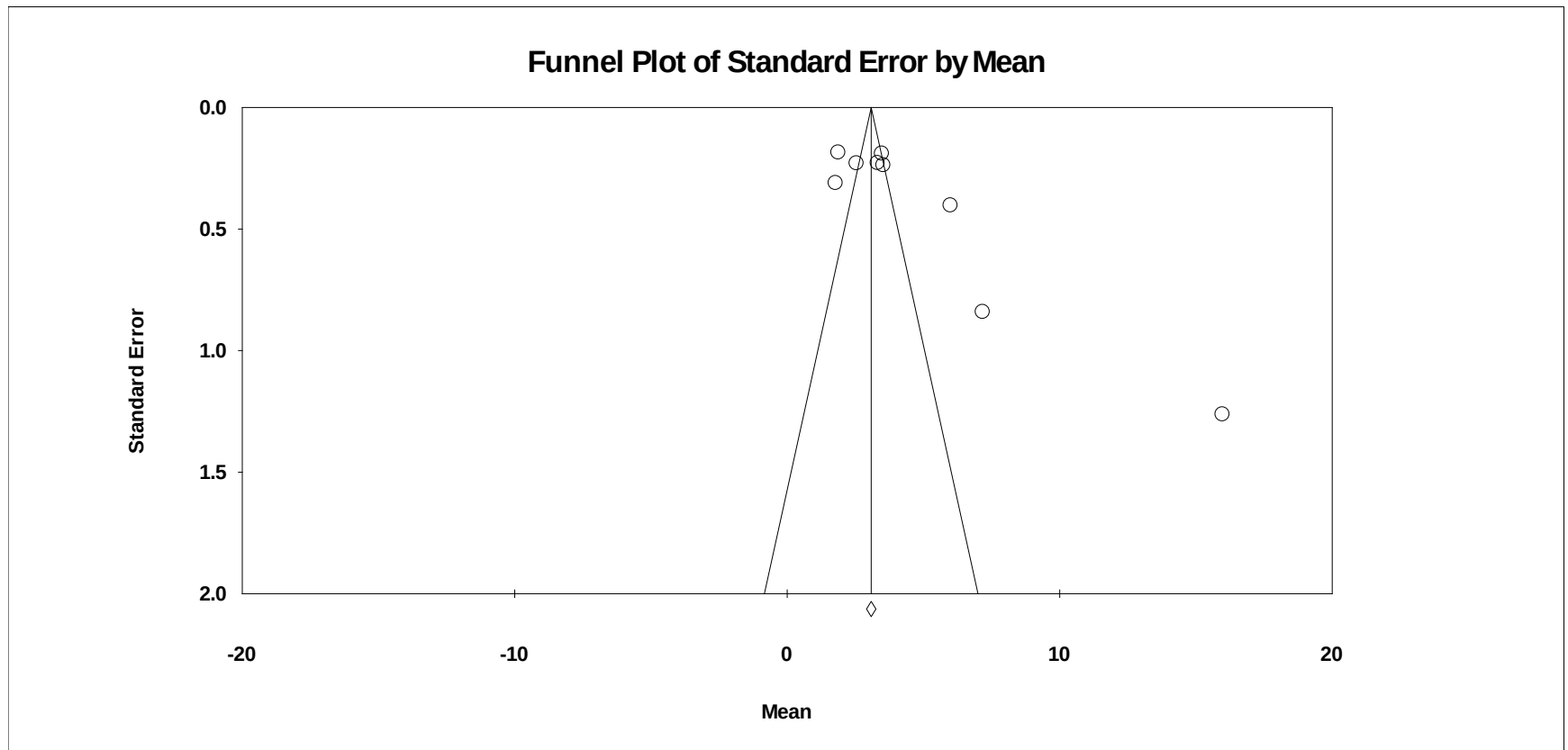
Moderate-to-vigorous intensity
physical activity (MVPA)

Supplemental figure 3a. Percentage of time in MVPA at work across all occupations

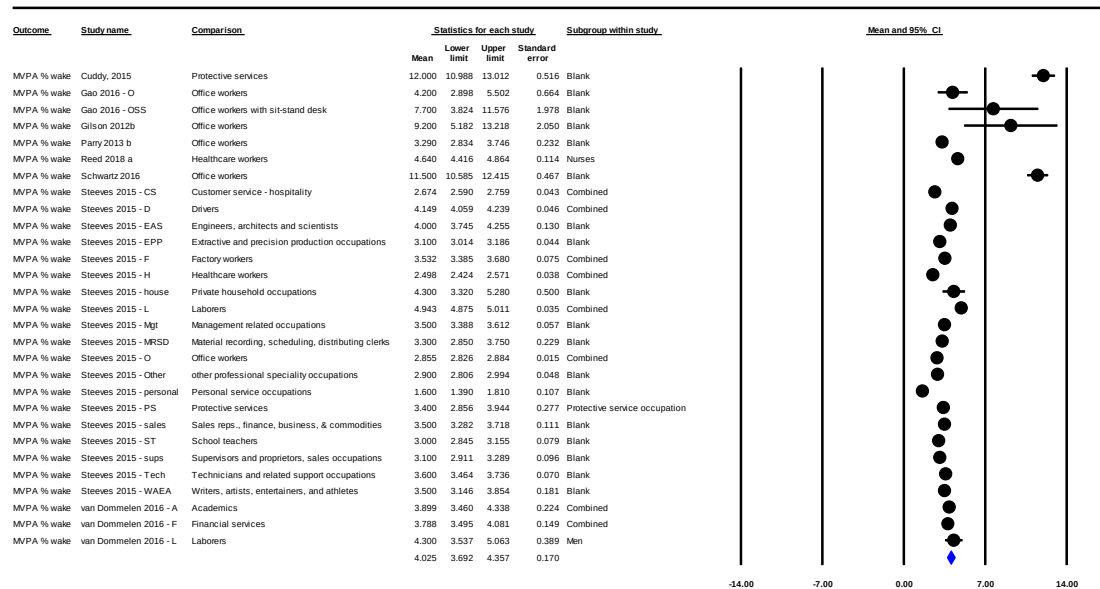


MVPA during work time (%)

Supplemental figure 3b. Funnel plot for MVPA (%) at work across all occupations

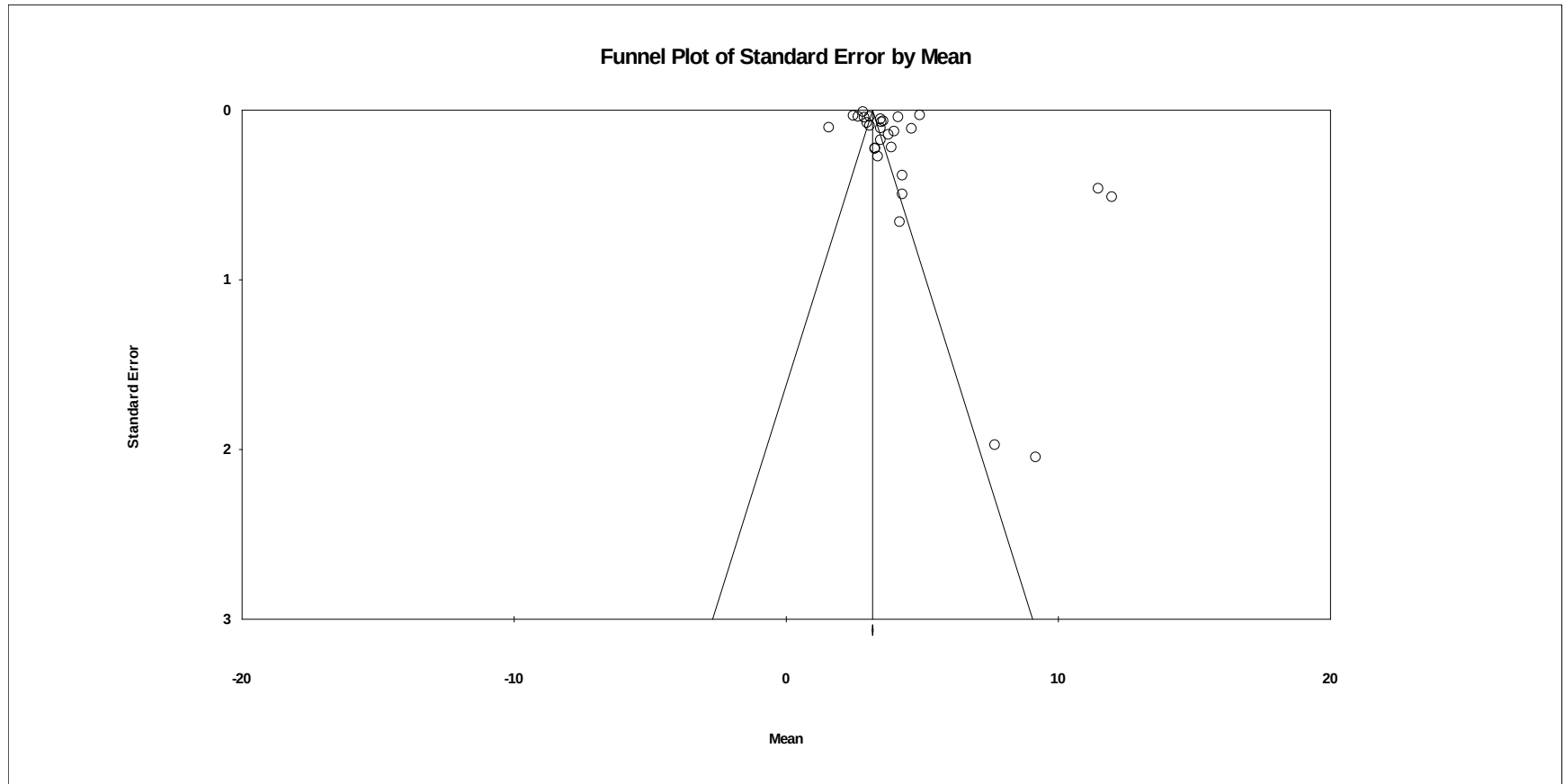


Supplemental figure 3c. Percentage of time in MVPA during wake time across all occupations

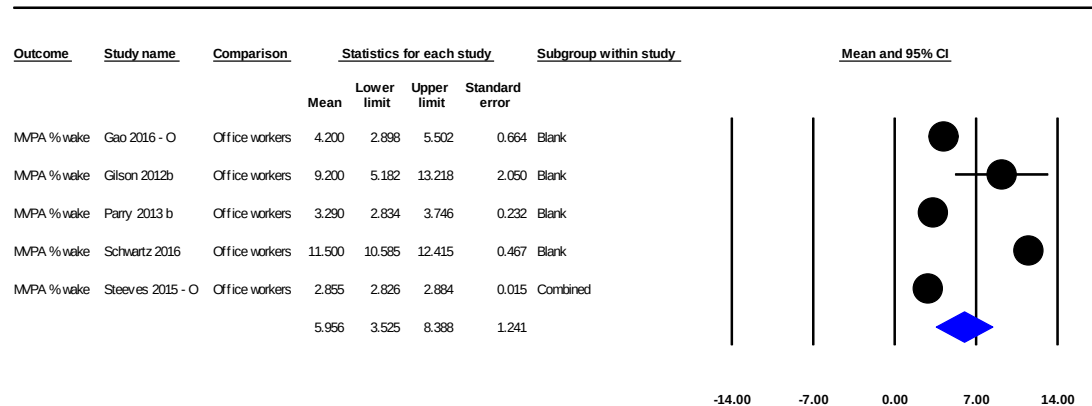


MVPA during wake time (%)

Supplemental figure 3d. Funnel plot for MVPA (%) during wake time across all occupations

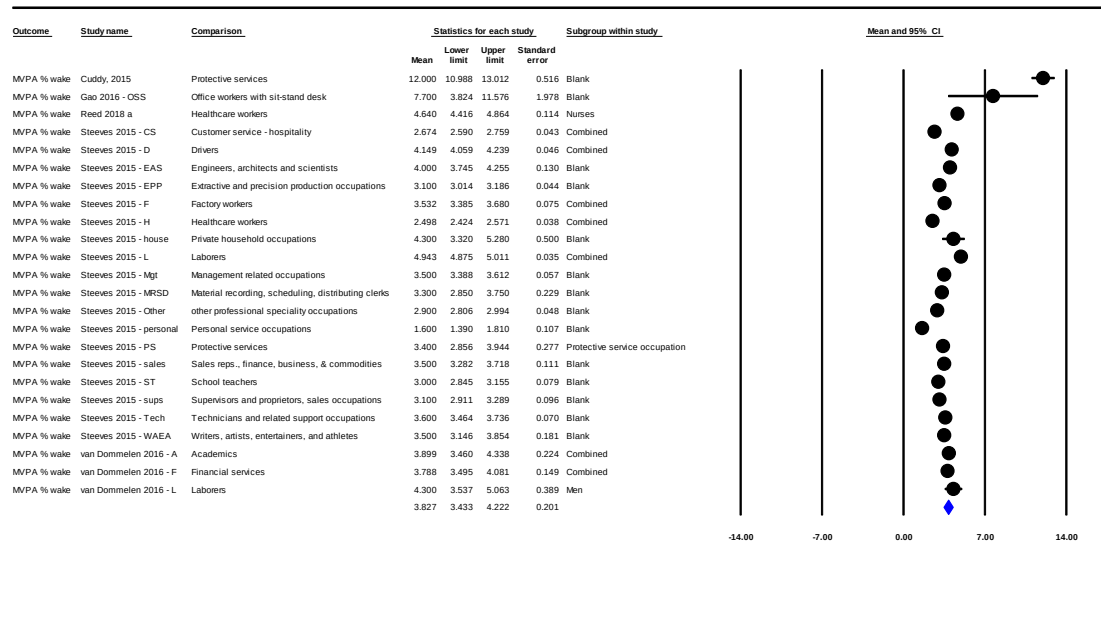


Supplemental figure 3e. Percentage of time in MVPA during wake time across all office workers



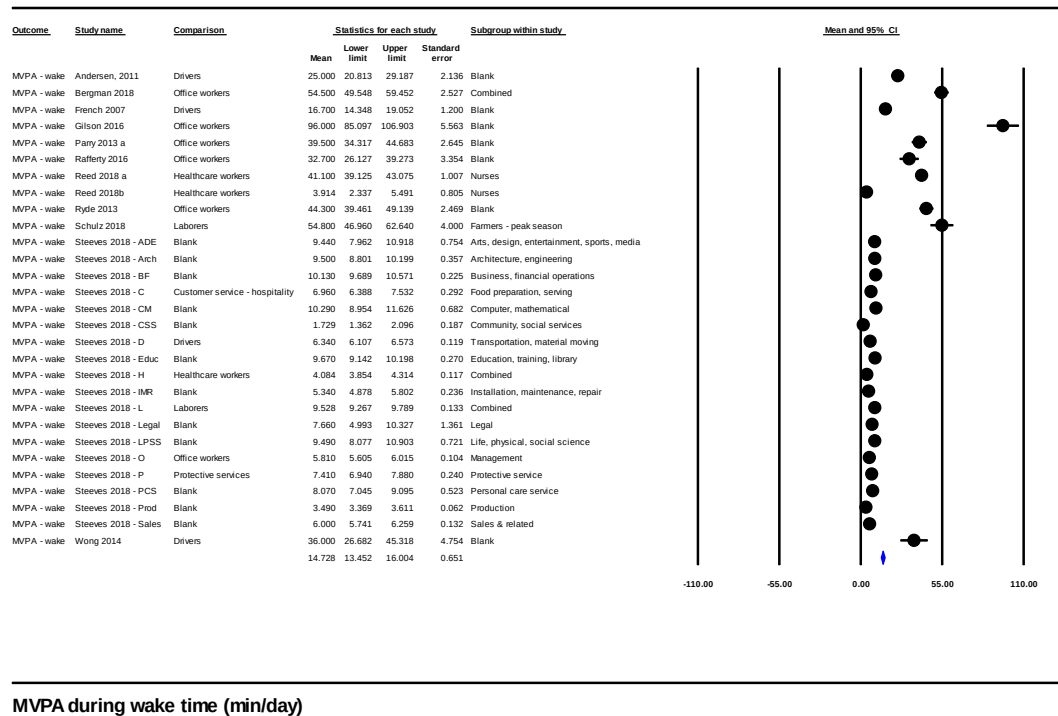
MVPA during wake time (%)

Supplemental figure 3f. Percentage of time in MVPA during wake time across all occupations except office workers

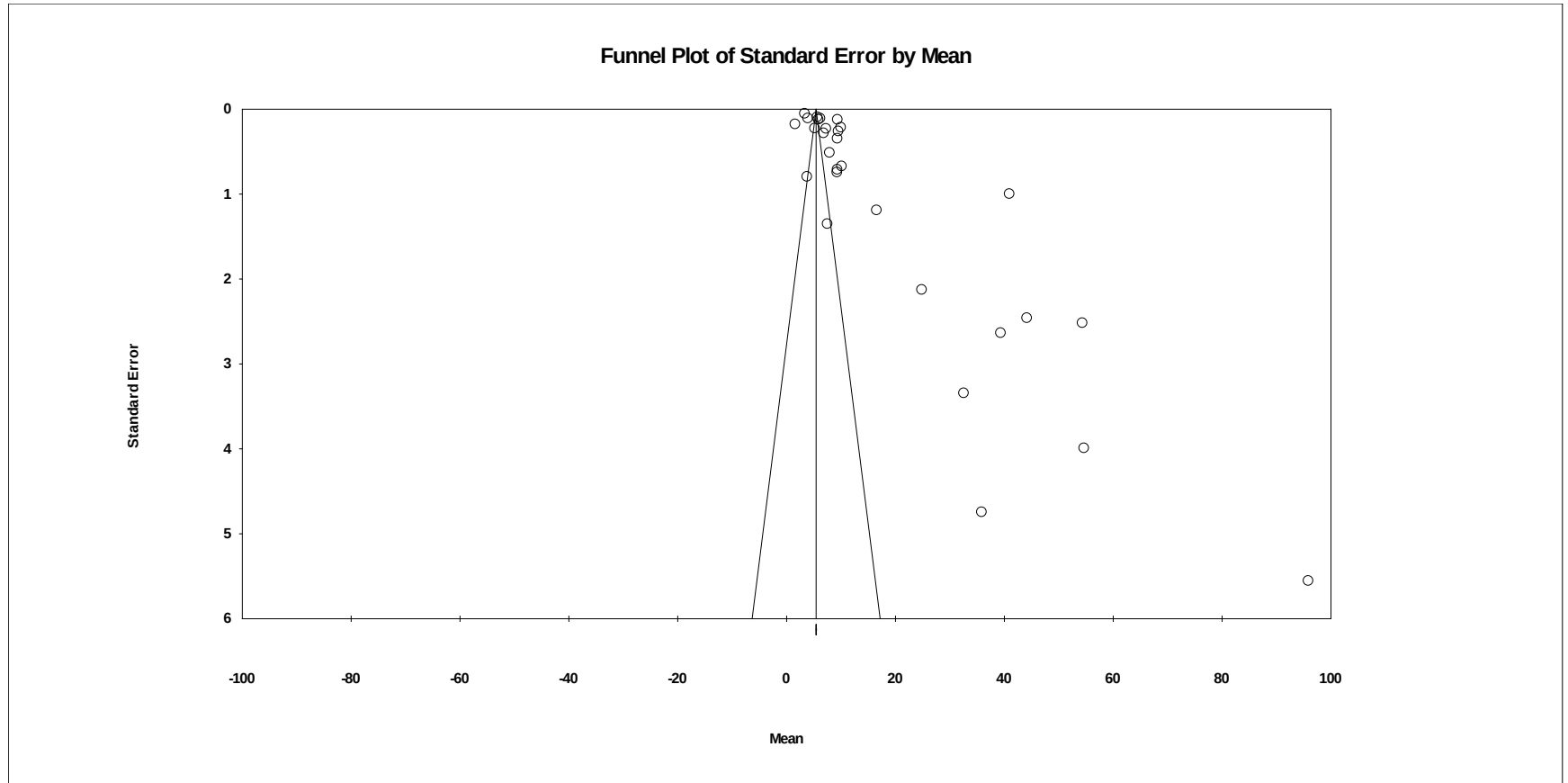


MVPA during wake time (%)

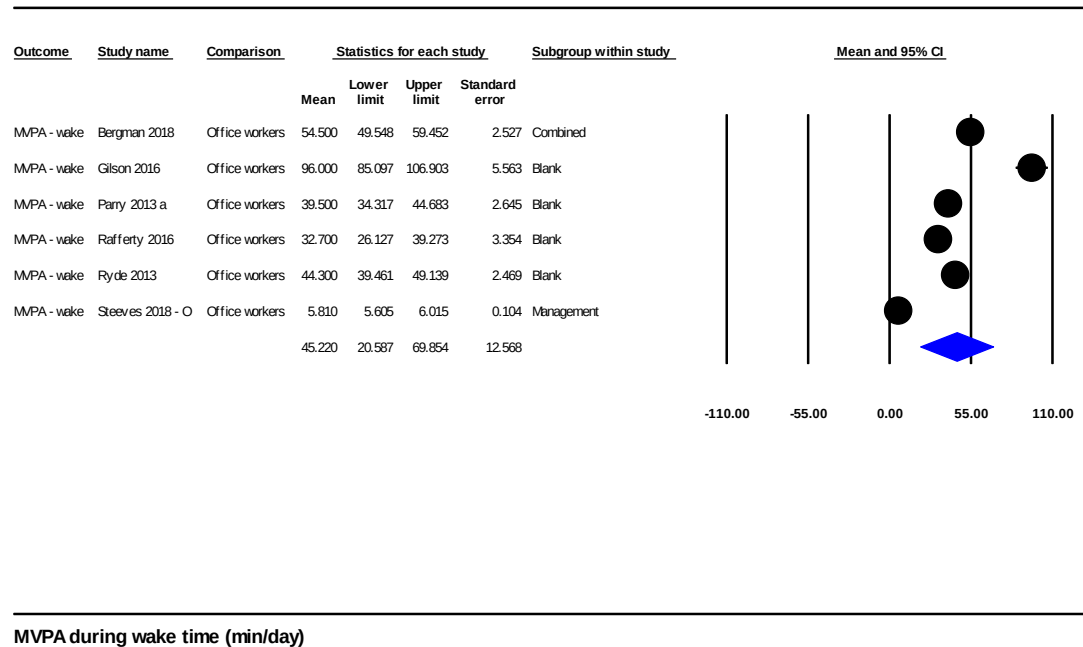
Supplemental figure 3g. Minuets/day of MVPA during wake time across all occupations



