

Malnutrition Universal Screening Tool (MUST)

Surname:

Name:

Date of birth:

STEP 1: BMI score	2 points= BMI < 18,5 1 point= 18,65< BMI < 20 0 points= BMI > 20
STEP 2: Weight loss	Unintentional weight loss in the past 3-6 months 2 points= if > 10% 1 point= if between 5% and 10% 0 points= if < 5%
STEP 3: acute disease effect score	If the patient has an acute disease and a reduced dietary intake is present or expected to last for more than 5 days, assign 2 points

Overall MUST score interpretation

0 points= low risk of malnutrition
1 point= medium risk of malnutrition
2 or more points= high risk of malnutrition