

Supplemental Figure 1. Category-specific outcomes from included school meal nudge studies ($n=20$) listed by school meal component



Note. Positive (green), mixed (yellow), null (grey), and negative (red) outcomes are displayed for each meal component category (vegetables, fruits, entrée, milk, and water). There were studies [36, 41] which had multiple components within a single category, and appear on both the multi-component and category specific figures. One study [45] (not displayed in this figure) also measured participation in school meals. Only three studies were ranked as high quality [35, 45, and 50]. All others were of moderate quality.