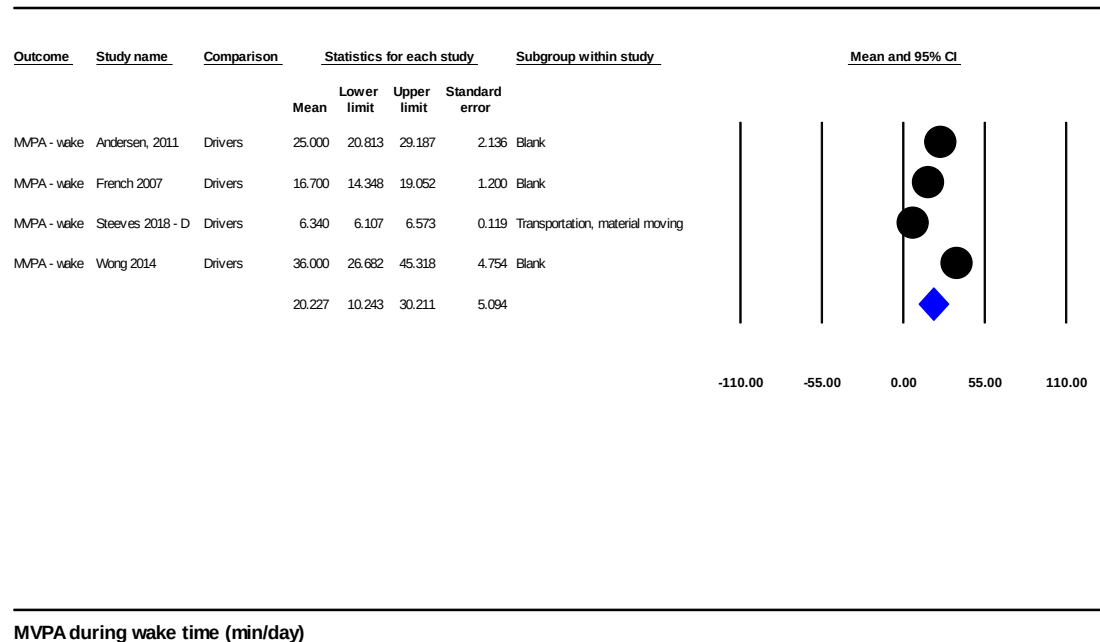
Supplemental figure 3h. Funnel plot for MVPA (min/day) during wake time across all occupations



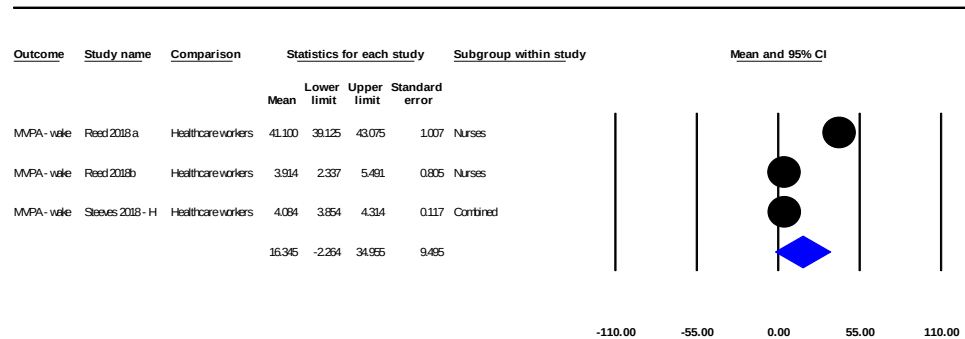
Supplemental figure 3g. Minutes/day of MVPA during wake time across in office workers



Supplemental figure 3h. Minutes/day of MVPA during wake time across in drivers

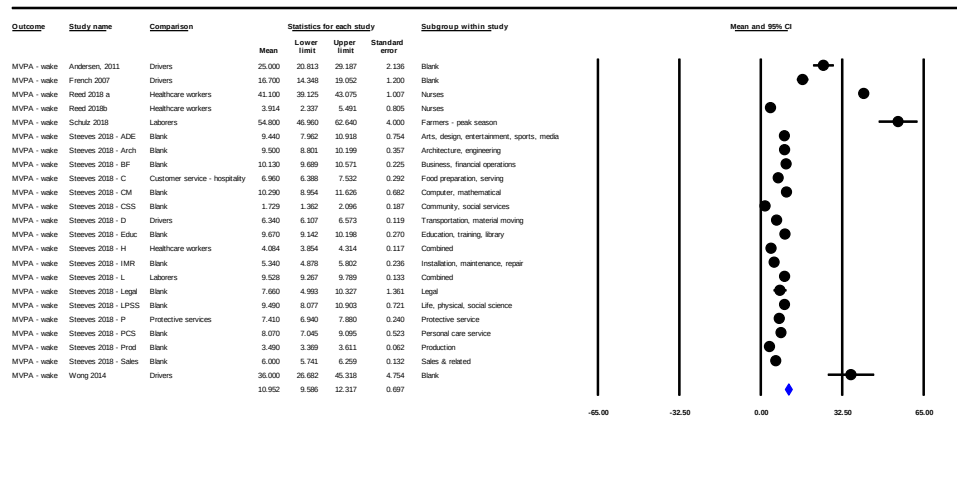


Supplemental figure 3h. Minutes/day of MVPA during wake time in healthcare workers



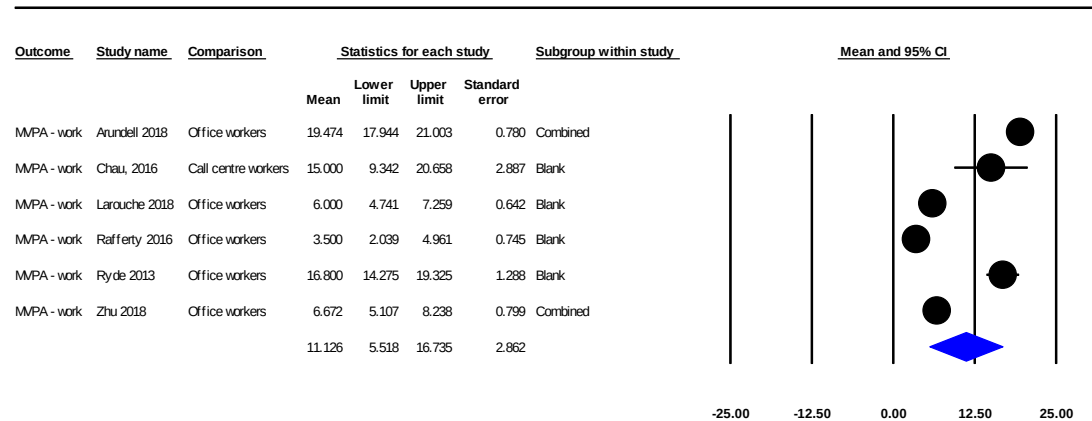
MVPA during wake time (min/day)

Supplemental figure 3i. Minutes/day of MVPA during wake time in all occupations except office workers



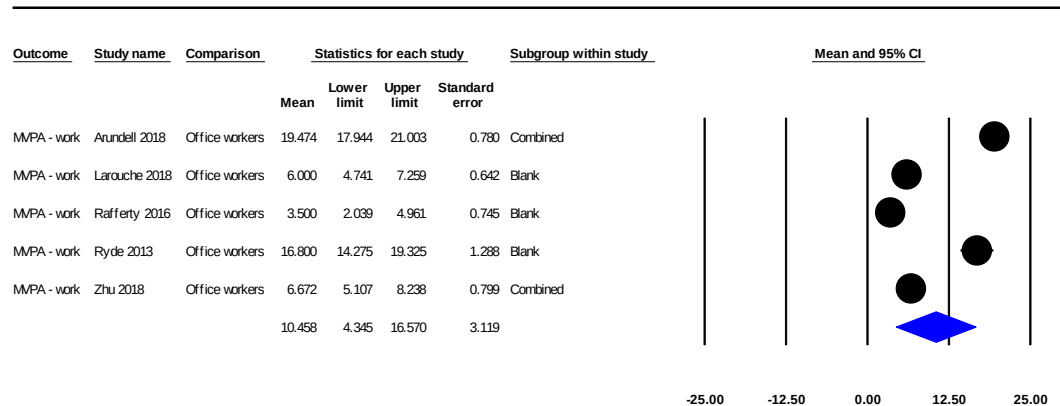
MVPA during wake time (min/day)

Supplemental figure 3j. Minutes/day of MVPA during work time in all occupations



MVPA during work time (min/day)

Supplemental figure 3k. Minutes/day of MVPA during work time across healthcare workers

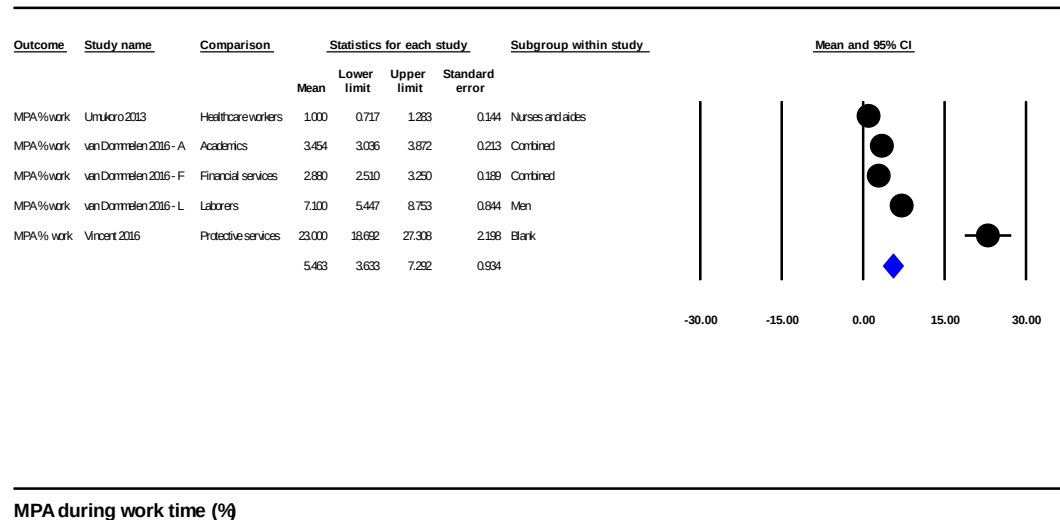


MVPA during work time (min/day)

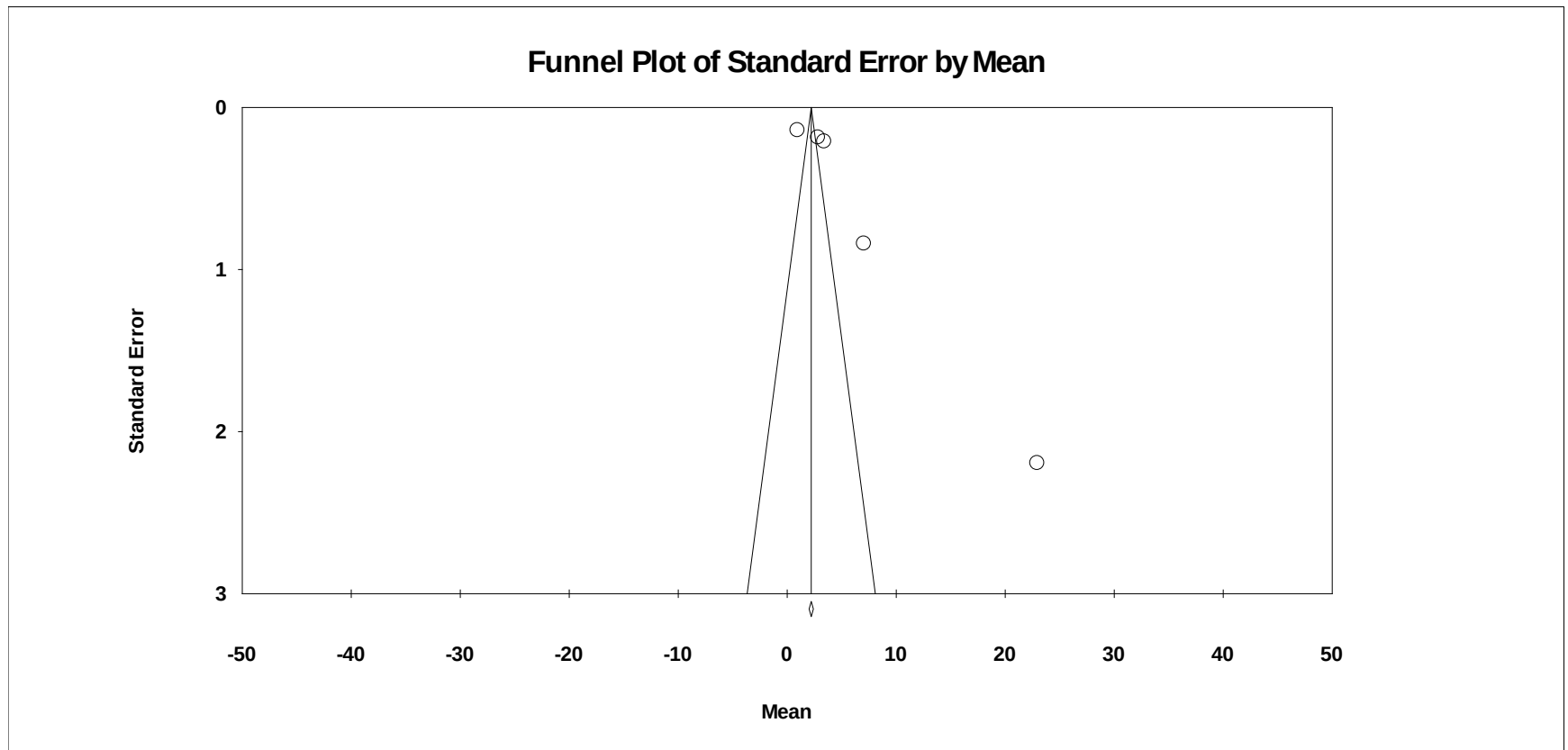
Supplemental figure 4a-j

Moderate intensity physical activity
(MPA)

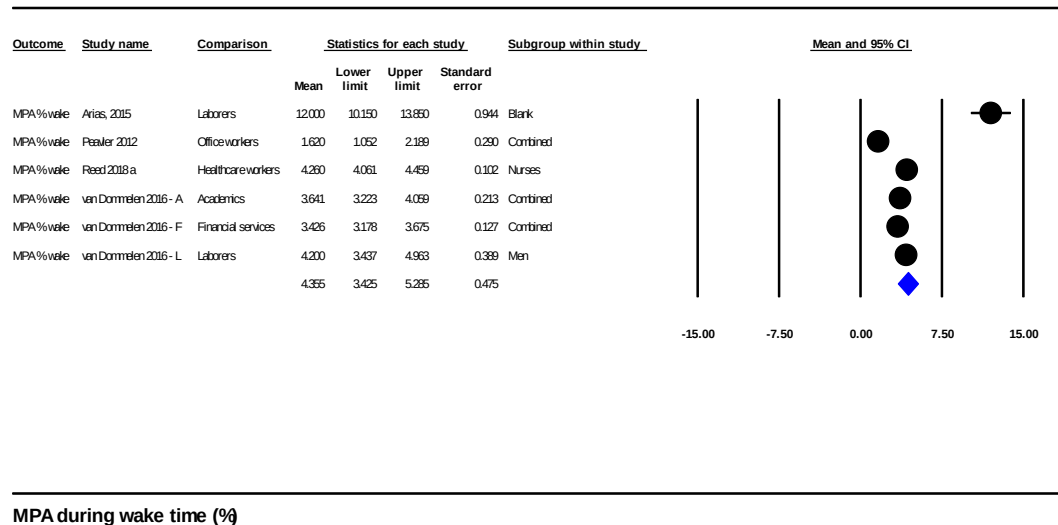
Supplemental figure 4a. Percentage of time in MPA at work across all occupations



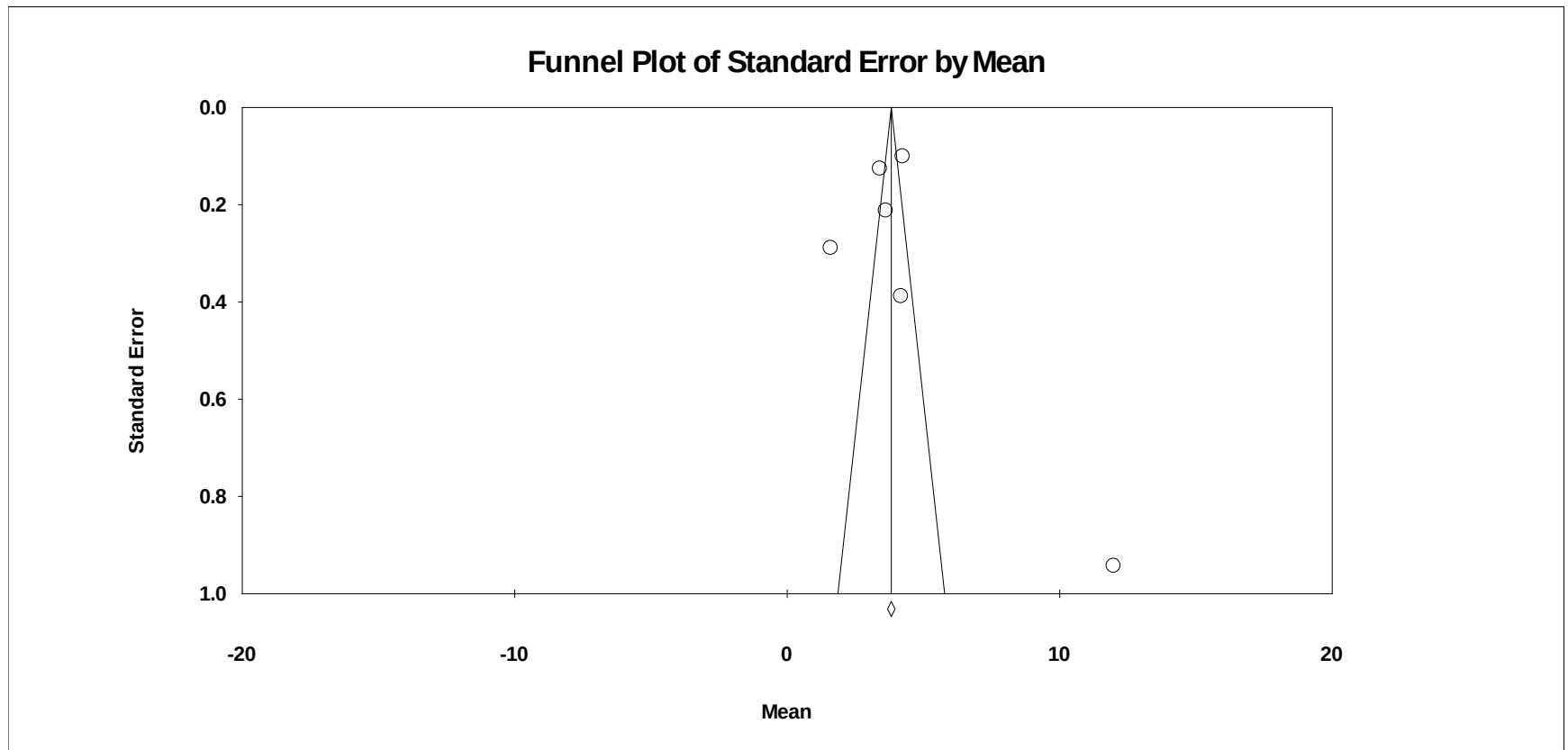
Supplemental figure 4b. Funnel plot for MPA (%) at work across all occupations



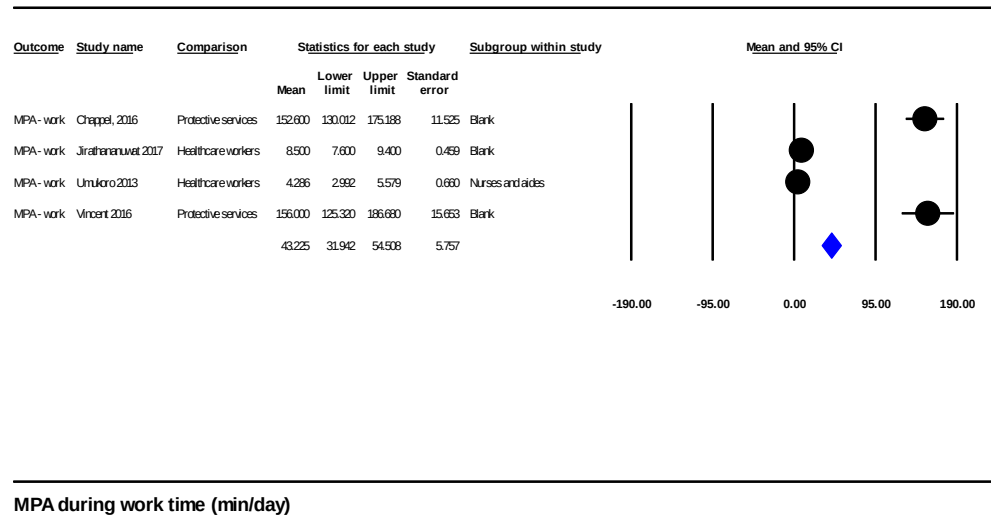
Supplemental figure 4c. Percentage of time in MPA during wake time across all occupations



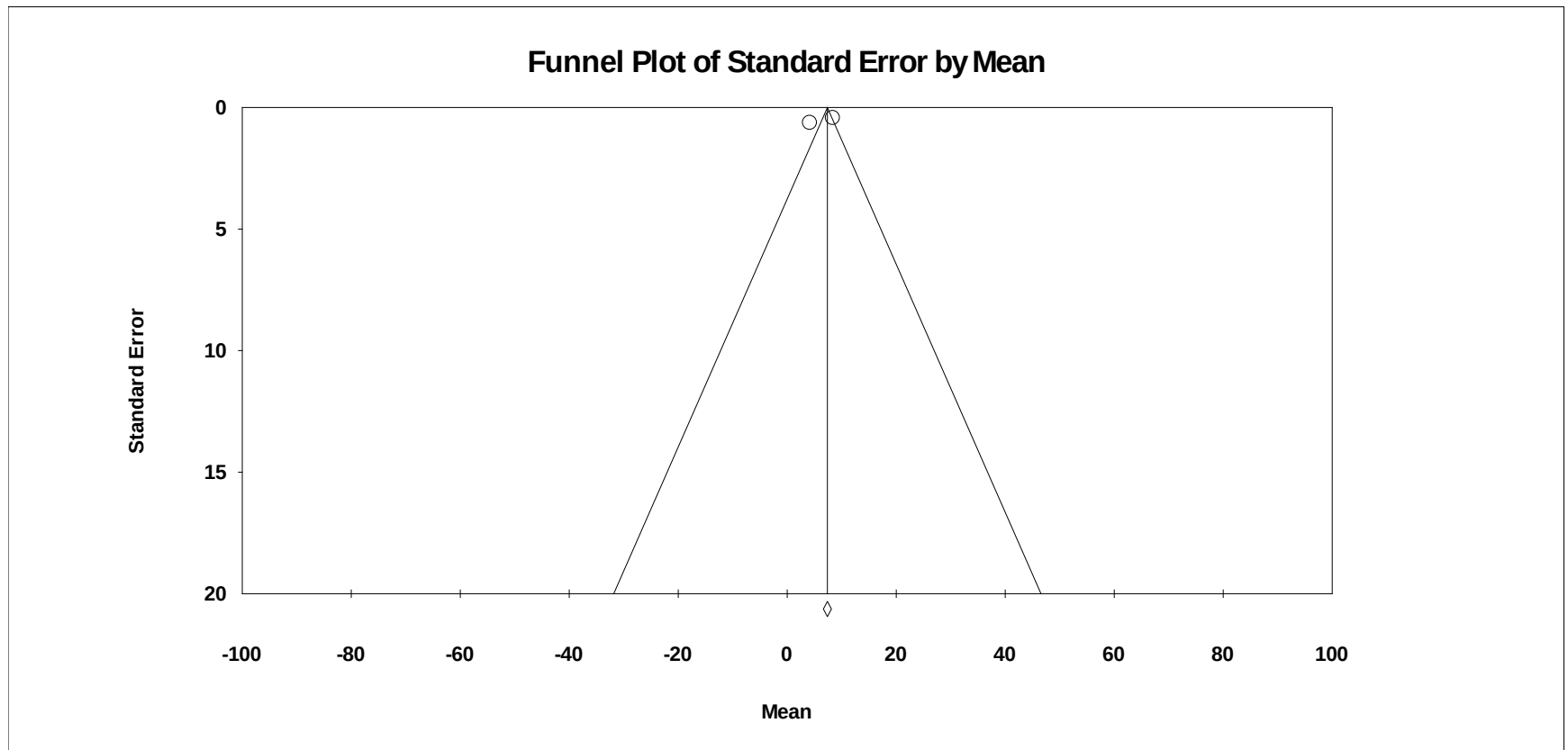
Supplemental figure 4d. Funnel plot for MPA (%) during wake time across all occupations



