



Family Planning In-Depth Interview for Contraceptive Users

Good morning/afternoon/evening. Today is _____ (say the date), and I am in _____ village. My name is _____ and I am here to conduct an interview that is part of our research on family planning usage among women. Thank you for taking the time to talk with me today.

Before we begin our interview, I would like to ask you some demographic questions:

- a) How old are you?
- b) How many children do you have? How many of them are currently living?
- c) What is your level of education?
- d) What is your primary occupation?
- e) What is your marital status?

Thank you for answering those demographic questions. Now, we would like to continue further.

1. We are trying to learn more about what causes women to decide to or not use family planning. Can you describe to me your thoughts on family planning?
2. Have you ever used family planning?
 - a. When did you start using family planning?
 - b. What family planning method did you use when you first started using family planning?
 - c. What happened when you went to the clinic to start using family planning? How did they interact with you?
 - d. How many family planning methods do you know of? Can you please list them for me.
 - i. Were these family planning methods available to you the first time you went to the clinic to start using family planning?
 - e. Have you ever experienced any side effects from using family planning?

If yes:

 - i. What specific side effect/s?
 - ii. Where did you go to get help? And what did they tell you?

If no:

 - i. If you experience any side effects from using family planning, what would you do?
 - ii. Where would you go to get help?
 - iii. Who would you talk to about your side effects?
 - f. Are you currently using any method of family planning?

If yes:

 - i. What family planning method are you using? And can you please tell me how long can you stay with that family planning method?
 - ii. For how long have you been using this method?
 - iii. Why did you choose this family planning method?
 - iv. Can you please tell me some of the benefits of using this method?



- v. Can you please tell me some of the side effects associated with using this method?
- vi. Have you ever switched your family planning method since you started using family planning?
- vii. Is there any other method that you would like to use?

If no:

- viii. How long has it been since you stopped using family planning?
- ix. Why did you stop using family planning?
- x. What happened when you went to the clinic to stop using family planning? How did they interact with you? Was it easy for you to tell them that you want to stop using family planning?
- g. Why did you start using family planning?

3. If a woman wanted to use an IUD or an implant, where would she be able to get that service?

- a. If a woman wanted to stop using an IUD or an implant, where would she be able to get that service?
- b. Can you please tell me where is an IUD placed?
- c. Can you please tell me where is an implant placed?
- d. Can you please tell me how long can an IUD last?
- e. Can you please tell me how long can an implant last?

4. Did anyone help you decide to use family planning?

If yes:

- a. Who was it?
- b. What did he/she say?
- c. How did you feel when he/she advised you to use family planning?
- d. Do you think he/she coerced you in any way to start using family planning?

If yes:

- i. Why do you think he/she coerced you?
- ii. Were you able to be open to him/her about your opinion regarding family planning? Why or why not?

If no:

- a. Why didn't you talk to anyone about your intention to use family planning?

5. Was it difficult for you to decide to start using family planning? Why or why not?

6. Did you talk to your partner about your intention to use family planning?

If yes:

- a. Who started the conversation? And how did the conversation go?

If the woman started the conversation:

- i. Have you ever talked to your partner about family planning before this recent conversation? How did the conversation go? And what did your partner say?
- ii. Why do you think your partner's opinion about family planning changed? Who or what influenced that change?

If no:

- a. Why didn't you talk to him about your intention to use family planning?



- b. Would you have liked to talk to your partner about your intention to use family planning? What would have made it easier to have that conversation with your partner?
 - c. How do you think your partner perceives family planning?
7. Is there any benefit of not using family planning?
 - a. Can you please list any.
8. Is there any disadvantage of not using family planning?
 - a. Can you please list any.
9. In your opinion, how does the community perceive women who use family planning?
 - a. Has this perception influence you to use family planning?
10. Have you heard other people in your community talk about family planning?
 - a. Who was it? And what did they say?
 - b. Where were they having this conversation?
 - c. Have you ever heard a religious leader talk about family planning?

If yes:

- i. Where?
- ii. What did the religious leader say?
- iii. What did you think of what religious leader say?
- iv. Who else was there when the religious leader talked about family planning? Was your partner present? Were your friends or family members present?

If partner was present:

- What did your partner think of what the religious leader said?

If partner was not present:

- Did you tell him about what you heard from the religious leader? And what did he think of what the religious leader said?

If friends or family members were present:

- What did your closest friends and family think of what the religious leader said?
- v. Did what the religious leader talk about influence you to start or continue using family planning?

If no:

- i. If you hear a religious leader talk about family planning, what would you think?
- ii. If you heard a religious leader talk about family planning, would it make it easier or harder for you to decide to use family planning?
- iii. Let's imagine you hear your religious leader talk about family planning and they say that it is good and God said we should use it, how would you feel?
- iv. Let's imagine you hear your religious leader talk about family planning and they say that it is bad and God said we shouldn't use it, how would you feel?



11. Do you think it would be good for women to talk to other people (like their partner, parents) about their intention to use family planning before they start using it? To get advice, etc.
12. How would you advise other women who are afraid of using family planning?
13. Have you ever convinced other women to start using family planning?
If yes:
 - a. Why?**If no:**
 - a. Why?
14. Do you think there are other women who discourage other women to use family planning?
 - a. What do they say?
 - b. Do other women in your community trust what they are saying?
 - c. Have you ever opposed what they are saying and educated them about your experience using family planning?
15. How many women do you know that use family planning?
 - a. Are they more than 5?
16. In your community, what family planning method do most women use?
17. There was an intervention that educated religious leaders about family planning, do you think this was an effective/appropriate method of spreading family planning awareness in the community? Why or why not?
 - a. What other method do you think should be used to spread awareness of family planning in a community?

Before we end our interview, I would like to ask you some additional demographic questions:

1. What denomination are you?
2. What is your church/mosque called?
3. How many times per month do you go to church/mosque?