

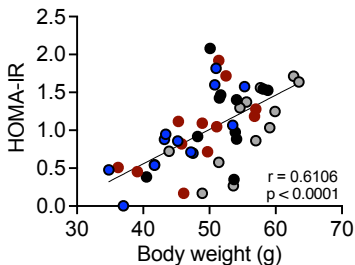
a

HOMA-IR

	week 11	week 14	week 18	week 22
Chow	0.5 ±0.1			0.9 ±0.1
HFD	1.4 ±0.2			2.2 ±0.2
HFD>Chow		1.1 ±0.2	1.0 ±0.1	0.9 ±0.2
Yoyo	0.7 ±0.2	2.2 ±0.3	3.6 ±0.3	3.2 ±0.4

b

HFD>Chow

**c**

Yoyo