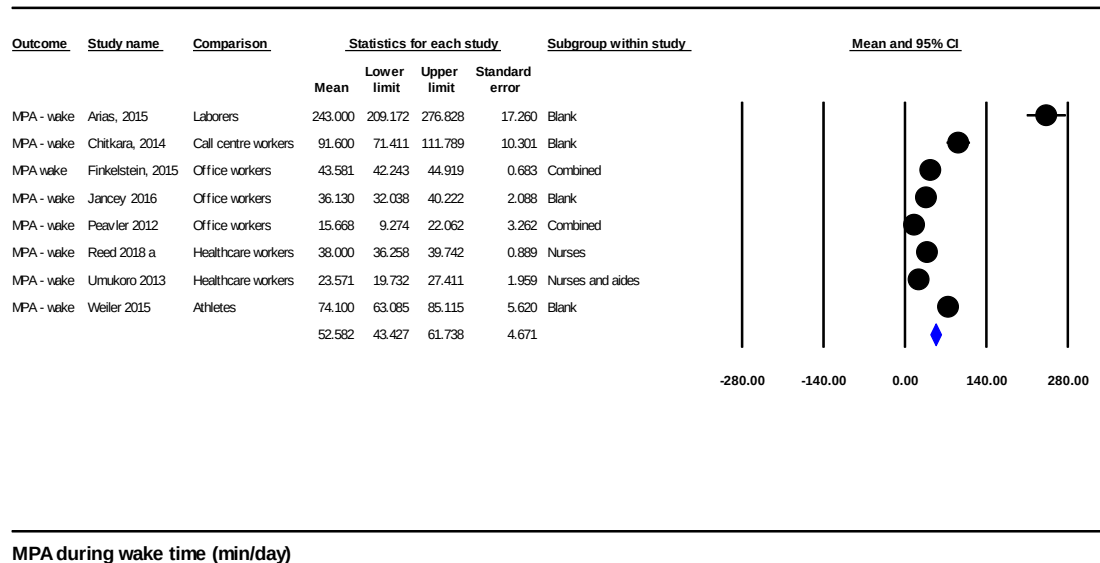
Supplemental figure 4e. Minutes/day of MPA at work across all occupations



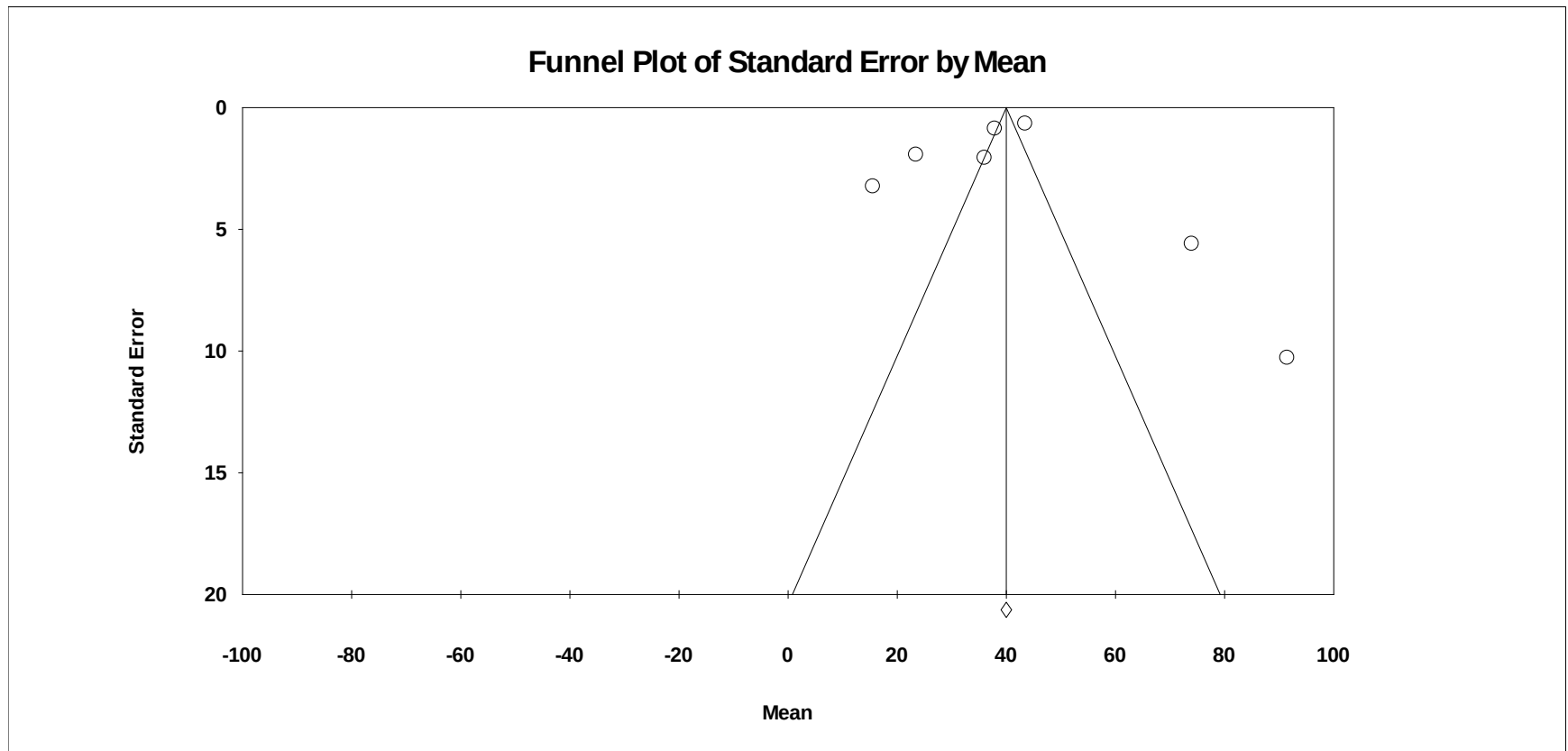
Supplemental figure 4f. Funnel plot for MPA (min/day) at work across all occupations



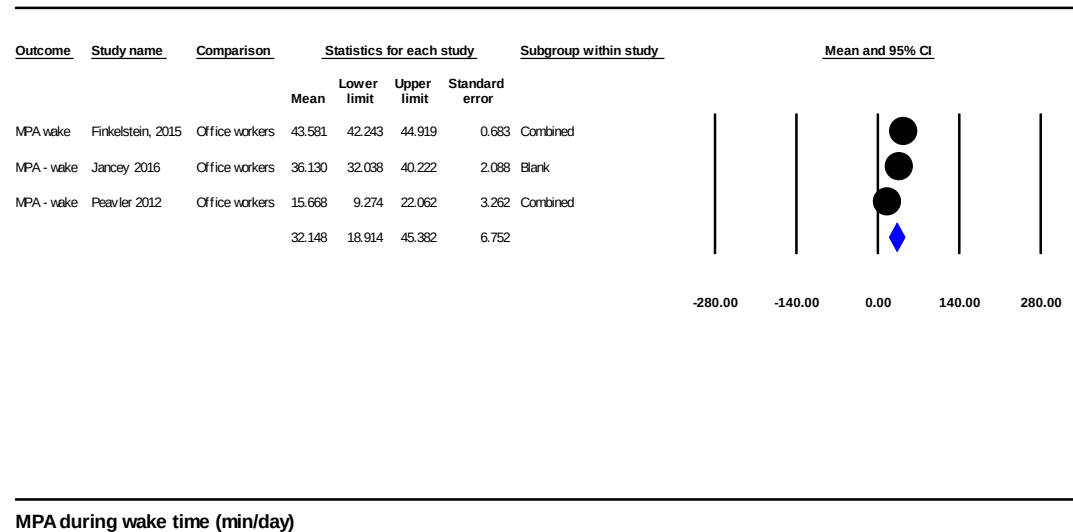
Supplemental figure 4g. Minutes/day of MPA during wake time across all occupations



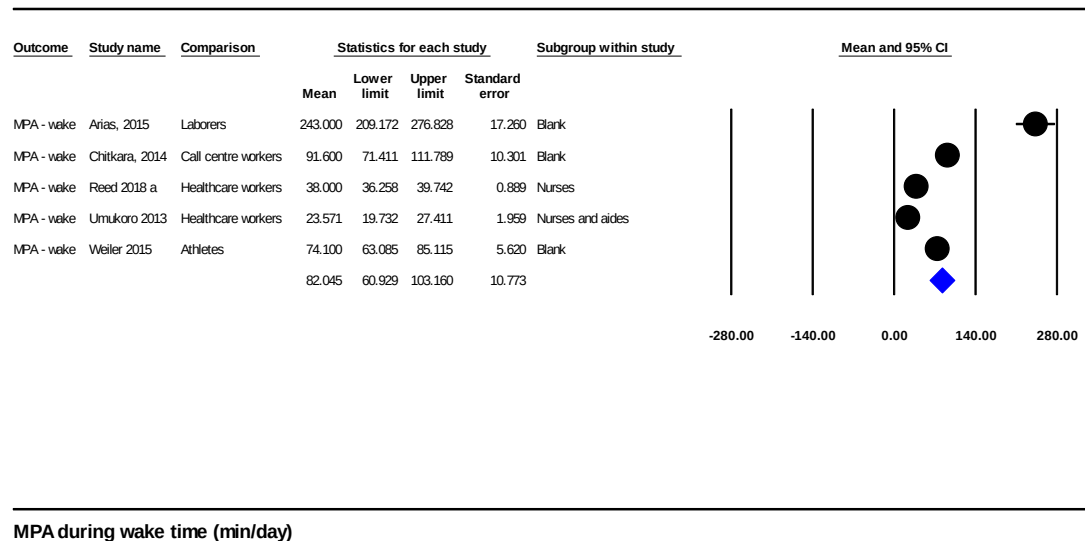
Supplemental figure 4h. Funnel plot for MPA (min/day) during wake time across all occupations



Supplemental figure 4i. Minutes/day in MPA during wake time in office workers



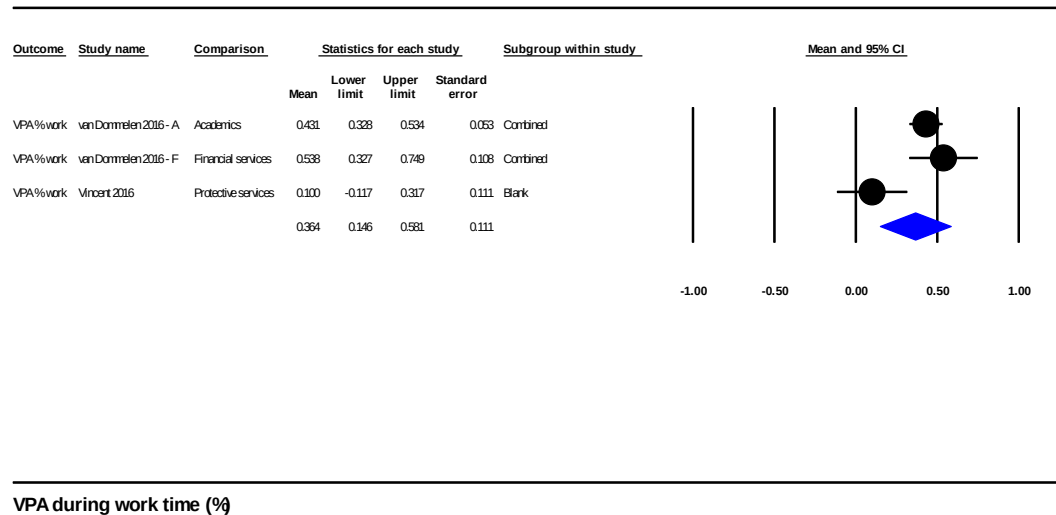
Supplemental figure 4j. Percentage of time in MPA during wake time across all occupations except office workers



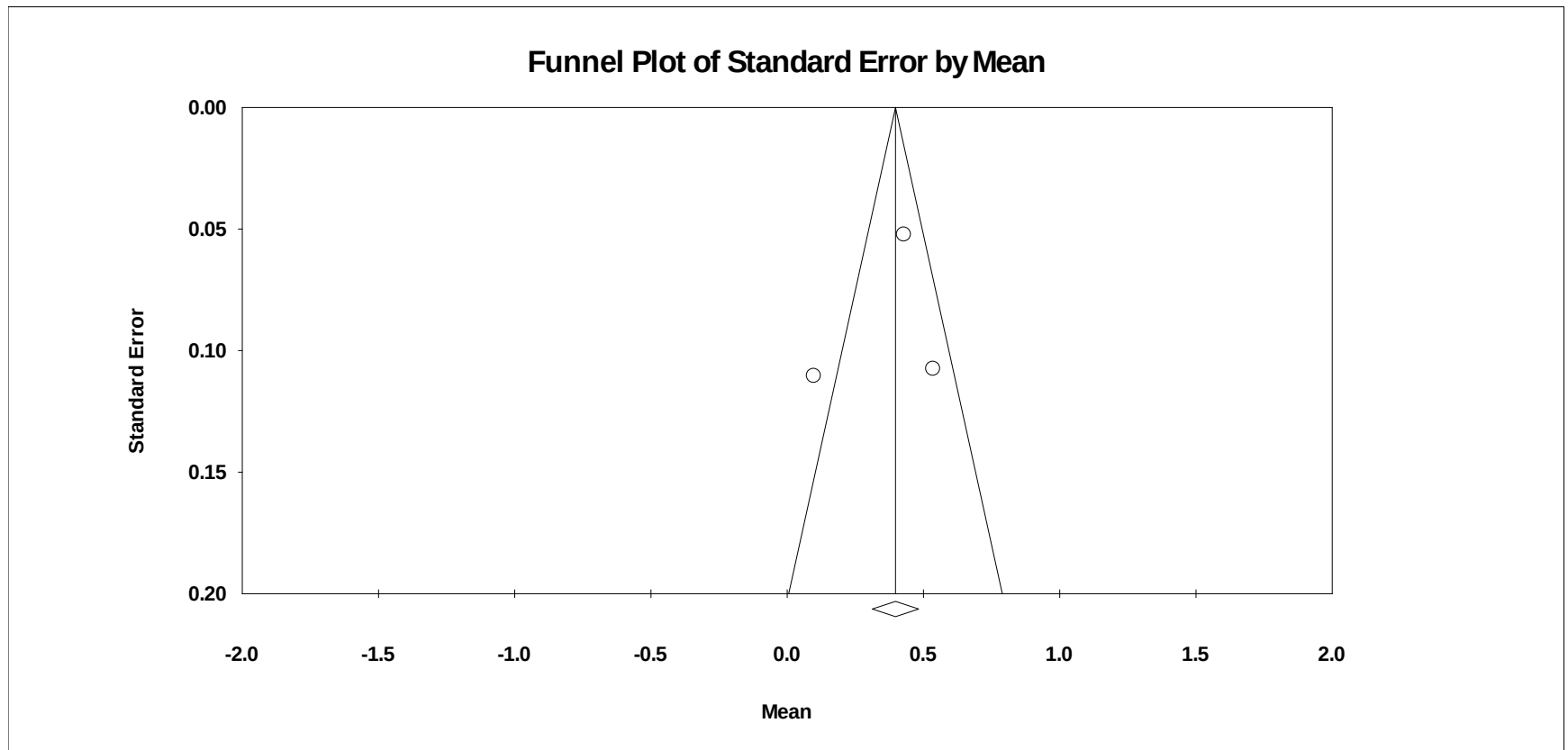
Supplemental figures 5a-h

Vigorous intensity physical activity
(VPA)

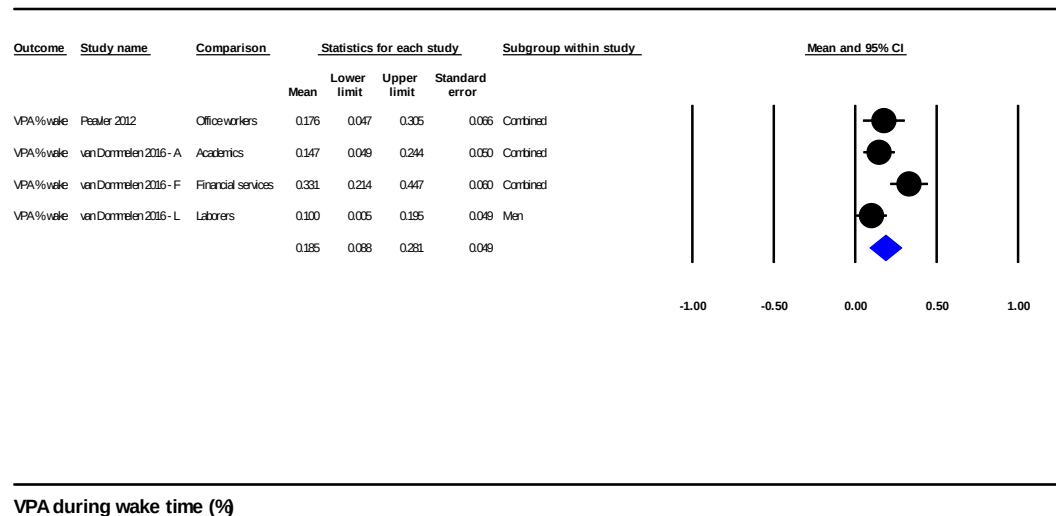
Supplemental figure 5a. Percentage of time in VPA at work across all occupations



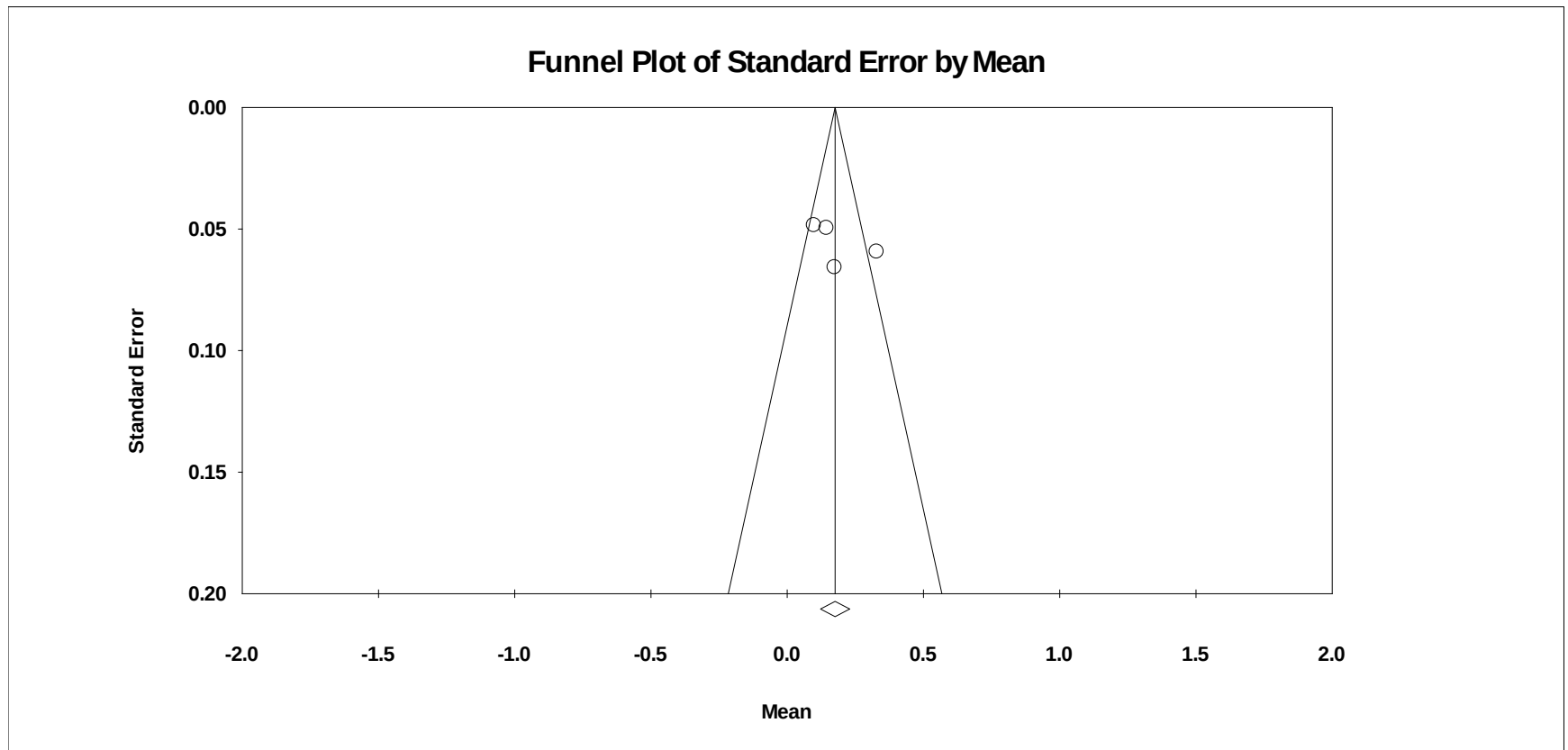
Supplemental figure 5b. Funnel plot for VPA (%) at work across all occupations



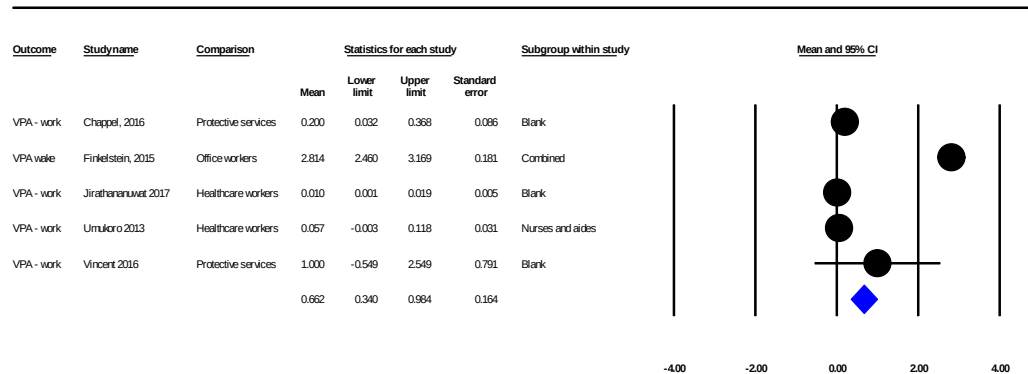
Supplemental figure 5c. Percentage of time in VPA during wake time across all occupations



