

The association between study conditions and hair cortisol in medical students in Germany – a cross-sectional study

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Additional file 1. Translated version of the StrukStud Items (translation provided by the authors of Schmidt et al. 2019 (1)).

	In my studies...
Dem1	... I have to work fast.
Dem2	... I have to work hard.
Dem3	... I have to work excessively.
Dem4	... I have enough time for my tasks.
Dem5	... tasks compete with each other.
Dem6	... high concentration is required.
Dem7	... there is a hectic pace.
Skilldis1	... I learn many new things.
Skilldis2	... creativity is required.
Skilldis3	... I need a high skill level.
Skilldis4	... I have variety.
Skilldis5	... I develop my own skills.
	My studies...
Decaut1	... allow me to make my own decisions.
Decaut2	... offer little decision freedom. *
Decaut3	... include the opportunity to have a say.
	My lecturers/my professors...
Suppprof1	... care/take interest.
Suppprof2	... pay attention.
Suppprof3	... are repellent.*
Suppprof4	... help me in my studies.
Suppprof5	... support through good organization.
	My fellow students...
Supstu1	... are interested in me.
Supstu2	... are repellent.*
Supstu3	... are friendly.
Supstu4	... and I work together well.
Supstu5	... help me in my studies.

* Reversed Items.

References

1. Schmidt LI, Scheiter F, Neubauer A, Sieverding M. [Demands, Decision Latitude, and Stress Among University Students: Findings on Reliability and Validity of a Questionnaire on Structural Conditions (StrukStud) Based on the Job Content Questionnaire]. Diagnostica 2019; 65(2):63–74.