

<i>Type of leisure-time activity</i>	<i>Included in questionnaire</i>		
	<i>1992</i>	<i>2000</i>	<i>2017</i>
Walking/hiking	X	X	X
Walking fast > 10 minutes	X	X	X
Hard work (house, garden, etc.)	X	X	X
Cycling to school/work/etc. > 10 minutes	X	X	X
Jogging alone	X	X	X
Jogging with others	X	X	X
Aerobics	X	X	X
Dancing	X	X	X
Weight or power lifting	X	X	X
Martial arts	X	X	
Body building	X	X	
Judo, karate	X	X	
Soccer	X	X	X
Basket, volley, handball	X	X	X
Diving	X	X	X
Cycling	X	X	X
Gymnastics	X	X	
Track running	X	X	
Track & field	X	X	
Table tennis	X	X	
Badminton, tennis, squash	X	X	X
Horse riding	X	X	
Archery, golf, bowling	X	X	
Rowing, canoeing	X	X	
Orienteering (in summer)	X		
Windsurfing, sailing (in summer)	X	X	X
Diving (in summer)	X	X	
Jet ski (in summer)	X	X	
Hang-gliding, air sport (in summer)	X	X	
Skating, ice hockey, bandy (in winter)	X	X	X
Downhill, ski jumping (in winter)	X	X	X
Cross-country skiing, biathlon (in winter)	X	X	X
Fitness centre		X	X
Other	X	X	X