Supplemental figure 5d. Funnel plot for VPA (%) during wake time across all occupations

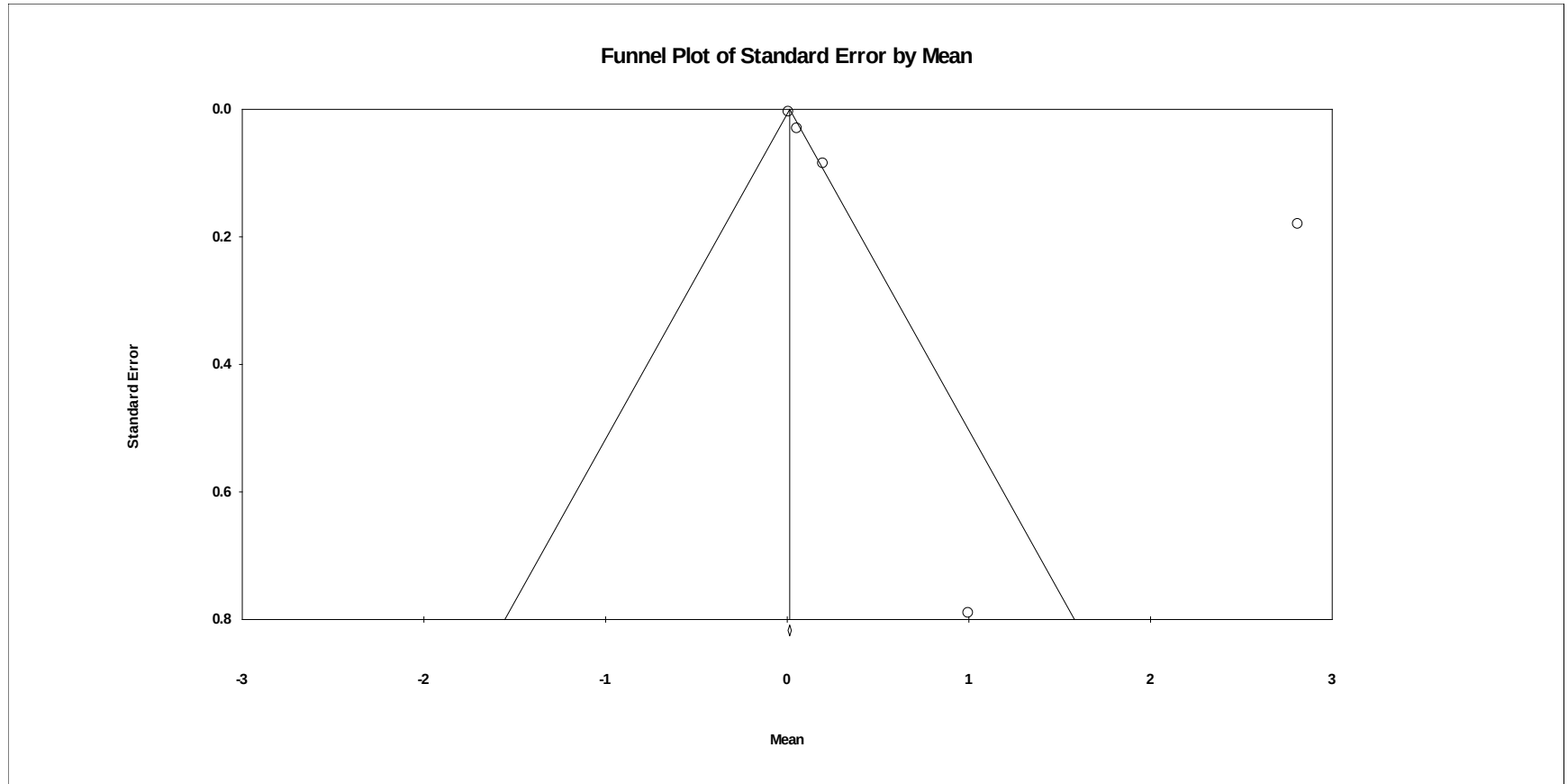


Supplemental figure 5e. Minutes/day of VPA at work across all occupations

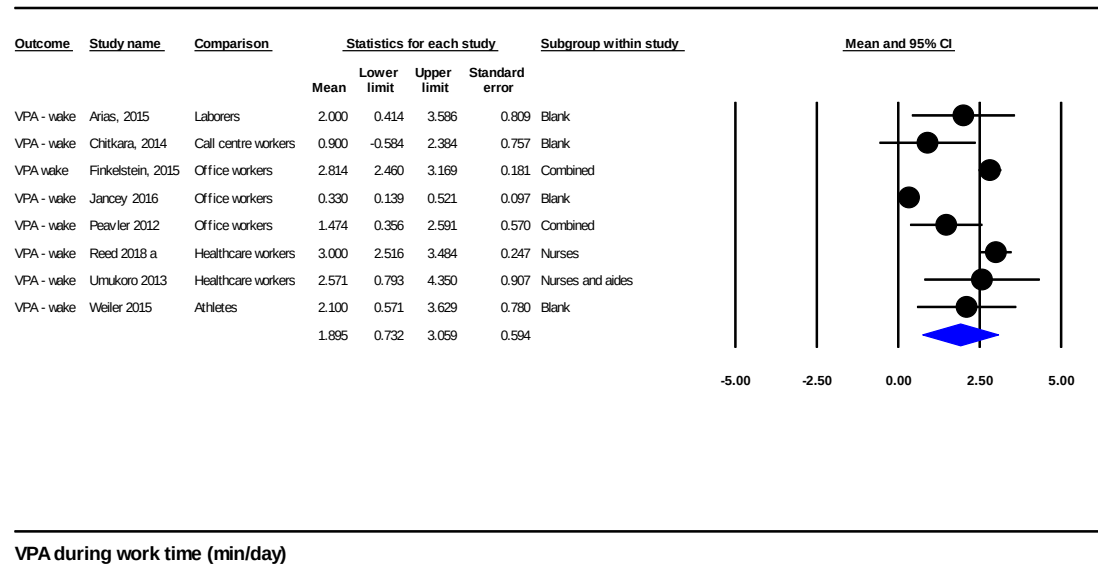


VPA during work time (min/day)

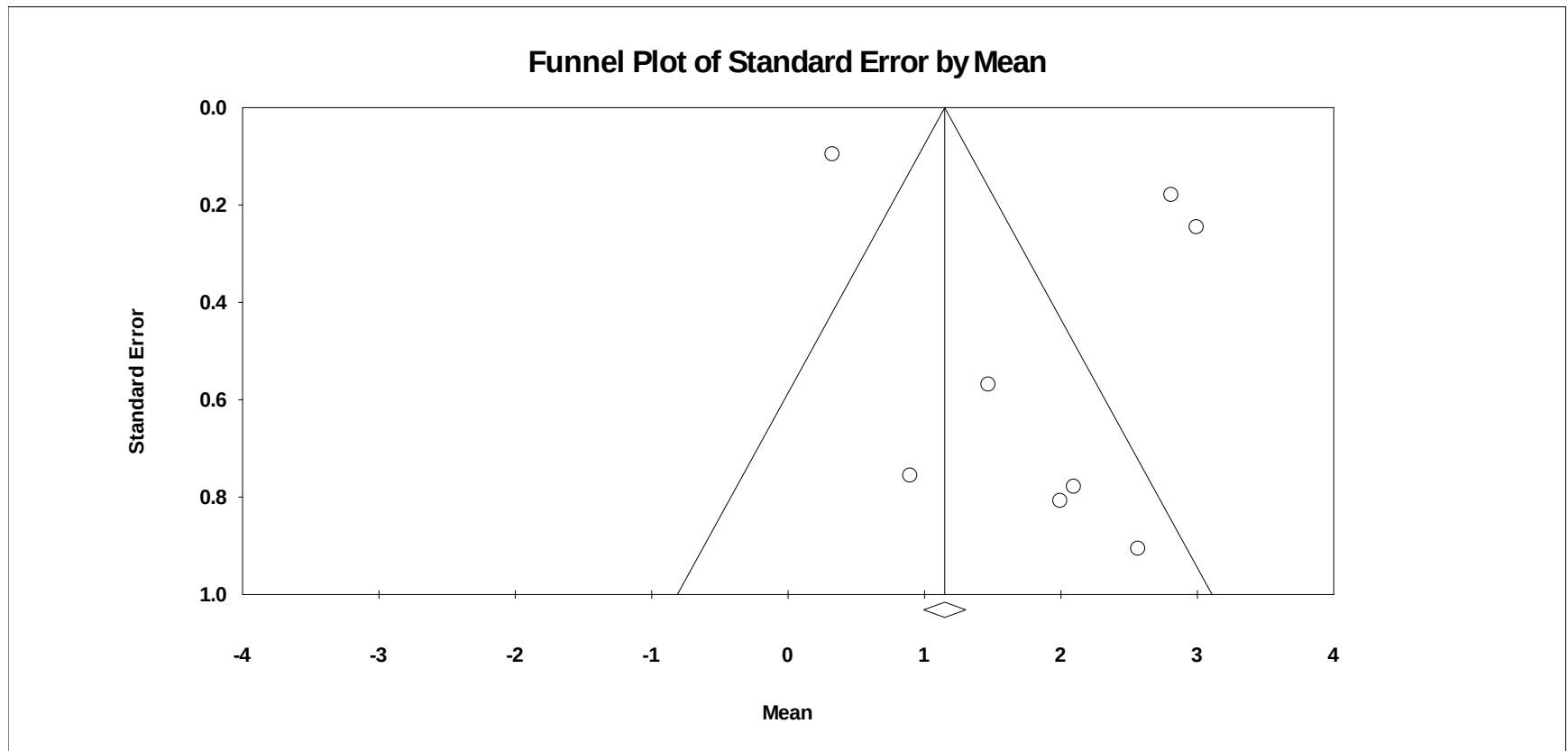
Supplemental figure 5f. Funnel plot for VPA (min/day) at work across all occupations



Supplemental figure 5g. Minutes/day of VPA during wake time across all occupations



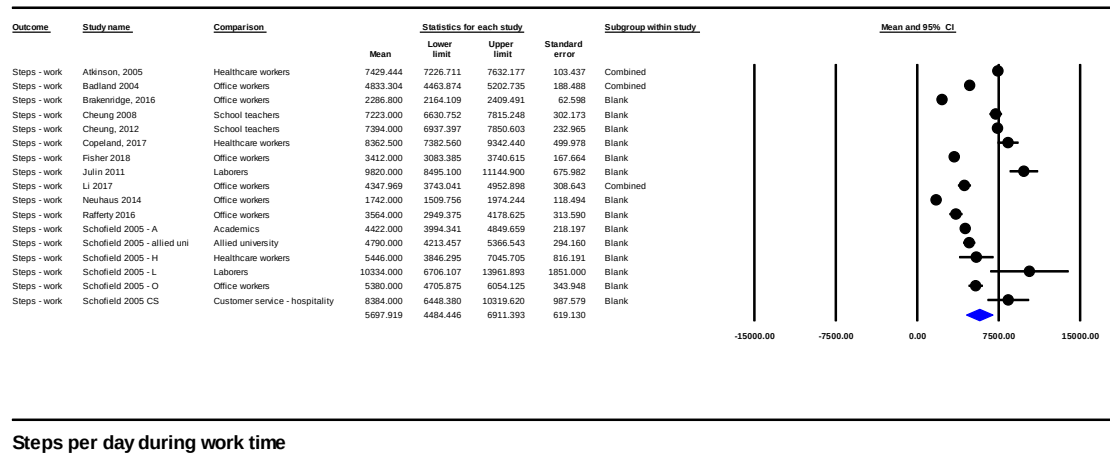
Supplemental figure 5h. Funnel plot for VPA (min/day) during wake time across all occupations



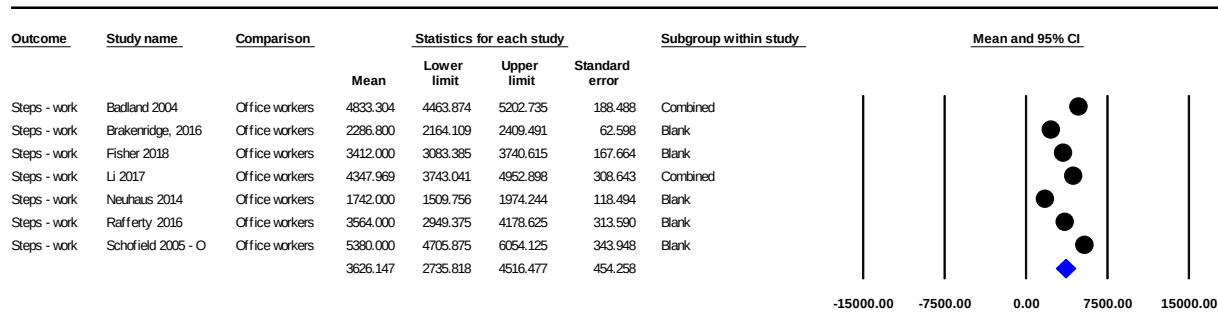
Supplemental figures 6a-g

Steps

Supplemental figure 6a. Steps per day at work across all occupations

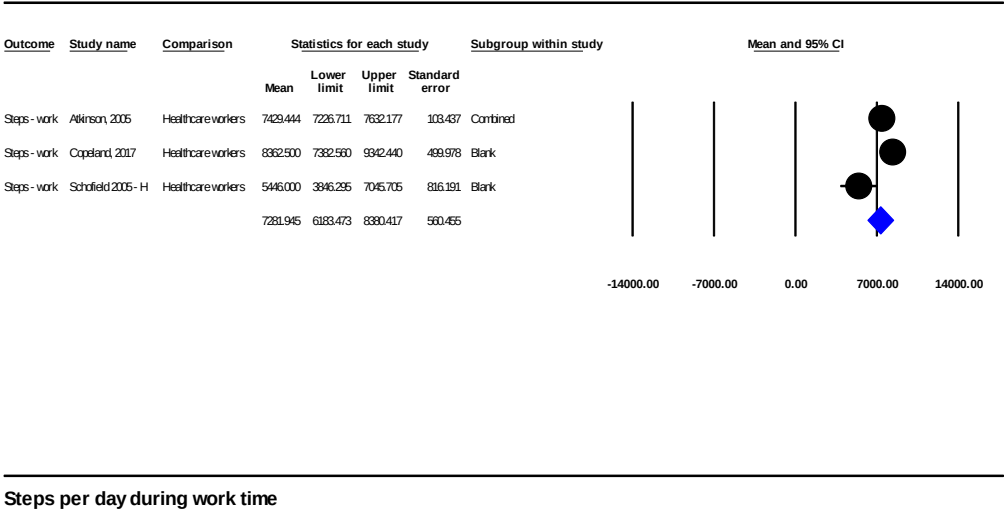


Supplemental figure 6b. Steps per day at work in office workers

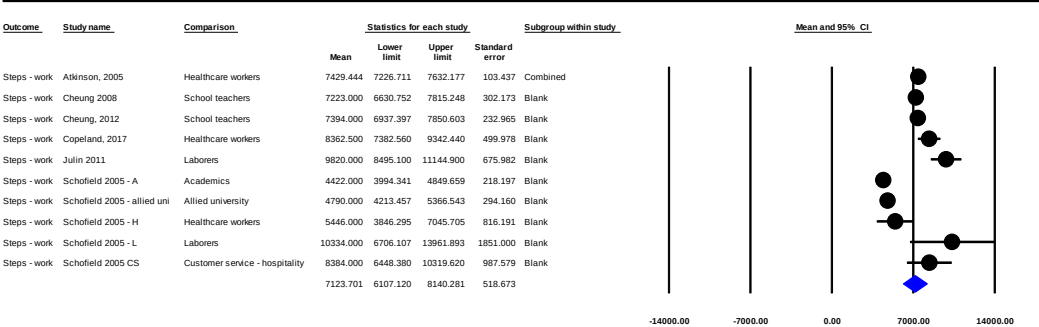


Steps per day during work time

Supplemental figure 6c. Steps per day at work in healthcare workers

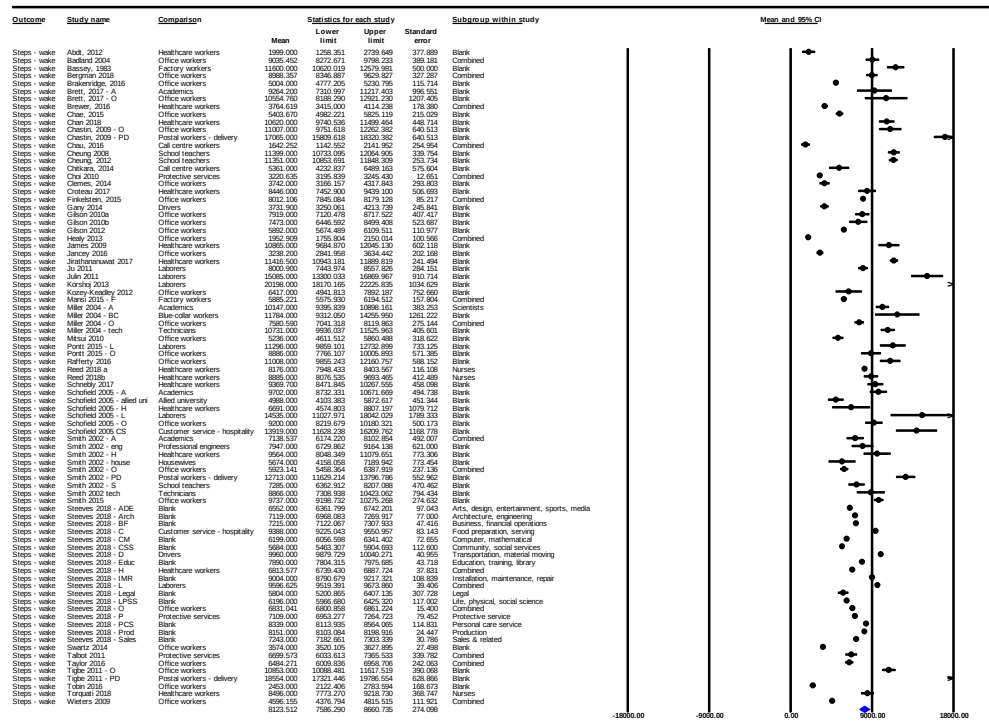


Supplemental figure 6d. Steps per day at work across all occupations except office workers



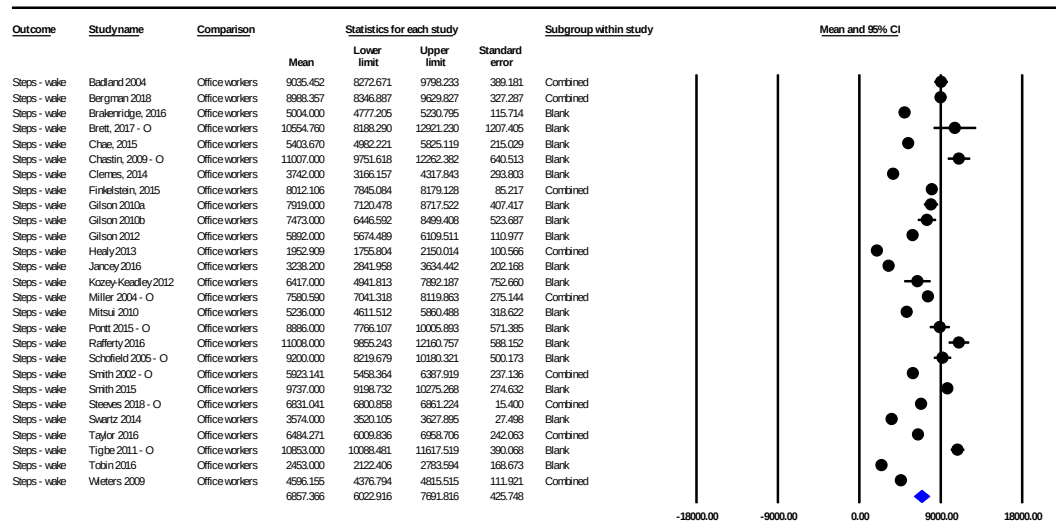
Steps per day during work time

Supplemental figure 6e. Steps per day during wake time across all occupations



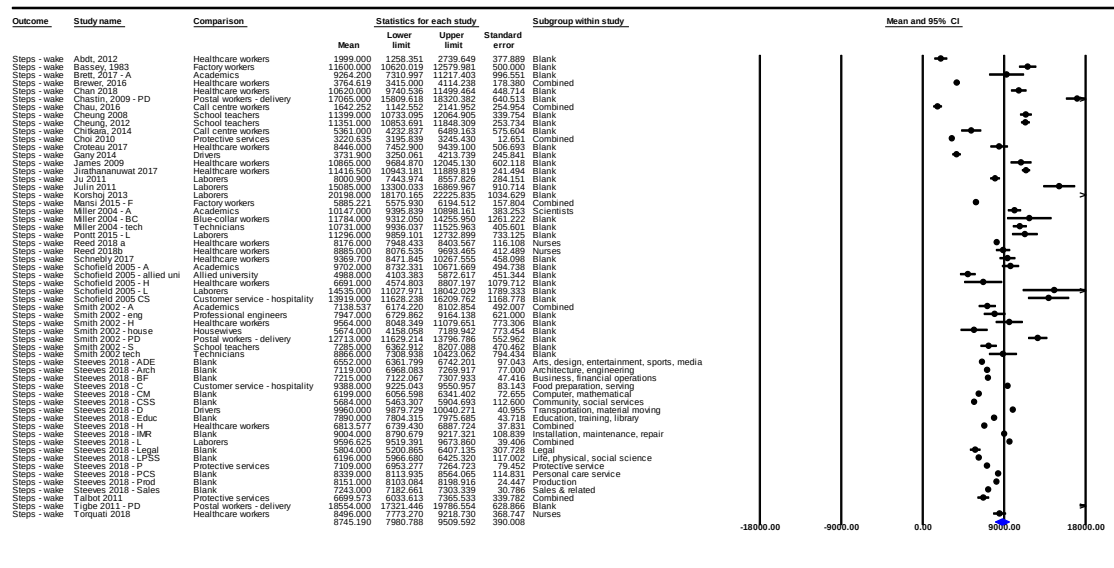
Steps per day during wake time

Supplemental figure 6f. Steps per day during wake time in office workers



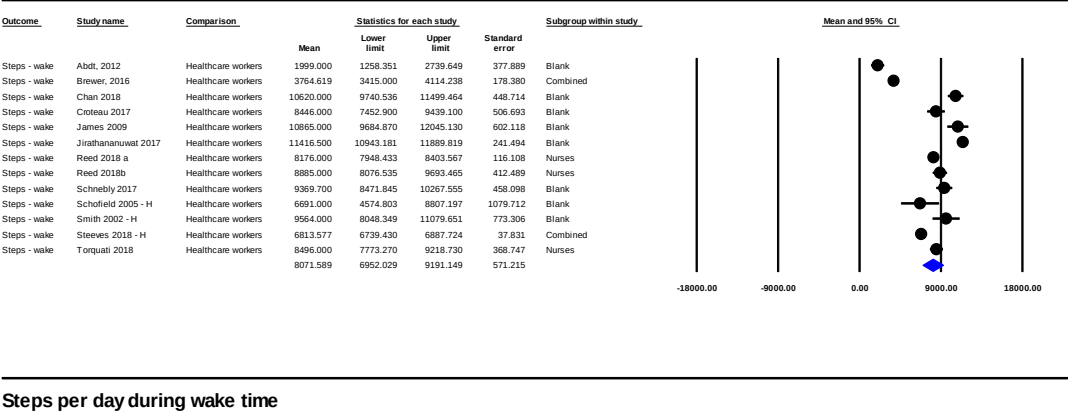
Steps per day during wake time

Supplemental figure 6g. Steps per day during wake time in all workers except office workers

