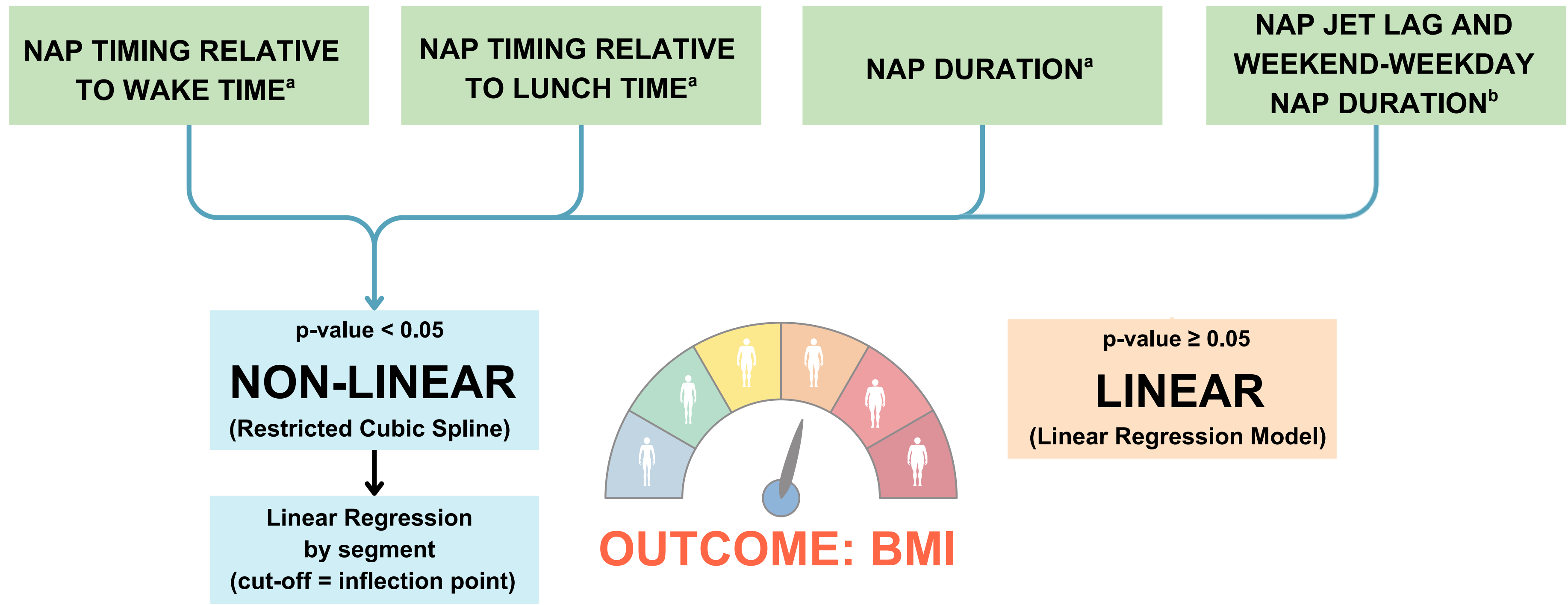


Figure S1

Likelihood Ratio Test used to assess non-linearity by comparing linear and spline models

NAP VARIABLES



^aModels adjustments:
Model 1: age, sex, and country
Model 2: Model 1 + smoking
Model 3: Model 2 + lunch time and midpoint of sleep

^bModels adjustments:
Model 1: age, sex, and country
Model 2: Model 1 + smoking
Model 3: Model 2 + eating jet lag, social jet lag, and catch-up sleep