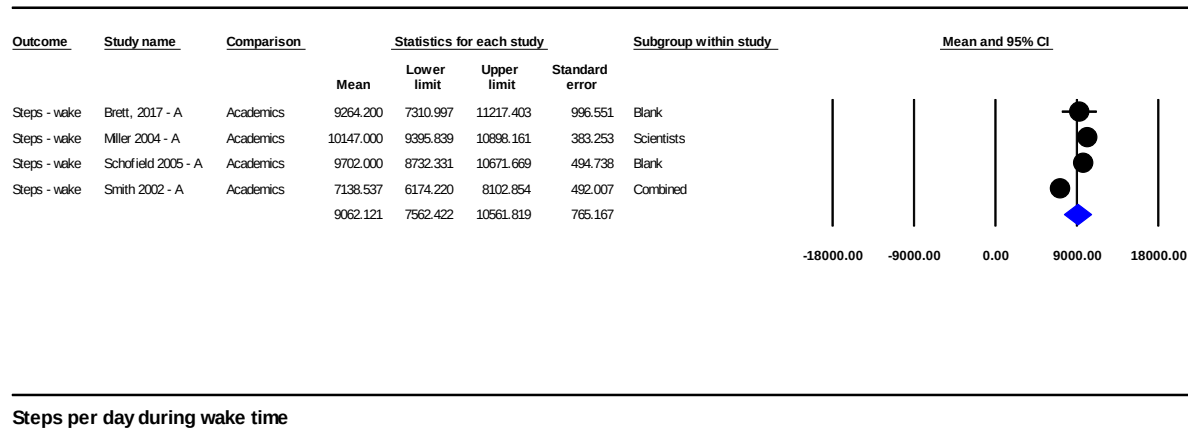


Steps per day during wake time

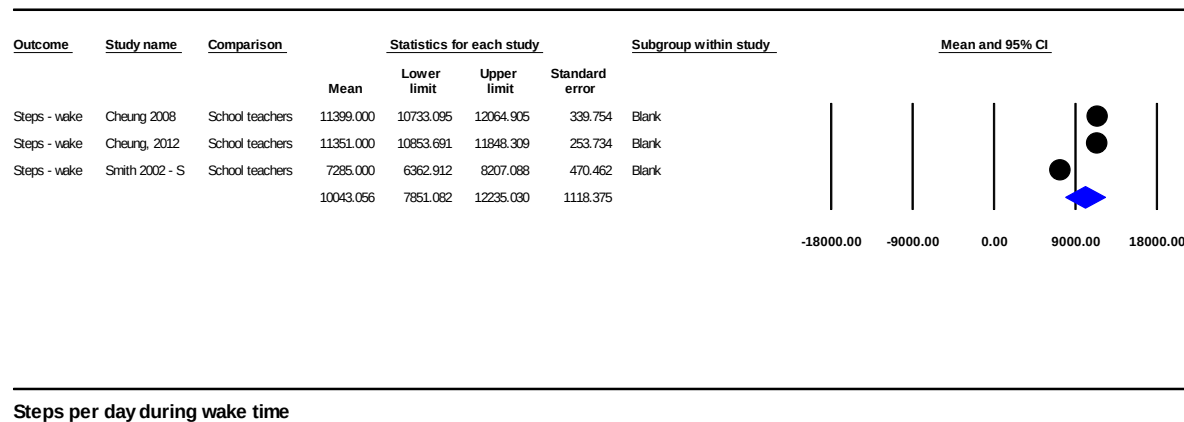
Supplemental figure 6h. Steps per day during wake time in healthcare workers



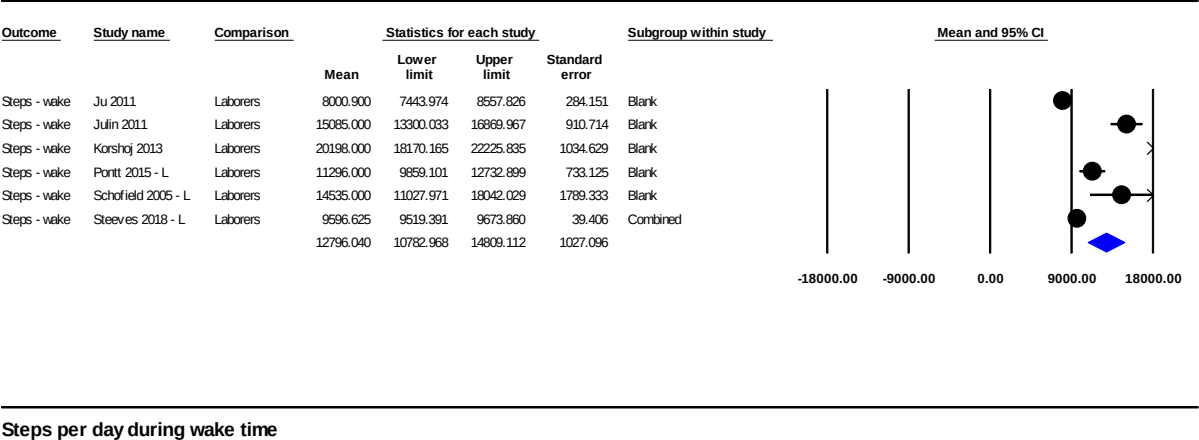
Supplemental figure 6i. Steps per day during wake time in academic workers



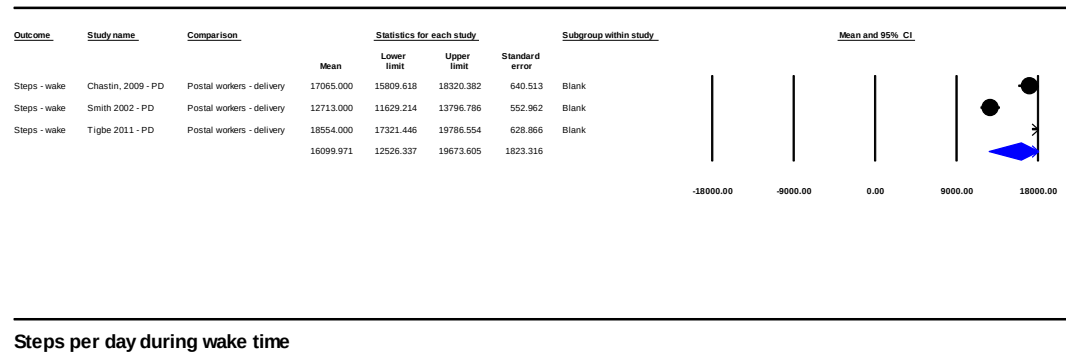
Supplemental figure 6j. Steps per day during wake time in school teachers



Supplemental figure 6k. Steps per day during wake time in laborers



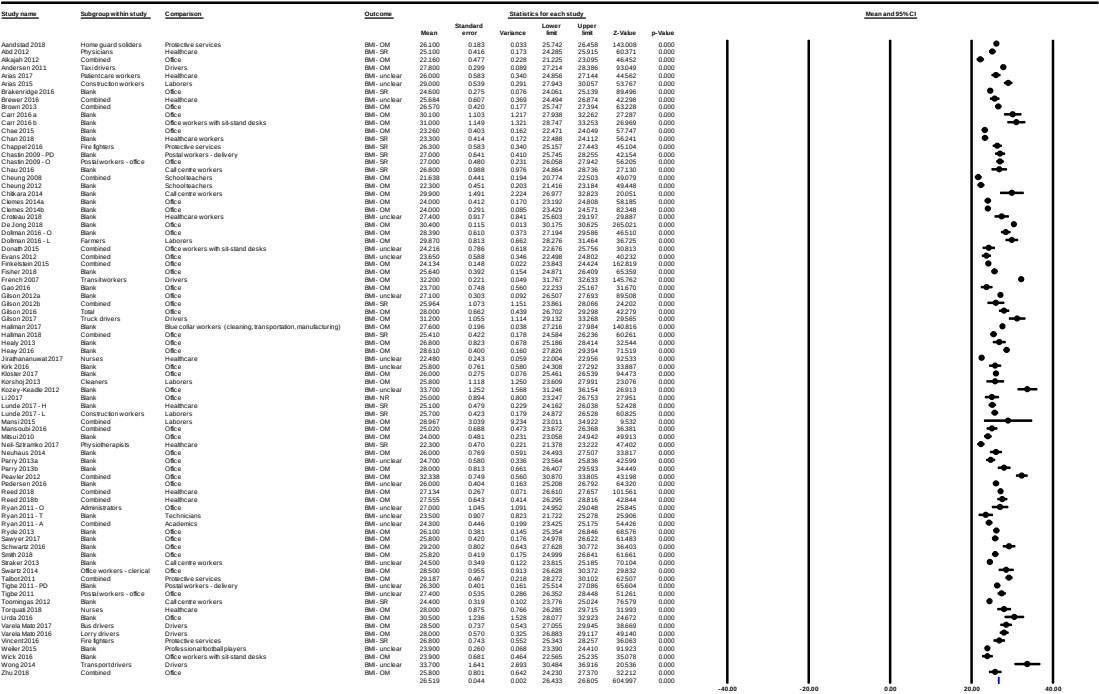
Supplemental figure 6l. Steps per day during wake time in postal delivery workers



Supplemental figures 7a-j

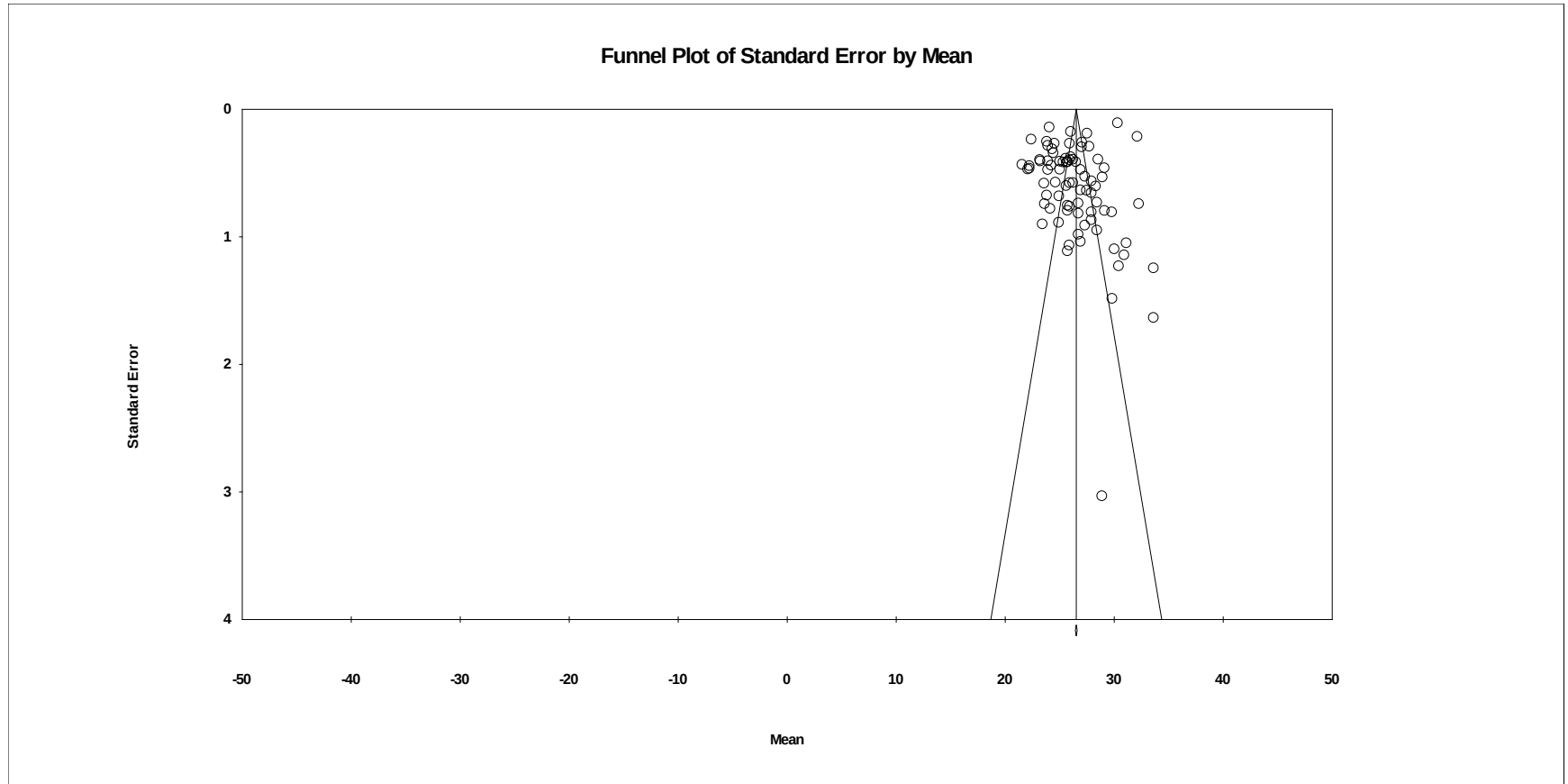
Body mass index (BMI)

Supplemental figure 7a. BMI across all occupations

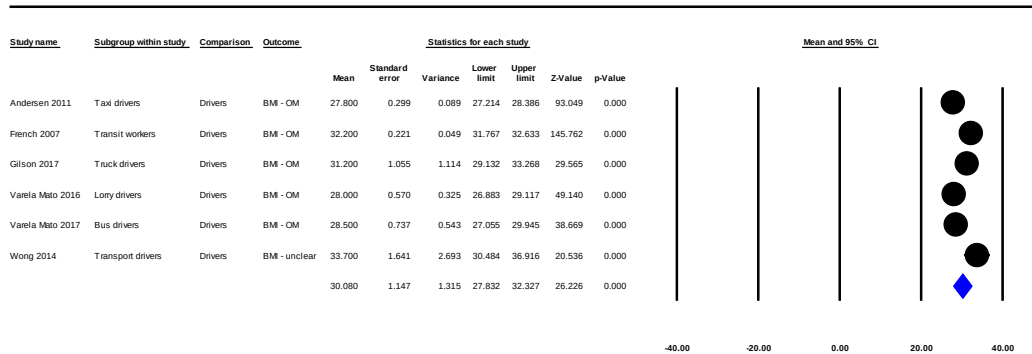


BMI

Supplemental figure 7b. Funnel plot for BMI across all occupations

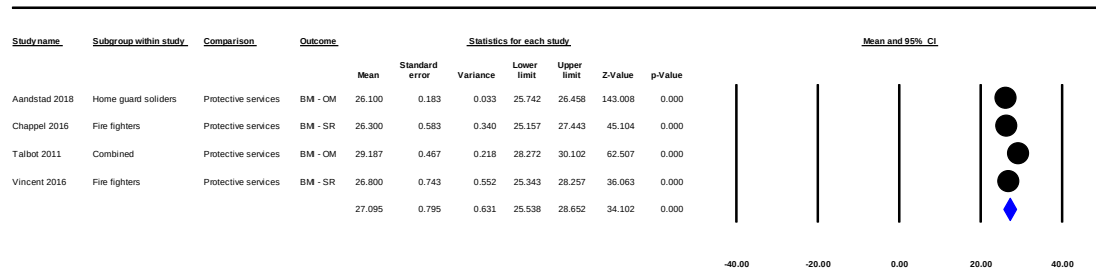


Supplemental figure 7c. BMI in drivers



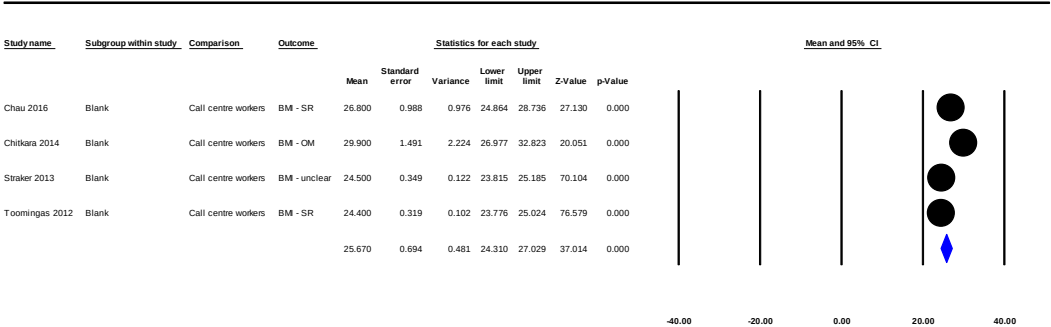
BMI

Supplemental figure 7d. BMI in protective service workers



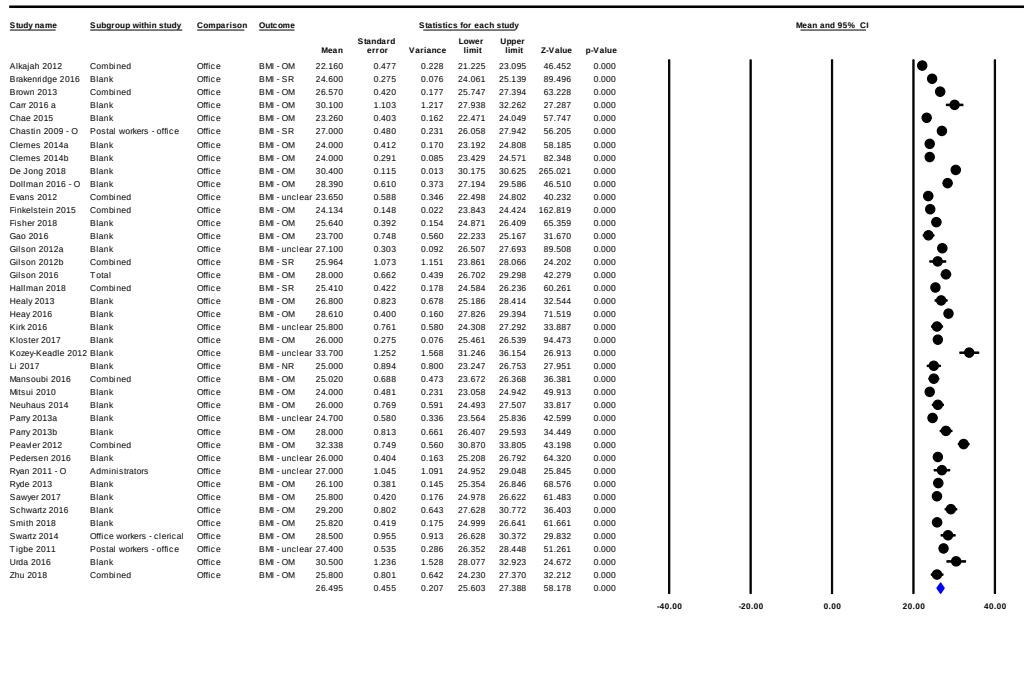
BMI

Supplemental figure 7e. BMI in call centre workers



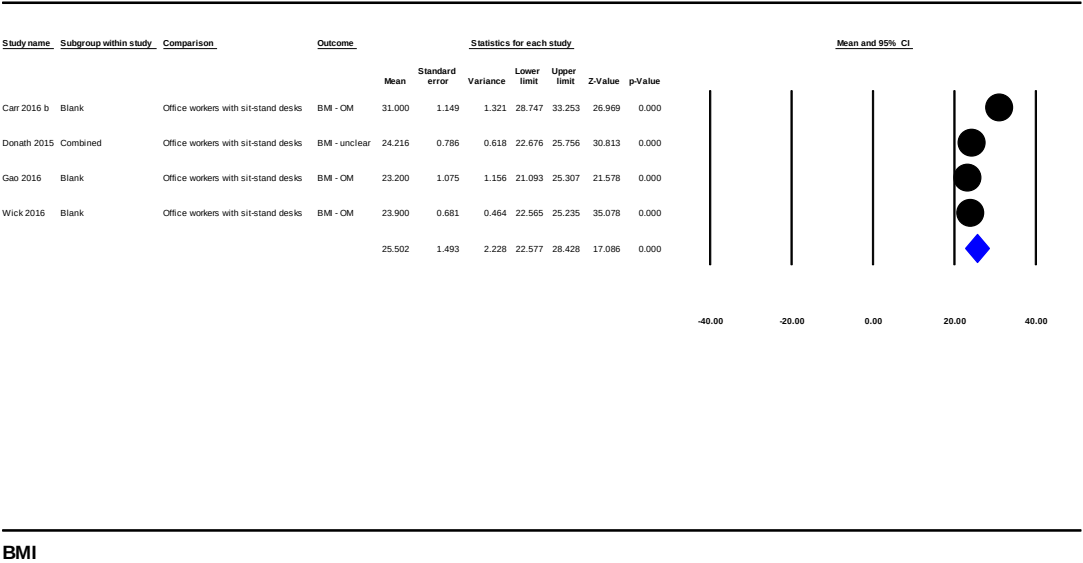
BMI

Supplemental figure 7f. BMI in office workers

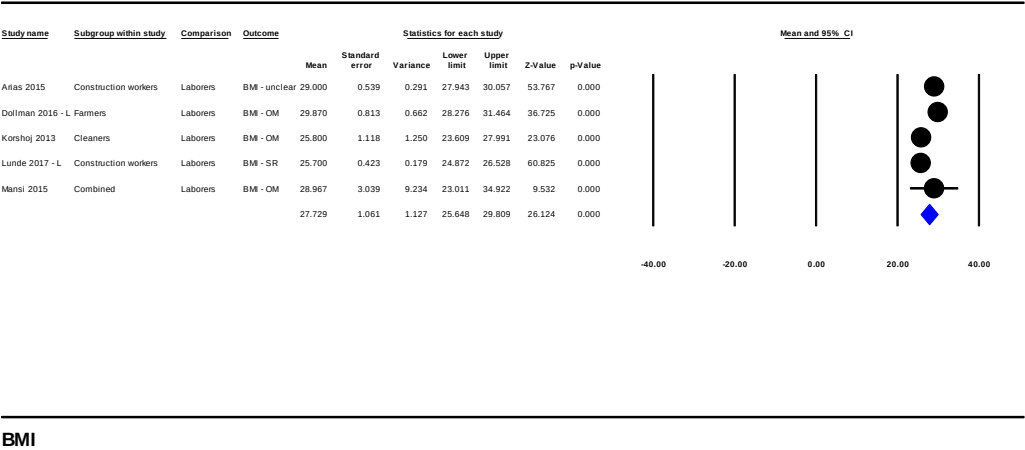


BMI

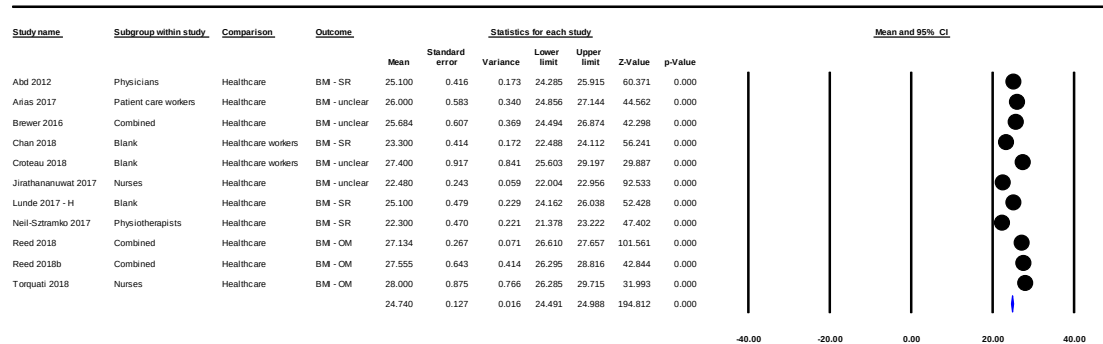
Supplemental figure 7g. BMI in office workers with sit-stand desks



Supplemental figure 7h. BMI in laborers

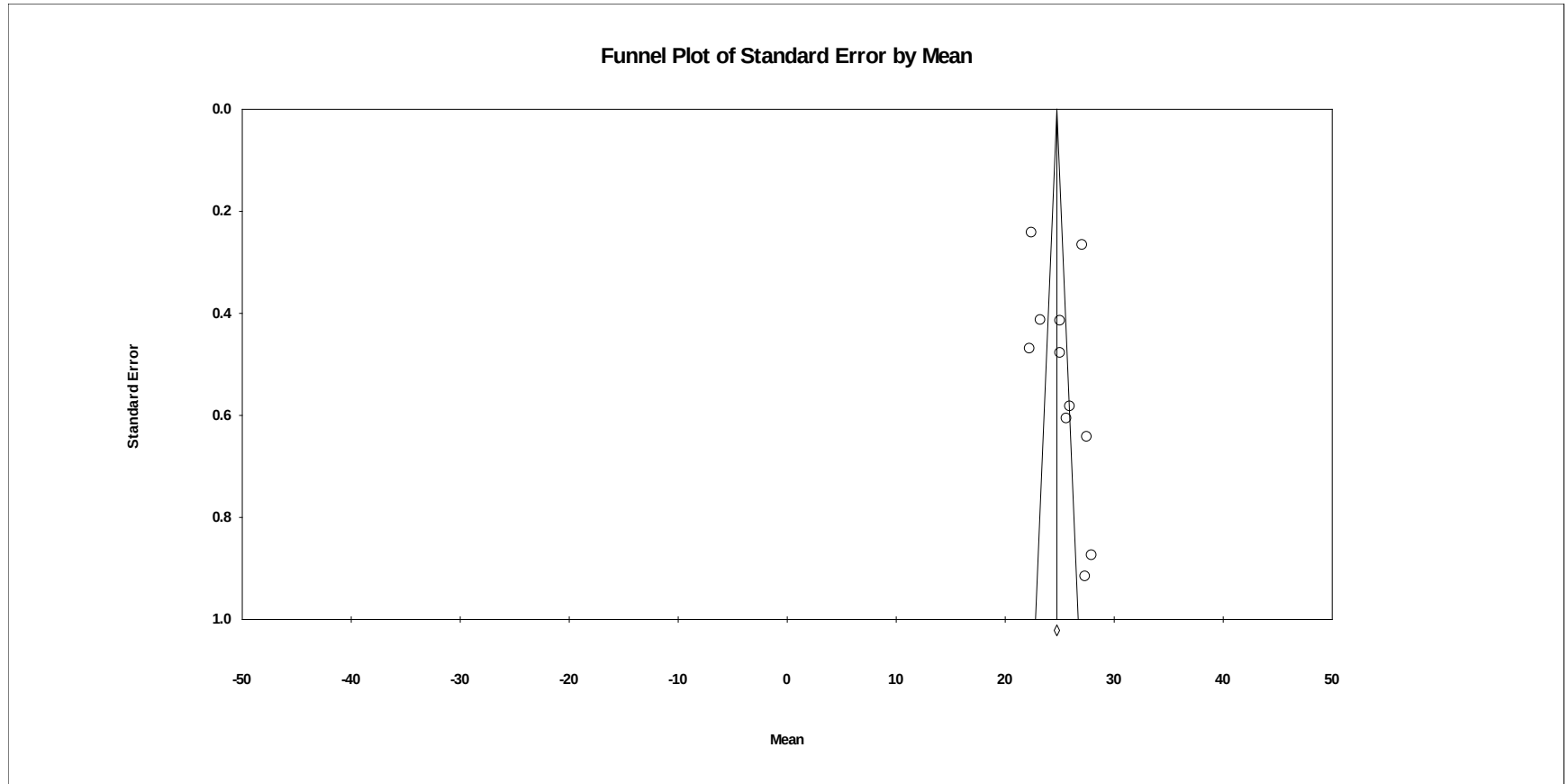


Supplemental figure 7i. BMI in healthcare workers



BMI

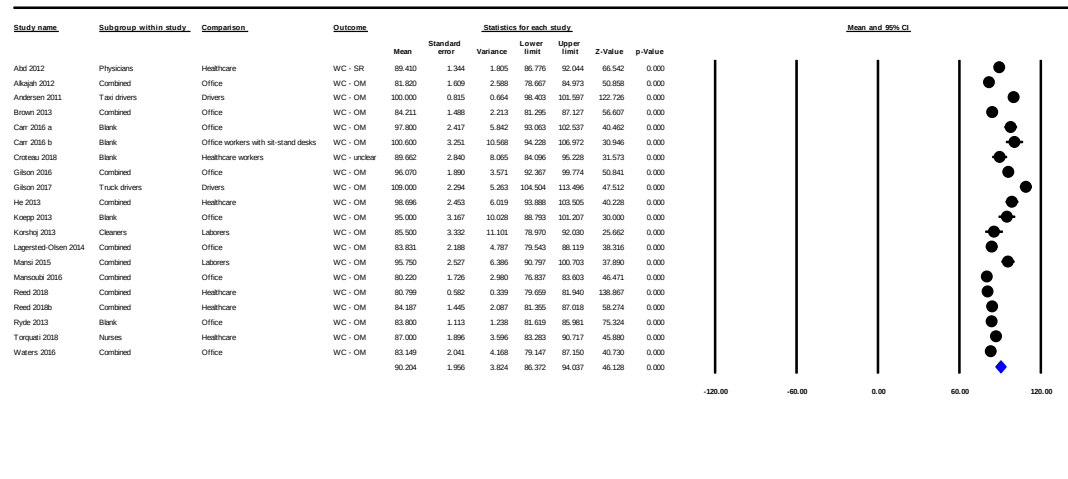
Supplemental figure 7j. Funnel plot for BMI across healthcare workers



Supplemental figures 8a-d

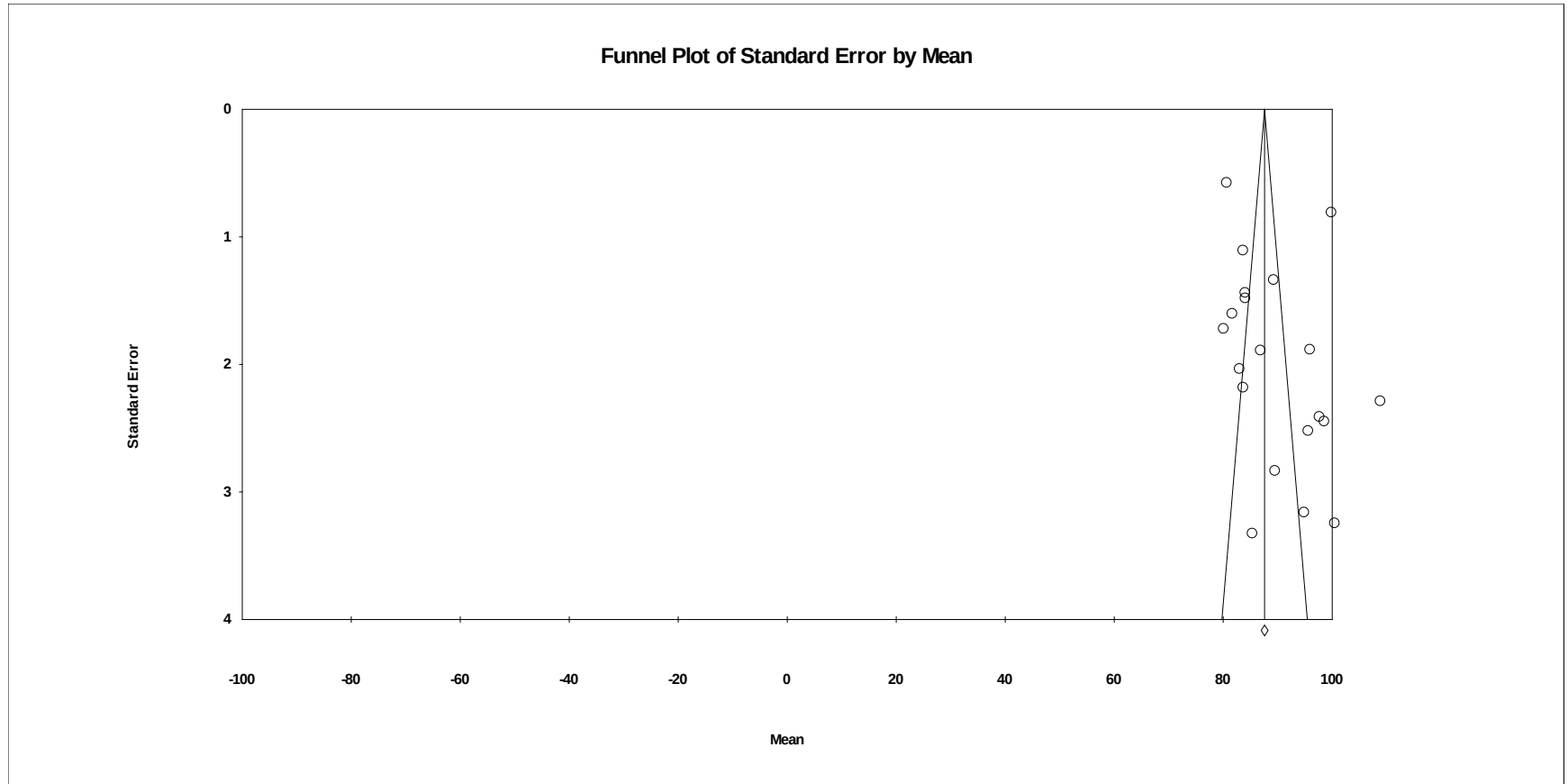
Waist circumference

Supplemental figure 8a. Waist circumference across all occupations

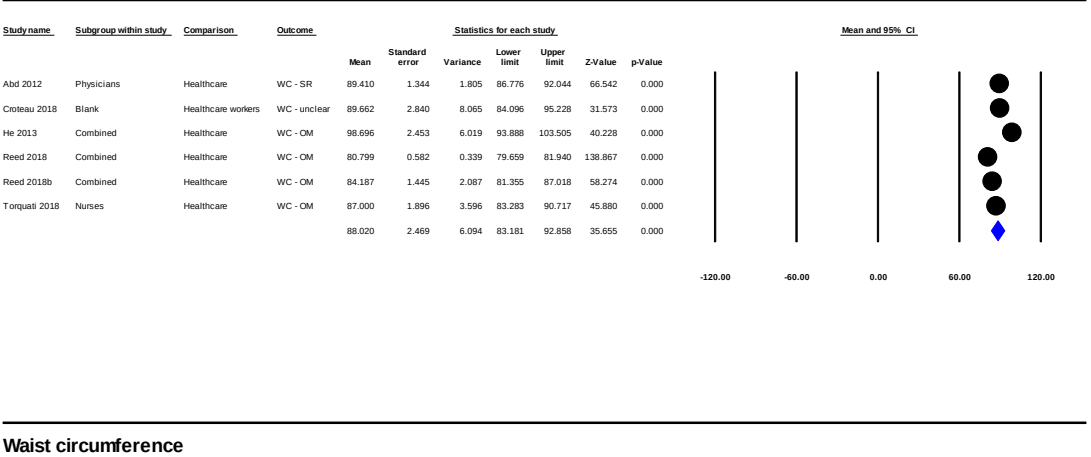


BMI

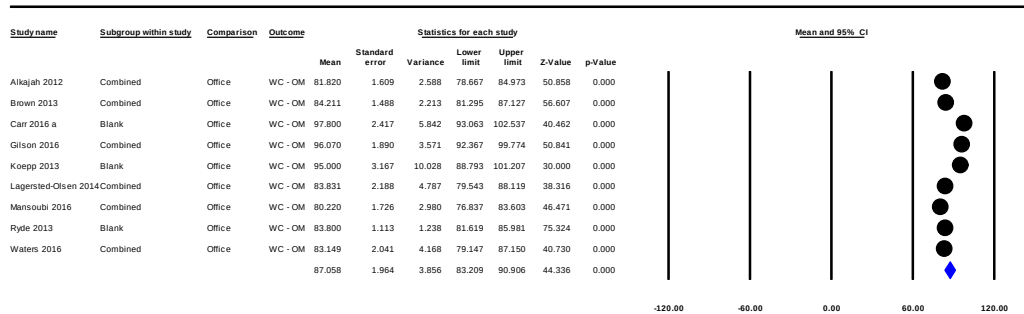
Supplemental figure 8b. Funnel plot for waist circumference across all occupations



Supplemental figure 8c. Waist circumference across all healthcare workers



Supplemental figure 8d. Waist circumference across office workers

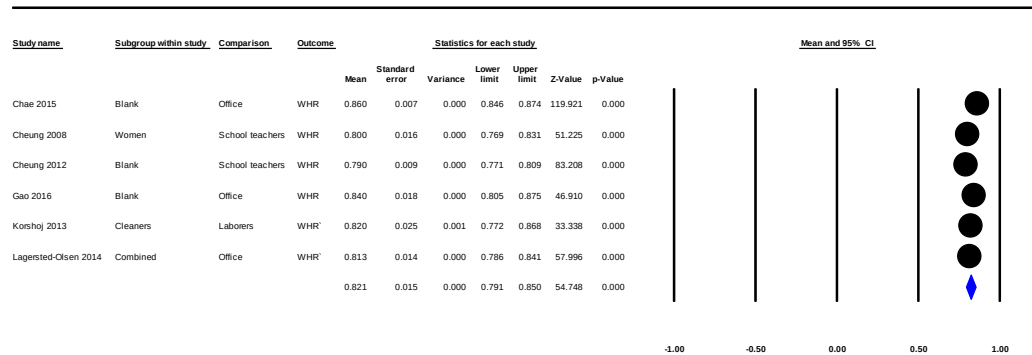


Waist circumference

Supplemental figures 9a-d

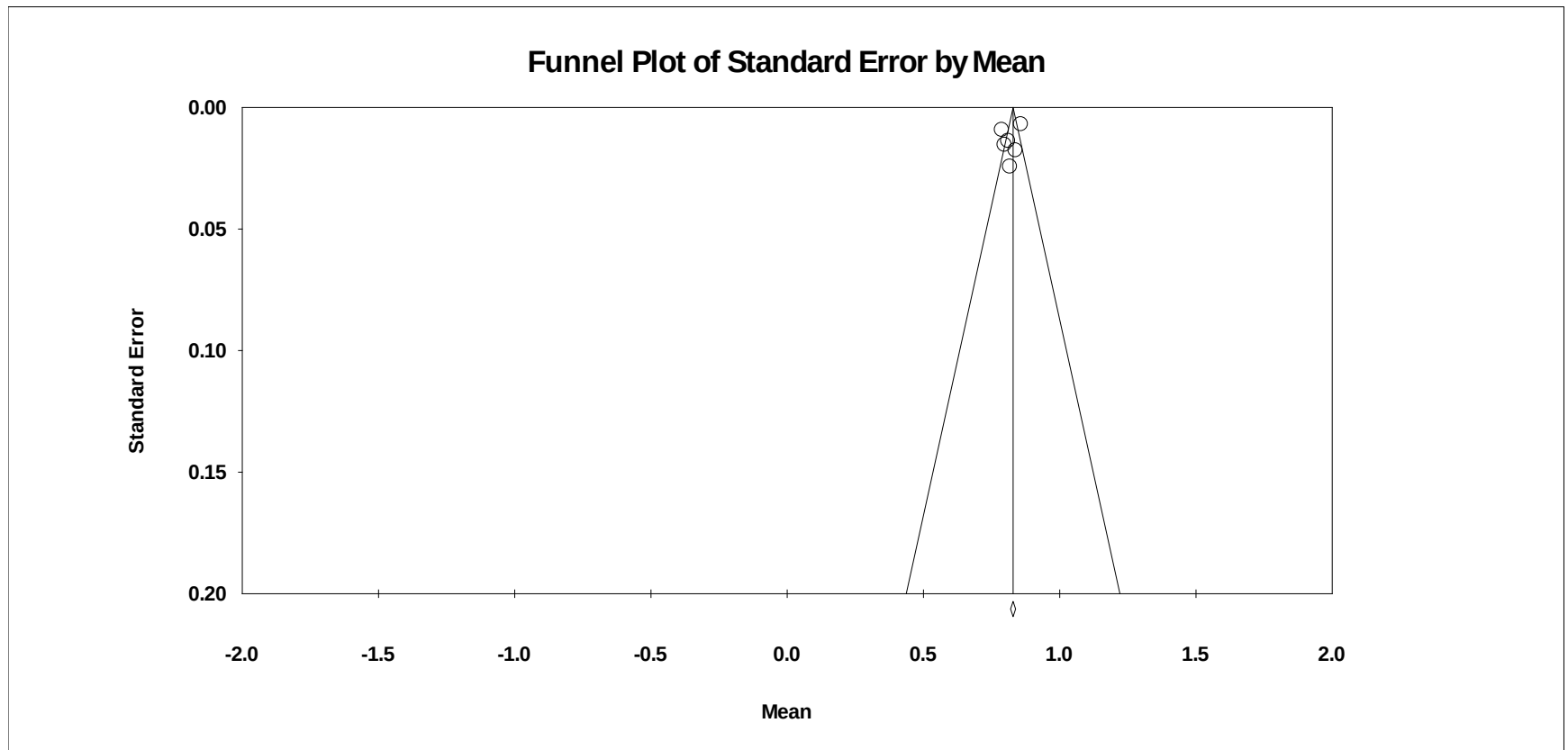
Wais-to-hip ratio (WHR)

Supplemental figure 9a. WHR across all occupations

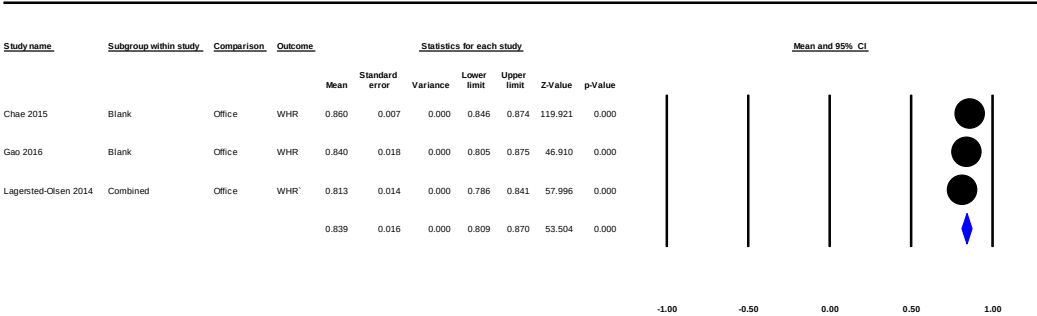


WHR

Supplemental figure 9b. Funnel plot
for WHR across all occupations

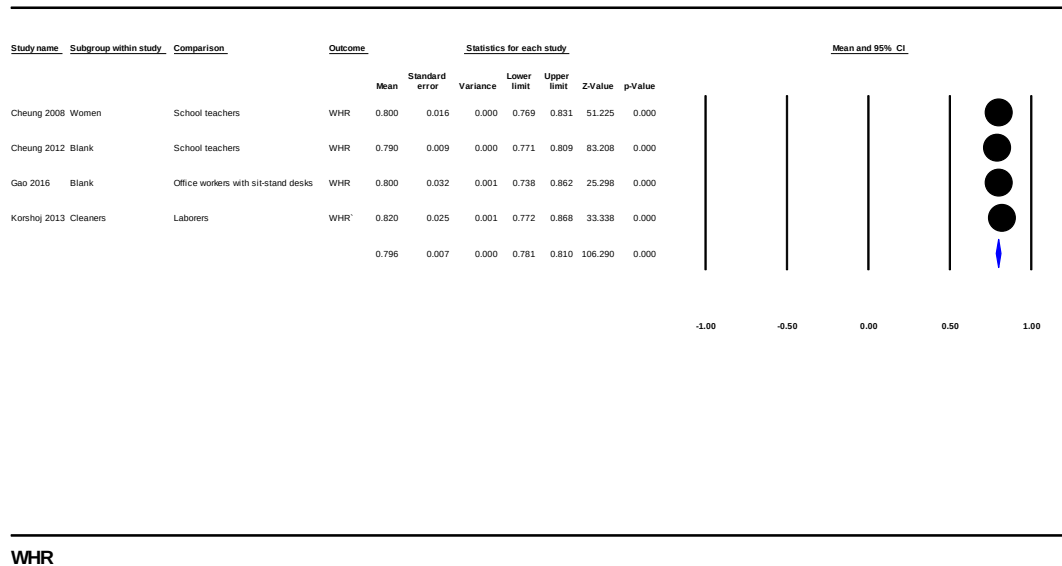


Supplemental figure 9c. WHR in office workers



WHR

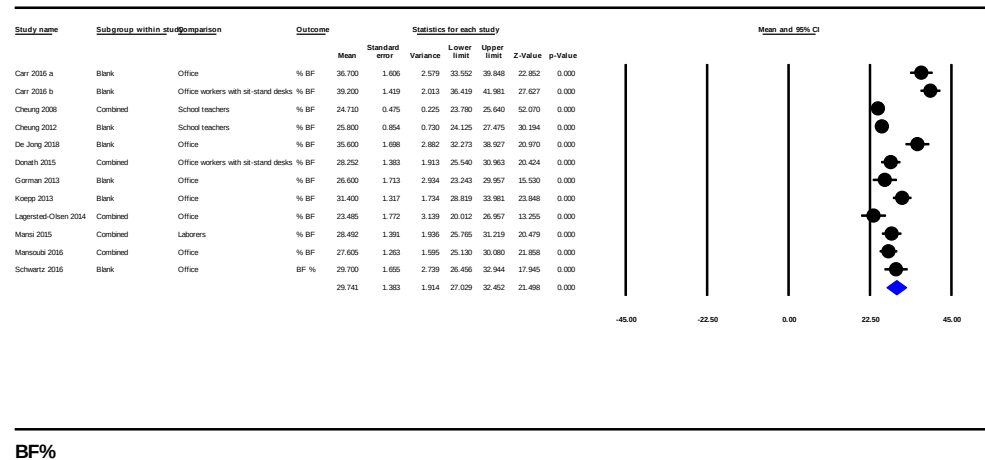
Supplemental figure 9d. WHR across all occupations except office workers



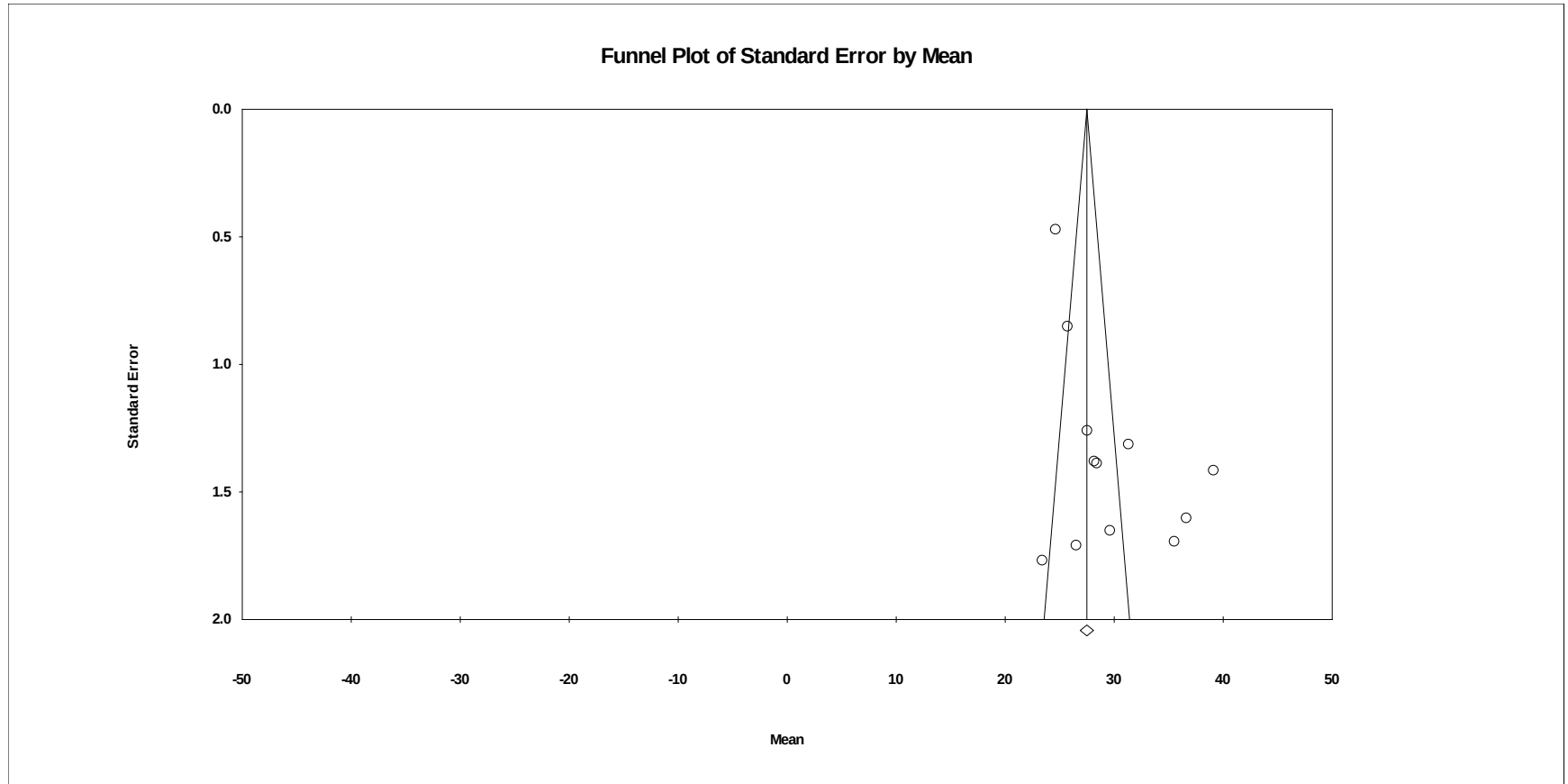
Supplemental figures 10a-d

Body fat percentage (BF%)

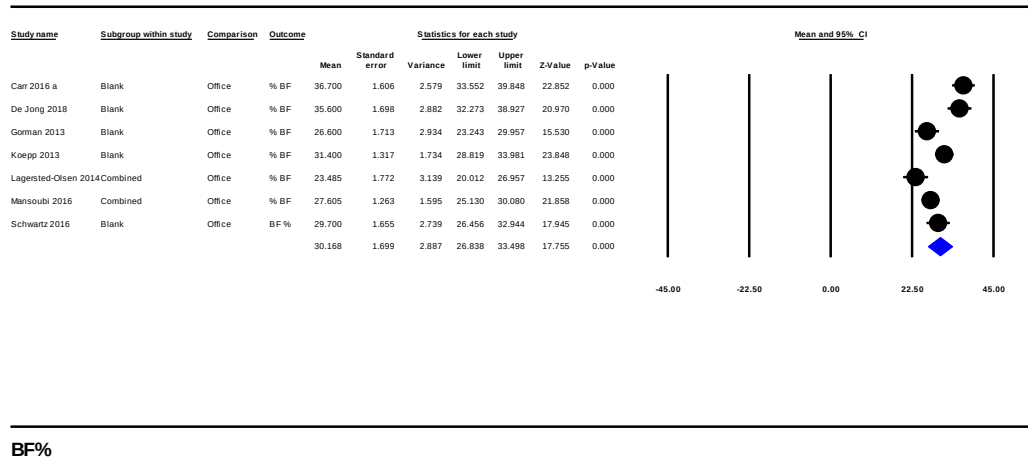
Supplemental figure 10a. BF% across all occupations



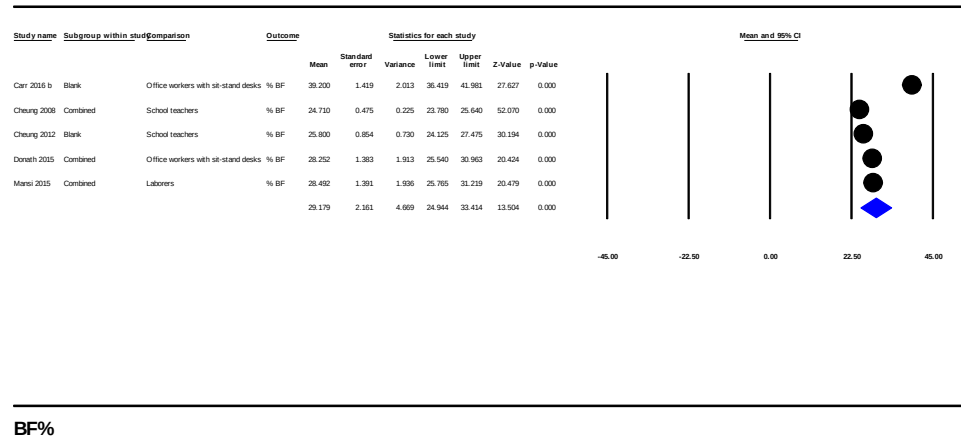
Supplemental figure 10b. Funnel plot for BF% across all occupations



Supplemental figure 10c. BF% in office workers



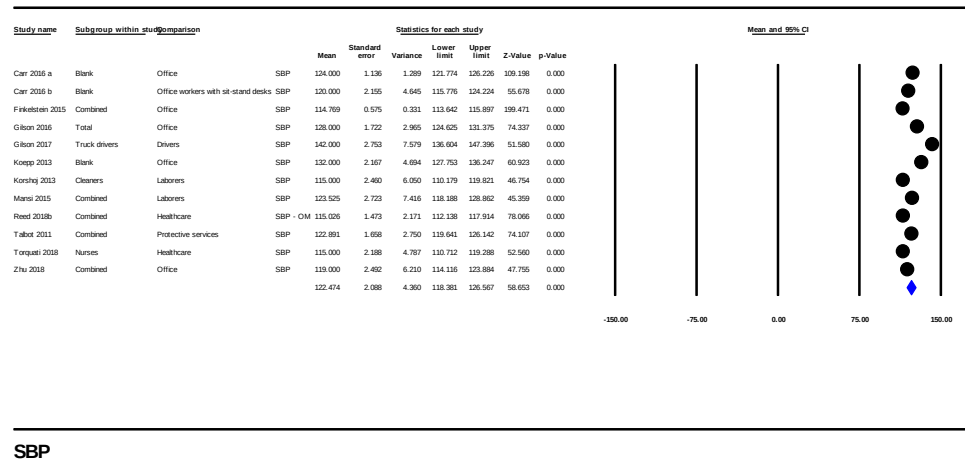
Supplemental figure 10d. BF% across all occupations except office workers



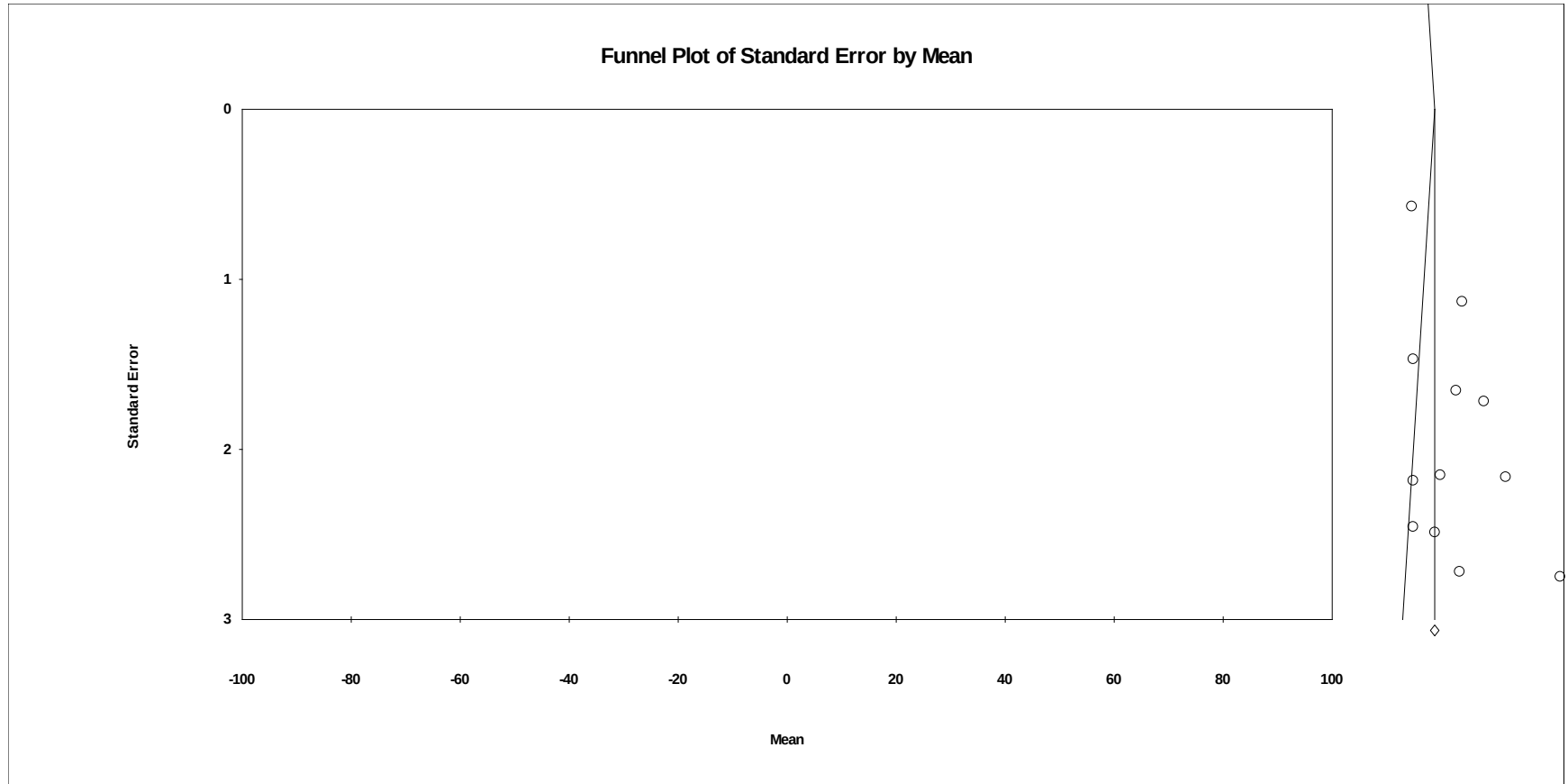
Supplemental figures 11a-b

Systolic blood pressure (SBP)

Supplemental figure 11a. SBP across all occupations



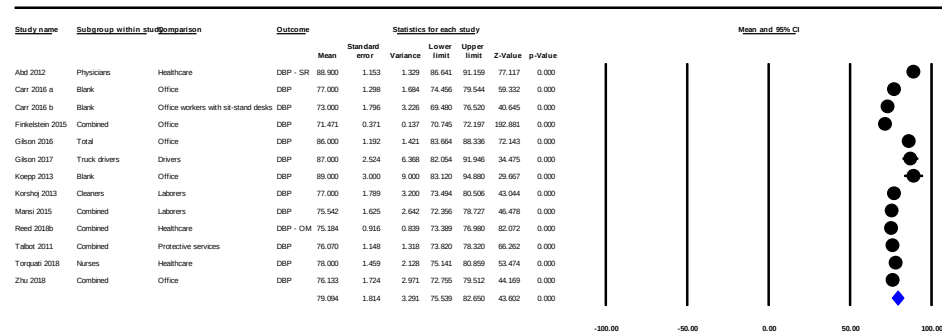
Supplemental figure 11b. Funnel plot for SBP across all occupations



Supplemental figures 12a-b

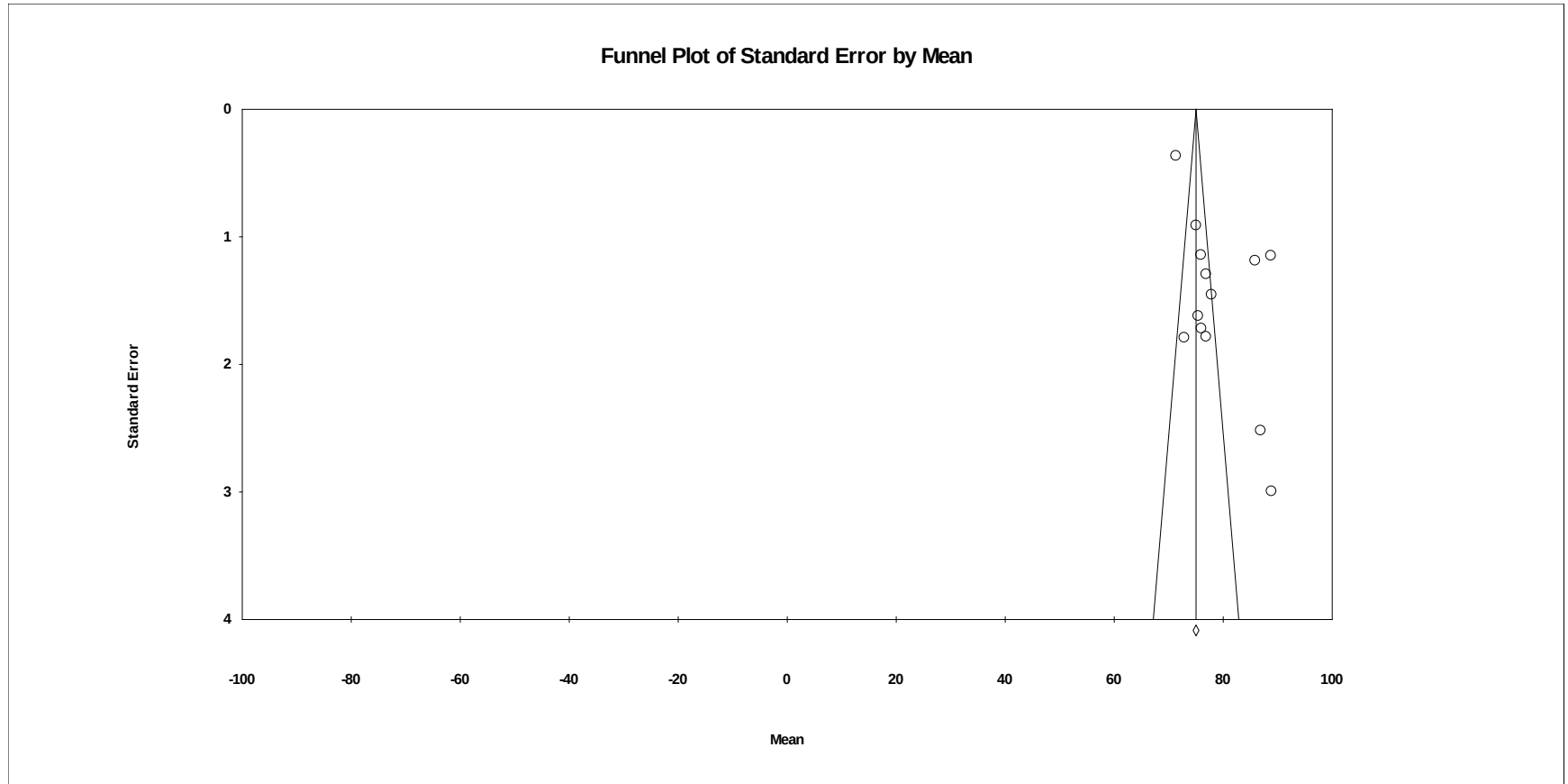
Diastolic blood pressure (DBP)

Supplemental figure 12a. DBP across all occupations



DBP

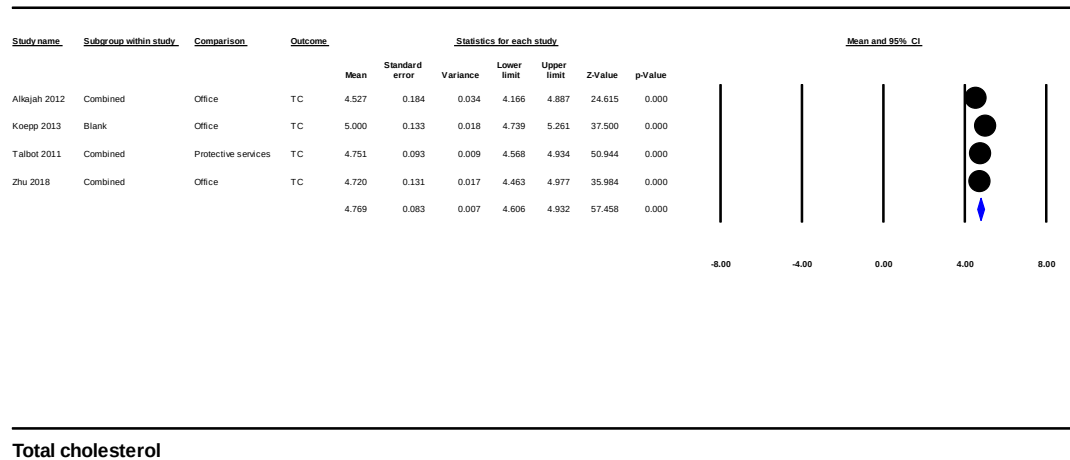
Supplemental figure 12b. Funnel plot for DBP across all occupations



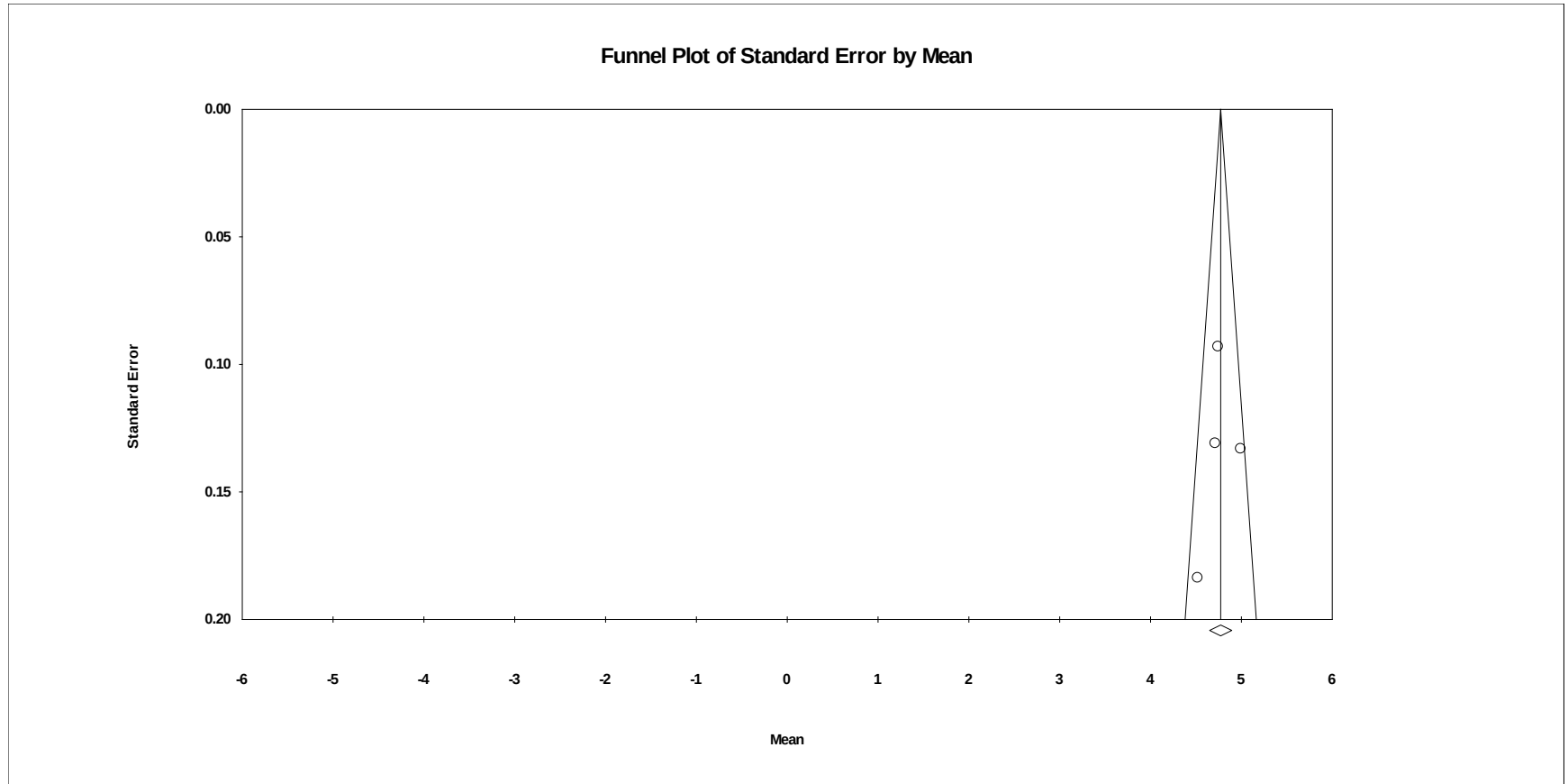
Supplemental figures 13a-b

Total cholesterol

Supplemental figure 13a. Total cholesterol across all occupations



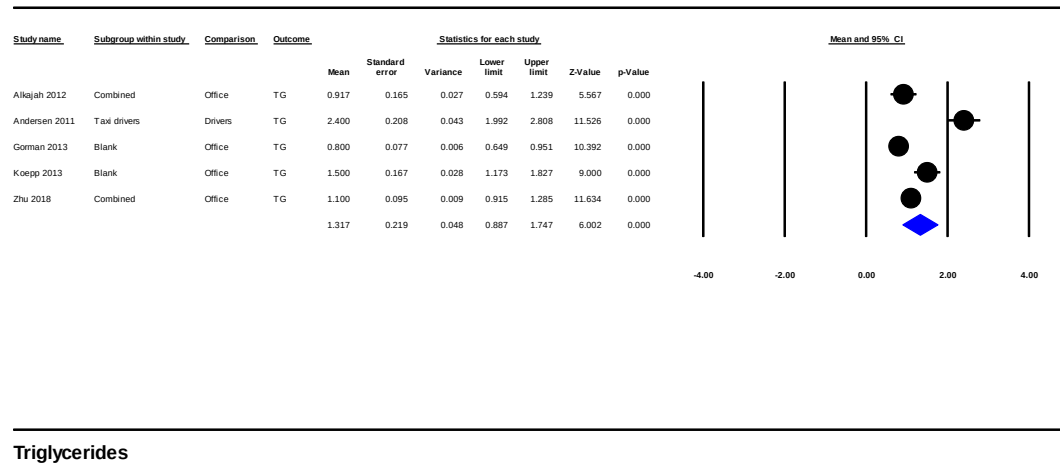
Supplemental figure 13b. Funnel plot for total cholesterol across all occupations



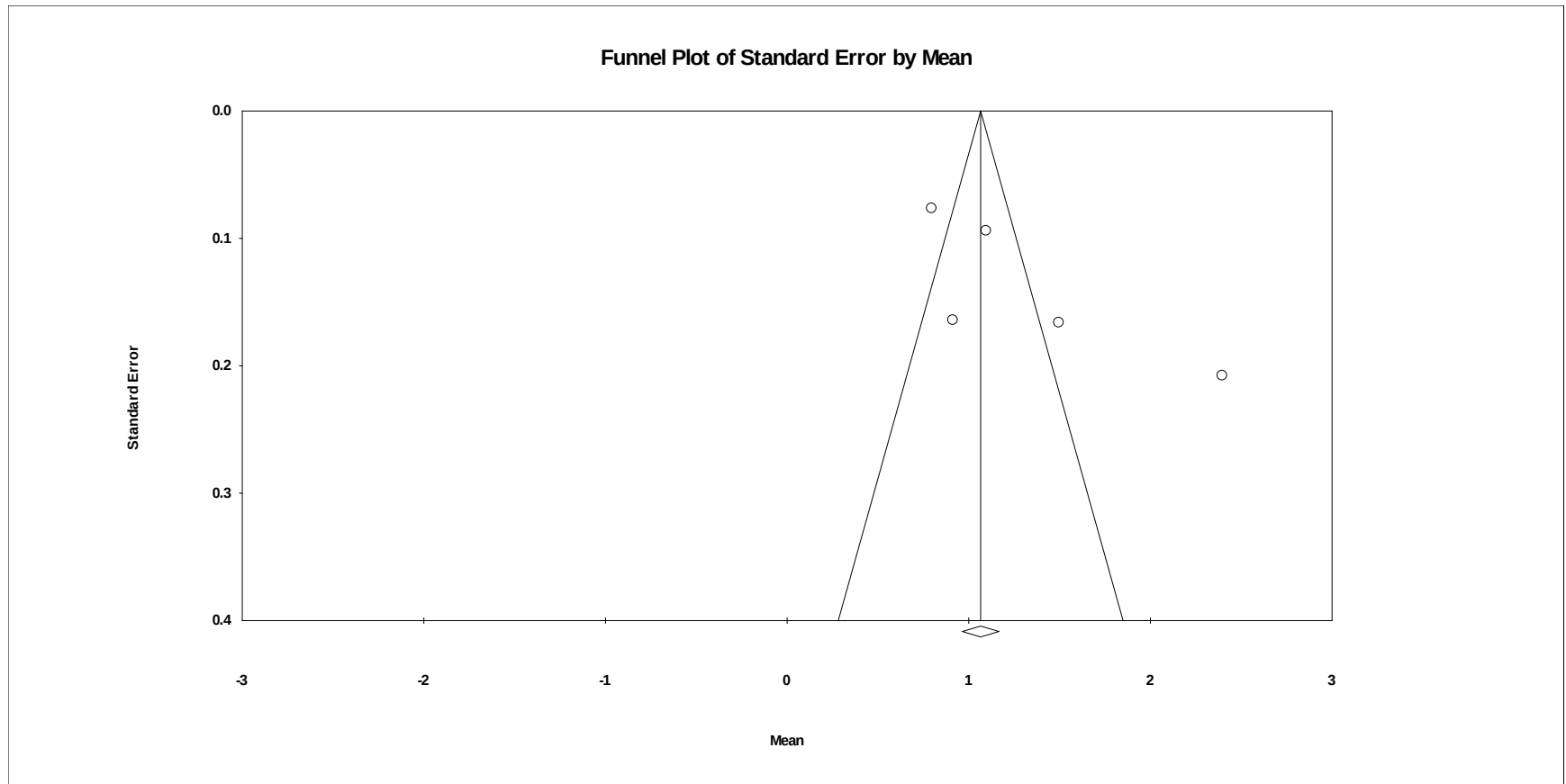
Supplemental figures 14a-b

Triglycerides

Supplemental figure 14a. Triglycerides across all occupations



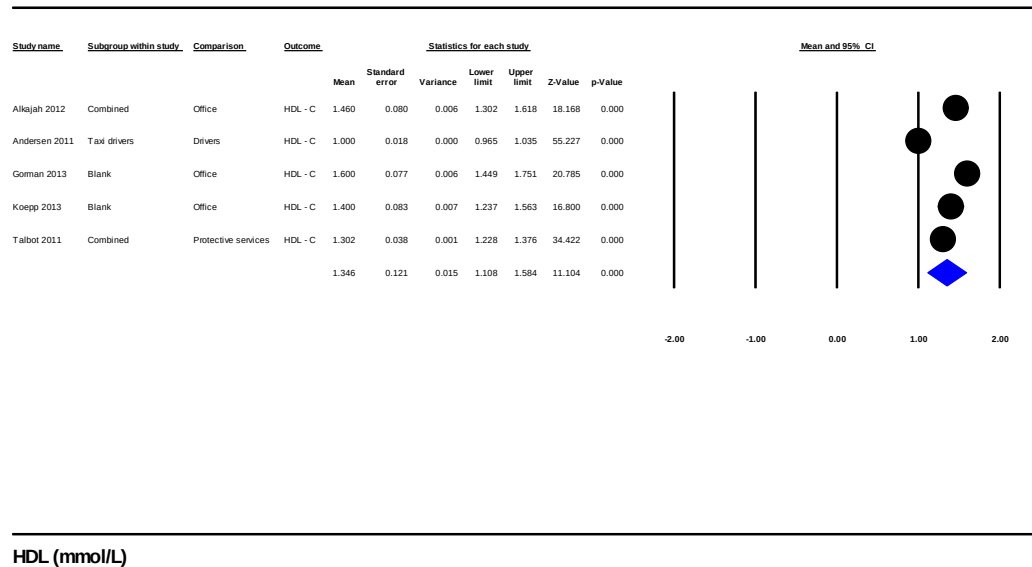
Supplemental figure 14b. Funnel plot for triglycerides across all occupations



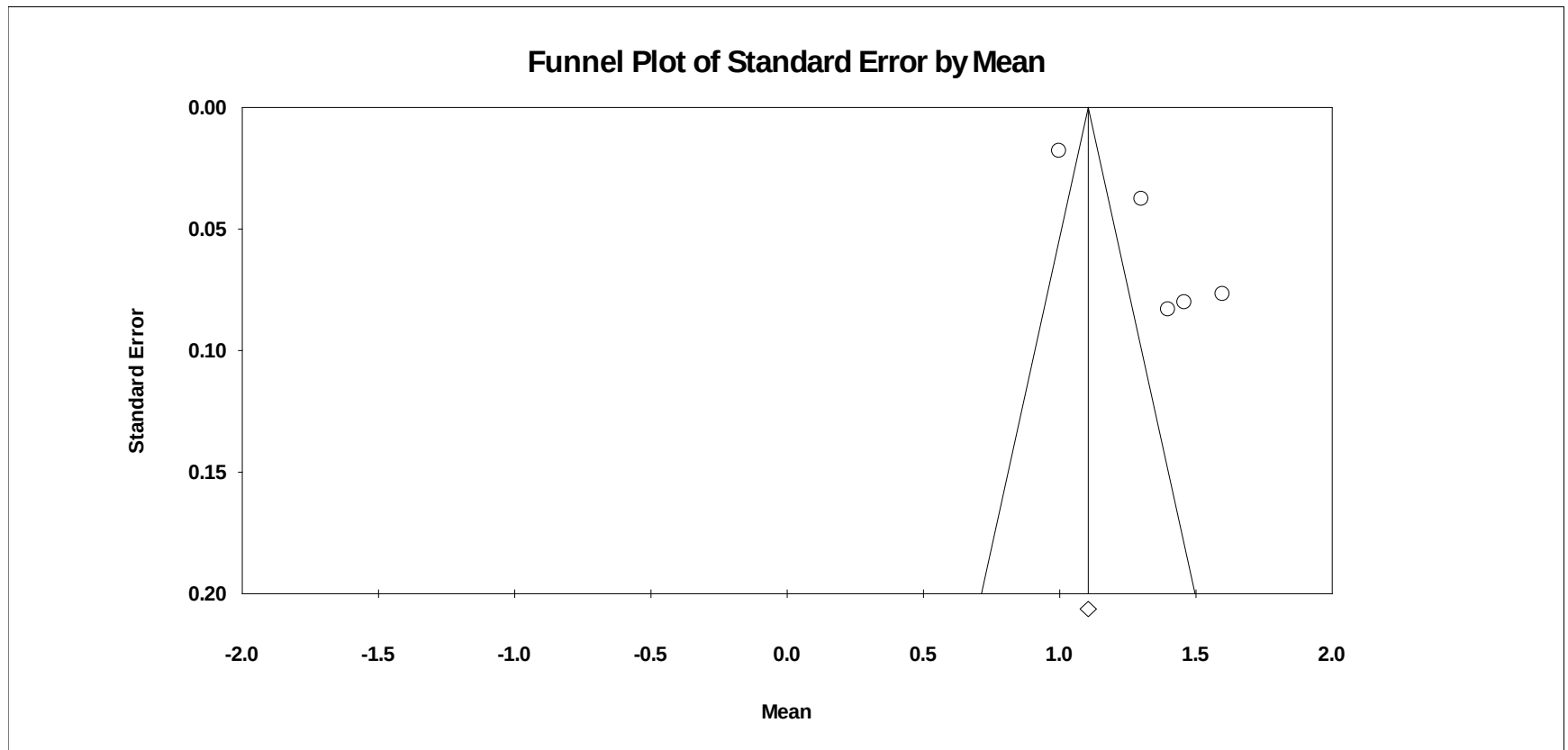
Supplemental figures 15a-b

High density lipoprotein (HDL)

Supplemental figure 15a. HDL across all occupations



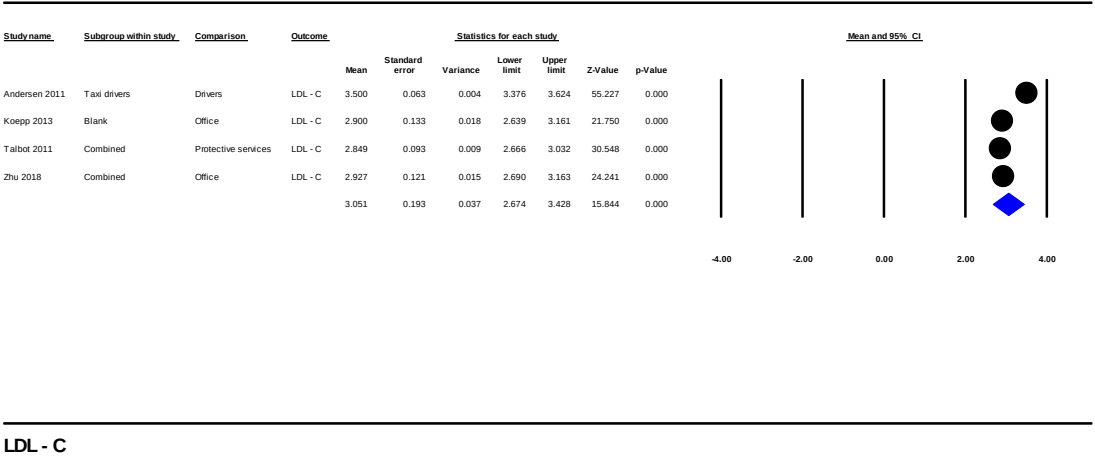
Supplemental figure 15b. Funnel plot for HDL across all occupations



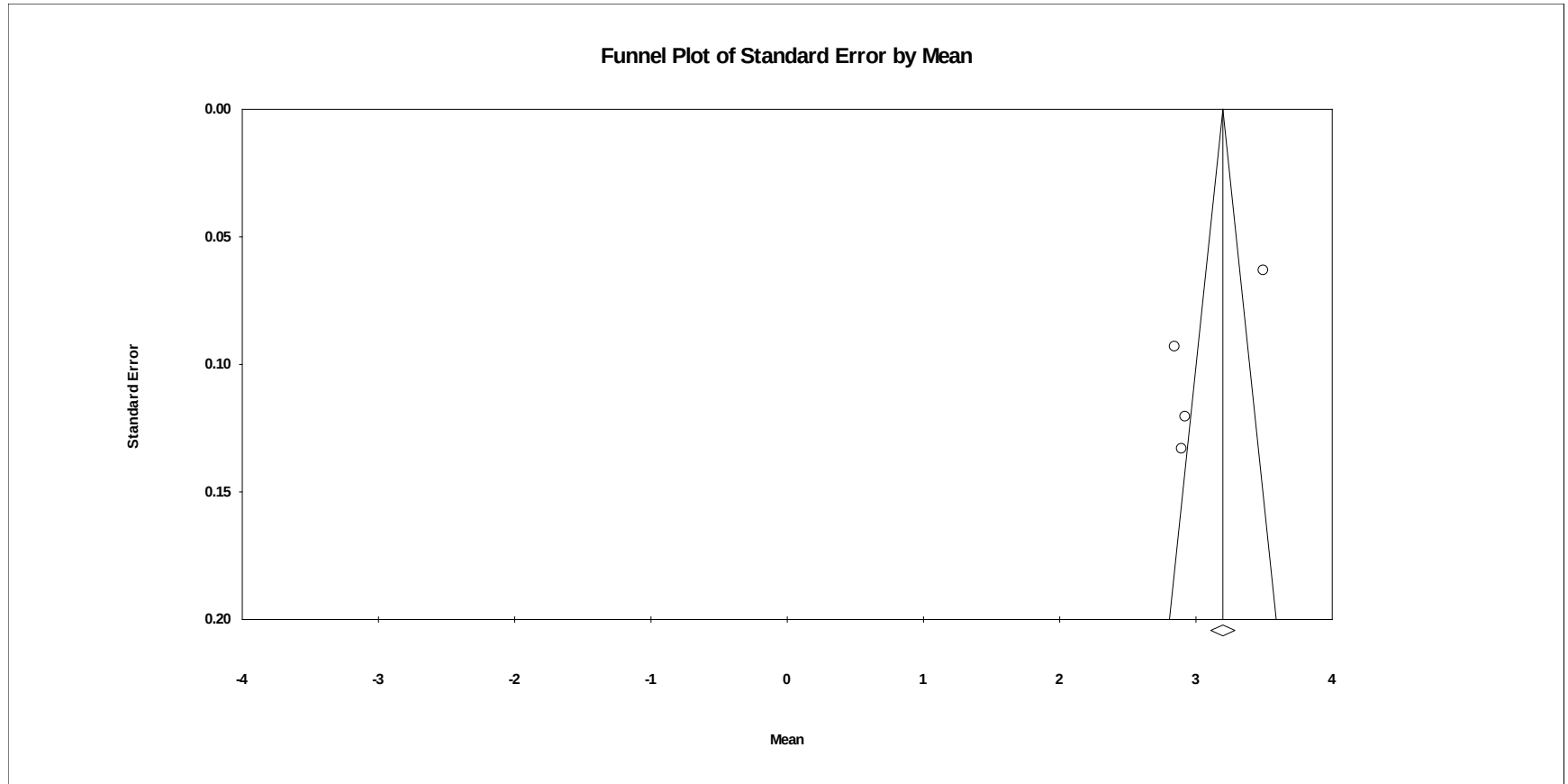
Supplemental figures 16a-b

Low density lipoprotein (LDL)

Supplemental figure 16a. LDL across all occupations



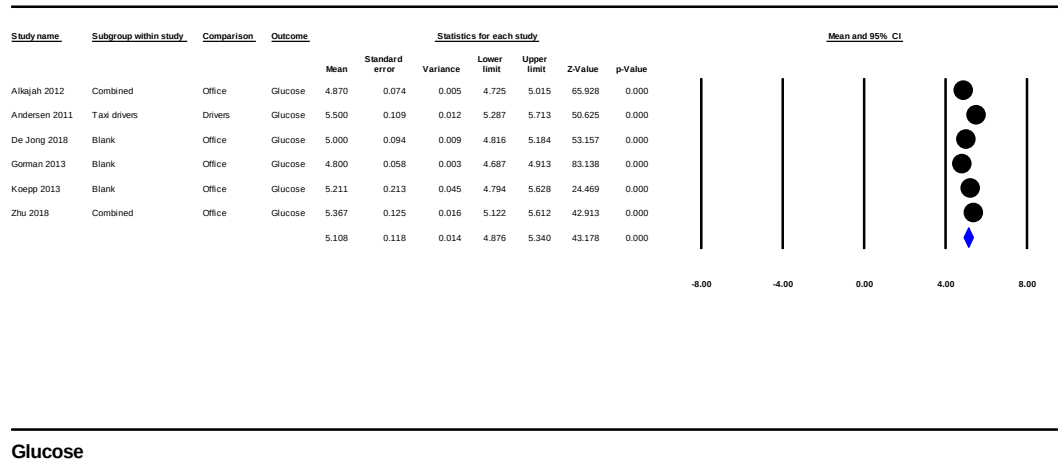
Supplemental figure 16b. Funnel plot for LDL across all occupations



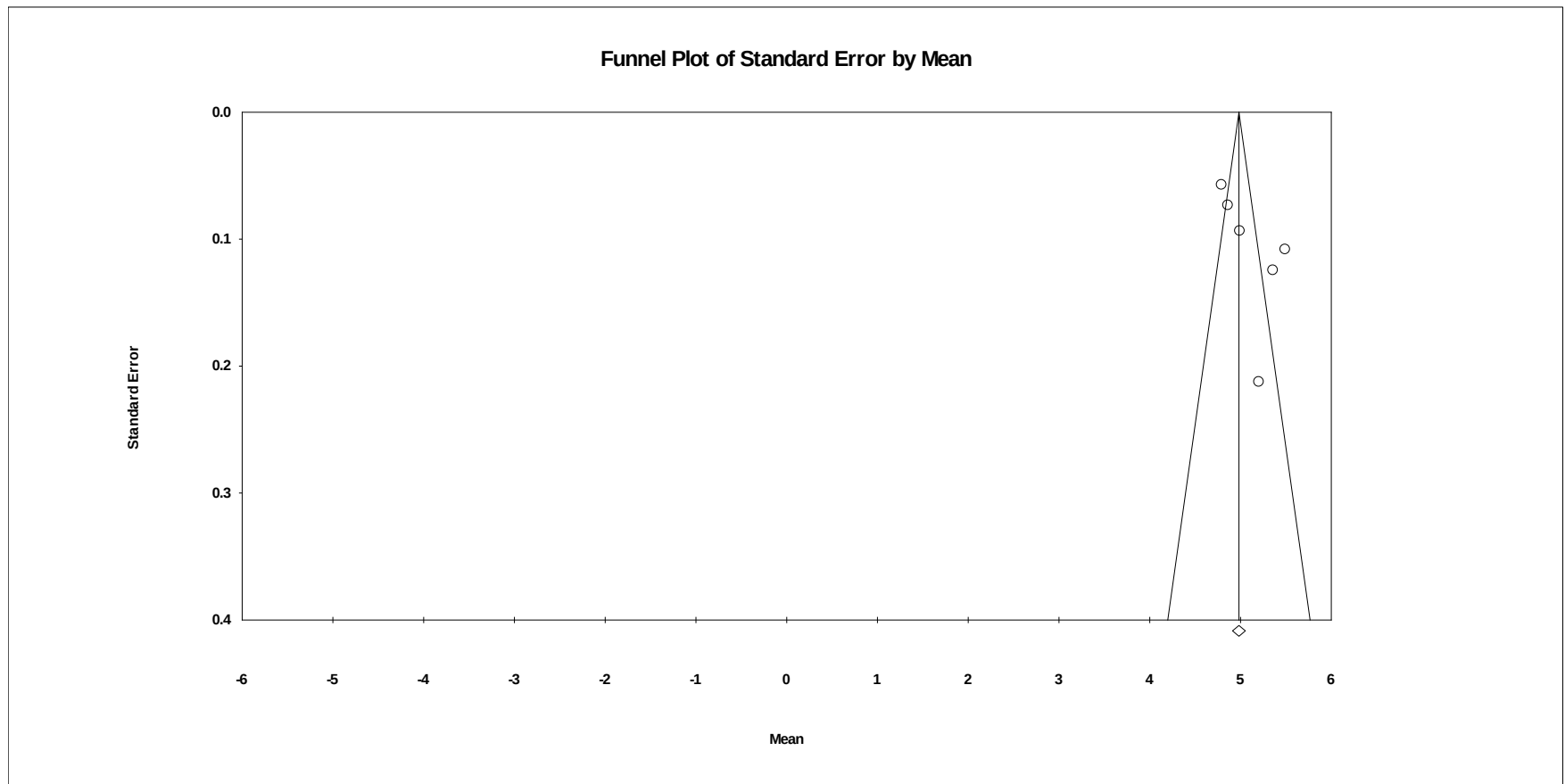
Supplemental figures 17a-b

Blood glucose

Supplemental figure 17a. Blood glucose across all occupations



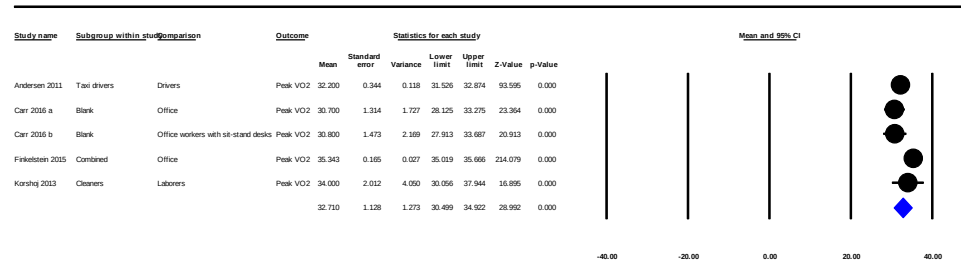
Supplemental figure 17b. Funnel plot for blood glucose across all occupations



Supplemental figures 18a-b

Peak VO_2

Supplemental figure 18a. Peak VO₂ across all occupations



Peak VO2

Supplemental figure 18b. Funnel plot for peak VO_2 across all occupations

